I. COURSE DESCRIPTION:

The purpose of the New Lumberjack Experience is to create a welcoming and affirming environment for each new student. Students will develop self-efficacy, self-awareness, and a sense of purpose; become actively engaged in the learning environment inside and outside of the classroom; and become socially integrated within the diverse Lumberjack community.

Credit Hour Description

SFAS 1101 “Freshman Success Seminar” (1 credit hour) is an optional but highly recommended course for all first-year freshman and transfer students at Stephen F. Austin State University. Direct instruction is provided for two 50-minute meetings per week for 16 weeks. Students have weekly readings and assignments that focus on topics related to student development and college success. These activities average at a minimum two hours per week to prepare outside of classroom hours.

Course Delivery Modality

This course is a fully in-person course which offers all of its meetings in person on campus at a scheduled time. Instructional content will be made available through illustrated lectures, individual meetings, guest speakers, small group and whole class discussions, visits to campus locations, videos, games, and exercises.

Respect for Diversity

At SFA, our commitment to diversity and inclusion is more than words—it is actions. We believe diversity and inclusion are the keys to promoting more engaged individuals locally and globally. We at SFA are committed to amplifying a campus culture that nurtures belonging and embraces similarities while celebrating that every Lumberjack will be different. Those differences are valued, acknowledged, and supported purposefully. We encompass ground-breaking strategies fostered from our diverse campus while taking a holistic approach to how we function as a university.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):

This course supports the mission of Stephen F. Austin State University:

Stephen F. Austin State University is a comprehensive institution dedicated to excellence in teaching, research, scholarship, creative work, and service. Through the personal attention of our faculty
and staff, we engage our students in a learner-centered environment and offer opportunities to prepare for the challenges of living in the global community.

This course also supports the mission of the Student Success Center:
The Student Success Center supports undergraduate students by optimizing campus resources through innovative and intentional programs, which empowers students to attain academic success and persist toward graduation and beyond.

Program Learning Outcomes
Students participating in the New Lumberjack Experience will:
1. discover and connect with the Lumberjack community at Stephen F. Austin State University.
2. develop the skills necessary to achieve personal and academic goals.
3. contribute to a respectful and inclusive environment.

Student Learning Outcomes
As a result of this course, students will be able to:
1. develop positive relationships and a sense of community with peers, staff and faculty.
2. identify and use appropriate campus resources and engage in opportunities that contribute to their learning and beyond the classroom.
3. identify academic resources and apply appropriate learning strategies to support their academic success and timely progress towards a degree.
4. identify and apply strategies to effectively manage time and priorities.
5. examine and develop strategies that promote wellbeing and explain how wellness impacts their academic and personal success.
6. describe the community expectations and their responsibility to ensuring a safe, respectful, and supportive learning environment for all members.
7. recognize and critically reflect upon one's own cultural biases and articulate how this shapes their perspectives and relationships with people who are similar to and different from themselves.
8. use their skills and knowledge of financial resources to make informed and effective decisions to reach their financial goals.

III. Class Readings and Materials
All students will receive a SFAS 1101 Freshman Success Handbook in a digital format in their Brightspace Course. Information in the handbook will be used for class discussions. Make sure you read and understand them. You will also need a class notebook to keep required coursework and assignments organized.

GRADING POLICY:
SFAS 1101 is a graded course. Passing this course will give you one-semester credit that can be used toward the total number of credits you need to graduate. The grading system is as follows:

<table>
<thead>
<tr>
<th>Points Range</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>500-450 points</td>
<td>A</td>
</tr>
<tr>
<td>449-400 points</td>
<td>B</td>
</tr>
<tr>
<td>399-350 points</td>
<td>C</td>
</tr>
<tr>
<td>349-300 points</td>
<td>D</td>
</tr>
<tr>
<td>299 points or lower</td>
<td>F</td>
</tr>
</tbody>
</table>
TOTAL POINTS FOR COURSE = 500 POINTS
Making a good grade in this class is easily within reach of every student enrolled – simply by attending class each day and taking part in scheduled activities, as well as turning in assignments on time. All students have the opportunity to earn plenty of points to make a high grade. Should you have any concerns about your grade standing in this course, make an appointment to visit with me as soon as possible. There are selected opportunities listed below for bonus points. Late work is not accepted except for extenuating circumstances, and only if you have received prior approval from the instructor to submit an assignment late.

