Department of Kinesiology and Health Science  
HSC 2316 500 – Introduction to Community Health  
Summer I 2021

Instructor: Dr. Mary I. Hawkins, PhD, CHES  
Office: HPE Rm 214  
Office Phone: (936) 468-1610  
Email: hawkinsmi@sfasu.edu

Course Time & Location: Online  
Office Hours: Virtual Office Hour is W @ 10 am or by email designated appointment  
Credits: 3 hours

Prerequisites: None

I. Course Description: This course is designed to address aspects of community and public health, survey career opportunities for health professionals, and explore the community and health care delivery system. Legal, ethical and philosophical foundations of community health will be explored. Introduction to community health will meet 115 minutes of classroom time/direct instruction per week for 6 weeks using online modules. This course addresses NCHEC responsibility areas I, II, III, IV, VI, and VII. Students will have out of class assignments such as chapter readings, research readings and analysis, and video review and analysis. The major graded assignments are discussion posts and quizzes. These activities average at a minimum 6 hours of work each week to prepare outside of classroom hours.

James I. Perkins College of Education Diversity Statement is found at the following link:  
http://coe.sfasu.edu/about-us/

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):

This course links with SFA Initiative #4: Develop a learner-centered environment.  
This course links with SFA’s COE Goal and Initiative #2: Prepare educators and industry professionals.  
This course links with SFA Initiative #5: Create new learning opportunities through additional interdisciplinary, international, service learning, and civic engagement experiences.  
This course links with SFA’s COE Goal and Initiative #6: Collaborate with external partners.

Program Learning Outcomes (Community Health):

1. The student will be able to plan and evaluate a community/classroom-based health lesson (NCHEC I, II, IV).
2. The student will construct professional documents (resume and cover letter) to be used as a personal career-marketing tool for employment opportunities (NCHEC VII).
3. The student will demonstrate the knowledge and skills to search for and write a grant proposal to address a specific health-issue (NCHEC I, II, IV, VII).
4. The student will be able to communicate health information (NCHEC VI).
5. The student will design and implement a health behavior change plan that they will monitor for the semester (NCHEC I, II, III).

Student Learning Outcomes - The student will be able to:

1. Identify and define elements of community health promotion (NCHEC I).
2. Review current issues in community health in relationship to their historical precedents (NCHEC I).
3. Identify and describe elements of ecology that apply to community health. (NCHEC I)
4. Identify factors influencing health. (NCHEC I)
5. Design and evaluate community health programs under various models. (NCHEC I, II, III)
6. Analyze and assess health problems across the life span. (NCHEC I, II)
7. Identify strategies appropriate to address health problems identified. (NCHEC I, II)
8. Identify resources for planning and evaluating community health programs. (NCHEC I, II, IV)

III. Course Assignments, Activities, Instructional Strategies, use of Technology:

Methods of Instruction:
The course syllabus, course assignments, email, and grades will be available on the Brightspace Desire2Learn (D2L) web page. Students are expected to check the homepage and web mail daily (D2L.sfasu.edu). This is a Summer I online course which lasts from May 17th through June 25th. This schedule gives students 6 weeks for scheduled work and the final.

Any messaging contact with the instructor should be via email, not D2L. The instructor can be reached via email at hawkinsmi@sfasu.edu. Make sure to include your name and the class in the email. Also, the instructor will check emails twice a day, but not after 5 pm on any given day and not on the weekends. The instructor will attempt to answer emails within 48 hours during the normal work week.

Taking a class online requires the student to be very organized and stay on task. It is the student’s responsibility to complete all requirements on time and in the form that is required. Due to the fast pace of this course, NO LATE WORK WILL BE ACCEPTED. It is recommended that students take their quizzes in a place that is secure and has reliable internet service. If there is any technical difficulty with a quiz or submission then the student needs to email the instructor immediately and attempt to resolve the issue.

- Online learning and participation activities
  - Discussion Posts – 1 introduction and 6 topic posts @20 pts. each = 140 points

    In-class activities, Professionalism, Discussion Board Posts and Reply to Peers [140 points total – 14 points per original student post and up to 6 points (3 pts each)] for responding to 2 classmates’ posts. A discussion post for each discussion should be a minimum of two (2) paragraphs as well as citing at least one primary reference. Reliable sources are typically indicated by national status and a website ending in .org, .gov, or .edu. All sources should be 2011 or later. Do not use WebMD, MayoClinic, iguide, ihelp, blogs, newspapers, or other secondary sources. If you find good information in one of these sites, then see where the original information came from and find that source. Only use reputable health organizations and original research. The textbook cannot be used as an additional source for the posts.

