I. Course Description

KINE 4107 Sports Medicine Clinical (1 credit hour) is an independent study class that requires students, in addition to class time, to attend all required meetings, practices, conditioning and team competition sessions as required by head athletic trainer. These may be on weekends or holidays as well. This allows the students to obtain the needed clinical hours needed to be eligible for license. These additional activities outside of class time may add up to 20-25 hours a week.

Through hands-on application, students will learn subject areas as set by the NATA Content Domains. This course is ONLY open by permit to those students who are members of the undergraduate student athletic training apprenticeship. Credit may be taken up six times.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):

This course supports the mission of Stephen F. Austin State University:

Stephen F. Austin State University is a comprehensive institution dedicated to excellence in teaching, research, scholarship, creative work, and service. Through the personal attention of our faculty and staff, we engage our students in a learner-centered environment and offer opportunities to prepare for the challenges of living in the global community.

The Perkins College of Education is a reflection of the successes and achievements of its students, faculty, administration and staff. The college is a vibrant and inclusive learning community that embodies access, equity, diversity, cultural relevance, and collaboration in teaching, research, service and community engagement.

Program Learning Outcomes

1. Apply injury/illness prevention and wellness protection that will educate participants and manage risks for safe performance and function.
2. Demonstrate clinical evaluation and diagnosis through the implementation of standardized evaluation techniques and formulation of a clinical impression for the determination of a course of action.
3. Implement immediate and emergency care by employing standard care procedures and communicating outcomes for efficient and appropriate care of the injured.
4. Implement treatment and rehabilitation involving the reconditioning of participants for optimal performance and function.
5. Demonstrate organizational and professional health and well-being through understanding and adhering to approved organizational and professional practices and guidelines to ensure individuals and organizational well-being.

**Student Learning Outcomes:**
1. Student will learn the common signs and symptoms of general medical conditions that require physician referral.
2. Students will learn orthopedic evaluation techniques of the body.
4. Students will learn therapeutic modalities and rehabilitation techniques.
5. Students will learn organization, administration, and professional development skills of an athletic training clinic.

**III. Course Assignments, Activities, Instructional Strategies, use of Technology**
Students will attend all required meetings, practices, conditioning, and team competition sessions as required by head athletic trainer.
- Student performance evaluations are made on a regular basis by the athletic training staff in the areas of but not exclusive of attendance, athletic training skills, daily contributions to athletic training clinic, mental fortitude, decision making and ability to follow instruction.
- Hours MUST be logged for approval every SUNDAY by 6pm for the previous week of work via email to the instructor and the supervising preceptor.

**IV. Evaluation and Assessments (Grading):**
Students must begin and end semester as a member in good standing with athletic training department, attend all required meetings, practices, conditioning, and team competition sessions as required by the head athletic trainer. This is an activity credit; therefore, to earn the credit you must be a member of the staff for the entire semester of enrollment. If prior to last day to drop during the semester, If the student quits the athletic training program, or is dismissed the head athletic trainer, he/she must drop the class, or an automatic grade of “F” will be awarded. If the student quits the athletic training program or is dismissed the head athletic trainer after the last day to drop during the semester, the student will receive an automatic grade of “F”.

The grading system is as follows:

- 440-495 A
- 391-439 B
- 341-390 C
- 292-340 D
- 291 and Below F
Assignments 200 points
You will be assigned additional assignments throughout the semester to be completed using Brightspace/D2L or to be turned in at the beginning of class. NO LATE WORK WILL BE ACCEPTED. These assignments are intended to provide you with an opportunity to expand your knowledge as a young healthcare provider.

Writing for Reflection 120 points
Each week you will submit a discussion board post outlining something you learned throughout the week and a question you are hoping to have answered in class or clinical. Each post will be worth 10 points.

Final Evaluation 100 points
You will be required to submit an evaluation form that has been completed by your preceptor about your time working with them. Evaluations will be graded on a percentage scale by the student current preceptor and submitted as final assignment.

Hours Logs 75 points
You will be required to submit weekly hours log by 6 PM Sunday night prior to class on Monday. Each log will be worth 5 points.

V. Tentative Course Outline/Calendar:
• All team activities are dependent on the Head Coach of any Intercollegiate Team and/or the Head Athletic Trainer.
• You will be required to attend daily athletic team treatment/rehab, game/practices, and/or weekends and holidays.
• You will be required to attend any meeting called by the athletic training department.
• You are highly encouraged to become an active member of the Organization of Athletic Training Students.

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<thead>
<tr>
<th>Date</th>
<th>Class Topic</th>
<th>Class Activities/ Assignments</th>
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<tbody>
<tr>
<td>8/28/2023</td>
<td>Introduction to Course</td>
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<tr>
<td>9/4/2023</td>
<td>Hours Logging/ Graduate Programs</td>
<td>Online Discussion</td>
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<tr>
<td>9/11/2023</td>
<td>SOAP Notes</td>
<td>Online Discussion</td>
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<tr>
<td>9/18/2023</td>
<td>Lower Evaluation (Ankle)</td>
<td>Online Discussion</td>
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<tr>
<td>9/25/2023</td>
<td>Lower Evaluation (Knee)</td>
<td>Online Discussion</td>
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<tr>
<td>10/2/2023</td>
<td>Modalities (US, Estim)</td>
<td>Online Discussion</td>
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<tr>
<td>10/9/2023</td>
<td>No Class</td>
<td></td>
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<tr>
<td>10/16/2022</td>
<td>Rehab Lower (Ankle)</td>
<td>Online Discussion</td>
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<tr>
<td>10/23/2022</td>
<td>Rehab Lower (Knee/Hip)</td>
<td>Online Discussion</td>
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<tr>
<td>10/30/2022</td>
<td>General Medical Exam</td>
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<tr>
<td>11/6/2022</td>
<td>Administration Overview</td>
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<tr>
<td>11/13/2022</td>
<td>Resumé Building</td>
<td>Online Discussion</td>
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Class Rules

Following these rules will help maximize the course experience for you and your classmates.

