PSYC 2306: Human Sexuality
Section 002
Stephen F. Austin State University
Spring 2024

Professor:
Dr. Dusty Jenkins
Department of Psychology
Office: 215C McKibben Education Building
Email: JenkinsDD1@sfasu.edu
Office Phone: 936-468-1432

Professor’s office hours:
Wednesdays 2:30pm-4:30pm
Fridays 11:00am-noon; 1:00pm-3:00pm

Graduate Teaching Assistant:

Course Format:
The class is a face-to-face class. Neither lectures nor exams will be conducted in an online or a livestream manner. Asynchronous minutes requirements will be met via online assignments.

Class Times & Location:
Mondays and Wednesdays 1:00pm-2:15pm; McKibben Building, room 257

Required Course Textbook:
Our Sexuality (14th edition), by Robert Crooks & Karla Baur

Course Description:
3 semester hours. Psychology of sexual behavior as related to social conduct.

Program Learning Outcomes (PLOs):

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<th>PLO:</th>
<th>Proficiency Level:</th>
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<td>1. The student will demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.</td>
<td>Basic</td>
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<tr>
<td>2. The student will understand and apply basic research methods in psychology, including research design, data analysis, and interpretation.</td>
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<td>3. The student will respect and use critical thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.</td>
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<td>4. The student will understand and apply psychological principles to personal, social, and organizational issues.</td>
<td>Basic</td>
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<tr>
<td>5. The student will value empirical evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a science.</td>
<td>Basic</td>
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</table>
Student Learning Outcomes (SLOs):
By the end of this course, students with a passing grade should be able to…

1. identify the various influences on sexuality.
2. articulate how sex research is conducted and how the research can be used to inform public policy regarding human sexuality.
3. demonstrate knowledge in key areas of human sexuality, including sexual anatomy and functioning, sexually transmitted infections, typical and atypical sexual behaviors, and reproductive options.
4. think critically and make informed decisions about their own sexuality.

Course Policies and Expectations

A Word of Warning:
This course relies, in part, on the use of explicit visual teaching aids. Every effort is made to present those materials in a mature and/or scientific manner. A person who would be offended by frank discussions and/or visual portrayals of human sexual anatomy or behavior is not a good candidate for this class. Also, some people might be especially sensitive to some of the topics, for example sexual assault. Please look over the course schedule and textbook to familiarize yourself with the course topics and decide if this is indeed a course you wish to take.

Sensitive Topics:
This class covers sensitive topics. If you wish to speak to a counselor, please see below (under Student Wellness and Well-Being) for some potential resources.

Note about Communication:
Any information that you share with the professor, intentionally or unintentionally, may be reiterated to other university professionals as necessary (e.g., threats to self or others, certain instances of assault, poor class attendance or academic performance, etc.).

Student Wellness and Well-Being
SFA values students’ overall well-being, mental health and the role it plays in academic and overall student success. Students may experience stressors that can impact both their academic experience and their personal well-being. These may include academic pressure and challenges associated with relationships, emotional well-being, alcohol and other drugs, identities, finances, etc.

If you are experiencing concerns, seeking help, SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.

On-campus Resources:
The Dean of Students Office (Rusk Building, 3rd floor lobby)
www.sfasu.edu/deanofstudents
936.468.7249
dos@sfasu.edu

SFA Human Services Counseling Clinic Human Services, Room 202
www.sfasu.edu/humanservices/139.asp
936.468.1041

The Health and Wellness Hub “The Hub”
Location: corner of E. College and Raguet St.

To support the health and well-being of every Lumberjack, the Health and Wellness Hub offers comprehensive services that treat the whole person – mind, body and spirit. Services include:

- Health Services
- Counseling Services
• Student Outreach and Support
• Food Pantry
• Wellness Coaching
• Alcohol and Other Drug Education

www.sfasu.edu/thehub
936.468.4008
thehub@sfasu.edu

Crisis Resources:
• Burke 24-hour crisis line: 1.800.392.8343
• National Suicide Crisis Prevention: 9-8-8
• Suicide Prevention Lifeline: 1.800.273.TALK (8255)
• johCrisis Text Line: Text HELLO to 741-741

Recording Lectures:
Students are not permitted to record class lectures or to take photos in class unless a student has a documented need to do so as indicated by the Office of Disability Services. Failure to follow this policy or the above policy could result in removal from the class.

Civility in the Classroom:
You are expected to maintain a classroom environment that is conducive to learning. Disruptive, distracting, or disrespectful behavior will not be tolerated. You should help to make the classroom a safe place to discuss opinions by presenting your ideas in a mature way and by being nonjudgmental while listening to others’ opinions. Although personal reflections about course material are encouraged during class lectures, it is inappropriate to share long, detailed personal stories in this class. Further, do not share others’ personal experiences without their consent in class discussion or in online assignments.

