General Psychology
PSY 2301-501
Online
Fall 2021 Semester

Professor Information:
Name: Scott Alan Hutchens, Ph.D.
Department: Psychology
Office: MCKB 215A
Office Phone: 936-468-1464
e-mail: Brightspace by D2L (login: https://d2l.sfasu.edu/) (primary e-mail)
I check and reply to course-related email within 24 hours during weekday work hours (8:00-5:00).
Please only email my SFA email account (hutchenss@sfasu.edu) if you cannot temporarily access D2L.
Office Hours: Tuesday & Thursday 10:00am-12:00pm; Wednesday 11:00am-12:00pm; & by appointment.

Important Note:
Caution: Due to the nature of this course, it may include content, discussions, videos, etc., with mature themes, and may contain discussion of sensitive content related to psychological disorders/serious mental illness and other psychology-related issues. Students should consider these factors when determining if they are appropriate candidates for this course. Students experiencing difficulties may wish to explore services available via Counseling Services (936) 468-2401. More information can be found at: http://www.sfasu.edu/counselingservices/

Course Description:
General Psychology: Survey of fundamental principles of behavior, including physiological, perceptual, developmental, learning, motivational, cognitive, social, historical, and methodological perspectives.

Course Credit Hour Justification Statement:
PSYC 2301 “General Psychology” (3 credits) is designed to introduce students to the field of psychology by covering psychological concepts and principles typically including physiological, perceptual, developmental, learning, motivational, cognitive, social, historical, and methodological perspectives. The course typically meets 150 minutes a week in two 75-minute segments or three 50-minute segments for 15 weeks, and also meets for a 2-hour final
examination period. Students typically have significant weekly reading assignments, writing assignments, voluntary research participation, are expected to take regular tests, and a final examination. These activities average at a minimum 6 hours of work each week to prepare outside of classroom hours. Online course sections contain extensive written content that includes the same information students in a face-to-face lecture sections receive, requiring students to engage the online modules for at least three hours per week. For every hour a student spends engaging with the online content, he/she spends at least two hours completing associated activities and assessments.

**Required Text and Materials:**
NOBA General Psychology Custom e-Textbook - http://noba.to/mq52uznk
The e-textbook is written by experts in the field and is FREE!

**Brightspace by D2L**
This is an online, asynchronous courses. There will be no synchronous class meetings allowing you to engage in the course material and complete coursework at your convenience during each week. Course information is offered through Brightspace by D2L and will appear in each student’s Brightspace by D2L account if he/she is registered for the course (login: https://d2l.sfasu.edu/). If a student has Brightspace by D2L technical problems, he/she should contact the SFA Brightspace by D2L Helpdesk immediately (the contact information and tutorials are located on the Brightspace by D2L website: 936-468-1919). Furthermore, it is important that students check their Brightspace email and news on a regular basis. Brightspace email and news will be the primary method of communication in this course. Students can also communicate with other students via Brightspace email.

**AARC – Academic Assistance and Resource Center**
Utilize SFA’s Academic Assistance and Resource Center (AARC). The AARC has online resources such as an Online Writing Lab (OWL) and tutoring. One-to-one tutoring appointments can be scheduled for many subjects including Psychology. Please request appointments for tutoring by emailing aarc@sfasu.edu. The AARC is there for you!

**Program Learning Outcomes:**
This is a general education core curriculum course and no specific program learning outcomes for this major are addressed in this course.

**General Education Core Curriculum:**
The Texas Higher Education Coordinating Board has identified six core learning objectives: Critical Thinking Skills, Communication Skills, Empirical and Quantitative Skills, Teamwork, Personal Responsibility, and Social Responsibility. SFA is committed to the improvement of its general education core curriculum by regular assessment of student performance on these six objectives.

By enrolling in PSYC 2301– General Psychology you are also enrolling in a Core Curriculum Course that fulfills the Social and Behavioral Science requirement.

**General Education Core Curriculum Objectives/Outcomes:**
1. **Critical Thinking.** Students will be instructed in and will apply critical thinking skills to include creative thinking, innovation, inquiry, analysis, evaluation, and synthesis of information.
2. **Communication Skills.** Students will be instructed in and will apply *communication skills* to include development, interpretation and expression of ideas through written, oral, and visual communication.

