Instructor: Haley Hoss Jameson
Office: GFNA 303
Office Phone: 936-468-1755
Other Contact Information:

Course Time & Location: T/Th 12:30-1:45
Office Hours: T/Th 8am-10:30am, Wed by appt.
Credits: 2 semester hours
Email: haley.jameson@sfasu.edu

Prerequisites: NONE

I. Course Description: Fundamental techniques and principles of classical ballet.

II. Intended Learning Outcomes:
These goals support and reflect the Dance Program's Vision, Mission, and Core Values in that they equip those candidates seeking "to achieve professional excellence" with the knowledge, skills, and disposition that "prepare competent, successful, caring, and enthusiastic professionals dedicated to responsible service, leadership, and continued professional and intellectual development". This course supports the Dance Program Mission Statement related to achieving a high level of creative potential.

COURSE JUSTIFICATION: DANC 1241 Ballet I (2 credits) is a dance technique course that meets between 150-270 minutes per week for 15 weeks. Course assessments are movement combinations to be practiced, memorized, and performed during summative assessment periods. Students are expected to practice combinations between class sessions. Readings, vocabulary and terminology, and critical analysis papers also require additional study of the required and recommended texts. Students are also tested on the material given in class, and throughout the texts. This equates to 2 hours per week outside of class per credit hour.

Program Learning Outcomes:
1. Dance Technique - The student will be able to execute intermediate/advanced level ballet, modern dance, and jazz dance techniques. (Active)

2. Dance Production - The student will be able to identify and apply production values necessary for concert dance, including lighting, sound, costuming, and publicity. (Active)

3. Choreography - The student will be able to identify, distinguish and apply the variety of choreographic devices, structures and forms used in contemporary concert dance. (Active)

4. Dance Kinesiology - The student will be able to apply concepts of dance kinesiology to performance and analysis of dance movement. (Active)
5. Rhythmic Analysis - The student will be able to identify variations in rhythmic patterns and elements of music such as accents, beats, and phrasing as applied to dance movement. (Active)

6. Dance History - The student will identify and discuss seminal works in the development of Western theatrical dance. (Active)

Student Learning Outcomes:

1. Explore & execute a variety of ballet dance styles including Cecchetti, Balanchine, and others while continuing to develop proper alignment, and spatial awareness as it relates to ballet technique. (PLO 1)

2. Articulate & demonstrate improved knowledge of proper dance terminology.

3. Utilize both class and self-observations and corrections as a tool for enhancing the execution of technique and performance. Enhanced confidence in executing proper technique while continuing to increase strength, flexibility, motor coordination, agility and memory. (PLO 4)

4. Demonstrate expanded performance versatility and quality while continuing to develop awareness of rhythm, dynamics, tempo and musicality. (PLO 5)

5. Ability to demonstrate a sense of self while dancing, through confidence in movement and greater awareness of the body.

ASSESSMENT OF STUDENT LEARNING OUTCOMES

1. Participation: Active and committed participation throughout each class is expected. Students are expected to practice combinations between class sessions. This equates to 2 hours per week outside of class per credit hour. Each student’s active participation, including both effort and improvement will be assessed based on their individual levels. Dancers with less experience will not be compared with those who have more experience.

2. Dance REQUIRES discipline, both internal and external. Discipline requires daily practice, focus, and effort. If you are unwilling to discipline yourself, and/or to be disciplined in the classroom, you may want to reconsider your field of study and/or career path.

Daily Participation Grading:

Daily participation means committing to the class and is worth a considerable amount of the student’s final grade. For each class, the student has the opportunity to earn a total of 5 points by being on time, wearing the proper attire, showing a positive attitude, and giving 100% effort. Students will lose points for being late, or leaving early, not wearing proper dance attire, slacking off, having a bad attitude, or being rude or disrespectful. As stated before, a student who observes class will only earn partial points. No points can be earned if the student is absent for ANY reason.
**Attendance:** Each absence, after 2, will drop the student’s final grade by 1 full letter grade, assuming each student begins the semester with an A. For example: 3 absences = B, 4 absences = C, 5 absences = D. **Any student who has 6 absences or more will result in an automatic failing grade and will not pass the class.** An absence will be excused if the student notifies the instructor via email immediately, and presents a doctor’s note the very next class period that he/she is approved to return to class. Doctor’s notes will not be accepted at the end of the week, month, or semester if the student has already returned to class and forgotten to bring the doctor’s note. **An excused absence does not add points back to the student’s grade. It merely keeps them from an automatic lowering/failing grade.** The same consideration will be given for funerals and University sponsored events. Points will be deducted for students who leave class prior to dismissal. **If the student is late (more than 10 minutes), they will be counted absent!** Attendance will be strictly enforced. It is the responsibility of the student to keep track of their number of absences.