ATTENDANCE & ACTIVITIES – 100 POINTS
Class Attendance: SFAS 1101 class attendance and participation are mandatory; therefore, plan to attend ALL class sessions. Due to the COVID-19 Pandemic, if you are not feeling well, do not come to class and communicate with the instructor. Events that are university-sponsored events will be excused and students will receive 1 “pass” unexcused absence for the semester. Once a student has missed 3 classes and has received a total of 2 unexcused absences (not including the “pass”) the student will be dropped a letter grade. Attendance will be taken daily. Each class is worth 2 points (25 classes = 50 points).

Instructor/Student Meetings: Two individual sessions with either Morgan or Nick will be scheduled during the semester; these are important and count for a total of 20 points of your grade (10 points each). It is your responsibility to schedule both meetings.

Introduce Yourself Discussion Post: Tell us about yourself. List your name, hometown, major, hobbies, a fun fact about yourself, and post one of your favorite pictures (explain why) 5 points

Outside Events: You will be required to attend two (2) outside events provided by SFA. You must provide sufficient documentation of the event, brochure, and picture of you there at the event, or 6 sentences about the event. (2 events = 25 points)
  o Weeks of Welcome Events
  o Involvement Fair – September 7th
  o SFA Athletics Event (Football, Volleyball, etc.)
  o Wellness Fair – October 6th 10-1PM Twilight Ballroom
  o SFA Planetarium or SFA Observatory
  o Fine Arts Options
  o Attend a Career Fair
  o Have your resume critiqued
  o Fraternity and Sorority Life Events
    ▪ Homecoming Stepshow/Stroll Off
    ▪ Hump Nights
    ▪ Philanthropy/Service Events
  o OMA Events – Dates available at www.sfasu.edu/oma

REFLECTION ASSIGNMENTS – 100 POINTS
*All reflections must be at least 1-page in length, 12pt font, double spaced and are due to the D2L dropbox on or before the date due by 11:59 PM. What did you learn from these sessions? Please do not tell me what these sessions were about… I want to know what you got out of the event. Assignment details posted on D2L*
Professor Chat Paper: Each student will meet with an academic non-GenJacks Professor. After meeting with your professor, you will submit a 1 page in length, 12-pt font, double spaced to receive full credit. Topics when meeting with your professor: Introduce yourself, talk about the course, what advice do you have for exams/papers, their career in higher education (how did they get here, what jobs did they hold before this position), what advice do you have for first-gen college students, anything else you would want to chat with them about. Go into your meeting with structured questions! This assignment is worth 50 points.

University Resources Paper: Choose one SFA Resource discussed in class and write a 1 page in length, 12-pt font, double spaced reflection to receive full credit over how you will utilize this service at SFA. Will you share this resource with others? Think about: What did you learn? What did you make connections with? What actions will you take? What opportunity does this resource present to students? How will you use this resource moving forward? This reflection is worth 25 points.

Diversity and Inclusion Reflection Paper: Following the class discussion on Diversity and Inclusion and the Tunnel of Oppression, you will be asked to write a 1 page in length, 12-pt font, double spaced to receive full credit on the experience. What is did you learn at the tunnel? What is your personal definition of diversity? Specific instructions will be provided in class and available in D2L. This assignment is worth a total of 25 points.

GROUP PROJECT ASSIGNMENT – 100 POINTS

Traditions Presentation: You will be placed and groups and asked to research a specific SFA tradition. The presentation must be presented in a creative way (ex: video, movie, poem, song, rap, commercial, slideshow). Topics and specific instructions will be provided in class and available in D2L. Student may utilize zoom to meet with group members and present. Assignment worth 100 points.

INDIVIDUAL ASSIGNMENTS – 100 POINTS

Career Research Discussion Post: Initial Post and 2 Peer Responses
You will research a career you are interested in having after you graduate with your Bachelor’s degree. You will answer questions such as, how does this career align with your major? Will you will need to continue education? How do you think you can gain “years of experience” in college? Detailed instructions will be provided to you during the semester and you are expected to contribute to the discussion. This discussion is worth a total of 100 points (50 points each).

