HMS 1300.503-Introduction to Human Sciences  
Fall 1 | 2023

Instructor: Brittany Beck  
Email: beckbn1@sfasu.edu  
Office Hours: By Appointment

Course Time: Online  
Prerequisites: None  
Credit Hours: 3

PCOE Diversity Statement:  
The James I. Perkins College of Education is committed to proactively recruiting and retaining a diverse faculty, staff, and student population. Through open dialogue, mutual respect and shared responsibility, faculty, staff and students will demonstrate an understanding and sensitivity to ethnicity, race, gender, exceptionalities, culture, language/dialect, age, social class, family structure, sexual orientation, religion and spiritual values in order to enhance the quality of life in a diverse, global community.

Course Description  
Introduction to human sciences professions, knowledge base, concepts in human sciences, and related career opportunities.

The Foundations in Human Sciences course aligns with the American Association of Family and Consumer Sciences (FCS) Body of Knowledge. The following 11 commonalities unify and provide a foundation for professional practice for all HMSC specializations/program areas:

- Basic Human Needs  
- Human Ecology Systems  
- Capacity Building
- Individual Well-Being  
- Theory  
- Appropriate use of Technology
- Family Strengths  
- Life Course Development  
- Resource Development and
- Community Vitality  
- Wellness  
- Sustainability
- Global Interdependence

Intended Learning Outcomes, Goals and Objectives  
The conceptual framework and the vision, mission, and goals of the James I. Perkins College of Education describe a shared vision and purpose for the SFASU College of Education. It provides coherence for our curriculum, clinical experiences, and assessments. It is linked to the university vision and values and describes how those values translate into knowledge, skills, and dispositions in the College of Education. It is this philosophy and vision that helps to distinguish our graduates from those of other institutions.

This course supports the vision, mission, and core values of the James I. Perkins College of Education whose mission is to prepare competent, successful, caring, and enthusiastic professionals dedicated to responsible service, leadership, and continued professional intellectual development.

In the College of Education at Stephen F. Austin State University, we value and are committed to:

- Academic excellence through critical, reflective, and creative thinking
- Life-long learning
- Collaborative and shared decision making
- Openness to new ideas, culturally diverse people and innovation and change
- Integrity, responsibility, diligence, and ethical behavior
- Service that enriches the community

Updated: August 2023
1. **Program Learning Outcomes**
   This course supports the School of Human Sciences through the program learning outcomes listed below:
   - The student will display the professional dispositions (academic excellence, life-long learning, collaboration, openness, integrity and service) relative to the field of Human Science.
   - The student will exhibit the *professional behavior* (strong communication skills, a professional image, a good work ethic and adequate preparation for employment in his/her specific discipline) expected in the field of Human Sciences.
   - The student will demonstrate competence in his/her specific discipline using oral and written forms.

2. **Student Learning Outcomes**
   Upon successful completion of this course, the student will:
   a. Comprehend and communicate a knowledge base in Human Sciences
   b. Apply an understanding of concepts related to family and child development, resource management, food, nutrition, and dietetics, fashion merchandising, interior design, hospitality administration, and family and consumer sciences
   c. Identify career opportunities in Human Sciences
   d. Synthesize an understanding of the standards expected for presentations, writing assignments, and class participation in Human Sciences
   e. Evaluate current and future trends that impact work and the near environment

**Course Readings and Instructional Strategies**

a. **Required Textbook**
   There is *no required textbook* for this course. Various readings provided.

b. **D2L**
   This course is entirely online and will be coordinated through Brightspace by D2L. It is imperative that you check D2L multiple times throughout the week to stay informed with any course updates. Additionally, students should check their grade points frequently and notify the professor of discrepancies within one week.

   If you ever experience technical difficulties, please use the contact information listed here: D2L technical support (936) 468-1919; General computer support (936) 468-4357. Please note the D2L technical support is not available on weekends.

**Course Assignments, Evaluation and Assessments (Grading):**
Correct use of spelling and grammar, along with the display of professional writing skills are necessary for all course assignments, discussion boards, and emails. *This course uses Turnitin* to monitor writing originality and plagiarism.

All assignments *must* be submitted through the online course in a Microsoft Word format. Additionally, all assignments, quizzes, and exams will have an 11:30 PM deadline on the specified date. You will not have access to complete an assignment, quiz, or exam after that time.

