Instructor: Justin Pelham, MS, RD, LD  
Office: HMS North 101 C  
Office Phone: (936) 468-5892  

Course Time & Location: Online  
Credits: 3 semester hours  
Email: Through this course in D2L (preferred) or pelhamjd@sfasu.edu (alternative)

Office Hours: **Monday & Wednesday**: 10:00am – 11:00am (CST) online;  
Other times by appointment only; hours subject to change with written notification

Communication Expectations: Emails will be responded to within 24-48 hours, Monday – Sunday. The preferred method of communication is through D2L email. Students are expected to check their Brightspace by D2L accounts several times a week being an online class.

Prerequisites: Six hours in foods/nutrition courses or permission of instructor

Credit Hour Justification for Summer: Students in the course received extensive course content information via online content modules equivalent to 2390 minutes for the four-week semester and a final exam.

**SYLLABUS IS SUBJECT TO CHANGE***

Self-discipline is a requirement for students in an online course. An online course is NOT easier than a face-to-face course and may actually require more time than a traditional classroom experience. Please contact me early if you have any personal issues that affect your participation. Do not wait until a deadline and tell me you have a computer problem.

I. Course Description:
Survey of food and nutrition issues pertinent to public health and consumerism. Investigation of food and nutrition assistance programs, research and analysis of current policies and goals.

Course Description:
Students in this course receive extensive course content information either in-class or via online content modules equivalent to 360 minutes per week for 4 weeks and includes a major final project. Students in the course will engage in a variety of assignments that can include, but are not limited to, significant course readings, course content exams, in-class or online discussions, case study application and academic research papers. For every hour a student spends engaging with the course content, they spend at least 2 hours completing associated activities and assessments.

James I. Perkins College of Education Diversity Statement is found at the following link: http://coe.sfasu.edu/about-us/.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):
The learning outcomes for this course are based on the James I. Perkins College of Education mission and core values, and the eligibility requirements and accreditation standards as established by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) Competencies/Learning Outcome for Dietetic Internship Programs.

<table>
<thead>
<tr>
<th>PCOE Mission</th>
<th>Relation to learning experiences in NUTR 5332</th>
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<tbody>
<tr>
<td>The Mission of the James I. Perkins College of Education is to prepare competent, successful, caring and enthusiastic professionals dedicated to responsible service, leadership, and continued professional and intellectual development.</td>
<td>This course will promote competence and intellectual development through the critical analysis of a framework for public health nutrition practice.</td>
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### PCOE Core Values

<table>
<thead>
<tr>
<th>Core Value</th>
<th>Explanation</th>
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<tbody>
<tr>
<td><strong>Academic excellence through critical, reflective and creative thinking</strong></td>
<td>Critical thinking will be developed when reviewing a current framework for public health nutrition practice and the impact of such a framework on the nutrition of the public.</td>
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<tr>
<td><strong>Life-long learning</strong></td>
<td>Students will utilize the process of learning to develop and/or expand interests in key nutrition concepts taught in the course.</td>
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<td><strong>Collaboration and shared decision making</strong></td>
<td>Students will participate in online group discussion in selected classes.</td>
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<tr>
<td><strong>Openness to new ideas, culturally diverse people and innovation and change</strong></td>
<td>Students will be challenged to reflect on the dietitian’s role of using a framework for public health nutrition practice.</td>
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<tr>
<td><strong>Integrity, responsibility, diligence and ethical behavior</strong></td>
<td>Students will be required to conduct themselves in compliance with the Code of Ethics for the Profession of Dietetics.</td>
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<tr>
<td><strong>Service that enriches the community</strong></td>
<td>Recognition and use of the framework for public health nutrition practice will enable students to become more proficient and effective when working in the area of public health nutrition, ultimately to the community and public’s benefit.</td>
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</table>

