Abnormal Psychology
PSY 2320 - 002
Spring, 2024

Instructor: Julie R. Brotzen, M.A.
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Office Hours: TR 2:00 – 4:30 PM

Class Meets: MWF 10:00 – 10:50 AM in ED room 258


Publisher’s Website: http://www.perason.com

Course Description: Abnormal Psychology encompasses theories and research on the incidence, classification, etiology, and treatment of abnormal behaviors. Prerequisite: PSY 2301.

2320 Abnormal Psychology (3 credits) is designed to introduce students to the study of abnormal psychology by covering theories and research on the incidence, classification, etiology and management of abnormal behaviors. The course typically meets 150 minutes a week in two 75-minute segments or three 50-minute segments for 15 weeks. Students typically have significant weekly reading assignments, writing assignments, are expected to take regular tests, and a final examination. These activities average at a minimum 6 hours of work each week to prepare outside of classroom hours.

Course Requirements:

1. Students will read the assigned textbook chapters.
2. Students will participate in class discussions.
3. Students will take four fifty-question multiple choice format exams.
4. Students will take ten mini-quizzes.
5. Students will complete four written assignments.
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<tr>
<th>Week</th>
<th>Assignment(s)</th>
<th>Due Dates</th>
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<tr>
<td><strong>Week 1</strong>&lt;br&gt;01/22 – 01/28</td>
<td>Read chapter 1: Abnormal Psychology: Overview (pages 2-16 to the end of objective 1.4)&lt;br&gt;Read chapter 3: Causal Factors &amp; Viewpoints</td>
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<td><strong>Week 2</strong>&lt;br&gt;01/29 – 02/04</td>
<td>Read chapter 3: Causal Factors &amp; Viewpoints&lt;br&gt;Complete assignment one (A1)</td>
<td>Quiz 1 access ends 2/04 at 11:59 PM&lt;br&gt;A1 access ends 2/04 at 11:59 PM</td>
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<td><strong>Week 3</strong>&lt;br&gt;02/05 – 02/11</td>
<td>Read chapter 4: Clinical Assessment</td>
<td>Quiz 2 access ends 2/11 at 11:59 PM</td>
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<td><strong>Week 4</strong>&lt;br&gt;02/12 – 02/18</td>
<td>No class Monday due to Exam 1&lt;br&gt;Read chapter 6: Panic, Anxiety, Obsessions, &amp; Their Disorders&lt;br&gt;Complete A2</td>
<td>Exam # 1 opens Monday, 2/12 at 10:00 AM. Access ends at 11:15 AM&lt;br&gt;A2 access ends 2/18 at 11:59 PM&lt;br&gt;Quiz 3 access ends 2/18 at 11:59 PM</td>
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<td><strong>Week 5</strong>&lt;br&gt;02/19 – 02/25</td>
<td>Read chapter 7: Mood Disorders &amp; Suicide</td>
<td>Quiz 4 access ends 2/25 at 11:59 PM</td>
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<td><strong>Week 6</strong>&lt;br&gt;02/26 – 03/03</td>
<td>Read chapter 8: Dissociative Disorders</td>
<td>Quiz 5 access ends 3/03 at 11:59 PM</td>
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<td><strong>Week 7</strong>&lt;br&gt;03/04 – 03/10</td>
<td>No class Monday due to Exam # 2&lt;br&gt;Read Chapter 10: Personality Disorders</td>
<td>Exam # 2 opens Monday, 3/04 at 10:00 AM. Access ends at 11:15 AM.</td>
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<td><strong>Week 8</strong>&lt;br&gt;03/11 – 03/17</td>
<td>Spring Break</td>
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<td><strong>Week 9</strong>&lt;br&gt;03/18 – 03/24</td>
<td>Read Chapter 10: Personality Disorders&lt;br&gt;Complete A3</td>
<td>Quiz 6 access ends 3/24 at 11:59 PM&lt;br&gt;A3 access ends 3/24 at 11:59 PM</td>
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<td><strong>Week 10</strong>&lt;br&gt;03/25 – 03/31</td>
<td>Read chapter 11: Substance-Related Disorders (Chasing Heroin)</td>
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<td><strong>Week 11</strong>&lt;br&gt;04/01 – 04/07</td>
<td>Substances-Related Disorders continued</td>
<td>Quiz 7 access ends 4/07 at 11:59 PM</td>
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<td><strong>Week 12</strong>&lt;br&gt;04/08 – 04/14</td>
<td>Read pages 418-427&lt;br&gt;The section over Paraphilic Disorders</td>
<td>Quiz 8 access ends 4/14 at 11:59 PM</td>
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<td><strong>Week 13</strong>&lt;br&gt;04/15 – 04/21</td>
<td>No class Monday due to Exam # 3&lt;br&gt;Read chapter 13: Schizophrenia &amp; Other Psychotic Disorders</td>
<td>Exam # 3 opens Monday, 4/15 at 10:00 AM. Access ends at 11:15 AM.&lt;br&gt;Quiz 9 access ends 4/21 at 11:59 PM</td>
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**Week 14**
04/22 – 04/28
Read chapter 15: Disorders of Childhood & Adolescence
Quiz 10 access ends 4/28 at 11:59 PM