It is recommended that any student who is ill should attempt to attend class unless they are contagious or confined to a bed. Any student who opts to observe and not participate will receive partial credit for that class. Class observation gives students a good learning opportunity to listen to explanations and corrections the instructor has given out. **Lack of participation for any sustained period of time (exceeding 3 weeks) due to illness, injury, or University sponsored events may result in needing to drop the course entirely.**

<table>
<thead>
<tr>
<th>Assignment/Assessment</th>
<th>CAEP/AAHE</th>
<th>TEA</th>
<th>ISTE</th>
<th>InTasc</th>
<th>NDA/SHAPE</th>
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<tbody>
<tr>
<td>Exam 1</td>
<td>1.3</td>
<td>1.2k, 1.3k, 1.4k, 1.5k, 1.7k</td>
<td>1c, 2b</td>
<td>1a, 1b, 2c, 4a</td>
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<tr>
<td>Exam 2 (midterm)</td>
<td>1.3</td>
<td>1.6k, 1.7k, 1.8k, 1.9k</td>
<td>1c, 2b</td>
<td>1a, 1b, 2c, 4a</td>
<td>1</td>
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<tr>
<td>Exam 3 (Final)</td>
<td>1.3</td>
<td>1.6k, 1.7k, 1.8k, 1.9k, 1.8s</td>
<td>1c, 2b</td>
<td>1a, 1b, 2c, 4a</td>
<td>1</td>
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<tr>
<td>Concert Critique</td>
<td></td>
<td>1.7k, 1.8k, 1.9k, 3.8s, 3.9s, 3.13s</td>
<td>3g, 5i</td>
<td></td>
<td>3</td>
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<tr>
<td>Journal/Reflections</td>
<td>1.5</td>
<td>1.1k, 1.2k, 1.11s, 2.2k</td>
<td>1c, 2a</td>
<td>3m, 5c, 6i, 6q</td>
<td>6</td>
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**Make-Up Policy:**
Written assignments will be accepted late, however 1 letter grade will be deducted for each day the assignment is late. **NO assignments will be accepted after the 5th day.**

**Exams:** Movement Exams over the materials are required as given. These will be videotaped for assessment & self-assessment. **NO make-up exams will be given unless the absence was previously excused.** You will reflect and comment on your performance of the combinations chosen through D2L. These will be turned in within one week of viewing. You will also be given 3
short written exams over vocabulary and text information. The Final exam will be 2 parts. There will be a juried examination done in class on Tuesday/Thursday **November 28th & 30th** (your actual date of testing is TBA) for a professional panel of judges. This will determine your technique placement for the following semester. **You must receive an 85% or higher on the adjudicated final exam in order to be moved up.** The second part of the **final exam** is to be an informal performance in the dance studio on **Wednesday, November 29th from 4pm-6:30pm.**

**Concert:** Attend an approved Professional Dance Concert and write a 400-word/2-3page critique. Critiques are due one week after you see the performance. Be sure to include a picture of the program and ticket stub within the file you submit on D2L. **Rubric will be given online.** **Critiques will be submitted through D2L in either Word or PDF format ONLY.** **Upcoming performances include:** **Danceworks (November 9-11)**

All students enrolled in this course will be expected to attend the Danceworks concert and the Repertory Dance concert (admission is free with your student ID), in support of their dance family, program and department. **Attendance will be taken and it will count towards your attendance/participation grade.**

**Journal/Reflection:** You will be asked to view selections through the online portal, and then reflect on these styles, as well as comment on your own progress and preferences.