3. **Empirical and Quantitative Skills.** Students will be instructed in and will apply, practice, and demonstrate empirical and quantitative skills to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.

4. **Social Responsibility.** Students will be instructed in and will apply, practice, and demonstrate *social responsibility* to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.

**Core Curriculum Objective Table**

<table>
<thead>
<tr>
<th>Core Objective</th>
<th>Definition</th>
<th>Course Assignment Title</th>
<th>D2L Date Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Critical Thinking Skills</td>
<td>To include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information.</td>
<td>All weekly course assignments listed below in the Course Calendar.</td>
<td>All weekly assignments due dates listed below in the Course Calendar</td>
</tr>
<tr>
<td>Communication Skills</td>
<td>To include effective development, interpretation and expression of ideas though written, oral, and visual communication.</td>
<td>All weekly course discussions and assignments listed below in the Course Calendar.</td>
<td>All weekly discussion and assignments due dates listed below in the Course Calendar</td>
</tr>
<tr>
<td>Empirical and Quantitative Skills</td>
<td>To include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.</td>
<td>Psychology Research Assignment</td>
<td>9/11/2021</td>
</tr>
<tr>
<td>Social Responsibility</td>
<td>To include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.</td>
<td>Social Psychology Part I Assignment</td>
<td>10/30/2021</td>
</tr>
</tbody>
</table>

**Student Learning Outcomes:** Upon completion of this course, students should be able to do the following things at a basic level:

- Identify, compare, and contrast the application of historic and modern theories in psychology. **Critical Thinking Skills & Communication Skills.**
- Apply psychological knowledge in a variety of settings. **Critical Thinking Skills & Communication Skills.**
- Utilize critical thinking skills to determine valid methods of scientific investigation to examine psychological concerns focused at the individual, group, cultural, and global levels of analysis. **Critical Thinking Skills & Communication Skills.**
- Demonstrate critical thinking and quantitative reasoning skills to evaluate research to determine methodological strengths and weaknesses that may affect internal and external validity. **Empirical and Quantitative Skills, Critical Thinking Skills, & Communication Skills.**
- Demonstrate critical thinking skills through scientific inquiry, analysis of the strengths and weakness of consistent and inconsistent findings within the scientific literature, and the synthesis of a defendable conclusion. **Critical Thinking Skills & Communication Skills.**
• Demonstrate critical thinking skills when addressing scientific problems, developing testable hypotheses, operationally defining variables and developing sound research methods, evaluating, results, synthesizing the findings, and drawing valid conclusions from those findings. **Critical Thinking Skills & Communication Skills.**

• Utilize a basic knowledge of quantitative analysis to interpret compiled data and analyze graphs and present the conclusions using effective communication skills. **Empirical and Quantitative Skills.**

• Demonstrate communication skills including effective development, interpretation, and expression of ideas through effective written and visual communication. **Communication Skills.**

• Identify, compare, and contrast influences on the behaviors and experiences of individuals, groups, cultures, global communities. **Social Responsibility, Critical Thinking Skills, & Communication Skills.**

• Demonstrate social responsibility through awareness of cultural and behavioral differences across global communities. **Social Responsibility, Critical Thinking Skills, & Communication Skills.**

### COURSE REQUIREMENTS

#### Course Calendar

Dates may change at the discretion of the instructor. Should a date change be required, it will be announced in the course News. All times listed are Central Standard Time.