If you have a question regarding an assignment, please email the instructor in a timely fashion. Any emails sent *after 5:00 PM on Friday* may not be answered until the following Monday.

a. **Grading Criteria**
   There is a total of 500 possible points to be earned from course assignments, discussions, exams, and projects. YOU impact your grade. The grade you receive is the grade you have earned.
<table>
<thead>
<tr>
<th>Grade</th>
<th>Points</th>
<th>Average</th>
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<tbody>
<tr>
<td>A</td>
<td>500-450</td>
<td>100-90%</td>
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<tr>
<td>B</td>
<td>449-400</td>
<td>89-80%</td>
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<tr>
<td>C</td>
<td>399-350</td>
<td>79-70%</td>
</tr>
<tr>
<td>D</td>
<td>349-300</td>
<td>69-60%</td>
</tr>
<tr>
<td>F</td>
<td>299-0</td>
<td>Below 60%</td>
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A grade of an A indicates excellent; B, good; C, average; D, passing; F, failure

b. **Discussions**  
70 points  
Throughout the course, the student will engage in *seven online discussions* as a way to critically evaluate and analyze learned material. Each student will post one response to each discussion, in addition to commenting on a minimum of two other classmates’ posts. Each discussion is worth 10 points.

c. **Quizzes**  
90 points  
The student will complete a quiz at the end of each module in order to show understanding of the material for that week. There will be *nine quizzes* worth ten points each throughout the semester.

d. **Exams**  
200 points  
There will be *two exams* given throughout the semester that will cover the material in the modules. They are designed to gauge your progress toward mastering the assigned material. Exams are to be taken during the assigned time frame. There are no make-up exams. Therefore, if a student misses the exam, the student will accept a ‘0’ for that exam.

e. **Assignments**  
140 points  
There will be *five assignments* given throughout the semester that will require critical analysis of course content. They are designed to gauge your progress toward mastering the material in connecting it to real world issues in Human Sciences

**Class Rules**  
Following these rules will help maximize the course experience for you and your classmates and are nonnegotiable.

- Although this is an online course, it is your responsibility to engage with the class through timely discussions and manage course requirements. Participation is extremely important to your success in this course.
- Read the assigned material and submit all required work on the day it is due. No late work is accepted.
- Treat everyone in the class with respect and courtesy.
- All students are expected to demonstrate professional behavior and use language appropriate for the classroom learning experience.

**General Student Policies**  
The following policies apply to all students enrolled in courses at Stephen F. Austin State University.

a. **Class Attendance and Excused Absence (Policy 6.7)**  
Regular, punctual attendance, documented participation, and, if indicated in the syllabus, submission of completed assignments is expected at all classes, laboratories, and other activities for which the student is registered. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student’s attendance and participation as well as note this information in required reports (including the
first 12-day attendance report) and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences during a semester or one week of a summer term, depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

b. Academic Integrity (4:1) - NEW

The Code of Student Conduct and Academic Integrity outlines the prohibited conduct by any student enrolled in a course at SFA. It is the responsibility of all members of all faculty, staff, and students to adhere to and uphold this policy.

Articles IV, VI, and VII of the new Code of Student Conduct and Academic Integrity outline the violations and procedures concerning academic conduct, including cheating, plagiarism, collusion, and misrepresentation. Cheating includes, but is not limited to: (1) Copying from the test paper (or other assignment) of another student, (2) Possession and/or use during a test of materials that are not authorized by the person giving the test, (3) Using, obtaining, or attempting to obtain by any means the whole or any part of a non-administered test, test key, homework solution, or computer program, or using a test that has been administered in prior classes or semesters without permission of the Faculty member, (4) Substituting for another person, or permitting another person to substitute for one’s self, to take a test, (5) Falsifying research data, laboratory reports, and/or other records or course work offered for credit, (6) Using any sort of unauthorized resources or technology in completion of educational activities.

Plagiarism is the appropriation of material that is attributable in whole or in part to another source or the use of one’s own previous work in another context without citing that it was used previously, without any indication of the original source, including words, ideas, illustrations, structure, computer code, and other expression or media, and presenting that material as one’s own academic work being offered for credit or in conjunction with a program course or degree requirements.

Collusion is the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on academic dishonesty, including disclosing and/or distributing the contents of an exam.

