RHAB 2322.501
Introduction to Alcohol and Other Dependency
Fall 2021

Instructor: Hannah Cobb
Email: Hannah.Cobb@sfasu.edu
Course Time & Location: On-Line – Student Self Pace
Office Hours: Email me
Credits: 3

Prerequisites: n/a

Course Readings:


I. Course Description:

This class is a survey of alcohol and other psychoactive chemical substances abused in our society. This course will enable you to become knowledgeable as to the implications of chemical dependency on the individual, family and society.

II. Intended Learning Outcomes/Goals/Objectives:

Through the activities and objectives in course students will become prepared, competent, successful, caring and enthusiastic counseling professionals. They will continue to develop a sense of service, leadership, professional and intellectual growth. Through regular class attendance, writing projects, exams, and discussions students will gain academic excellence within the subject area with an emphasis on life-long learning and development. Students will also be given the opportunity for collaboration and be encouraged toward openness to new ideas. Ethics, integrity and service within the rehabilitation counseling profession and following the Council on
Rehabilitation Education guidelines will also be integrated into all aspects of the course. As described in this syllabus, course follows the mission, vision and core values of the College of Education and Stephen F. Austin State University which is aligned with the rehabilitation curriculum, clinical experiences, and assessments.

UNDERGRADUATE REHABILITATION STUDIES OUTCOME AREAS:

1.1 Develop sensitivity, appreciation, and understanding of what it means to have a disability, i.e., its medical and psychological aspects and what can be done to ameliorate resulting problems.

1.2 Identify the primary rehabilitation techniques employed to evaluate, train, and identify employment and independent living options for persons with a disability.

2.1 Understand the major types, purposes and operations of the myriad of human service agencies serving individuals with vocational limitations.

2.3 Review trends, societal issues, and local, state, and federal laws which affect rehabilitation service delivery.

3.1 Determine the nature and needs of the various types of individuals with disabilities served by rehabilitation and other human service agencies.

3.2 Utilize community resources during and after rehabilitation services to assure persons with disabilities attain a satisfactory vocational adjustment.

3.5 Understand the basic application of research principles to rehabilitation, such as the evaluation of personal practice, utilization of consumer satisfaction surveys, conducting needs analyses, etc.

4.4 Utilize ethical principles in the provision of services (e.g., integrity, confidentiality, scope of practice, etc.).

4.5 Incorporate cultural sensitivity into daily practices and interactions with consumers.
6.1 Apply ethical principles and standards to rehabilitation case situations

6.2 Resolve ethical dilemmas by applying problem-solving and decision-making skills

8.1 Understand a variety of models and theories of addiction and other problems related to substance abuse.

8.2 Describe the behavioral, psychological, physical health, and social effects of psychoactive substances on the user and significant others.

8.3 Describe the philosophies, practices, policies, and outcomes of the most generally accepted and scientifically supported models of treatment, recovery, relapse prevention, and continuing care for addiction and other substance-related problems

III. Course Assignments, Activities, Instructional Strategies, use of Technology:

All Assignments must be submitted to the appropriate D2L dropbox for grading. Assignments cannot be accepted by e-mail without prior approval of the instructor.

1. AA Paper & Alcoholics Anonymous Meeting - This assignment is a 5 page typed (double spaced) paper of your observations from visiting an open Alcoholics Anonymous meeting. (There are open meetings and closed meetings, make sure you visit an open meeting) You may visit an open AA meeting in your home town, Nacogdoches, or surrounding areas. If you have attended an open AA meeting you may substitute an open Narcotics Anonymous Meeting. (See outline below for due date).

This paper should be divided into two parts. Use these parts as subtopic headings:

A. Observations (written in 3rd person)

B. Impressions (written in 1st person)
Rules for attending A.A. Meeting:

No note taking

No tape recorders

No names of participants in the paper (you may use fake names or initials)

2. Powerpoint Research Paper. Select a drug related topic of interest. Email me your topic for approval with a brief explanation by 9/10/21. (See outline below for due date of Powerpoint paper).