<table>
<thead>
<tr>
<th>Week</th>
<th>Module and Assigned Readings</th>
<th>Assignments</th>
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</table>
| Week 1 Aug. 23 | Module 1: Getting Started | • Read content module including Meet Your Professor. Make certain to carefully read the Syllabus, Course Calendar, and How to Succeed in General Psychology. • Watch the video clips the Psychological Appetizer. • Participate in the Student Introductions and Psychology Discussion.  
  o Submit initial post by August 25, 11:59 p.m.  
  o Submit reply by August 28, 11:59 p.m.  
  • Complete the Syllabus Quiz by August 28, 11:59 p.m. |
| Week 2 Aug. 30 | Module 2: What’s Psychology All About? History of Psychology | • Read assigned readings and module content. • Participate in the Fields and Careers in Psychology Discussion.  
  o Submit initial post by September 1, 11:59 p.m.  
  o Submit reply by September 4, 11:59 p.m.  
  • Complete the What’s Psychology All About Assignment by September 4, 11:59 p.m.  
  • Complete the What’s Psychology All About Quiz by September 4, 11:59 p.m. |
| Week 3 Sep. 6 | Module 3: Psychological Research | • Read assigned readings and module content. • Participate in Psychology Research Discussion.  
  o Submit initial post by September 8, 11:59 p.m. |
<table>
<thead>
<tr>
<th>Week 4</th>
<th>Module 4: Biological Psychology</th>
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<tbody>
<tr>
<td>Sep 13</td>
<td>The Brain and Nervous System</td>
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</tbody>
</table>

- Read assigned readings and module content.
- Participate in the Biological Psychology Discussion.
  - Submit initial post by September 15, 11:59 p.m.
  - Submit reply by September 18, 11:59 p.m.
- Complete the Biological Psychology Assignment by September 18, 11:59 p.m.
- Complete the Biological Psychology Quiz by September 18, 11:59 p.m.

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<tr>
<th>Week 5</th>
<th>Module 5: Gender</th>
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<td>Sep 20</td>
<td>Gender</td>
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</table>

- Read assigned readings and module content.
- Participate in the Sexism Discussion.
  - Submit initial post by September 22, 11:59 p.m.
  - Submit reply by September 25, 11:59 p.m.
- Complete the Gender Assignment by September 25, 11:59 p.m.
- Complete the Gender Quiz by September 25, 11:59 p.m.

<table>
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<tr>
<th>Week 6</th>
<th>Module 6: Learning</th>
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<tbody>
<tr>
<td>Sep 27</td>
<td>Conditioning and Learning</td>
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</table>

- Read assigned readings and module content.
- Participate in the Learning Discussion.
  - Submit initial post by September 29, 11:59 p.m.
  - Submit reply by October 2, 11:59 p.m.
- Complete the Learning Assignment by October 2, 11:59 p.m.
- Complete the Learning Quiz by October 2, 11:59 p.m.

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<tr>
<th>Week 7</th>
<th>Module 7: Attention</th>
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<tbody>
<tr>
<td>Oct. 4</td>
<td>Attention</td>
</tr>
</tbody>
</table>

- Read assigned readings and module content.
- Participate in the Divided Attention While Driving and Learning Discussion.
  - Submit initial post by October 6, 11:59 p.m.
  - Submit reply by October 9, 11:59 p.m.
- Complete the Attention Assignment by October 9, 11:59 p.m.
- Complete the Attention Quiz by October 9, 11:59 p.m.
- Complete Midterm Exam by October 9 11:59 p.m.

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<tr>
<th>Week 8</th>
<th>Module 8: Memory</th>
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</thead>
<tbody>
<tr>
<td>Oct. 11</td>
<td>Memory (Encoding, Storage, Retrieval)</td>
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</tbody>
</table>

