

WITH GENEROUS  
SUPPORT FROM  
**SFA**  
**DINING**

# Meal with a Mentor

APRIL 23RD - 27TH, 2018

## *Why Participate?*

Mentorship has been shown to impact student success in college and beyond. This is especially true for first-generation college students. Half of SFA's graduates are the first person in their family to earn a college degree. As SFA seeks to provide transformative experiences for our students, mentorship can play a key role.

## *How to Participate?*

During this week, when a student and a faculty/staff member dine together in one of the two Dining Halls (East College or Student Center) all meals are buy one, get one free. This offer is not available at retail locations like Chick-fil-A, Which Wich or Panda Express.

## *Inviting a Student*

You can invite a student who is struggling and needs some encouragement, or invite one who is thriving to help them challenge themselves even more! If fairness is a concern, send an email to the whole class and take the first student who responds. Also, don't be surprised if a student invites you!

## *Conversation Starters*

Tell me about yourself. Why did you want to come to SFA? Have you selected a major? Why did you choose that major? What do you hope to do with your degree? What have you learned this year that surprised you? How do you hope to be changed by your experiences at SFA? What motivates you? How can I help you become the person you want to be?