### Program Learning Outcome

<table>
<thead>
<tr>
<th>Learning Outcome</th>
<th>Student Learning Outcomes</th>
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<tbody>
<tr>
<td>Design, implement and evaluate presentations to a target audience (ACEND CRDN 3.4)</td>
<td>Students will develop an educational presentation over a assigned public health nutrition policy/food and nutrition assistance program.</td>
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<tr>
<td>Demonstrate active participation, teamwork and contributions in group settings (ACEND CRDN 2.3)</td>
<td>Students will participate in discussion on assigned readings.</td>
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<td>Deliver respectful, science-based answers to consumer questions concerning emerging trends (ACEND CRDN 3.8)</td>
<td>Students will analyze current literature.</td>
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<tr>
<td>Perform a community needs assessment for a target group or area of need. (ACEND CRDN Concentration Area Competency)</td>
<td>Students will conduct a needs assessment and write a grant proposal for an assigned need, program, or service.</td>
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<tr>
<td>Develop a grant proposal for an assigned community need, program, or service (ACEND CRDN Concentration Area Competency)</td>
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<tr>
<td>CRDN 1.3: Justify programs, products, services and care using appropriate evidence or data.</td>
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<td>CRDN 1.5: Conduct projects using appropriate research methods, ethical procedures and data analysis.</td>
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<td>CRDN 2.14: Demonstrate advocacy on local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession.</td>
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<tr>
<td>CRDN 4.7: Conduct feasibility studies for products, programs, or services with consideration of costs and benefits.</td>
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<tr>
<td>CRDN 4.8: Develop a plan to provide or develop a product, program, or service that includes a budget, staffing needs, equipment, and supplies.</td>
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III. Course Assignments, Activities, Instructional Strategies, Use of Technology:

D2L will be used for this course. You can access D2L via [http://d2l.sfasu.edu](http://d2l.sfasu.edu). If you need help with D2L please contact OIT at 936-468-1919. **It is important for you to check-in almost daily in this class. Each assignment has a set amount of time that it is available. Waiting until the last minute and then having computer problems is not an excuse for missing an assignment. D2L tech support is available at 936-468-1919.**

**Using technology in online testing**

If you choose to take an exam at a computer that is not supported by the University you will do so at your own risk. Inability to access the exam, finish the exam or submit an exam during the designated exam time due to unreliable internet connections or other technical problems at an off campus computer will not be accepted as a valid excuse. Your exam will be graded “as is.” Using a campus computer does not guarantee that connections may be lost, however they do guarantee a reliable way to verify interruptions of service. This alone could save your grade. Similarly, the use of a web browser other than Internet Explorer (IE) has proven to be problematic. We do not promote Microsoft, however we know that IE has complete compatibility with D2L while some other browsers have had problems. If you need technical assistance during an exam please call 936-468-1919.

A. Peer Introductions = 10 points  
B. Class Assignments [6 assignments, 30 points each = 180 points]  
C. Grant Proposal Project * [170 points]  
D. Educational Presentation on an assigned Public Health Nutrition Policy [100 points]  
E. Final Exam [100 points]

Please note assignments must be turned into Dropbox. The Grant Proposal will be submitted into Dropbox and Live Text. **Late assignments will be deducted by 20% of the total assignment points available daily.**

IV. Evaluation and Assessments (Grading):

A = 504 – 560 points  
B = 448 – 503 points  
C = 392 – 447 points  
D = 336 – 391 points  
F = Less than 336 points