- Attend every class.
- Read the assigned material and submit all required work on the day it is due. No late work is accepted.
- Participate in individual and group activities and discussions.
- Treat everyone in the class with respect and courtesy.
- All students are expected to demonstrate professional behavior and use language appropriate for the classroom learning experience.
- Cell phones and other electronic devices should be turned off and put away during class time. **When students have personal technology available in the classroom, it should be used appropriately. Using devices for interacting on social media sites is not an appropriate in-class use of technology. Sending or receiving texts, instant messages, or making/receiving phone calls can cause distractions to the instructor and to fellow students. Cell phones, computers, and other electronic devices in the classroom are to be used for class purposes only.**

Communication

Please check your SFA email account regularly as this is the official email and form of communication for SFA. Brightspace/D2L will be the official tool used in your SFAS 1101 class for important reminders, announcements, and further assignment directions.

Course Complaints/Evaluations

Any college course complaints or problems should first be discussed with the course instructor for the particular course. Difficulties can usually be resolved there. If the complaint cannot be resolved, the next person to see is the appropriate department chairperson.

Near the conclusion of each semester, students enrolled in KINE 4107 electronically evaluate courses (the teaching itself and the content/assignments). Evaluation data is used for a variety of purposes including: (1) course and program improvement and planning; (2) instruction evaluation purposes; and (3) making decisions on instructors pay and retention. As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation.

The course evaluation process has been simplified and is completed electronically through mySFA. Although the instructor will be able to view the names of students who
complete the survey, all ratings and comments are confidential and anonymous, and summarized data will not be available to the instructor until after final grades are posted.

**General Student Policies**

The following policies apply to all students enrolled in courses at Stephen F. Austin State University.

1. **ACADEMIC INTEGRITY 4.1**

   The Code of Student Conduct and Academic Integrity outlines the prohibited conduct by any student enrolled in a course at SFA. It is the responsibility of all members of all faculty, staff, and students to adhere to and uphold this policy.

   a. Articles IV, VI, and VII of the new Code of Student Conduct and Academic Integrity outline the violations and procedures concerning academic conduct, including cheating, plagiarism, collusion, and misrepresentation. Cheating includes, but is not limited to: (1) Copying from the test paper (or other assignment) of another student, (2) Possession and/or use during a test of materials that are not authorized by the person giving the test, (3) Using, obtaining, or attempting to obtain by any means the whole or any part of a non-administered test, test key, homework solution, or computer program, or using a test that has been administered in prior classes or semesters without permission of the Faculty member, (4) Substituting for another person, or permitting another person to substitute for one’s self, to take a test, (5) Falsifying research data, laboratory reports, and/or other records or academic work offered for credit, (6) Using any sort of unauthorized resources or technology in completion of educational activities.

   b. Plagiarism is the appropriation of material that is attributable in whole or in part to another source or the use of one’s own previous work in another context without citing that it was used previously, without any indication of the original source, including words, ideas, illustrations, structure, computer code, and other expression or media, and presenting that material as one’s own academic work being offered for credit or in conjunction with a program course or degree requirements.

   c. Collusion is the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on academic dishonesty, including disclosing and/or distributing the contents of an exam.
5. Misrepresentation is providing false grades or résumés; providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment for the purpose of obtaining an academic or financial benefit for oneself or another individual or to injure another student academically or financially.

WITHHELD GRADES Semester Grade Policy
1. Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the coursework because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course to compute the grade point average. For additional information, go to https://www.sfasu.edu/policies/course-grades-5.5.pdf.

2. Students with Disabilities
   a. To obtain disability-related accommodations, alternate formats, and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services promptly may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

3. Student Wellness and Well-Being
   a. SFA values students’ overall well-being, mental health and the role it plays in academic and overall student success. Students may experience stressors that can impact both their academic experience and their personal well-being. These may include academic pressure and challenges associated with relationships, emotional well-being, alcohol and other drugs, identities, finances, etc.
   b. If you are experiencing concerns, seeking help, SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.
On-campus Resources:
The Dean of Students Office (Rusk Building, 3rd floor lobby)
www.sfasu.edu/deanofstudents
936.468.7249
dos@sfasu.edu

SFA Human Services Counseling Clinic Human Services, Room 202
www.sfasu.edu/humanservices/139.asp
936.468.1041

The Health and Wellness Hub “The Hub”
Location: corner of E. College and Raguet St.

To support the health and well-being of every Lumberjack, the Health and Wellness Hub offers comprehensive services that treat the whole person – mind, body and spirit. Services include:
- Health Services
- Counseling Services
- Student Outreach and Support
- Food Pantry
- Wellness Coaching
- Alcohol and Other Drug Education
www.sfasu.edu/thehub
936.468.4008
thehub@sfasu.edu

Crisis Resources:
- Burke 24-hour crisis line: 1.800.392.8343
- National Suicide Crisis Prevention: 9-8-8
- Suicide Prevention Lifeline: 1.800.273.TALK (8255)
- johCrisis Text Line: Text HELLO to 741-741