**REQUIRED TEXT/S**
Additional Readings & Videos will be posted on D2L

**Suggested Readings:**
Ballet Basics by Sandra Noll Hammond. ISBN 0-07-255714-1

**GRADING POLICY AND PROCEDURES**

- Active Participation/Attendance. 34% (100pts)
- Journal & reflection 16% (50pts)
- Exams 43% (130pts)
- Dance Concert Critique. 7% (20pts)

**Grading Scale**
A 100-90
B 89-80
C 79-70
D 69-60
F 59 or lower
TENTATIVE SCHEDULE
Week 1-3: Introduction to Ballet, Exploration of Barre
Week 4: Test 1
Weeks 5-6: Exploration of Petit Allegro
Weeks 7-9: Exploration of Adagio
Week 9: Mid-Term
Week 10-12: Grande Allegro
Weeks 13-14: Exploration of Performance & putting it all together.
Week 15: Review & Final juried exam

Classroom Etiquette
1. Be ON TIME to class. It is considered disrespectful to walk into a dance class late. If the student is tardy, he/she should first ask the instructor for permission to join class. If the warm-up is missed, the student may stay and observe the rest of the class.
2. NO TEXTING & Silence all cell phones. This includes watches tied to your cell devices.
3. Always come prepared to work both mentally and physically.
4. Do not give corrections to other students unless they ask for your help or if you are asked to provide observations by the instructor.
5. **Do not speak while instruction or correction by the instructor is occurring.**
6. Be respectful of others. This is a place of learning and once you step into the studio, you are all on the same level. Be positive with yourself and with others. This should be a safe place for you to grow as a dancer and to feel comfortable with yourself.
7. Dance REQUIRES discipline, both internal and external. Discipline requires daily practice, focus, and effort. If you are unwilling to discipline yourself, and/or to be disciplined in the classroom, you may want to reconsider your field of study and/or career path.

Dance Studio Rules
1. No street shoes. All street shoes must be removed before walking on the dance floor.
2. No gum chewing, eating or drinking. Water with secured lid is permitted. Please pick up after yourself and throw away any trash you might bring into the dance space.
3. No wet umbrellas, etc. Please shake off & store any wet items before entering the studio.
4. All cell phones must be silenced in the dance studio.

Dance Attire:

Exams will be done in Uniform with your ballet slippers. NO EXCEPTIONS. If you come to class in something other than the required uniform, you will not be allowed to take the exam.

**UNIFORM:** Women: Black Leotard, Pink or FLESH-colored tights and pink/flesh-colored ballet shoes. Appropriate sports bra/support. NO SHORTS of any kind, but a ballet skirt is acceptable. Hair must be pulled back into a secure bun.

Men: Form fitting White t-shirt, Black spandex tights (non-see through), Black ballet shoes, and a dance belt/appropriate support. (If you have long hair, you will also be required to secure it in a bun.)

*No baggy clothing! Lines need to be seen, tight, form-fitting clothing is necessary!*
Warm-ups are allowed for the beginning of class. Hair must be pulled up and away from the face. No dangling jewelry. You may wear colorful leotards and pink tights for daily classes, but uniform will be worn for exams. Should you need to purchase dancewear, you may go to www.discountdance.com and use my Teacher Code -- TP55042 in order to receive a 10% discount on your apparel.

Tactile Teaching
It is understood that the study of dance involves tactile teaching. The instructor may appropriately position the student’s body for better understanding of dance technique. In this class, students may come into physical contact with other students. If this is unacceptable to you, please inform the instructor ASAP. All such correspondence will be kept confidential.

LiveText Statement:
This course uses the LiveText data management system to collect critical assessments for students who are Perkins College of Education majors (undergraduate, graduate, and doctoral) or majors in other colleges seeking educator certification through the Perkins College of Education. Students who do not have an existing LiveText account will receive an access code via the SFA email system within the first week of class. You will be required to register your LiveText account, and you will be notified how to do this via email. If you forward your SFA e-mail to another account and do not receive an e-mail concerning LiveText registration, please be sure to check your junk mail folder and your spam filter for these e-mails.

If you have questions about obtaining or registering your LiveText account, call ext. 1267 or e-mail SFALiveText@sfasu.edu. Once LiveText is activated, if you have technical questions, call ext. 7050 or e-mail livetext@sfasu.edu. Failure to activate the account and/or submit the required assignment(s) within the LiveText system may result in course failure.

