I. Course Description found in the Bulletin
“The purpose of the New Lumberjack Experience is to create a welcoming and affirming environment for each new student. Students will develop self-efficacy, self-awareness, and a sense of purpose; become actively engaged in the learning environment inside and outside of the classroom; and become socially integrated within the diverse Lumberjack community.”

Credit Hour Description
SFAS 1101 “Freshman Success Seminar” (1 credit hour) is an optional but highly recommended course for all first-year freshman and transfer students at Stephen F. Austin State University. Direct instruction is provided for two 50-minute meetings per week for 16 weeks. Students have weekly readings and assignments that focus on topics related to student development and college success. These activities average at a minimum two hours per week to prepare outside of classroom hours.

Course Delivery Modality
This course is a fully in-person course which offers all of its meetings in person on campus at a scheduled time. Instructional content will be made available through illustrated lectures, individual meetings, guest speakers, small group and whole class discussions, visits to campus locations, videos, games, and exercises.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):

This course supports the mission of Stephen F. Austin State University:
Stephen F. Austin State University is a comprehensive institution dedicated to excellence in teaching, research, scholarship, creative work, and service. Through the personal attention of our faculty and staff, we engage our students in a learner-centered environment and offer opportunities to prepare for the challenges of living in the global community.
This course also supports the mission of the Student Success Center:
The Student Success Center supports undergraduate students by optimizing campus resources through innovative and intentional programs, which empowers students to attain academic success and persist toward graduation and beyond.

Program Learning Outcomes
Students participating in the New Lumberjack Experience will:
1. Discover and connect with the Lumberjack community at Stephen F. Austin State University.
2. Develop the skills necessary to achieve personal and academic goals.
3. Contribute to a respectful and inclusive environment.

Student Learning Outcomes
As a result of this course, students will be able to:
1. Develop positive relationships and a sense of community with peers, staff and faculty.
2. Identify and use appropriate campus resources and engage in opportunities that contribute to their learning and beyond the classroom.
3. Identify academic resources and apply appropriate learning strategies to support their academic success and timely progress towards a degree.
4. Identify and apply strategies to effectively manage time and priorities.
5. Examine and develop strategies that promote wellbeing and understand how wellness impacts their academic and personal success.
6. Describe the community expectations and their responsibility to ensuring a safe, respectful, and supportive learning environment for all members.
7. Recognize and critically reflect upon one’s own cultural biases and articulate how this shapes their perspectives and relationships with people who are similar to and different from themselves.

III. Class Readings and Materials
All students will receive a SFAS 1101 Freshman Success Handbook in a digital format in their Brightspace Course. Information in the handbook will be used for class discussions. Make sure you read and understand them. You will also need a class notebook to keep required coursework and assignments organized.

IV. Course Requirements

Instructor/Student Meeting (25 points): During the first month of school, you will be responsible for meeting with either Dr. Martin or Ms. Johnson during his/her set office hours. The purpose of this meeting is simply to break the ice and step out of your comfort zone; in other words, while it can be a meeting to answer questions you have or deal with specific concerns, it can also be a meeting in which you just come in to have a informal conversation. This cannot be done before or after class, but has to be done at a designated time outside of class.

Outside Events (25 points): You will be required to attend two (2) outside events provided by SFA. You must provide sufficient documentation of the event. “Sufficient Documentation” is defined as a photo of you at the event and short written response (paragraph) focused on
your thoughts about/response to the event. “Event” can be anything from an athletic game, club meeting, play, dorm event, etc. Attendance at the event will be valued at 10 points.

**LWN presentation attendance:** We will discuss the different presentations by the Lumberjack Wellness Network that will be presented on various days and times (see below) throughout the semester. We will set up a plan for attendance.

<table>
<thead>
<tr>
<th>Presentation</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>QPR</td>
<td>9/11/23</td>
<td>Monday</td>
<td>11:00 – 11:50 am</td>
<td>Theatre (BPSC)</td>
</tr>
<tr>
<td>Stress Management</td>
<td>9/18/23</td>
<td>Monday</td>
<td>11:00 – 11:50 am</td>
<td>Theatre (BPSC)</td>
</tr>
<tr>
<td>Adulting 101</td>
<td>9/25/23</td>
<td>Monday</td>
<td>11:00 – 11:50 am</td>
<td>Theatre (BPSC)</td>
</tr>
<tr>
<td>QPR</td>
<td>10/10/23</td>
<td>Tuesday</td>
<td>2:00 – 2:50 pm</td>
<td>Kennedy Auditorium</td>
</tr>
<tr>
<td>Stress Management</td>
<td>10/17/23</td>
<td>Tuesday</td>
<td>2:00 – 2:50 pm</td>
<td>Theatre (BPSC)</td>
</tr>
<tr>
<td>Adulting 101</td>
<td>10/31/23</td>
<td>Tuesday</td>
<td>2:00 – 2:50 pm</td>
<td>Theatre (BPSC)</td>
</tr>
<tr>
<td>QPR</td>
<td>11/8/23</td>
<td>Wednesday</td>
<td>5:00 – 5:50 pm</td>
<td>Kennedy Auditorium</td>
</tr>
<tr>
<td>Stress Management</td>
<td>11/15/23</td>
<td>Wednesday</td>
<td>5:00 – 5:50 pm</td>
<td>Theatre (BPSC)</td>
</tr>
<tr>
<td>Adulting 101</td>
<td>11/1/23</td>
<td>Wednesday</td>
<td>5:00 – 5:50 pm</td>
<td>Theatre (BPSC)</td>
</tr>
</tbody>
</table>

**Class attendance** (50 points): Class attendance is mandatory and will be recorded during each class meeting. Therefore, please plan to attend all sessions. For every absence you incur, a deduction of 2 points will be taken from your final grade.