V. Tentative Course Outline/Calendar*:

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Assignment</th>
</tr>
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<tbody>
<tr>
<td>Week 1</td>
<td>Introduction to Public Health Nutrition Syllabus review</td>
<td>Peer Introductions</td>
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<tr>
<td></td>
<td></td>
<td>Read Ch. 1 – 3</td>
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<td></td>
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<td><strong>Due 05/20 at 11:59pm (CST)</strong></td>
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<tr>
<td></td>
<td>Go Over Grant Assignment</td>
<td>Read Ch. 4 – 6</td>
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<td>Step 1: Community engagement and analysis</td>
<td>Dropbox assignment 1</td>
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<td></td>
<td>Step 2: Problem analysis</td>
<td><strong>Due 05/20 at 11:59pm (CST)</strong></td>
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<td>Step 3: Stakeholder analysis and engagement</td>
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<td></td>
<td>Step 4: Determinant analysis</td>
<td>Read Ch. 7 – 9</td>
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<td></td>
<td>Step 5: Capacity analysis</td>
<td>Dropbox assignment 2</td>
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<tr>
<td></td>
<td>Step 6: Mandates for public health nutrition action</td>
<td><strong>Due 05/23 at 11:59pm (CST)</strong></td>
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</tbody>
</table>
| Week 2 | Step 7: Intervention research and strategy options  
Step 8: Risk assessment and strategy prioritization  
Step 9: Writing action statements | Read Ch. 10 – 12  
Dropbox assignment 3  
**Due 05/27 at 11:59pm (CST)** |
| Step 10: Logic modeling  
Step 11: Implementation and evaluation planning  
Step 12: Managing implementation | Read Ch. 13 – 15  
Dropbox assignment 4  
**Due 05/30 at 11:59pm (CST)** |
| Week 3 | Step 13: Process evaluation  
Step 14: Impact and outcome evaluation  
Step 15: Evaluating capacity gains | Read Ch. 16 – 18  
Dropbox assignment 5  
**Due 06/03 at 11:59pm (CST)** |
| Step 16: Economic evaluation  
Step 17: Reflective practice and valorization | Read Ch. 19 – 20  
Dropbox assignment 6  
**Due 06/06 at 11:59pm (CST)** |
| Week 4 | Grant Proposal Project – Intervention Plan | Work on and finalize Intervention Plan |
| Grant Proposal Project – Grant application | Work on and finalize Grant application |
| Grant Proposal Project - Finalization | Finalize Grant Proposal Project  
Upload Grant Proposal Project into [Dropbox](#) and [LiveText](#)  
**Due 06/10 at 11:59pm (CST)** |
| Week 4 | Food Insecurity  
Noncommunicable Disease | Read documents  
The state of Food Insecurity in the world, 2015  
Global status report on noncommunicable diseases 2014 |
| Childhood Obesity  
Diabetes | Population-based approaches to Childhood obesity Prevention  
National Diabetes Statistics Report, 2017 |
| Educational presentations on Public and Health Nutrition Policy | Prepare educational presentation Dropbox  
Educational presentation  
**Due 06/11 at 11:59pm (CST)** |
| Week 4 | **Final Exam**  
(Friday, June 11: 12:00am – 11:59pm CST) |

*Syllabus and Schedule are subject to change

**VI. Readings (Required and recommended—including texts, websites, articles, etc.):**

**LiveText Statement:**

This course uses the LiveText data management system to collect critical assessments for students who are Perkins College of Education majors (undergraduate, graduate, and doctoral) or majors in other colleges seeking educator certification through the Perkins College of Education. Students who do not have an existing LiveText account will receive an access code via the SFA email system within the first week of class. You will be required to register your LiveText account, and you will be notified how to do this via email. If you forward your SFA e-mail to another account and do not receive an e-mail concerning LiveText registration, please be sure to check your junk mail folder and your spam filter for these e-mails.

If you have questions about obtaining or registering your LiveText account or any technical questions, call 936-468-2395 or e-mail LiveText@sfasu.edu. Failure to activate the account and/or submit required assignment(s) within the LiveText system may result in course failure.

**VII. Course Evaluations:**

Near the conclusion of each semester, students in the Perkins College of Education electronically evaluate courses taken within the PCOE. Evaluation data is used for a variety of important purposes including: 1. Course and program improvement, planning, and accreditation; 2. Instruction evaluation purposes; and 3. Making decisions on faculty tenure, promotion, pay, and retention. As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the PCOE faculty is committed to excellence in teaching and continued improvement. Therefore, your response is critical!