- Read assigned readings and module content.
- Participate in the Memory Discussion.
  - Submit initial post by October 13, 11:59 p.m.
  - Submit reply by October 16, 11:59 p.m.
- Complete the Memory Assignment by October 16, 11:59 p.m.
- Complete the Memory Quiz by October 16, 11:59 p.m.
| Week 9  | Module 9: Development  | • Read assigned readings and module content.  
  • Participate in the Development Discussion.  
    o Submit initial post by October 20, 11:59 p.m.  
    o Submit reply by October 23, 11:59 p.m.  
  • Complete the Development Assignment by October 23, 11:59 p.m.  
  • Complete the Development Quiz by October 23, 11:59 p.m. |
| Oct. 18 | Attachment Through the Life Course  
  Social and Personality Development in Childhood  
  Cognitive Development in Childhood |
| Week 10 | Module 10: Social Psychology Part I  | • Read assigned readings and module content.  
  • Participate in the Social Psychology Part I Discussion.  
    o Submit initial post by October 27, 11:59 p.m.  
    o Submit reply by October 30, 11:59 p.m.  
  • Complete the Social Psychology Part I Assignment by October 30, 11:59 p.m.  
  • Complete the Social Psychology Part I Quiz by October 30, 11:59 p.m.  
  • BONUS POINTS - Participate in the Banana Revolution Discussion  
    o Submit initial post by November 3, 11:59 p.m.  
    o Submit reply by November 6, 11:59 p.m. |
| Oct. 25 | Conformity & Obedience  
  Prejudice, Discrimination, and Stereotyping |
| Week 11 | Module 11: Social Psychology Part II  | • Read assigned readings and module content.  
  • Participate in Social Psychology Part II Discussion.  
    o Submit initial post by November 3, 11:59 p.m.  
    o Submit reply by November 6, 11:59 p.m.  
  • Complete the Social Psychology Part II Assignment by November 6, 11:59 p.m.  
  • Complete the Social Psychology Part II Quiz by November 6, 11:59 p.m. |
| Nov. 1  | Aggression and Violence  
  Helping and Prosocial Behavior |
| Week 12 | Module 12: Personality Traits and Disorders  | • Read assigned readings and module content.  
  • Participate in the Personality Disorders Discussion.  
    o Submit initial post by November 10, 11:59 p.m.  
    o Submit reply by November 13, 11:59 p.m.  
  • Complete the Personality Traits and Disorders Assignment by November 13, 11:59 p.m.  
  • Complete the Personality Traits and Disorders Quiz by November 13, 11:59 p.m. |
| Nov. 8  | Personality Traits  
  Personality Disorders |
| Week 13 | Module 13: Mood and Anxiety Disorders  | • Read assigned readings and module content.  
  • Participate in the Mood and Anxiety Disorders Discussion.  
    o Submit initial post by November 17, 11:59 p.m.  
    o Submit reply by November 20, 11:59 p.m.  
  • Complete the Mood and Anxiety Disorders Assignment by November 20, 11:59 p.m.  
  • Complete the Mood and Anxiety Disorders Quiz by November 20, 11:59 p.m.  
  • Please Complete End-of-Semester Course Evaluation. |
| Nov. 15 | Mood Disorders:  
  Anxiety and Related Disorders |
<table>
<thead>
<tr>
<th>Week 14</th>
<th>Thanksgiving Break</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov. 22</td>
<td></td>
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<tr>
<th>Week 15</th>
<th>Module 14: It's a Wonderful Life to Live</th>
</tr>
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<tbody>
<tr>
<td>Nov. 29</td>
<td>Therapeutic Orientations</td>
</tr>
<tr>
<td></td>
<td>Positive Psychology</td>
</tr>
<tr>
<td></td>
<td>Happiness: The Science of Well-Being</td>
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</tbody>
</table>

- Read assigned readings and module content.
- Participate in The Pursuit of Happiness Discussion
  - Submit initial post by December 1, 11:59 p.m.
  - Submit reply by December 4, 11:59 p.m.
- Complete the It's a Wonderful Life to Live Assignment by December 4, 11:59 p.m.
- Complete the It's a Wonderful Life to Live Quiz by December 4, 11:59 p.m.
- Please Complete End-of-Semester Course Evaluation.

<table>
<thead>
<tr>
<th>Week 16</th>
<th>FINAL EXAM Week Wrap Up</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 6</td>
<td></td>
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</table>

- Complete Final Exam by December 11, 11:59 p.m.

**Grading Policy:**
Final grades for the course are based on the coursework described below. All grades will be posted in the Brightspace by D2L website.

**Evaluation and Grading:**

<table>
<thead>
<tr>
<th>COURSEWORK</th>
<th>POINTS</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 Weekly Discussions (10 points each)</td>
<td>130</td>
<td>(26%)</td>
</tr>
<tr>
<td>13 Weekly Assignments (10 points each)</td>
<td>130</td>
<td>(26%)</td>
</tr>
<tr>
<td>14 Quizzes (10 points each)</td>
<td>140</td>
<td>(28%)</td>
</tr>
<tr>
<td>Mid-Term Exam</td>
<td>50</td>
<td>(10%)</td>
</tr>
<tr>
<td>Final Exam</td>
<td>50</td>
<td>(10%)</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>500</strong></td>
<td><strong>(100%)</strong></td>
</tr>
</tbody>
</table>

