I. **Course Description**
This course provides study and practice in methods for success in college. Topics include critical thinking skills, study skills, time and money management, goal setting, career planning, and a review of university resources and policies.

**Credit Hour Description**
SFAS 1101 “Freshman Success Seminar” (1 credit hour) is an optional but highly recommended course for all first-year freshman and transfer students at Stephen F. Austin State University. Direct instruction is provided for two 50-minute meetings per week for 12 weeks. Students have weekly readings and assignments that focus on topics related to student development and college success. These activities average at a minimum two hours per week to prepare outside of classroom hours.

**Course Delivery Modality**
This course is a fully in-person course which offers all of its meetings in person on campus at a scheduled time. Instructional content will be made available through illustrated lectures, individual meetings, guest speakers, small group and whole class discussions, visits to campus locations, videos, games, and exercises.

**Respect for Diversity**
At SFA, our commitment to diversity and inclusion is more than words—it is actions. We believe diversity and inclusion are the keys to promoting more engaged individuals locally and globally. We at SFA are committed to amplifying a campus culture that nurtures belonging and embraces similarities while celebrating that every Lumberjack will be different. Those differences are valued, acknowledged, and supported purposefully. We encompass ground-breaking strategies fostered from our diverse campus while taking a holistic approach to how we function as a university.
II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):

This course supports the mission of Stephen F. Austin State University:

Stephen F. Austin State University is a comprehensive institution dedicated to excellence in teaching, research, scholarship, creative work, and service. Through the personal attention of our faculty and staff, we engage our students in a learner-centered environment and offer opportunities to prepare for the challenges of living in the global community.

This course also supports the mission of the Student Success Center:

The Student Success Center supports undergraduate students by optimizing campus resources through innovative and intentional programs, which empowers students to attain academic success and persist toward graduation and beyond.

Program and Student Learning Outcomes
Upon completion of SFAS 1101, the student will be informed of the following areas and how they relate to their success:

- Evaluate the significance of academic integrity.
- Apply college classroom learning strategies within the class and beyond.
- Relate the Wellness Model to personal life activities and behaviors.
- Apply a Growth Mindset to learning in college and beyond.
- Evaluate the importance of academic advising while in college and explore SFA advising protocols.
- Demonstrate an increased understanding of cultural diversity, inclusion and social justice.
- Demonstrate the understanding of metacognitive skills and applying strategies academically and beyond.
- Construct a strategy for accessing and evaluating information through Steen Library.
- Select campus and community service opportunities in which the student is interested.
- Investigate an overview of university resources.
- Develop personal survival skills.
- Examine SFA history, traditions, and pride.
- Argue the true value of a college education.
- Relate university rules and procedures to the student’s personal behavior at SFA.
- Demonstrate working successfully with peers, faculty, and staff.

III. Class Readings and Materials

All students will receive a SFAS 1101 Freshman Success Handbook in a digital format at the beginning of the course. Information in the handbook will be used for class discussions. Make sure you get them, read them, and understand them.

IV. Grading Policy and Assignments
SFAS 1101 is a graded course. Passing this course will give you one semester credit that can be used towards the total number of credits you need to graduate. The grading system is as follows:

<table>
<thead>
<tr>
<th>Points</th>
<th>Grade</th>
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</thead>
<tbody>
<tr>
<td>400 – 360</td>
<td>A</td>
</tr>
<tr>
<td>359 – 320</td>
<td>B</td>
</tr>
<tr>
<td>319 – 280</td>
<td>C</td>
</tr>
<tr>
<td>279 – 240</td>
<td>D</td>
</tr>
<tr>
<td>239 points &amp; below</td>
<td>F</td>
</tr>
</tbody>
</table>

**Attendance Policy**

- **Instructor/Student Meeting** (20 points): Two individual meetings with the instructor or the student instructor will be scheduled. The purpose of the meetings is to allow you to ask questions, get clarification on college processes, or just to develop a professional relationship. Your participation in each meeting will count as 10 points for a total of 20 points.

- **Outside Events** (10 points each, for a total of 60 points): In addition to the scheduled class events, you will be required to attend six (6) outside events provided by SFA. You must provide sufficient documentation of the event and submit in a Dropbox in Brightspace by D2L. Attendance at the event will be valued at 10 points each for a total of 60 points.

- **Class attendance**: (10 points each for a total of 220 points) Class attendance is mandatory and will be recorded during each class meeting. Therefore, please plan to attend all sessions. Class attendance is 220 points.

**Writing for Reflection**

You will be assigned one writing for reflection assignments, valued at 50 points. This assignment may range from journaling, structured papers, or a power point. This assignment will be submitted in Brightspace by D2L. Reflection assignment is 50 points.