SUCCESS COACH MEETINGS – 100 POINTS

All students are required to meet with their success coach once a month. You will need to fill out the form on D2L under Content and have your coach sign it. Please turn it into your instructor after each meeting or through Dropbox. You will need a minimum of four meetings, one per month.

○ 4 Meetings Required

TOTAL POINTS FOR COURSE = 500 POINTS

**OPTIONAL EXTRA CREDIT ACTIVITIES***

Students may earn additional course points by completing an optional activity listed below. Students may complete up to two (2) outside extra credit activities for five (5) additional course points per activity. If a student would like to attend a different outside activity, you must get the
alternate activity preapproved by the course instructor to earn points. If you attend an alternate activity, you can still earn a maximum of 10 additional course points.

- Attend Freshman Convocation for College (must bring event program or brochure-signed)
- Involvement Advising (must bring advising sheet)
- Attend five (5) AARC SI study sessions (must provide pink slips)
- Attend the Leadership Conference (must provide signed verification slip or stamped booklet)

SFAS 1101 EXPECTATIONS:

Class Rules: Following these few rules will help to maximize the SFAS 1101 experience for you and your classmates:
1. If you become ill or are required to quarantine, contact your instructor immediately.
2. Attend every class.
3. Read any assigned material and turn in all required work on/or before the due date.
4. No late work is accepted.
5. Participate in individual and group activities and discussions.
6. Treat everyone in the class with respect and courtesy.
7. All students are expected to demonstrate professional behavior and use language appropriate for the classroom learning experience.
8. Cell phones and other electronic devices should be turned off and put away during class time.
9. Ask questions!

Communication - Email: Please check your Jacks email account regularly and communicate with me through your mySFA email. My email address is morgan.pulliam@sfasu.edu. Your Jacks account is the official email account for SFA and D2L will be the official tool in your SFAS 1101 class for communicating the important reminders, announcements, and further assignment directions. Please do not email me though the D2L email.

Course Complaints: Any college course complaints or problems should first be discussed with the course instructor for the particular course. Difficulties can usually be resolved there. If the complaint cannot be resolved, the next person to see is the appropriate department chairperson. For SFAS 1101, the chairperson is Dr. Lydia Richardson, SFAS 1101 Coordinator. (Steen Library, Room 104; 936-468-5808).

Food for Thought (Hunger Jacks): The purpose of Food for Thought Student Food Pantry is to provide supplemental healthy food to SFA students who are experiencing food insecurities. The only requirements for eligibility are to be enrolled for courses at SFA during the current semester and not have a meal plan. Food for Thought is not a University-funded service. It is supported by volunteers and by charitable contributions and donations. All items are offered as available. Located in the Hub at the Corner of Raquet and East College Street.

Mental Health
SFASU values students’ mental health and the role it plays in academic and overall student success. SFA provides a variety of resources to support student’s mental health and wellness. Many of these resources are free, and all of them are confidential.

On-campus Resources:
SFASU Counseling Services • www.sfasu.edu/counselingservices
Health and Wellness Hub (corner of E. College and Raguet) • 936-468-2401
The following policies apply to all students enrolled in courses at Stephen F. Austin State University.

**Class Attendance and Excused Absence: Policy 6.7**

Regular, punctual attendance, documented participation, and submission of completed assignments are expected. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student’s attendance and participation as well as note this information in required reports (including the first 12-day attendance report) and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

**Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6**

To obtain disability-related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/)

**Student Academic Dishonesty: Policy 4.1**

Abiding by university policy on academic integrity is a responsibility of all university faculty and students. Faculty members must promote the components of academic integrity in their instruction, and course syllabi are required to provide information about penalties for cheating and plagiarism, as well as the appeal process.

**Definition of Academic Dishonesty**

Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to: using or attempting to use unauthorized materials on any class assignment or exam; falsifying or inventing of any information, including citations, on an assignment; helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one’s own. Examples of plagiarism include, but are not limited to: submitting an assignment as one's own work when it is at least partly the work of another person; submitting a work that has been purchased or otherwise obtained from the Internet or another source; incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.
Penalties for Academic Dishonesty
Penalties may include but are not limited to, reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

Student Appeals
A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

Withheld Grades: Policy 5.5
At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average. Please read the complete policy at: http://www.sfasu.edu/policies/course-grades.pdf

Acceptable Student Behavior
Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy 10.4). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.

