I. Course Description
This course provides study and practice in methods for success in college. Topics include critical thinking skills, study skills, time and money management, goal setting, career planning, and a review of university resources and policies. SFA 101.57 is a section dedicated to scholarship student-athletes.

Credit Hour Description
SFAS 1101 “Freshman Success Seminar” (1 credit hour) is an optional but highly recommended course for all first-year freshman and transfer students at Stephen F. Austin State University. Direct instruction is provided for three 50-minute meetings per week for 6 weeks. Students have weekly readings and assignments that focus on topics related to student development and college success. These activities average at a minimum two hours per week to prepare outside of classroom hours.

Course Delivery Modality
This course is a fully in-person course which offers all of its meetings in person on campus at a scheduled time. Instructional content will be made available through illustrated lectures, individual meetings, guest speakers, small group and whole class discussions, visits to campus locations, videos, games, and exercises.

Respect for Diversity
At SFA, our commitment to diversity and inclusion is more than words—it is actions. We believe diversity and inclusion are the keys to promoting more engaged individuals locally and globally. We at SFA are committed to amplifying a campus culture that nurtures belonging and embraces similarities while celebrating that every Lumberjack will be different. Those differences are valued, acknowledged, and supported purposefully. We encompass ground-breaking strategies fostered from our diverse campus while taking a holistic approach to how we function as a university.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):

This course supports the mission of Stephen F. Austin State University:
Stephen F. Austin State University is a comprehensive institution dedicated to excellence in teaching, research, scholarship, creative work, and service. Through the personal attention of our faculty and staff, we engage our students in a learner-centered environment and offer opportunities to prepare for the challenges of living in the global community.

This course also supports the mission of the Student Success Center:
The Student Success Center supports undergraduate students by optimizing campus resources through innovative and intentional programs, which empowers students to attain academic success and persist toward graduation and beyond.

Program and Student Learning Outcomes
Upon completion of SFAS 1101, the student will be informed of the following areas and how they relate to their success:
- Evaluate the significance of academic integrity.
- Apply college classroom learning strategies within the class and beyond.
- Relate the Wellness Model to personal life activities and behaviors.
• Apply a Growth Mindset to learning in college and beyond.
• Evaluate the importance of academic advising while in college and explore SFA advising protocols.
• Demonstrate an increased understanding of cultural diversity, inclusion and social justice.
• Demonstrate the understanding of metacognitive skills and applying strategies academically and beyond.
• Construct a strategy for accessing and evaluating information through Steen Library.
• Select campus and community service opportunities in which the student is interested.
• Investigate an overview of university resources.
• Develop personal survival skills.
• Examine SFA history, traditions, and pride.
• Argue the true value of a college education.
• Relate university rules and procedures to the student’s personal behavior at SFA.
• Demonstrate working successfully with peers, faculty, and staff.

III. Class Readings and Materials

All students will receive a SFAS 1101 Freshman Success Handbook in a digital format at the beginning of the course. Information in the handbook will be used for class discussions. Make sure you get them, read them, and understand them. You will also need a class notebook to keep required coursework and assignments organized.

IV. Grading Policy and Assignments

SFAS 1101 is a graded course. Passing this course will give you one semester credit that can be used towards the total number of credits you need to graduate. The grading system is as follows:

- 600 – 540 points = A
- 539 - 480 points = B
- 479 – 420 points = C
- 419 – 360 points = D
- 359 or less points = F

Attendance/Tardiness – 280 points (10 points/class)
Attendance is mandatory; therefore, please plan to attend ALL class sessions. Attendance will be taken daily. More than 4 unexcused absences will result in a drop in a letter grade. Tardiness is defined as ‘more than 5 minutes’ late for class. Every 2 tardies is considered an absence. More than 8 tardies will result in a drop in a letter grade. Excused Absences: Absences due to athletic related events require notification by email before the day of the class(es) missed. Absence due to illness requires notification by your athletic trainer or physician.

Assignments – 220 points
You will have weekly modules to complete in your GamePlan account. Modules will be assigned on Monday prior to the start of class and due to Wednesday (next class period) BEFORE 11:00 AM when class meets. Also, several times during the semester you will be given an assignment to be completed using D2L or to be submitted at the beginning of class. These assignments are intended to provide you with an opportunity to reflect on and benefit from what’s happening in college. NO LATE WORK WILL BE ACCEPTED.