Misrepresentation is providing false grades or résumés; providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment for the purpose of obtaining an academic or financial benefit for oneself or another individual or to injure another student academically or financially.

c. Withheld Grades Semester Grades Policy (5.5)

Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the coursework because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course to compute the grade point average. For additional information, go to https://www.sfasu.edu/policies/course-grades-5.5.pdf.
d. **Students with Disabilities**  
To obtain disability-related accommodations, alternate formats, and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services promptly may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/)

**Student Wellness and Well-Being**  
SFA values students' overall well-being, mental health and the role it plays in academic and overall student success. Students may experience stressors that can impact both their academic experience and their personal well-being. These may include academic pressure and challenges associated with relationships, emotional well-being, alcohol and other drugs, identities, finances, etc.

If you are experiencing concerns, seeking help, SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.

**On-campus Resources:**  
**The Dean of Students Office** (Rusk Building, 3rd floor lobby)  
[www.sfasu.edu/deanofstudents](http://www.sfasu.edu/deanofstudents) ~ 936.468.7249 ~ dos@sfasu.edu

**SFA Human Services Counseling Clinic** Human Services, Room 202  
[www.sfasu.edu/humanservices/139.asp](http://www.sfasu.edu/humanservices/139.asp) ~ 936.468.1041

**The Health and Wellness Hub** “The Hub”  
Location: corner of E. College and Raguet St.  
[www.sfasu.edu/thehub](http://www.sfasu.edu/thehub) ~ 936.468.4008 ~ thehub@sfasu.edu

To support the health and well-being of every Lumberjack, the Health and Wellness Hub offers comprehensive services that treat the whole person – mind, body and spirit. Services include:
- Health Services
- Counseling Services
- Student Outreach & Support
- Food Pantry
- Wellness Coaching
- Alcohol & Other Drug Education

**Crisis Resources:**
- Burke 24-hour crisis line: 1.800.392.8343
- National Suicide Crisis Prevention: 9-8-8
- Suicide Prevention Lifeline: 1.800.273.TALK (8255)
- JohCris Text Line: Text HELLO to 741-741

e. **Course Evaluations**  
Near the conclusion of the semester, you will have the opportunity to evaluate the course. Evaluation data is used for a variety of important purposes including: 1.) Course and program improvement, planning, and accreditation; 2.) Instruction evaluation purposes; and 3.) Making decisions on faculty tenure, promotion, pay, and retention. As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the faculty is committed to excellence in teaching and continued improvement. Therefore, your response is critical.
## Fall 1 | 2023 Tentative Class Calendar

This syllabus presents a “best” plan for this course; however, plans can change when circumstances necessitate change. Any changes to this syllabus will be announced to the class in a timely manner.

<table>
<thead>
<tr>
<th>Weeks</th>
<th>Assignments</th>
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| August 28 – September 3 | **Introduction Module**  
  - Introduction Discussion  
  - Introduction Quiz  
  **Module 1: History & Current State of Human Sciences**  
  - Module 1 Discussion  
  - Module 1 Quiz |
| September 4 – September 10 | **Module 2: Body of Knowledge**  
  - Module 2 Discussion  
  - Module 2 Quiz  
  **Module 3: Research in Human Sciences**  
  - Developing an abstract: Research Assignment  
  - Module 3 Quiz |
| September 11 – 17     | **Module 4: Connecting Academic, Professional & Personal Integrity in Human Sciences**  
  - Module 4 Discussion  
  - Module 4 Quiz |
| September 18 – 24     | **Midterm Exam:** Covers Modules 1-4 |
| September 25 – October 1 | **Module 5: Careers in Human Sciences**  
  - Career Research Assignment  
  - Module 5 discussion  
  - Module 5 Quiz  
  **Module 6: Human Ecology & Generational Differences**  
  - Eco-Map Assignment  
  - Module 6 Quiz |
| October 2 – 8         | **Module 7: Social Issues in Human Sciences**  
  - Social Media Assignment  
  - Module 7 Discussion  
  - Module 7 Quiz  
  **Module 8: Public Policy in Human Sciences**  
  - Making an Impact Assignment  
  - Module 8 Discussion  
  - Module 8 Quiz |
| October 9 – 13        | **Final Exam:** Comprehensive exam covering Modules 1-8 |