STEPHEN F. AUSTIN STATE UNIVERSITY
DEPARTMENT OF KINESIOLOGY AND HEALTH SCIENCE
KINE-5178-001 ADVANCED SCUBA
Fall 2023

Instructor: Sally Sowell
Office: Indoor Pool
Office Phone: None on campus
Other Contact: 936.564.3483

Course Time& Location: T/R 11AM, Indoor Pool
Office Hours: 1-2 T/R
Credits: 3 hours
Email: ssowell@sfasu.edu

I. Course Description: Three semester hours, with demonstration of knowledge, confined water skills, and open-water training dives required for certification as a recreational scuba diver. Outside class assignments consist of reading assignments with corresponding video, knowledge review completion and studying for exam to achieve proficiency. The outside class assignments would require at least 4 hours of outside work each week. Graduate research project of subject pertaining to SCUBA environment or physiology of diver consistent with the student’s field of study. Presentation to class at level of understanding for all.

Course Hour Justification: Scuba is a physical activity-based class that meets for 150 minutes in class for 9 weeks and two days off campus for required training dives. Research and writing needs to consist of 150 minutes a week for 9 weeks.

Prerequisites: Student must be able to maintain oneself in water too deep to stand for not less than 10 minutes. Students must provide their own mask, fins, snorkel, and booties appropriate for scuba diving. Course fee of $275.00 is to be paid directly to Diver’s Depot.

Certification Requirements: All knowledge reviews, quizzes, final exam, pool sessions and training dives must be completed before a student can be considered for certification. Open water diving is the of third phase SCUBA training where a student applies the skills and knowledge acquired on campus in an actual diving environment off campus. It is required for certification as a SCUBA diver. Open water training consists of four dives conducted over two days under the supervision of your instructor. All SCUBA equipment is included for the weekend, including wetsuit when needed. Students must bring their personal equipment.

Note: Transportation to the open water site, gate fees, and air fills, hotel rooms, or meals may be additional expenses. Four required training dives (off campus) over 2 days will be scheduled in APRIL. Plan a minimum of 10 hours/day to include: Pre-dive briefing, dive, and debriefing. Dates TBA, signups during class. (Reference Certification Requirements above).

Students who are unwilling or unable to attend off-campus dives will be issued a WH grade until they complete the dives the next time the class is offered or dives can be rescheduled. PADI Training Standards state that divers in training have up to 12 months to complete their training dives after beginning of their course but must refresh their skills in confined water if it has been longer than 6 months.

James I Perkins College of Education Diversity Statement is found at the following link: http://coe.sfasu.edu/about-us/

II. Student Learning Outcomes:
• Student develops the necessary skills to be used for open water training and scuba certification. These skills will include equipment assembly and disassembly, mask removal & replacement and clearing, regulator recovery and clearing, use of an alternate air source both as a donor and receiver, neutral buoyancy, entries, and exits and emergency procedures.

• Student’s knowledge must be sufficient to make better than 75% on all quizzes and exams to earn certification.
III. Course Assignments:

- E-learning text and video completion is mandatory in this course. There are 5 modules. We will cover one module a week. Each module includes both knowledge and skills necessary for the quiz and pool skills training.
- The Knowledge Reviews at the end of each chapter and quiz (5) are to be completed before class each week as required by PADI Training Department and Standards. Final exam must be completed before final training dives.

IV. Evaluation and Assessment (Grading)

- Quizzes—there will be five quizzes during this course. Quiz material will be based on reading, and pool training. Five quizzes will be averaged for quiz score.
- Attendance-attendance is mandatory for this class therefore daily attendance will be taken. Students will start with 100 points for attendance and will be deducted 5 points for every absence.
- Final-The final exam is comprehensive and will be based on material covered from quizzes and pool training. Worth 100 points.
- Research Paper and presentation
- 4 Training Dives-Satisfactory completion of four training dives are required for the class. Training dives will be scheduled while students are in class and provide a demonstration of necessary knowledge and skills required to earn certification. Worth 300 points.