Student Code of Conduct: Policy 10.4
Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program. Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare: Early Alert Program at SFA. Information regarding the iCare program is found at http://www.sfasu.edu/judicial/earlyalert.asp or call the office at 936-468-2703.
### TENTATIVE CLASS CALENDAR – GENJACKS SFAS 1101.037 FALL 2022
**This is a tentative calendar. Dates are subject to change and you will be notified of these changes by the instructor.**

<table>
<thead>
<tr>
<th>Tuesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>August 29</strong></td>
<td></td>
</tr>
</tbody>
</table>
Class Overview and Introductions, D2L, mySFA, Academic Integrity, The SFA Way, AARC  | **August 31**  |
Time Management & SMART Goals  |
* Plan your Time
* Letter to yourself  |
| **September 5**  |
Learning Strategies: Note Taking vs. Note Making, Textbooks, Study Sills & Test-taking, What type of learner are you  | **September 7**  |
Myers-Briggs: Strengths Discussion  |
-Bring your 4 digit letter code to class  |
SFA Involvement and Belonging  |
**Complete Myers-Briggs Strengths Assessment**  |
[www.16personalities.com](http://www.16personalities.com)  |
| **September 12**  |
AARC Tour  | **September 14**  |
University and Library Resources  |
**Discussion Post: Introduce Yourself: Due 11:59PM**  |
| **September 19**  |
Social Interactions & Interacting with Professors  | **September 21**  |
Health & Wellness Self Care  |
**Career Discussion Post: Initial Post Due by 11:59PM**  |
| **September 26**  |
Academic Advising  | **September 28**  |
Stress Management  |
Group Projects  |
Presentation Skills  |
Group Work  |
**Career Discussion Post: Respond to 2 Peers by 11:59PM**  |
| **October 3**  |
GenJacks Panel  | **October 5**  |
SFA History, Traditions, & Pride  |
**Success Coach Meeting #1 Due by 11:59PM**  |
| **October 10**  |
Cultural Diversity, Inclusion, and Social Justice  | **October 12**  |
One-on-One Meetings & Schedule a Follow-up  |
| **October 17**  |
Group Traditions Presentations  | **October 19**  |
– No class – enjoy homecoming festivities!  |
* University Resources Paper Due by 11:59PM  |
* Traditions Presentation Due by 11:00AM to Dropbox  |
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 24</td>
<td>Diversity and Inclusion Cont. - Tunnel of Oppression – Meet at BPSC CFA @ 6:15PM</td>
<td>October 26</td>
<td>Group Traditions Presentations Continued</td>
</tr>
<tr>
<td>October 31</td>
<td>Nacogdoches 101</td>
<td>November 2</td>
<td>Growth Mindset &amp; Metacognitive Skills</td>
</tr>
<tr>
<td>November 7</td>
<td>Personal Survival Skills, Alcohol &amp; Drug Awareness, Bystander Intervention</td>
<td>November 9</td>
<td>Challenging Relationships</td>
</tr>
<tr>
<td>November 14</td>
<td>Resumes &amp; Career Readiness</td>
<td>November 16</td>
<td>No class! Work on your reflection papers</td>
</tr>
<tr>
<td>November 21</td>
<td><em>Thanksgiving Holiday</em> Enjoy the Break!</td>
<td>November 23</td>
<td><em>Thanksgiving Holiday</em> Enjoy the Break!</td>
</tr>
<tr>
<td>November 28</td>
<td>Money Management</td>
<td>November 30</td>
<td>The Value of a College Education</td>
</tr>
<tr>
<td>December 5</td>
<td>Telling Your Story Social Media and Self Image</td>
<td>December 7</td>
<td>Re-Evaluate goals Preparing for Finals: Study Skills</td>
</tr>
<tr>
<td>December 12 and 14</td>
<td>NO CLASS</td>
<td><strong>Success Coach Meeting #4 Due by 11:59PM</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Each assignment will have instructions in D2L. Please read instructions carefully**