    The source should be cited in text (in APA style) in the post and as an APA reference at the end of the post. The reference material needs to be paraphrased (not quoted) and clearly referenced within the post so that source information is easy to find.
to distinguish. There is a guideline for how to cite references in posts on D2L. An online resource for citing reference information in text can be found at https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/in_text_citations_the_basics.html. An online resource for citing references at the end of the post can be found at https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/reference_list_author_authors.html.

The post should address and answer the entire topic and all questions/prompts that are given. Since everyone is reading the same material, the weekly discussion post SHOULD NOT BE A SUMMARY of the chapter readings. It is advisable to use professional terminology and text themes, when applicable, for the post. In the discussion posts, evaluate the question(s) thoughtfully and find at least 1 primary resource that supports what is being written. Try to avoid vague or overgeneralized information and/or just opinions without support. The responses should be a combination of the student’s view and that view supported by research. (i.e. What did you find interesting? Was it Common Sense? Was anything surprising? Did you already know this information? Do you have questions on the material you read? Were there points the author of the resource made that you didn’t agree with? If so, why? Does any of the information relate to you or current events?). Emphasis on the idea that the posts and comments that you leave need to be well thought out, organized, supported by research, and grammatically correct. This is a formal submission and should not be written like a text or oral conversation. An original discussion post is worth 14 points.

In addition to a student’s own original post, the student must review and reply to two (2) peers’ discussion posts for each assigned discussion. Each response is worth 3 points, for a total of 6 points. The reply must be addressed to the peer by name, thoughtful, respectful of the peer’s post, and should be a minimum of one (1) full paragraph (at least 3 sentences). Simply saying, “I agree with you,” is not a thoughtful response. Supporting a response with research is encouraged.

Original discussion posts are due by 5pm every night and replies are due by 11:59 pm. Due dates for weeks 1-5 are Wednesdays and Sundays. Week 6 ends on a Friday, so the last discussion is due on Wednesday, 6/23, and the last quiz is due on Friday, 6/25, by 5:00 PM.

Respect and Privacy is extremely IMPORTANT: Students from many different backgrounds and majors may enroll in this course. People have a variety of experiences and opinions regarding the material covered in this class. It is critically important that all students respect others’ opinions as well as respect the privacy of students who share their thoughts and experiences in class. If you do not show respect for others in the course, you may be asked to leave and/or steps may be taken to permanently remove you from the course (see the Student Conduct Code, policy D-34.1)
• Quizzes (275 points)

There will be one syllabus quiz (25 pts) and five (5) online quizzes administered throughout the course posted on D2L. Each quiz (except for the syllabus quiz) will be worth 50 points and will cover all material and chapters covered according to the syllabus schedule below. Quizzes are not cumulative. They are timed and the student should be very familiar with the material in the book, the powerpoints, and any additional required materials in order to master the material in the time allowed.

• Course evaluation – Students will get 5 points for completing the course evaluation.

IV. Evaluation and Assessments (Grading):

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<tr>
<th></th>
<th>275 pts</th>
<th>Grading Scale is as follows:</th>
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<tbody>
<tr>
<td>Quizzes</td>
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<td>A = 90%+ 378 +points</td>
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<tr>
<td>Discussion Posts</td>
<td>140 pts.</td>
<td>B = 80-89% 336-377</td>
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<tr>
<td>Course Evaluation</td>
<td>5 pts</td>
<td>C = 70-79% 294-335</td>
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<td>FINAL POINT TOTAL</td>
<td>420 pts</td>
<td>D = 60-69% 252-293</td>
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<td>F = Below 59% 251 &amp; below</td>
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Scoring guides/rubrics can be found on D2L.

V. Course Outline/Calendar:

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<tr>
<th>Date</th>
<th>Topics</th>
<th>Due</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>Week 1</td>
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<tr>
<td>5/17 - 5/23</td>
<td>Syllabus</td>
<td>Orig Post due W 5/19 by 5:00 pm D2L</td>
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<td></td>
<td>Discussion #1</td>
<td>Replies due W 5/19 by 11:59 pm D2L</td>
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<tr>
<td></td>
<td>Chapter 1</td>
<td>Due W 5/19 by 11:59 pm D2L</td>
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<td></td>
<td>Chapter 2</td>
<td>Quiz 1 (Ch 1 &amp; 2)</td>
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<td></td>
<td>Syllabus Quiz</td>
<td>Due Sun 5/23 by 11:59 pm D2L</td>
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<td>Discussion #2</td>
<td>Orig Post due Sun 5/23 by 5:00 pm D2L</td>
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<td></td>
<td></td>
<td>Replies due Sun 5/23 by 11:59 pm D2L</td>
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<td>Week 2</td>
<td>Chapter 3</td>
<td>Orig Post due W 5/26 by 5:00 pm D2L</td>
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<td>5/24 - 5/30</td>
<td>Discussion #3</td>
<td>Replies due W 5/26 by 11:59 pm D2L</td>
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<td></td>
<td>Chapter 4</td>
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<td>Week 3</td>
<td>Chapter 5</td>
<td>Orig Post due W 6/2 by 5:00 pm D2L</td>
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<tr>
<td>5/31 - 6/6</td>
<td>Discussion #4</td>
<td>Replies due W 6/2 by 11:59 pm D2L</td>
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<td></td>
<td>Chapter 6</td>
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<td>Chapter 7</td>
<td>Quiz 2 (Ch. 3-6)</td>
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<td></td>
<td>Quiz 2 (Ch. 3-6)</td>
<td>Due Sun 6/6 by 11:59 pm D2L</td>
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<td>Week 4</td>
<td>Chapter 8</td>
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<td>6/7 - 6/13</td>
<td>Discussion #5</td>
<td>Orig Post due W 6/9 by 5:00 pm D2L</td>
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<td>Chapter 9</td>
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VI. Readings (Required):