V. Tentative Course Outline/Calendar ON campus:

- AUG 29 / Orientation
- AUG 31/ Equipment assembly, disassembly and 10 min. tread/float, Intro to SCUBA
- SEP 5 & 7/ Module 1, The Underwater World, general scuba skills
- SEP 12 & 14/ Module 2, Adapting to Underwater, general scuba skill
- SEP 19 & 21/ Module 3, Problem Management, general scuba skills
- SEP 26 & 28 / Module 4, Breathing Air at Depth, general scuba skills
- OCT 3 & 5/ Mod 5 general scuba skills & 300 YD snorkel swim
- OCT 3 /Class presentation of research
- OCT 10 & 12/ Remedial and makeups
- OCT 19 / Final Exam

VI. Required Text and Equipment

PADI Open Water Crew Pack that includes:

- PADI Open Water Diver E-Learning voucher, included eRDP-Electronic Recreational Dive Planner
- Logbook or PADI App logbook to document training dives
- Student Record Folder - to document all training and paperwork required by PADI.
- Mask, fins, snorkel, wt. belt with 4-6 lbs. of weight and boots appropriate for scuba diving

Attendance: It is very important that no skills or information be missed during this class. You are training for SCUBA diving certification. Students are not permitted to miss any classes. Every unexcused absence will cost five points from your attendance grade. In the event you must miss a class, then all missed classes must be made-up. Makeup can be coordinated with instructor.
The Code of Student Conduct and Academic Integrity outlines the prohibited conduct by any student enrolled in a course at SFA. It is the responsibility of all members of all faculty, staff, and students to adhere to and uphold this policy.

Articles IV, VI, and VII of the new Code of Student Conduct and Academic Integrity outline the violations and procedures concerning academic conduct, including cheating, plagiarism, collusion, and misrepresentation. Cheating includes, but is not limited to: (1) Copying from the test paper (or other assignment) of another student, (2) Possession and/or use during a test of materials that are not authorized by the person giving the test, (3) Using, obtaining, or attempting to obtain by any means the whole or any part of a non-administered test, test key, homework solution, or computer program, or using a test that has been administered in prior classes or semesters without permission of the Faculty member, (4) Substituting for another person, or permitting another person to substitute for one’s self, to take a test, (5) Falsifying research data, laboratory reports, and/or other records or academic work offered for credit, (6) Using any sort of unauthorized resources or technology in completion of educational activities.

Plagiarism is the appropriation of material that is attributable in whole or in part to another source or the use of one’s own previous work in another context without citing that it was used previously, without any indication of the original source, including words, ideas, illustrations, structure, computer code, and other expression or media, and presenting that material as one’s own academic work being offered for credit or in conjunction with a program course or degree requirements.

Collusion is the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on academic dishonesty, including disclosing and/or distributing the contents of an exam.

Misrepresentation is providing false grades or résumés; providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment for the purpose of obtaining an academic or financial benefit for oneself or another individual or to injure another student academically or financially.

Withheld Grades Semester Grades Policy (5.5) Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the coursework because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course to compute the grade point average. For additional information, go to https://www.sfasu.edu/policies/course-grades-5.5.pdf.

Students with Disabilities To obtain disability-related accommodations, alternate formats, and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004

(TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services promptly may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

Student Wellness and Well-Being SFA values students’ overall well-being, mental health and the role it plays in academic and overall student success. Students may experience stressors that can impact both their academic experience and their personal well-being. These may include academic pressure and challenges associated with relationships, emotional well-being, alcohol and other drugs, identities, finances, etc.
If you are experiencing concerns, seeking help, SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.

On-campus Resources:
The Dean of Students Office (Rusk Building, 3rd floor lobby)
www.sfasu.edu/deanofstudents
936.468.7249
dos@sfasu.edu