Your Powerpoint paper should be a minimum of 15 slides in length not counting references. Please limit the text on your slides to key words or phrases (no more than 5 words in length). Add graphics that make the point. The text of your research paper is underneath the slide in the notes area. After the introduction slide and text, make sure you have an objectives slide with text. After content of the paper, make sure you have a conclusions slide and text before the references.

Some students use the following method: 1) write the paper first, 2) then create 15 or more blank slides. 3) Then just copy and paste the content into the “Click to add notes area.” 4) Add your key words and 5) Your illustrated graphics and you are done.

Remember, the text of your presentation should be written under the slide in the “Click to add notes area” and is in the form of a paper using APA format. Please use at least 8 references. References can include both journal articles and books. Please use APA style for your paper and on the reference page. Please take a look at the sample paper posted on the home page.

3. Discussion Questions:

You are expected to be an active learner, which includes written participation to the posted discussion question. Please respond to the discussion questions with evidence that you read the chapter. Each discussion question will be graded as follows:
• No discussion or comment to chapter question – 0 points
• Some discussion or comment – your opinion only, meaning you did not cite text or reference textbook, showing you read the chapter- 75 – 84 points
• Discussion with evidence that you read the chapter by citing the author and listing the textbook as a reference – 85 to 94 points
• *Discussion with evidence that you read the chapter, cited the text, cited other sources and listed the text and sources as references – 95 to 100

*I have included a sample of a discussion posting in the Samples section of the modules.

IV. Evaluation and Assessments (Grading):

Examinations:

Mid-Term Examination: There will be a mid-term examination. It is open book and contains 75 multiple choice questions over the material covered to that point. (see outline below for due date).

Final Examination: There will be a final examination. It will be comprehensive in nature and will be open book. You will be allowed 3 hours to complete the examination. (see outline below for due date).

Final Exam Extra Credit: 5 extra points will be added to your final if you prepare a ¾ page bullet list of what you learned from the course that you think will help you in your chosen profession. (See due date below).

Online Quizzes & Discussion Questions

• The first online chapter quiz and discussion questions must be completed by 11:30pm Sept. 17th
• The second online chapter quiz and discussion questions must be completed by 11:30pm on Oct. 8th
• The third online quiz and discussion questions must be **completed by 11:30pm on Nov. 5th**
• The fourth quiz and discussion questions must be **completed by 11:30pm on Dec. 3rd**
• **You may take each of the quizzes up to a maximum of two times and the highest grade will be recorded.**
• Quiz average grade will be calculated by taking the average of the highest percentages correct you received on each quiz.

**Grade Weightings**

• AA Paper 10%
• Powerpoint Research Paper 15%
• Discussion Questions 20%
• Online Quiz Average 15%
• Mid-Term Examination 20%
• Comprehensive Final Examination 20%