Exam – 100 points
There will be one exam given during the semester. It will include true/false, matching, multiple choice, fill in blank and essay items. The exam will be based on material from assigned readings and class discussions. In addition to testing you on course material, this exam will indicate how you perform with different types of test questions and allow your instructor to make suggestions to improve your test taking skills in other classes. There is no final exam.
V. Class Rules

Following these rules will help maximize the SFAS 1101 experience for you and your classmates.

- Attend every class.
- Read the assigned material and submit all required work on the day it is due. No late work is accepted.
- Participate in individual and group activities and discussions.
- Treat everyone in the class with respect and courtesy.
- All students are expected to demonstrate professional behavior and use language appropriate for the classroom learning experience.
- **Cell phones and other electronic devices should be turned off and put away during class time.** Please be prepared to be excused from class if you are unable to leave your phone alone for the duration of class.
- NO clothing/accessories with other college or university names or logos may be worn to class. You are a LUMBERJACK.
- Ask questions!

When students have personal technology available in the classroom, it should be used appropriately. Using devices for interacting on social media sites is not an appropriate in-class use of technology. Sending or receiving texts, instant messages, or making/receiving phone calls can cause distractions to the instructor and to fellow students. Cell phones, computers, and other electronic devices in the classroom are to be used for class purposes only.

VI. Communication

Please check your SFA email account regularly as this is the official email and form of communication for SFA. Brightspace/D2L will be the official tool used in your SFAS 1101 class for important reminders, announcements, and further assignment directions.

VII. Course Complaints/Evaluations

Any college course complaints or problems should first be discussed with the course instructor for the particular course. Difficulties can usually be resolved there. If the complaint cannot be resolved, the next person to see is the appropriate department chairperson. For SFAS 1101, the chairperson is Lydia Richardson, Program Coordinator of the Freshman Success Courses. (Steen Library, Room 203; 936-468-5808; lprichardson@sfasu.edu).

Near the conclusion of each semester, students enrolled in SFAS 1101 electronically evaluate the course and instructor. Evaluation data is used for, (1) course and program improvement and planning; and (2) instruction evaluation purposes. As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the SFAS 1101 faculty are committed to excellence in teaching and continued improvement. Therefore, your response is critical!

The course evaluation process has been simplified and is completed electronically through mySFA. Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and anonymous, and will not be available to the instructor until after final grades are posted.

VIII. General Student Policies

The following policies apply to all students enrolled in courses at Stephen F. Austin State University.

1. **Student Academic Dishonesty (4.1)**
   Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

2. **Definition of Academic Dishonesty**
   Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one’s own
work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one’s paper without giving the author due credit. Please read the complete policy at http://www.sfasu.edu/policies/academic_integrity.asp

3. Course Grades (5.5)
Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

4. Academic Accommodation for Students with Disabilities (6.1)
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004/468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/

5. Student Code of Conduct (10.4)
Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy 10.4). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the Academic Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.

IX. Mental Health Statement
SFASU values students’ mental health and the role it plays in academic and overall student success. SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.

On-campus Resources:
SFASU Counseling Services
www.sfasu.edu/counselingservices
3rd Floor Rusk Building
936-468-2401

SFASU Human Services Counseling Clinic
www.sfasu.edu/humanservices/139.asp
Human Services Room 202
936-468-1041