VII. Course Evaluations:

Near the conclusion of each semester, students in the Perkins College of Education (PCOE) electronically evaluate courses taken within the PCOE. Evaluation data is used for a variety of important purposes including:

1. Course and program improvement, planning, and accreditation;
2. Instruction evaluation purposes; and
3. Making decisions on faculty tenure, promotion, pay, and retention.

As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the PCOE faculty is committed to excellence in teaching and continued improvement. **Therefore, your response is critical AND IS WORTH 5 POINTS (REQUIRED not optional)!**

In the PCOE, the course evaluation process has been simplified and is completed electronically through MySFA. Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and anonymous, and will not be available to the instructor until after final grades are posted.

VIII. Student Ethics and Other Policy Information: found at http://www.sfasu.edu/policies/

**Class Attendance and Excused Absence: Policy 6.7**

Regular, punctual attendance, documented participation, and, if indicated in the syllabus, submission of completed assignments are expected at all classes, laboratories, and other activities for which the student is registered. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student’s attendance.
and participation as well as note this information in required reports (including the first 12 day attendance report) and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences during a semester or one week of a summer term, depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

**Academic Accommodations for Students with Disabilities: Policy 6.1 and 6.6**

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004/468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/)

**Student Academic Dishonesty: Policy 4.1**

Abiding by university policy on academic integrity is a responsibility of all university faculty and students.

**Definition of Academic Dishonesty**

Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:

- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment; and/or;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one's own. Examples of plagiarism include, but are not limited to:

- submitting an assignment as one's own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source; and/or,
- incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.

**Penalties for Academic Dishonesty**

Penalties may include, but are not limited to reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.
Student Appeals

A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

Withheld Grades: Policy 5.5

At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

If a student has been found guilty of academic dishonesty, a grade of “WP” or “WH” may be changed to “WF” at the discretion of the faculty member. In the case of a grade change to “WF”, the course will not count towards the six course drop limit since the student is incurring an academic penalty.

Student Code of Conduct: Policy 10.4

Disruptive Behavior--Interference or disruption of students, faculty, administration, staff, the educational mission, or routine operations of the university is prohibited. Such activity includes, but is not limited to, behavior in a classroom or instructional program that interferes with the instructor or presenter’s ability to conduct the class or program, or the ability of others to profit from the class or program. To remain in the vicinity of activity that is disrupting normal university functions when requested to leave by a university official is prohibited. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the Early Alert Program at SFA.

Masks (cloth face coverings) must be worn over the nose and mouth at all times in this class and appropriate physical distancing must be observed. Students not wearing a mask and/or not observing appropriate physical distancing will be asked to leave the class. All incidents of not wearing a mask and/or not observing appropriate physical distancing will be reported to the Office of Student Rights and Responsibilities. Students who are reported for multiple infractions of not wearing a mask and/or not observing appropriate physical distancing may be subject to disciplinary actions.


SFASU values students’ mental health and the role it plays in academic and overall student success. SFA provides a variety of resources to support student mental health and wellness. Many of these resources are free, and all of them are confidential.

On-campus Resources:
SFASU Counseling Services
www.sfasu.edu/counselingservices

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IX. Other Relevant Course Information:

1. **Late Work**: No late work will be accepted. Late assignments turned in or posted after a deadline will not be accepted unless an official extension has been granted by the instructor prior to the deadline. This is a 6 week class! Students should be submitting high quality professional level work when it is due. I am happy to provide feedback on some components and clarify instructions, but I will not give feedback on entire assignments. Assignment deadlines are final and no revisions or corrections will be allowed after that point.

2. **Make Up Quizzes**: Students who fail to take quizzes during the scheduled time with advance, person-to-person communication with the instructor shall receive a zero for the exam and shall forfeit the opportunity of taking a “make up” test. Make up tests/exams/quizzes will not be permitted (unless there is a legitimate documented medical emergency or personal problem.)