Email Communication:
Students are expected to check their SFA email account at least once per business day. Students will be held accountable for any announcements or class updates sent to their SFA email address regardless of whether student chooses to check their official SFA email. Furthermore, if students send an email to Dr. Jenkins, they should give her at least one full business day to respond before emailing her again. Please only use your SFA email account to send Dr. Jenkins emails (as opposed to D2L email or a personal email address).

Attending and Missing Class:
Regular class attendance is expected. Dr. Jenkins does not provide copies of the PowerPoints for students. Therefore, your regular class attendance is imperative. If you are unable to attend class for any reason, you will need to get the notes and any class announcements from a classmate. You are held accountable for keeping up with all class information and announcements whether present in class or not. Thus, you may want to get to know some of your classmates and possibly exchange contact information. SFA’s attendance policy can be viewed here: https://www.sfasu.edu/docs/policies/6.7.pdf.

Institution Absences (HOP 04-110)
An Institutional Absence may be granted to a student who participates as a representative of the University in academic (including research), extra- or cocurricular, or athletic activities. Students will be excused for institutional purposes from otherwise required academic activity only when a valid Institutional Absence is approved by the appropriate administrative unit or official and the documentation of approval is provided to the faculty member at least five (5) days in advance.

Institutional absences will not be approved for keystone events, defined as: a special or unique assignment, test, project, experience, or other academic exercise identified by the Faculty member as critical for successful completion of standards of the class and unable to be missed. These events must be identified on the syllabus at the beginning of the semester and communicated to the students. Events added to the syllabus at a later date will not qualify for Keystone Event status. Keystone Events where the date/time is changed will no longer be considered a Keystone Event. Students should make themselves aware of any Keystone Events identified in the syllabus to ensure there are no conflicts.
For keystone events where the assignment dates vary, it is incumbent upon the students to work with their faculty member to not select a conflicting date.

More information on Institutional Absences, including how to apply, can be found at https://www.sfasu.edu/deanofstudents/student-resources/institutional-absences.

**Make-up Exams:**

**Missing an exam should only be considered as an option if absolutely necessary.** If you know ahead of time that you need to miss a regularly scheduled exam for an unavoidable reason, please arrange with Dr. Jenkins to take the exam ahead of the regularly scheduled class period. In other circumstances, you will need to provide documentation to excuse your absence (such as a doctor’s note); or, if needed, you will be allowed to reschedule one exam without documentation (such as accidentally missing a test). However, in all instances, you must schedule, provide documentation, and take the make-up exam by 5pm one week after the scheduled exam date; failure to do so by this deadline will result in a grade of zero on the exam.

**Late Assignments**

Online asynchronous chapter assignments will be open for at least one week before they are due. Therefore, **there will not be any extensions allowed for the asynchronous assignments.** You are encouraged to start early in order to avoid any problems with finishing the assignments by the deadlines.

**Tardiness:**

Coming late to class is disrupting to students as well as to the professor. If instances occasionally arise when you are running late for class, it is better to arrive late than to not attend at all. However, if habitual tardiness proves to be a problem for you, then you will receive a formal warning, and subsequent instances of arriving late to class may result in a deduction of points from your final grade in the course.

**Academic Integrity (4.I)**

The Code of Student Conduct and Academic Integrity outlines the prohibited conduct by any student enrolled in a course at SFA. It is the responsibility of all members of all faculty, staff, and students to adhere to and uphold this policy.

Articles IV, VI, and VII of the new Code of Student Conduct and Academic Integrity outline the violations and procedures concerning academic conduct, including cheating, plagiarism, collusion, and misrepresentation. Cheating includes, but is not limited to: (1) Copying from the test paper (or other assignment) of another student, (2) Possession and/or use during a test of materials that are not authorized by the person giving the test, (3) Using, obtaining, or attempting to obtain by any means the whole or any part of a non-administered test, test key, homework solution, or computer program, or using a test that has been administered in prior classes or semesters without permission of the Faculty member, (4) Substituting for another person, or permitting another person to substitute for one’s self, to take a test, (5) Falsifying research data, laboratory reports, and/or other records or academic work offered for credit, (6) Using any sort of unauthorized resources or technology in completion of educational activities.

Plagiarism is the appropriation of material that is attributable in whole or in part to another source or the use of one’s own previous work in another context without citing that it was used previously, without any indication of the original source, including words, ideas, illustrations, structure, computer code, and other expression or media, and presenting that material as one’s own academic work being offered for credit or in conjunction with a program course or degree requirements.

Collusion is the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on academic dishonesty, including disclosing and/or distributing the contents of an exam.