**Grading Scale:**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>450---500</td>
</tr>
<tr>
<td>B</td>
<td>400---449</td>
</tr>
<tr>
<td>C</td>
<td>350---399</td>
</tr>
<tr>
<td>D</td>
<td>300---349</td>
</tr>
<tr>
<td>F</td>
<td>0---299</td>
</tr>
</tbody>
</table>

**Weekly Discussions:** Weekly discussions will take place at various intervals throughout the course and can be accessed either in the associated learning module or in the navigation bar above by selecting Course Tools, then Discussions. The Main Forum of the discussion board will
be visible for all students throughout the semester. Each discussion is comprised of material from weekly reading topics and learning modules.

In a discussion, you must post your own response to the prompt and, if required, respond to other students. "I agree" is not a response to another student that will merit points; this may be how you feel, but it doesn't require much depth of thought on your part. Responses must be substantive and reflect critical thought and engagement with the course material. Feel free to reply to other students' postings with oppositional points of view, but you must speak respectfully. **Initial discussion posts must be made by each Wednesday so that replies can be made by each Saturday.**

Please remember that the discussion board is an academic environment and should be treated as such; proper grammar, spelling, and syntax are expected. Though your postings should be of sufficient length to properly answer each question, your grade will be based not on the length of your postings (unless specifically noted) but on your active participation and the content of your messages. Note that while you may not fully understand each module's content, discussions can be a good way to help yourself and your fellow students to make sense of them. Thoughtful, appropriate questions about the content carry value and reflect critical thought.

For each discussion, you must make a post and reply to **at least two other students’ posts.** Points may be deducted from discussion grades for the following reasons:
1. Your initial post is not made by Wednesday night.
2. You do not reply to at least two other students each week.
3. Discussion post offers **too vague of an opinion.**
4. The post has **grammatical and spelling errors.**
5. You are only **re-stating what your classmates have already mentioned** without adding your own unique interpretation.
6. You are **not using relevant course concepts and terms** in your discussion post.
7. For your reply, you just state “I agree” or “I disagree.”

**Weekly Dropbox Assignments and Discussion Questions:** Weekly assignments will take place at various intervals throughout the course and can be accessed either in the associated learning module or in the navigation bar above by selecting *Course Tools,* then *Dropbox.* Please read the instructions in each assignment carefully. Each assignment will contain a *MS Word* document and Rich Text Format (RTF) document with several discussion questions over the assigned reading topics and learning modules. Please download the document, type your answers in the document, save the document on your computer, and then upload your completed assignment to Dropbox. All assignments must be submitted as MS Office document (.docx, etc) or as RTF.

*Note - All students have access to *Office 365* through *mySFA.*

*Note – Every *Dropbox* assignment is automatically evaluated by *TurnItIn* for plagiarism and it identifies plagiarism very easily. With over 26 years of teaching experience, I can identify plagiarism fairly easily as well. So, do not plagiarize your assignments (for example, copying another student’s work (allowing others to copy you work) and/or copying from other sources without citing the source in order to give credit to the original author). Please answer the
questions in your own words. I’m more interested in how well you synthesize, analyze, and understand the course material, not how well you can copy others’ words.

Weekly Quizzes: Weekly quizzes will take place at various intervals throughout the course and can be accessed either in the associated learning module or in the navigation bar above by selecting Course Tools, then Quizzes. Each quiz is comprised of material from weekly reading topics and learning modules.

Mid-Term and Final Exams: The mid-term exam is a comprehensive exam given over information learned from assigned reading topics and learning modules from the beginning of the semester to mid-term. Like the mid-term exam, the final exam is comprehensive to the extent that it is given over information learned from assigned reading topics and learning modules from the mid-term to the end of the semester.