**Exam**

There will be one exam given during the semester. It will include true/false, matching, multiple choice, fill in blank and essay items. The exam will be based on material from assigned readings and class discussions. In addition to testing you on course material, this exam will indicate how you perform with different types of test questions and allow your instructor to make suggestions to improve your test taking skills in other classes. There is no final exam. Exam is 50 points.

**Brightspace by D2L**: The course has a D2L site that can be found at d2l.sfasu.edu. You may also use this email. Keep in mind that D2L is an intrasystem, meaning that you must be logged in to D2L and can only access individuals who are on the Class list of that particular course. You are responsible for all announcements and materials presented on this web page, so you must check it daily. If you do not have access to our class in Brightspace by D2L page for any reason, you must contact me. Also, get in touch with the Center for Teaching and Learning Tech Support, Phone: 936.468.1919 or email: d2l@sfasu.edu; their hours are Monday - Friday, 8 a.m. - 5 p.m. CST.
V. Class Rules

Following these rules will help maximize the SFAS 1101 experience for you and your classmates.

- Attend every class.
- Read the assigned material and submit all required work on the day it is due. No late work is accepted.
- Participate in individual and group activities and discussions.
- Treat everyone in the class with respect and courtesy.
- All students are expected to demonstrate professional behavior and use language appropriate for the classroom learning experience.
- Cell phones and other electronic devices should be turned off and put away during class time.

When students have personal technology available in the classroom, it should be used appropriately. Using devices for interacting on social media sites is not an appropriate in-class use of technology. Sending or receiving texts, instant messages, or making/receiving phone calls can cause distractions to the instructor and to fellow students. Cell phones, computers, and other electronic devices in the classroom are to be used for class purposes only.

VI. Communication

Please check your SFA email account regularly as this is the official email and form of communication for SFA. Brightspace by D2L will be the official tool used in your SFAS 1101 class for important reminders, announcements, and further assignment directions. Due to FERPA restrictions, any email correspondence (outside the use of Brightspace by D2L) regarding this course must be sent to me from your SFA Jacks email account only; due to this, emails sent to me from an address other than your official SFA email address will not receive a response.

You are responsible for checking your email daily.

VII. Course Complaints/Evaluations

Any college course complaints or problems should first be discussed with the course instructor for the particular course. Difficulties can usually be resolved there. If the complaint cannot be resolved, the next person to see is the appropriate department chairperson. For SFAS 1101, the chairperson is Lydia Richardson, Program Coordinator of the Freshman Success Courses. (Steen Library, Room 203; 936-468-5808; lprichardson@sfasu.edu).

Near the conclusion of each semester, students enrolled in SFAS 1101 electronically evaluate the course and instructor. Evaluation data is used for, (1) course and program improvement and planning; and (2) instruction evaluation purposes. As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the SFAS 1101 faculty are committed to excellence in teaching and continued improvement. Therefore, your response is critical!
The course evaluation process has been simplified and is completed electronically through mySFA. Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and anonymous, and will not be available to the instructor until after final grades are posted.

VIII. General Student Policies

The following policies apply to all students enrolled in courses at Stephen F. Austin State University.

1. **Student Academic Dishonesty Policy (4.1)**
   Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

2. **Definition of Academic Dishonesty Policy**
   Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one’s own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one’s paper without giving the author due credit. Please read the complete policy at http://www.sfasu.edu/policies/academic_integrity.asp

3. **Course Grades Policy (5.5)**
   This course is incorporated into students’ grade point average (GPA) as listed in the Course Grades.

4. **Withheld Grades Semester Grades Policy (5.5)**
   Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

5. **Academic Accommodation for Students with Disabilities Policy (6.1)**
   To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in
the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/

6. **Student Code of Conduct Policy (10.4)**
   Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy 10.4). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the Academic Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.

7. **Final Course Grade Appeals by Students Policy (6.3)**
   A student may appeal a final course grade if it can be demonstrated that the instructor did not adhere to stated procedures or grading standards, or if other compelling reasons exist to change the grade. A student may not appeal due to general dissatisfaction with a final grade or disagreement with the instructor's professional judgment regarding the quality of the student’s work. A student who wishes to appeal the final grade must follow the procedure listed in the Final Course Grade Appeals by Students.

8. **University Drop Policy:** If you have questions concerning registration, add/drop or the withdraw process, contact the Registrar at (936) 468-2501 or E-mail. The Registrar is located on the 2nd floor of the Rusk building.

IX. **Mental Health Statement**

SFASU values students’ mental health and the role it plays in academic and overall student success. SFA provides a variety of resources to support students’ mental health and wellness. Many of these resources are free, and all of them are confidential.