**V. Tentative Course Outline/Calendar**

<table>
<thead>
<tr>
<th>Week Of</th>
<th>Reading</th>
<th>Activity</th>
<th>Quiz</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 23</td>
<td></td>
<td>Syllabus Check as per email &amp; Introduction Discussion is due 8/27 by 11:30p</td>
<td></td>
</tr>
<tr>
<td>Aug. 30</td>
<td>Inaba Chapter 1-History Live Video Orientation Session Textbook Website-Chapter Video Clip Overview</td>
<td>Answer Chapter 1 Discussion Questions</td>
<td></td>
</tr>
<tr>
<td>Sept. 6</td>
<td>Inaba Chapter 2-Effects Live Video Orientation Session Textbook Website-Chapter Video Clip Overview</td>
<td>Answer Chapter 2 Discussion Question *Powerpoint Research Paper Topic Selected &amp; e-mailed to instructor for approval by 9/10.</td>
<td></td>
</tr>
<tr>
<td>Sept. 13</td>
<td>Inaba Chapter 3- Uppers</td>
<td>Answer Chapter 3</td>
<td>Chapters</td>
</tr>
<tr>
<td>Date</td>
<td>Event Description</td>
<td>Discussion Question</td>
<td>Quiz Due</td>
</tr>
<tr>
<td>----------</td>
<td>-----------------------------------------------------------------------------------</td>
<td>--------------------------------------------------------------------------------------</td>
<td>------------------------------------------</td>
</tr>
<tr>
<td>Sept. 20</td>
<td>Inaba Chapter 4-Downers Live Video Orientation Session Textbook Website-Chapter Video Clip Overview</td>
<td>Answer Chapter 4 Discussion Question</td>
<td>Chapters 1-3 quiz due on 9/17 by 11:30p</td>
</tr>
<tr>
<td>Sept. 27</td>
<td>Inaba Chapter 5-Alcohol Live Video Orientation Session Textbook Website-Chapter Video Clip Overview</td>
<td>Answer Chapter 5 Discussion Question</td>
<td></td>
</tr>
<tr>
<td>Oct. 1</td>
<td>AA Paper Due</td>
<td>AA Paper Due</td>
<td>AA Paper Due</td>
</tr>
<tr>
<td>Oct. 4</td>
<td>Inaba Chapter 6-All Arounders Live Video Orientation Session Textbook Website-Chapter Video Clip Overview</td>
<td>Answer Chapter 6 Discussion Question</td>
<td>Chapters 4, 5, 6 Quiz</td>
</tr>
<tr>
<td>Oct. 15</td>
<td>Mid-Term Examination</td>
<td>*Chapters 4-6 Discussion Questions due by 11:30p on 10/8</td>
<td>Mid-Term Examination</td>
</tr>
<tr>
<td>Oct. 18</td>
<td>Inaba Chapter 8-Prevention Live Video Orientation Session Textbook Website-Chapter Video Clip Overview</td>
<td>Answer Chapter 8 Discussion Question</td>
<td></td>
</tr>
<tr>
<td>Oct. 25</td>
<td>Inaba Chapter 9- Treatment Live Video Orientation Session Textbook Website-Chapter Video Clip Overview</td>
<td>Answer Chapter 9 Discussion Question</td>
<td></td>
</tr>
<tr>
<td>Nov. 1</td>
<td>Inaba Chapter 7 – Other Addictions Live Video Orientation Session Textbook Website-Chapter Video Clip Overview</td>
<td>Answer Chapter 7 Discussion Question</td>
<td>Quiz over Chapters 8,9,7</td>
</tr>
<tr>
<td>Date</td>
<td>Assignment</td>
<td>Discussion Questions due by 11:30pm on 11/5</td>
<td>Chapters 8-7 quiz due 11/5</td>
</tr>
<tr>
<td>-----------</td>
<td>----------------------------------------------------------------------------</td>
<td>---------------------------------------------</td>
<td>---------------------------</td>
</tr>
<tr>
<td>Nov. 8</td>
<td>Inaba Chapter –10 Mental Health Live Video Orientation Session Textbook Website-Chapter Video Clip Overview</td>
<td>Watch Chapter 10 Video Clip Answer Chapter 10 Discussion</td>
<td></td>
</tr>
<tr>
<td>Nov. 15</td>
<td>Powerpoint Paper</td>
<td><strong>Powerpoint Paper Due by 11:30pm on 11/19</strong></td>
<td></td>
</tr>
<tr>
<td>Nov. 22</td>
<td><strong>THANKSGIVING BREAK</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nov. 29</td>
<td>Sharon Weigscheider-Cruz (Another Chance Text)</td>
<td>Answer Discussion Questions</td>
<td>Quiz over Chapter 10, Treatment, Relapse, Family &amp; Substance Abuse.</td>
</tr>
<tr>
<td></td>
<td>Treatment and Relapse (pages 27-76, 150-220)</td>
<td><em>Chapter 10 Discussion Questions and Week of 11/29 Discussion Questions due by 11:30pm on 12/3</em></td>
<td><em>Chapter 10/treatment quiz due 12/3</em></td>
</tr>
<tr>
<td></td>
<td>Family and Substance Abuse pages 89-137)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Family System: <a href="http://www.youtube.com/watch?v=02oi4UOqOF8">http://www.youtube.com/watch?v=02oi4UOqOF8</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Adult Children and Professional Co-dependency (pages 241-280)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dec. 3</td>
<td><strong>December 3rd Last Chance for at least Partial Credit for Late Discussion Questions</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dec. 3</td>
<td><strong>Final Exam Extra Credit Assignment (see examination section above)</strong></td>
<td><strong>Final Extra Credit Assignment due by 11:30 pm 12/3</strong></td>
<td></td>
</tr>
<tr>
<td>Dec. 6 - 10</td>
<td><strong>Comprehensive Final Exam (Open Book)</strong></td>
<td></td>
<td><strong>Final Exam due 12/10 by 5:00 pm</strong></td>
</tr>
</tbody>
</table>