In the Perkins College of Education, the course evaluation process has been simplified and is completed electronically through MySFA. **Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and anonymous,** and will not be available to the instructor until after final grades are posted.

**VIII. Student Ethics and Other Policy Information:**

**Class Attendance and Excused Absence: Policy 6.7**

Students are expected to log-in on a regular basis. Documented participation, and, if indicated in the syllabus, submission of completed assignments are expected at all classes, laboratories, and other activities for which the student is registered. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student’s attendance and participation as well as note this information in required reports and determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Any student having a PLANNED ABSENCE for an SFA university function MUST NOTIFY the professor IN WRITING (email) prior to the absence if the absence affects a student’s ability to complete the unit exams or final exam. This note may be accompanied by an official, signed SFA memo stating the necessity of the absence. Notes not accompanied by such a memo will be verified on the web page for the Registrar’s Office that documents the absence of students for University related functions. It is the responsibility of the student to arrange for missed time BEFORE the absence occurs. Please contact me through the email system provided in this course.

Students are responsible for any information or materials given in class. Supplemental materials or handouts will only be distributed one time in class--students who are not in attendance cannot receive these at a later time. The course syllabus, assignments, mail and grades will be posted on the course web page. Students are expected to check the home page, web mail and course calendar prior to each class and to be prepared. **There is no class participation grade; however, class participation is extremely important. You must log in on a regular basis each week and complete the quizzes and assignments prior to the due date.**

**Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6**

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/)
Student Academic Dishonesty: Policy 4.1
Abiding by university policy on academic integrity is a responsibility of all university faculty and students. Faculty members must promote the components of academic integrity in their instruction, and course syllabi are required to provide information about penalties for cheating and plagiarism, as well as the appeal process.

Definition of Academic Dishonesty
Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:
- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one’s own. Examples of plagiarism include, but are not limited to:
- submitting an assignment as one’s own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source;
- incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.

Penalties for Academic Dishonesty
Penalties may include, but are not limited to, reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

Student Appeals
A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

Withheld Grades: Policy 5.5
At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work by the deadline set by the instructor of record, not to exceed one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Military Service Activation (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average. If a student has been found guilty of academic dishonesty, a grade of “WP” or “WH” may be changed to “WF” at the discretion of the faculty member. In the case of a grade change to “WF”, the course will not count towards the six course drop limit since the student is incurring an academic penalty.

Student Code of Conduct: Policy 10.4
Classroom behavior should not interfere with the instructor's ability to conduct the class or the ability of other students to learn from the instructional program. Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This policy applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class assignments/projects/exams may be referred to the Early Alert Program at SFA.

Masks (cloth face coverings) must be worn over the nose and mouth at all times in this class and appropriate physical distancing must be observed. Students not wearing a mask and/or not observing appropriate physical distancing will be asked to leave the class. All incidents of not wearing a mask and/or not observing appropriate physical distancing will be reported to the Office of Student Rights and Responsibilities. Students who are reported for multiple infractions of not wearing a mask and/or not observing appropriate physical distancing may be subject to disciplinary actions.

SFASU values students’ mental health and the role it plays in academic and overall student success. SFA provides a variety of resources to support students mental health and wellness. Many of these resources are free, and all of them are confidential.

**On-campus Resources:**
SFASU Counseling Services  
www.sfasu.edu/counselingservices  
3rd Floor Rusk Building  
936-468-2401

SFASU Human Services Counseling Clinic  
www.sfasu.edu/humanservices/139.asp  
Human Services Room 202  
936-468-1041

**Crisis Resources:**  
Burke 24-hour crisis line 1(800) 392-8343  
Suicide Prevention Lifeline 1(800) 273-TALK (8255)  
Crisis Text Line: Text HELLO to 741-741

**IX. Other Relevant Course Information:**

**Withdrawal from the course:** Last day to drop a course or withdraw from the University without WP or WF is **Monday, May 24, 2021.**

**Other policies:** All other policies as printed in the handbook for students and other official publications of the University shall be followed in this class.