**Week 15**
04/29 – 05/05
No class Monday due to Exam # 4
Use class time Wednesday & Friday to complete Assignment 4 (A4) – This assignment is worth 50 points
Exam # 4 opens Monday, 4/29 at 10:00 Am. Access ends at 11:15 AM
A4 access ends 5/03 at 11:59 PM

**Week 16**
05/06 – 05/10
Finals Week
No final exam in this course.

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**Grading Policy:**

Final grades are based on the percentage of points a student has obtained of the total possible points. There are ten quizzes worth a total of 100 points; four exams worth a total of 400 points; four assignments worth a total of 100 points, and attendance which is worth a total of 50 points. Thus, the total number of points possible is 650 points.

A = 582 – 650
B = 517 – 581
C = 452 - 516
D = 387 - 451
F = Below 387

These cutoffs are inflexible, so please do not ask me to curve.

**Program Learning Outcomes**

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<th>PLO</th>
<th>Proficiency Level</th>
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<td>The student will demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.</td>
<td>Advanced</td>
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<tr>
<td>The student will understand and apply basic research methods in psychology, including research design, data analysis, and interpretation.</td>
<td>Advanced</td>
</tr>
<tr>
<td>The student will respect and use critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.</td>
<td>Advanced</td>
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<tr>
<td>The student will understand and apply psychological principles to personal, social, and organizational issues.</td>
<td>Mastery</td>
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<tr>
<td>The student will value empirical evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a science.</td>
<td>Advanced</td>
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Student Learning Outcomes

1. Demonstrate familiarity with the diagnostic criteria for each of the psychological disorders covered in the class.

2. Demonstrate knowledge of possible causal factors for each disorder as well as their supporting psychological theories.

3. Describe different treatment modalities and theories behind each of the approach modalities (e.g., psychoanalysis, cognitive-behavioral therapy)

4. Become a more informed consumer regarding the different mental health disciplines and services

Academic Integrity (A-9.1)

Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

Definition of Academic Dishonesty

Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one's own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one's paper without giving the author due credit.

Please read the complete policy at http://www.sfasu.edu/policies/academic_integrity.asp
**Acceptable Student Behavior**

Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy D-34.1). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on exams may be referred to the Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.

**Withheld Grades Semester Grades Policy (A-54)**

Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

**Students with Disabilities**

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/).

**Attendance Policy:** Regular attendance is expected. I will be taking attendance on and off throughout the semester. Attendance is worth forty (40) points of students grade.

Students are responsible for completing quizzes, exams, and assignments by the end dates listed in the course calendar. The exception to this rule is institutional absences for exam dates.

An Institutional Absence may be granted to a student who participates as a representative of the
University in academic (including research), extra- or cocurricular, or athletic activities. Students will be excused for institutional purposes from otherwise required academic activity only when a valid Institutional Absence is approved by the appropriate administrative unit or official and the documentation of approval is provided to the faculty member at least five (5) days in advance.

Institutional absences will not be approved for keystone events, defined as: a special or unique assignment, test, project, experience, or other academic exercise identified by the Faculty member as critical for successful completion of standards of the class and unable to be missed. These events must be identified on the syllabus at the beginning of the semester and communicated to the students. Events added to the syllabus at a later date will not qualify for Keystone Event status. Keystone Events where the date/time is changed will no longer be considered a Keystone Event. Students should make themselves aware of any Keystone Events identified in the syllabus to ensure there are no conflicts.

For keystone events where the assignment dates vary, it is incumbent upon the students to work with their faculty member to not select a conflicting date.

More information on Institutional Absences, including how to apply, can be found at https://www.sfasu.edu/deanofstudents/student-resources/institutional-absences.

**Mental Health Resources**

SFASU values students’ mental health and the role it plays in academic and overall student success. SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.

On-campus Resources:
SFASU Counseling Services
www.sfasu.edu/counselingservices
Health and Wellness Hub (corner of E. College and Raguet)
936-468-2401

SFASU Human Services Counseling Clinic
www.sfasu.edu/humanservices/139.asp
Human Services Room 202
936-468-1041

Crisis Resources:
Burke 24-hour crisis line 1(800) 392-8343
Suicide Prevention Lifeline 1(800) 273-TALK (8255)
Crisis Text Line: Text HELLO to 741-741