**Late Policy:** Five points will be deducted for each 24 hour weekday period that your assignment is late, not counting weekends.
LiveText: This course uses the LiveText data management system to collect critical assessments for students who are Perkins College of Education majors (undergraduate, graduate, and doctoral) or majors in other colleges seeking educator certification through the Perkins College of Education. Students who do not have an existing LiveText account will receive an access code via the SFA email system within the first week of class. You will be required to register your LiveText account, and you will be notified how to do this via email. If you forward your SFA e-mail to another account and do not receive an e-mail concerning LiveText registration, please be sure to check your junk mail folder and your spam filter for these e-mails.

If you have questions about obtaining or registering your LiveText account, call ext. 1267 or e-mail SFALiveText@sfasu.edu. Once LiveText is activated, if you have technical questions, call ext. 7050 or e-mail livetext@sfasu.edu. Failure to activate the account and/or submit the required assignment(s) within the LiveText system may result in course failure.

VII. Course Evaluations

Near the conclusion of each semester, students in the Perkins College of Education electronically evaluate courses taken within the PCOE. Evaluation data is used for a variety of important purposes including:

1. Course and program improvement, planning, and accreditation;
2. Instruction evaluation purposes; and
3. Making decisions on faculty tenure, promotion, pay, and retention.

As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the PCOE faculty is committed to excellence in teaching and continued improvement. Therefore, your response is critical!

In the Perkins College of Education, the course evaluation process has been simplified and is completed electronically through MySFA. Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and
anonymous, and will not be available to the instructor until after final grades are posted.

VIII. Student Ethics and Other Policy Information:

Class Attendance and Excused Absence: Policy 6.7:

Regular, punctual attendance, documented participation, and, if indicated in the syllabus, submission of completed assignments are expected at all classes, laboratories, and other activities for which the student is registered. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student’s attendance and participation as well as note this information in required reports and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences during a semester or one week of a summer term, depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.
Student Academic Dishonesty: Policy 4.1

Abiding by university policy on academic integrity is a responsibility of all university faculty and students.

Definition of Academic Dishonesty

Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:
- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment; and/or;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one’s own. Examples of plagiarism include, but are not limited to:
- submitting an assignment as one's own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source; and/or,
- incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.

Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university polity on penalties for cheating and plagiarism.

Penalties for Academic Dishonesty

Penalties may include, but are not limited to reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.
Student Appeals

A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

Withheld Grades Semester Policy 5.5

At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

Student Code of Conduct: Policy 10.4

Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program. Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This policy applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare: Early Alert Program at SFA. Information regarding the iCare program is found at https://www.sfasu.edu/judicial/earlyalert.asp or call the office at 936-468-2703.

IX. Other Relevant Course Information:

Smartphone Applications:
CamScanner (iphone and android) (free) will be used to scan completed test forms to upload to D2L test documentation dropbox.

Istudiez Pro (iphone) $2.99. student project and time management application.

RefMe or Citethisforme.com APA reference assistant.