**Writing for Reflection** (75 points): You will be assigned three writing for reflection assignments, each valued at 25 points. These assignments will be at the very start of the semester, about one
month in to the semester, and then when we begin talking about the purpose of education. Due
dates and requirements will be found on our D2L page.

Research Poster (100 points): This is a project that we do as the Honors section of SFAS 1101.
This is a project that was designed by Dr. Tkacik and me and has been done for a number of
years. This research project will invite you into the university archives, help you choose a topic,
do initial research, create a research poster, and display that poster and speak to academic
guests (academic deans, the provost, faculty, etc.) at an event held in November.

Final Project (25 points): This is a project that has been developed by the SFAS 1101 office.
We will discuss this during the semester. This project will consist of you making a montage of
sorts that includes two pictures and captions that define your identity as a “Lumberjack.”

V. Course Calendar

Please see the tentative course calendar at the end of this syllabus.

VI. Grading Policy

SFAS 1101 is a graded course. Passing this course will give you one semester credit that can
be used towards the total number of credits you need to graduate. The grading system is as
follows: A: 300-270; B: 269-240; C: 239-210; D: 209-180; F: 179-0.

VII. Attendance Policy and Classroom Interactions

Class attendance is mandatory and will be recorded during each class meeting. Therefore,
please plan to attend all sessions. For every absence you incur, a deduction of 2 points will be
taken from your final grade.

VIII. Academic Integrity

The Code of Student Conduct and Academic Integrity outlines the prohibited conduct by any
student enrolled in a course at SFA. It is the responsibility of all members of all faculty, staff, and
students to adhere to and uphold this policy.

Articles IV, VI, and VII of the new Code of Student Conduct and Academic Integrity outline the
violations and procedures concerning academic conduct, including cheating, plagiarism,
collusion, and misrepresentation. Cheating includes, but is not limited to: (1) Copying from the
test paper (or other assignment) of another student, (2) Possession and/or use during a test of
materials that are not authorized by the person giving the test, (3) Using, obtaining, or
attempting to obtain by any means the whole or any part of a non-administered test, test key,
homework solution, or computer program, or using a test that has been administered in prior
classes or semesters without permission of the Faculty member, (4) Substituting for another
person, or permitting another person to substitute for one’s self, to take a test, (5) Falsifying
research data, laboratory reports, and/or other records or academic work offered for credit, (6)
Using any sort of unauthorized resources or technology in completion of educational activities.

Plagiarism is the appropriation of material that is attributable in whole or in part to another
source or the use of one’s own previous work in another context without citing that it was used
previously, without any indication of the original source, including words, ideas, illustrations,
structure, computer code, and other expression or media, and presenting that material as one’s
own academic work being offered for credit or in conjunction with a program course or degree requirements.

Collusion is the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on academic dishonesty, including disclosing and/or distributing the contents of an exam.

Misrepresentation is providing false grades or résumés; providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment for the purpose of obtaining an academic or financial benefit for oneself or another individual or to injure another student academically or financially.

**IX. Withheld Grades Semester Grades Policy (5.5)**

Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the coursework because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course to compute the grade point average. For additional information, go to [https://www.sfasu.edu/policies/course-grades-5.5.pdf](https://www.sfasu.edu/policies/course-grades-5.5.pdf).

**X. Students with Disabilities**

To obtain disability-related accommodations, alternate formats, and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services promptly may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/)

**XI. Student Wellness and Well-Being**

SFA values students’ overall well-being, mental health and the role it plays in academic and overall student success. Students may experience stressors that can impact both their academic experience and their personal well-being. These may include academic pressure and challenges associated with relationships, emotional well-being, alcohol and other drugs, identities, finances, etc.

If you are experiencing concerns, seeking help, SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.

**On-campus Resources:**
The Dean of Students Office (Rusk Building, 3rd floor lobby) www.sfasu.edu/deanofstudents
936.468.7249
SFA Human Services Counseling Clinic Human Services, Room 202
www.sfasu.edu/humanservices/139.asp
936.468.1041

The Health and Wellness Hub “The Hub”
Location: corner of E. College and Raguet St.

To support the health and well-being of every Lumberjack, the Health and Wellness Hub offers comprehensive services that treat the whole person – mind, body and spirit. Services include:

- Health Services
- Counseling Services
- Student Outreach and Support
- Food Pantry • Wellness Coaching
- Alcohol and Other Drug Education

www.sfasu.edu/thehub
936.468.4008

thehub@sfasu.edu

Crisis Resources:
- Burke 24-hour crisis line: 1.800.392.8343
- National Suicide Crisis Prevention: 9-8-8
- Suicide Prevention Lifeline: 1.800.273.TALK (8255)
- johCrisis Text Line: Text HELLO to 741-741

XII. Other Resources

Communication
Please check your SFA email account regularly as this is the official email and form of communication for SFA. Brightspace/D2L will be the official tool used in your SFAS 1101 class for important reminders, announcements, and further assignment directions.