Misrepresentation is providing false grades or résumés; providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment for the purpose of obtaining an academic or financial benefit for oneself or another individual or to injure another student academically or financially.
Withheld Grades Semester Grades Policy (5.5)
Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the coursework because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course to compute the grade point average. For additional information, go to https://www.sfasu.edu/policies/course-grades-5.5.pdf.

Students with Disabilities:
To obtain disability-related accommodations, alternate formats, and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services promptly may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

Course Requirements

Syllabus Quiz:
There will be an open note syllabus quiz on the third day of class. The syllabus quiz is intended to make sure that students have read and understand the course syllabus and the expectations that go along with it. The syllabus quiz is required before continuing in class.

Exams:
You will have five exams in multiple choice and true/false format. You need Scantron form 882-E for the exams. Anything presented or discussed in class or assigned as reading material may show up on the exam. Therefore, it is important that you attend class and read the assigned chapters in the textbook. Exams will primarily include material since the previous exam but could include material from earlier in the semester as well. You will have the entire class time to take the exam. Please note that breaks during the test are not permitted; if you leave the classroom, you will not be able to resume taking the test.

Asynchronous Minutes:
This class requires 150 minutes of asynchronous minutes. Thus, you will have two online chapter assignments/quizzes that are due in the second half of the semester. Students must complete the assignments on their own; however, use of the course textbook is allowed.

Extra Credit:
This class does not have extra credit. Please make sure to keep up with your assignments throughout the semester.

Point Values (280 total points)

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<thead>
<tr>
<th>Points</th>
<th>Assignment</th>
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<tbody>
<tr>
<td>10</td>
<td>Syllabus quiz</td>
</tr>
<tr>
<td>10</td>
<td>Asynchronous Assignment Chapter 10</td>
</tr>
<tr>
<td>10</td>
<td>Asynchronous Assignment Chapter 15</td>
</tr>
<tr>
<td>50</td>
<td>Exam 1</td>
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<td>50</td>
<td>Exam 2</td>
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<td>Exam 3</td>
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<td>50</td>
<td>Exam 4</td>
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<td>50</td>
<td>Exam 5</td>
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You may view your grades throughout the semester by logging onto your D2L account at: https://d2l.sfasu.edu.
Final Letter Grade Distribution:
A = 251 points or above
B = 223 to 250 points
C = 195 to 222 points
D = 167 to 194 points
F = 0 to 166 points

Note: Final letter grades are firm! Dr. Jenkins will not move your final letter grade to the next letter grade if you did not earn enough points for that letter grade.

Tentative Class Schedule
Any necessary changes will be announced in class, or via official SFA communication routes (e.g., email).

PSY 2306 “Human Sexuality” (3 credits) is designed to introduce students to the study of human sexuality by covering the psychology of sexual behavior as related to social conduct. The course typically meets 150 minutes a week in two 75-minute segments for 14 weeks, 150 asynchronous instructional minutes, and also meets for a 2-hour final examination period. Students typically have significant weekly reading and/or other out-of-class assignments, and are expected to take regular tests and a final examination. These activities average at a minimum 6 hours of work each week to prepare outside of classroom hours.

1/22 Intro to Course
1/24 Ch. 1 – Perspectives on Sexuality
1/29 Syllabus Quiz; Ch. 2 – Sex Research: Methods and Problems
1/31 Ch. 3 & 4 – Sexual Anatomy and Physiology
2/5 Ch. 3 & 4 – Sexual Anatomy and Physiology

Wed 2/7 Exam 1
2/12 Ch. 6 – Sexual Arousal and Response
2/14 Ch. 17 – Sexual Coercion
2/19 Ch. 7 – Love and Communication in Intimate Relationships
2/21 Ch. 7 – Love and Communication in Intimate Relationships
2/26 Chapters 6, 7, 17 continued

Wed 2/28 Exam 2
3/4 Ch. 5 – Gender
3/6 Ch. 5 – Gender
3/18 Ch. 5 – Gender
3/20 Ch. 9 – Sexual Orientations
3/25 Ch. 8 – Sexual Behaviors

Wed 3/27 Exam 3
4/1 Ch. 10 – Contraception
4/3 Ch. 10 – Contraception; Asynchronous assignment for Chapter 10 Contraception due on D2L by 5pm
4/8 Ch. 12 – Sexuality During Childhood
4/10 Ch. 12 – Sexuality During Adolescence; Asynchronous assignment for Chapter 15 STIs due on D2L by 5:00pm
4/15 Ch. 15 – Sexually Transmitted Infections
4/17 Chapters 10, 12, 15 continued

Mon 4/22 Exam 4
4/24 Ch. 13 – Sexuality and the Adult Years
4/29 Ch. 14 – Sexual Difficulties and Solutions
5/1 Ch. 16 – Atypical Sexual Behavior

Wed 5/8 (Final) Exam 5 from 1pm-3pm