(With the new roll out of mySFA and the email process, titan mail is changing to ___@jacks.sfasu.edu.)

VII. Course Evaluations:
Near the conclusion of each semester, students in the Perkins College of Education electronically evaluate courses taken within the PCOE. Evaluation data is used for a variety of important purposes including:
1. Course and program improvement, planning, and accreditation;
2. Instruction evaluation purposes; and
3. Making decisions on faculty tenure, promotion, pay, and retention.
As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the PCOE faculty is committed to excellence in teaching and continued improvement. Therefore, your response is critical!

In the Perkins College of Education, the course evaluation process has been simplified and is completed electronically through MySFA. Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and anonymous, and will not be available to the instructor until after final grades are posted.
VIII. Student Ethics and Other Policy Information: Found at https://www.sfasu.edu/policies

Academic Integrity (4.1)

The Code of Student Conduct and Academic Integrity outlines the prohibited conduct by any student enrolled in a course at SFA. It is the responsibility of all members of all faculty, staff, and students to adhere to and uphold this policy.

Articles IV, VI, and VII of the new Code of Student Conduct and Academic Integrity outline the violations and procedures concerning academic conduct, including cheating, plagiarism, collusion, and misrepresentation. Cheating includes, but is not limited to: (1) Copying from the test paper (or other assignment) of another student, (2) Possession and/or use during a test of materials that are not authorized by the person giving the test, (3) Using, obtaining, or attempting to obtain by any means the whole or any part of a non-administered test, test key, homework solution, or computer program, or using a test that has been administered in prior classes or semesters without permission of the Faculty member, (4) Substituting for another person, or permitting another person to substitute for one’s self, to take a test, (5) Falsifying research data, laboratory reports, and/or other records or academic work offered for credit, (6) Using any sort of unauthorized resources or technology in completion of educational activities.

Plagiarism is the appropriation of material that is attributable in whole or in part to another source or the use of one’s own previous work in another context without citing that it was used previously, without any indication of the original source, including words, ideas, illustrations, structure, computer code, and other expression or media, and presenting that material as one’s own academic work being offered for credit or in conjunction with a program course or degree requirements.

Collusion is the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any provision of the rules on academic dishonesty, including disclosing and/or distributing the contents of an exam.

Misrepresentation is providing false grades or résumés; providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment for the purpose of obtaining an academic or financial benefit for oneself or another individual or to injure another student academically or financially.

Withheld Grades Semester Grades Policy (5.5)

Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the coursework because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course to compute the grade point average. For additional information, go to https://www.sfasu.edu/policies/course-grades-5.5.pdf.

Students with Disabilities

To obtain disability-related accommodations, alternate formats, and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services promptly may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

Student Wellness and Well-Being

SFA values students’ overall well-being, mental health and the role it plays in academic and overall student success. Students may experience stressors that can impact both their academic experience and their personal well-being. These may include academic pressure and challenges associated with relationships, emotional well-being, alcohol and other drugs, identities, finances, etc.

If you are experiencing concerns, seeking help, SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.

On-campus Resources:

The Dean of Students Office (Rusk Building, 3rd floor lobby)
www.sfasu.edu/deanofstudents
936.468.7249
dos@sfasu.edu

SFA Human Services Counseling Clinic Human Services, Room 202
www.sfasu.edu/humanservices/139.asp
936.468.1041

The Health and Wellness Hub “The Hub”
Location: corner of E. College and Raguet St.
To support the health and well-being of every Lumberjack, the Health and Wellness Hub offers comprehensive services that treat the whole person – mind, body and spirit. Services include:

- Health Services
- Counseling Services
- Student Outreach and Support
- Food Pantry
- Wellness Coaching
- Alcohol and Other Drug Education

www.sfasu.edu/thehub
936.468.4008
thehub@sfasu.edu

Crisis Resources:
- Burke 24-hour crisis line: 1.800.392.8343
- National Suicide Crisis Prevention: 9-8-8
- Suicide Prevention Lifeline: 1.800.273.TALK (8255)
- johCrisis Text Line: Text HELLO to 741-741