Crisis Resources:
Burke 24-hour crisis line: (800) 392-8343
Suicide Prevention Lifeline: (800) 273-TALK (8255)
Crisis Text Line: Text HELLO to 741-741
<table>
<thead>
<tr>
<th>Date</th>
<th>2021 Topic/Subject</th>
<th>Assignment</th>
<th>DUE</th>
<th>Class Location</th>
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<tbody>
<tr>
<td>Aug-23</td>
<td>Welcome to SFA IDI-Class Overview D2L/mySFA/forwarding emails GamePlan Overview</td>
<td>Interest Inventory &amp; ID Transition in GamePlan</td>
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<td>MATH 209</td>
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<td>First day Info sheet</td>
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<tr>
<td>Aug-25</td>
<td>Campus Scavenger Hunt Note: 8/31, last day to adjust schedule</td>
<td>GamePlan: Interest Inventory &amp; ID Transition, Scavenger Hunt Selfies</td>
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<td>MATH 209</td>
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<td>Aug-30</td>
<td>TED Talk: Grit: the power or passion and perseverance</td>
<td>Welcome to College &amp; Habits for Success</td>
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<td>MATH 209</td>
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<td>Sept-01</td>
<td>Module Discussion Review Student-Athlete Handbook Values Activity What’s your WHY?</td>
<td>Values final score-email via D2L GamePlan: Welcome to College &amp; Habits for Success</td>
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<td>MATH 209</td>
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<td>Sept-06</td>
<td>TED Talk: Time Management Habitudes: Priorities (Rocks??) Discussion: Time Mgmt &amp; Priorities</td>
<td>Choosing a major &amp; email etiquette Values final school emailed via D2L GamePlan: Welcome to College &amp; Habits for Success</td>
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<td>MATH 209</td>
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<td>Sept-08</td>
<td>Plagiarism Activity Citing Credible Sources</td>
<td>Choosing a Major and Email Etiquette</td>
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<td>MATH 209</td>
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<tr>
<td>Sept-13</td>
<td>Studying Basics, <em>Student-Instr. lead</em></td>
<td>Studying Basics</td>
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<td>Sept-15</td>
<td>Note Taking-Dolphin TED Talk</td>
<td>Studying Basics</td>
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<td>MATH 209</td>
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<tr>
<td>Sept-20</td>
<td>Who I am Poems T-shirt Day, wear a t-shirt that describes you (Not sport related)</td>
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<td>MATH 209</td>
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<td>Sept-22</td>
<td>Time Management Calendar Activity</td>
<td>Note Taking &amp; Time Mgmt</td>
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<tr>
<td>Sept-27</td>
<td>Mock Press Conference</td>
<td>Upload to Youtube, submit via D2L dropbox</td>
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<td>MATH 209</td>
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<td>Sept-29</td>
<td>Guest Speakers – SFA Media Relations</td>
<td>Social Media</td>
<td>Social Media</td>
<td>MATH 209</td>
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<td>Oct-06</td>
<td>Personal Timeline Activity Goal Setting Activity</td>
<td>Goal Setting</td>
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<td>MATH 209</td>
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<td>Oct-11</td>
<td>TBA</td>
<td>Strengths and Weaknesses</td>
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<td>Oct-13</td>
<td>Love Languages Assessment</td>
<td>Strength &amp; Weaknesses</td>
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<td>Oct-18</td>
<td>Guest Speaker – Dr. Cegelka/Rachel Gill</td>
<td>Self-Awareness</td>
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<td>Oct-20</td>
<td>Watch One Love Video</td>
<td>Self-Awareness</td>
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<td>Oct-25</td>
<td>Guest Speaker – Dr. Cegelka/Rachel Gill</td>
<td>Domestic Violence</td>
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<td>Oct-27</td>
<td>Personal Health Debriefing</td>
<td>Domestic Violence</td>
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<td>Nov-01</td>
<td>Guest Speaker – TJ White, career svcs.</td>
<td>Build a Resume/Cover Letter</td>
<td>MATH 209</td>
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<td>Nov-03</td>
<td>Mentor Thank you letter</td>
<td>Building a Resume/Cover Letter</td>
<td>MATH 209</td>
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<td>Nov-08</td>
<td>Guest Speaker – Lauren Becker, finances</td>
<td>Budgeting and Finances</td>
<td>MATH 209</td>
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<td>Nov-10</td>
<td>Creating your Budget</td>
<td>Budgeting &amp; Finances</td>
<td>MATH 209</td>
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<td>Nov-15</td>
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<td>Nov-17</td>
<td>Determine your final exam schedule</td>
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<td>Nov-22</td>
<td>THANKSGIVING HOLIDAY – NO CLASS</td>
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<td>Nov-24</td>
<td>THANKSGIVING HOLIDAY – NO CLASS</td>
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<td>Nov-29</td>
<td>Dead Week - TBD</td>
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<td>Dec-01</td>
<td>Dead Week – TBD</td>
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<td>Dec-06</td>
<td>Finals Week – NO CLASS</td>
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<td>Dec-08</td>
<td>Finals Week – NO CLASS</td>
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