Guidelines for the Course

1. Attendance and Late Work Policy
   Students are expected to actively engage in weekly learning modules. Each discussion, assignment, and quiz is open for one week (7 days) plus a one-day Grace Period on Sunday. Sunday is not late and there is no penalty for Sunday Grace Day submissions. I do not allow or accept late work. As you have elected to enroll in an online course, it is your responsibility to acquire a consistent, stable, dependable computer and internet connection with which to complete the assignments for the course by the deadlines indicated on the Course Calendar. It is not the responsibility of the instructor to provide additional time for assignments or exams or an alternative means of completing the course due to technological issues on your part. Just as it is your responsibility to acquire and maintain adequate transportation to attend a face-to-face course, it is your responsibility to secure the technological means to participate in and complete this course.

2. Academic Integrity
   Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism. All forms of academic dishonesty will be dealt with seriously and immediately. Please respect SFASU, yourself and me enough not to participate in academic dishonesty.

   Definition of Academic Dishonesty
   Academic dishonesty includes both cheating and plagiarism. Note – Every Dropbox assignment is automatically evaluated by TurnItIn for plagiarism and it identifies plagiarism very easily. So, do not plagiarize your assignments. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1)
submitting an assignment as if it were one's own work when, in fact, it is at least partly
the work of another; (2) submitting a work that has been purchased or otherwise obtained
from an Internet source or another source; and (3) incorporating the words or ideas of an
author into one's paper without giving the author due credit.
Please read the complete policy at http://www.sfasu.edu/policies/student-academic-
dishonesty-4.1.pdf.

3. Course Grades Policy - Withheld Grades and Final Grade Appeals
Ordinarily, at the discretion of the instructor of record and with the approval of the
academic chair/director, a grade of WH will be assigned only if the student cannot
complete the course work because of unavoidable circumstances. Students must complete
the work within one calendar year from the end of the semester in which they receive a
WH, or the grade automatically becomes an F. If students register for the same course in
future terms the WH will automatically become an F and will be counted as a repeated
course for the purpose of computing the grade point average. Please read the complete
Course Grades Policy at http://www.sfasu.edu/policies/course-grades-5.5.pdf. Please read
the complete Final Course Grade Appeals by Students Policy at
http://www.sfasu.edu/policies/final-course-grade-appeals-by-students-6.3.pdf

4. Students with Disabilities
These disabilities could consist of physical, psychiatric, and/or learning impairments. To
obtain disability related accommodations, alternate formats and/or auxiliary aids, students
with disabilities must contact the Office of Disability Services (ODS), Human Services
Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the
semester. Once verified, ODS will notify the course instructor and outline the
accommodation and/or auxiliary aids to be provided. Failure to request services in a
timely manner may delay your accommodations. For additional information, go to
http://www.sfasu.edu/disabilityservices/.

5. Diversity of Views
Topics in this course will be accompanied by discussion and/or debate. You are expected
to be respectful of the opinions and views of others. Enlightened discourse is encouraged,
but be aware that not everyone views the world through the same lens. Disagreement is
inevitable, but successful communication requires that each individual respects the
diversity of views.

6. Acceptable Student Behavior
Online course behavior should not interfere with the instructor’s ability to conduct the
course or with the ability of other students to learn from the instructional program (see
the Student Conduct Code, policy 10.4: http://www.sfasu.edu/policies/student-code-of-
conduct-10.4.pdf). Discourteous, hostile, or disparaging online remarks or behavior will
not be tolerated. It is essential to listen to and consider others’ opinions and viewpoints in
an unbiased manner even if you do not agree, and if you respond, to do so politely,
extaining the rationale for your opinion. The expectation is that students will conduct
themselves in a mature, civil manner, and will display respectfulness at all times toward
classmates and the professor.
**Student Health**
SFASU values students’ mental health and the role it plays in academic and overall student success. SFA provides a variety of resources to support student’s mental health and wellness. Many of these resources are free, and all of them are confidential.

**On-campus Resources:**
**SFASU Counseling Services**
[www.sfasu.edu/counselingservices](http://www.sfasu.edu/counselingservices)
Rusk Building, 3rd Floor
936-468-2401

**SFASU Human Services Counseling Clinic**
[www.sfasu.edu/humanservices/139.asp](http://www.sfasu.edu/humanservices/139.asp)
Human Services, Room 202
936-468-1041

**Crisis Resources:**
Burke 24-hour crisis line 1(800) 392-8343
Suicide Prevention Lifeline (800) 273-TALK (8255)
Crisis Text Line: Text HELLO to 741-741