SFA Course Syllabus Guidelines—Non-Core Course

Please include the following elements in all non-core course syllabi beginning with the Fall 2023 semester. This document is not intended to be a template, but rather a listing of the items that need to be included in your syllabus for compliance with federal, state, SACSCOC, and SFA standards. You may include additional information as appropriate for your course and discipline. For all undergraduate courses, state law requires posting the syllabus online along with your updated CV by The 7th day after the 1st day of class. Please send your syllabus and updated CV promptly to your department chair to make sure they are posted.

Theory of Football
KINE 2271

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Office: Field House, 122
Office Hours: 12:30pm – 2:00pm
Department: Athletics
Class meeting time and place: Field House, Lawton Room

Course Description
The principles of football from offense, defense, special teams, recruiting, rules and regulations will be discussed. The course format will be lecture with an emphasis on student participation. Some practical skills are demonstrated and practiced.

Course Contact Hours and Study Hours
Theory of Football Course (2 credit hours) will meet twice a week (Tuesday/Thursday) in 50-minute sections for 15 weeks, and also meets for a 2 hour final examination. Students will have weekly projects including coming up with extensive recruiting plans, ways to market a football program, presenting offensive and defensive schemes, and recruiting evaluations. Students are required to turn in quizzes and tests on lectures given in class. With the presentations, quizzes, and tests given throughout the semester, students will average no less than 4 hours a week to prepare outside of classroom hours.

Program Learning Outcomes
1. Students will acquire factual knowledge concerning rules and regulations of game, recruiting rules and referee signals.
2. Students will gain familiarity with offensive, defensive and special team’s strategies. They will also gain an understanding of basic philosophies and schemes.
3. Students will come to understand the importance of recruiting, issues that come with recruiting and to analyze and evaluate the choices that can be made in regard to these issues.
4. Students will be able to demonstrate the basic football activities associated with the game upon completion of this course.

Student Learning Outcomes
1. Students will be able to identify recommended best practices relative to athletic fitness levels, performance and physiological effects during various levels of athletic/sport competition.
2. Students will be able to explain how to set up and control an athletic teaching/coaching environment so that positive motor and physical development benefits are more likely to be achieved.
3. Students will be able to describe approaches commonly used to operate and control a teaching/coaching experience so that it is developmentally appropriate, safe and employs sound educational principles.
4. Students will be able to identify, evaluate and discuss the nature of kinesiology principles as well as athletic team administration and management responsibilities and procedures.
5. Students will be able to identify undesirable, ineffective and detrimental coaching and managerial practices that impede, deter, and detract from desirable athletic performances as well as organizational/team management and leadership.

Text and Materials
List all required and supplemental materials.

Updated: August 2023
Course Requirements
Major projects will include evaluations of College and High School Athletes. Identifying what all is required for a player to make it to the next level. We will also cover on how a 53-man roster is decided for the NFL and how Scholarships are given to College Athletes. Other items will include the NFL Draft Process and NFL Free Agency with Salary Cap. Other items will be in-class assignments.

Course Calendar

Tentative Course Outline/Calendar:

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*This course outline is subject to change*

Grading Policy
Describe how the grade for the course is determined.

Attendance Policy
Regular, punctual attendance, documented participation, and, if indicated in the syllabus, submission of completed assignments are expected at all classes, laboratories, and other activities for which the student is registered. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student's attendance and participation as well as note this information in required reports (including the first 12-day attendance report) and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences during a semester or one week of a summer term, depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

Academic Integrity (4.1)
Abiding by university policy on academic integrity is a responsibility of all university faculty and students. Faculty members must promote the components of academic integrity in their instruction, and course syllabi are required to provide information about penalties for cheating and plagiarism, as well as the

Updated: August 2023
The Code of Student Conduct and Academic Integrity outlines the prohibited conduct by any student enrolled in a course at SFA. It is the responsibility of all members of all faculty, staff, and students to adhere to and uphold this policy.

Articles IV, VI, and VII of the new Code of Student Conduct and Academic Integrity outline the violations and procedures concerning academic conduct, including cheating, plagiarism, collusion, and misrepresentation. Cheating includes, but is not limited to: (1) Copying from the test paper (or other assignment) of another student, (2) Possession and/or use during a test of materials that are not authorized by the person giving the test, (3) Using, obtaining, or attempting to obtain by any means the whole or any part of a non-administered test, test key, homework solution, or computer program, or using a test that has been administered in prior classes or semesters without permission of the Faculty member, (4) Substituting for another person, or permitting another person to substitute for one’s self, to take a test, (5) Falsifying research data, laboratory reports, and/or other records or academic work offered for credit, (6) Using any sort of unauthorized resources or technology in completion of educational activities.

Collusion is unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on academic dishonesty, including disclosing and/or distributing the contents of an exam.

Misrepresentation is providing false grades or résumés; providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment for the purpose of obtaining an academic or financial benefit for oneself or another individual or to injure another student academically or financially.

**Withheld Grades Semester Grades Policy (5.5)**
At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average. Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course to compute the grade point average. For additional information, go to [https://www.sfasu.edu/policies/course-grades-5.5.pdf](https://www.sfasu.edu/policies/course-grades-5.5.pdf).

**Students with Disabilities**
To obtain disability-related accommodations, alternate formats, and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services promptly may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/).

*Please copy everything below and paste it into your course syllabus.*

**Student Wellness and Well-Being**
SFA values students’ overall well-being, mental health and the role it plays in academic and overall student success. Students may experience stressors that can impact both their academic experience and their personal well-being. These may include academic pressure and challenges associated with relationships, emotional well-being, alcohol and other drugs, identities, finances, etc.

If you are experiencing concerns, seeking help, SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.

**On-campus Resources:**
**The Dean of Students Office** (Rusk Building, 3rd floor lobby)
[www.sfasu.edu/deanofstudents](http://www.sfasu.edu/deanofstudents)
936.468.7249
dos@sfasu.edu

**SFA Human Services Counseling Clinic** Human Services, Room 202
[www.sfasu.edu/humanservices/139.asp](http://www.sfasu.edu/humanservices/139.asp)

*Updated: August 2023*
The Health and Wellness Hub “The Hub”
Location: corner of E. College and Raguet St.

To support the health and well-being of every Lumberjack, the Health and Wellness Hub offers comprehensive services that treat the whole person – mind, body and spirit. Services include:

- Health Services
- Counseling Services
- Student Outreach and Support
- Food Pantry
- Wellness Coaching
- Alcohol and Other Drug Education

www.sfasu.edu/thehub
936.468.4008
thehub@sfasu.edu

Crisis Resources:

- Burke 24-hour crisis line: 1.800.392.8343
- National Suicide Crisis Prevention: 9-8-8
- Suicide Prevention Lifeline: 1.800.273.TALK (8255)
- JohCrisis Text Line: Text HELLO to 741-741