On-campus Resources:
SFASU Counseling Services
www.sfasu.edu/counselingservices
3rd Floor Rusk Building
936-468-2401

SFASU Human Services Counseling Clinic
www.sfasu.edu/humanservices/139.asp
Human Services Room 202
936-468-1041
### Crisis Resources:
Burke 24-hour crisis line: 1(800) 392-8343
Suicide Prevention Lifeline: 1(800) 273-TALK (8255)
Crisis Text Line: Text HELLO to 741-741

### Tentative Class Calendar-Fall 2021

<table>
<thead>
<tr>
<th>Week</th>
<th>Class</th>
<th>Class Topic</th>
<th>Class Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Week 1</strong></td>
<td>8/24</td>
<td>Class overview and Introductions; Brightspace/D2L; mySFA</td>
<td>Meet in STEM 318</td>
</tr>
<tr>
<td></td>
<td>8/26</td>
<td>Center for Teaching and Learning Brightspace / D2L Guest Speaker: Theunis Oliphant</td>
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<tr>
<td><strong>Week 2</strong></td>
<td>8/31</td>
<td>AARC: Overview &amp; Academic Integrity – “The SFA Way” &amp; Time Management/Goal Planning</td>
<td>Meet in STEM 318</td>
</tr>
<tr>
<td></td>
<td>9/2</td>
<td>Successful Interactions with Peers, Faculty, and Staff</td>
<td>Department of Computer Science Convocation</td>
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<tr>
<td><strong>Week 3</strong></td>
<td>9/7</td>
<td>University Resources</td>
<td>Scavenger Hunt</td>
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<tr>
<td></td>
<td>9/9</td>
<td>Library Resources Guest Speaker: Johnathan Helmke</td>
<td>Meet at Library: LINC Computer Lab Classroom</td>
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<tr>
<td><strong>Week 4</strong></td>
<td>9/14</td>
<td>One on One meetings</td>
<td>Schedule appointment with Ms. Carlton or Ms. Eubanks</td>
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<tr>
<td></td>
<td>9/16</td>
<td>Student Rights and Responsibilities Guest Speaker: Nathan Hendrix</td>
<td>Meet in STEM 318</td>
</tr>
<tr>
<td><strong>Week 5</strong></td>
<td>9/21</td>
<td>Importance of Academic Advising Guest Speaker: Laura Turner</td>
<td>Meet at CoSM Advising Center: Miller Science Building 127</td>
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<tr>
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<td>9/23</td>
<td>Campus Involvement and Belonging Guest Speaker: Lacey Folsom, Student Affairs</td>
<td>Meet in STEM 318</td>
</tr>
<tr>
<td><strong>Week 6</strong></td>
<td>9/28</td>
<td>One on One meetings</td>
<td>Schedule appointment with Ms. Carlton or Ms. Eubanks</td>
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<tr>
<td></td>
<td>9/30</td>
<td>Mental Health/压力管理 Guest Speaker: Jill Milem</td>
<td>Meet in STEM 318</td>
</tr>
<tr>
<td><strong>Week 7</strong></td>
<td>10/5</td>
<td>Health and Wellness Guest Speaker: Jessica Waguespack</td>
<td>Meet at Campus Recreation Center: Meeting Room</td>
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<tr>
<td></td>
<td>10/7</td>
<td>UPD Resources &amp; Security Guest Speaker: James Campbell</td>
<td>Meet in STEM 318</td>
</tr>
<tr>
<td><strong>Week 8</strong></td>
<td>10/12</td>
<td>Growth Mindsets Guest Speaker: Destini Walker, Center for Career &amp; Professional Development</td>
<td>Meet at CCPD: Rusk 333</td>
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<tr>
<td></td>
<td>10/14</td>
<td>SFA Information Technology Center Tour</td>
<td>Meet at Information Technology Center</td>
</tr>
<tr>
<td><strong>Week 9</strong></td>
<td>10/19</td>
<td>Course Registration “How to”</td>
<td>Meet in STEM 318</td>
</tr>
<tr>
<td></td>
<td>10/21</td>
<td>Tech Support Center Tour Guest Speaker: Ashley Johnson</td>
<td>Meet at Library: the Tech Support Center</td>
</tr>
<tr>
<td>Week 10</td>
<td>10/26</td>
<td>Homecoming Week: SFA History, Traditions, and Pride</td>
<td>Attend events</td>
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</tbody>
</table>
|        | 10/28 | Cultural Diversity, Inclusion, and Social Justice  
Guest Speaker: Dr. DeLaney-Fields, Chief Diversity Officer, Office of Diversity, Equity, and Inclusion | Meet in STEM 318 |
| Week 11 | 11/2 | Cultural Diversity, Inclusion, and Social Justice  
Guest Speaker: Veronica Beavers, Director of Multicultural Affairs | Meet in STEM 318 |
|        | 11/4 | Evaluating your first semester as a New Lumberjack: What have you learned? | Meet in STEM 318 |
| Week 12 | 11/9 | Financial Literacy/Money Management | |
|        | 11/11 | Exam | |