Abnormal Psychology
PSY 375.002
Spring, 2020

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Office Hours:  (MW 10:00 – 1:00) (Friday 9:00 – 11:00)

Class Meets:  TR 2:00 – 3:15  263 ED

Text & Materials:  Abnormal Psychology (Seventeenth Edition) : Hooley, Butcher, Nock, & Mineka

Course Description:  Abnormal Psychology encompasses theories and research on the incidence, classification, etiology, and treatment of abnormal behaviors. Prerequisite: PSY 133 or 143.

375 “Abnormal Psychology” (3 credits) is designed to introduce students to the study of abnormal psychology by covering theories and research on the incidence, classification, etiology and management of abnormal behaviors. The course typically meets 150 minutes a week in two 75-minute segments or three 50-minute segments for 15 weeks. Students typically have significant weekly reading assignments, writing assignments, are expected to take regular tests, and a final examination. These activities average at a minimum 6 hours of work each week to prepare outside of classroom hours. Online course sections contain extensive written content that includes the same information students in a face-to-face lecture sections receive, requiring students to engage the online modules for at least three hours per week. For every hour a student spends engaging with the online content, he/she spends at least two hours completing associated activities and assessments.

Course Requirements:

1.  Students will read all of the chapters covered in class.
2.  Students will participate in class discussions
3.  Students will take four fifty-question multiple choice format exams.
Program Learning Outcomes

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<thead>
<tr>
<th>PLO</th>
<th>Proficiency Level</th>
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<tr>
<td>The student will demonstrate familiarity with the major concepts,</td>
<td>Advanced</td>
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<tr>
<td>theoretical perspectives, empirical findings, and historical</td>
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<td>trends in psychology.</td>
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<td>The student will understand and apply basic research methods</td>
<td>Advanced</td>
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<td>in psychology, including research design, data analysis, and</td>
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<tr>
<td>interpretation.</td>
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<td>The student will respect and use critical and creative thinking,</td>
<td>Advanced</td>
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<td>skeptical inquiry, and, when possible, the scientific approach to</td>
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<td>solve problems related to behavior and mental processes.</td>
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<td>The student will understand and apply psychological principles to</td>
<td>Mastery</td>
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<td>personal, social, and organizational issues.</td>
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<tr>
<td>The student will value empirical evidence, tolerate ambiguity,</td>
<td>Advanced</td>
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<td>act ethically, and reflect other values that are the underpinnings</td>
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<td>of psychology as a science.</td>
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Student Learning Outcomes

1. Demonstrate familiarity with the diagnostic criteria for each of the psychological disorders covered in the class.

2. Demonstrate knowledge of possible causal factors for each disorder as well as their supporting psychological theories.

3. Describe different treatment modalities and theories behind each of the approach modalities (e.g., psychoanalysis, cognitive-behavioral therapy)

4. Become a more informed consumer regarding the different mental health disciplines and services

At the end of certain semesters Students will be responsible for completing an end-of-the-semester written assessment. We will go over the details in class, and I will provide directions on d2l, later in the semester.

Academic Integrity (A-9.1)

Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.
**Definition of Academic Dishonesty**

Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one's own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one's paper without giving the author due credit.

Please read the complete policy at http://www.sfasu.edu/policies/academic_integrity.asp

**Acceptable Student Behavior**

Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy D-34.1). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.

**Withheld Grades Semester Grades Policy (A-54)**

Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.
**Students with Disabilities**

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/).

**Attendance Policy:** Regular attendance is expected. Exam questions may be selected from readings, videos, and/or class discussions. Consequently, absences can negatively affect a student’s performance on exams. If a student misses a class (s)he is responsible for obtaining lecture notes from a classmate. There are no make-up exams (the exception is for athletes and other students traveling on exam days to compete or perform, and who have university-excused absences).

**Course Calendar/Exam Schedule**

All students MUST take every exam on SFASU campus, in a manned computer lab, in the SFASU library, using one of the computers provided in that lab. If I see that a student’s submission does not have an SFASU IP address, the student will be penalized ten (10) points on the exam(s).

**Exam # 1:**  
Chapter 1 – Abnormal Psychology Overview  
Chapter 3 - Causal Factors & Viewpoints  
Chapter 4 - Clinical Assessment & Diagnosis  

**Thursday, February 13th**

**Exam # 2:**  
Chapter 6 – Panic, Anxiety, Obsessions, & Their Disorders  
Chapter 7 – Mood Disorders & Suicide  
Chapter 8 – Somatic Symptom & Dissociative Disorders  

**Thursday, March 19th**

**Exam # 3:**  
Chapter 10 – Personality Disorders  
Chapter 11 – Substance-Related Disorders  

**Tuesday, April 14th**
Exam # 4:

Chapter 12 – Sexual Variants, Abuse, & Dysfunctions (Paraphilias)
Chapter 13 - Schizophrenia & Other Psychotic Disorders
Chapter 15 – Disorders of Childhood & Adolescence

Thursday, April 30th

Extra Credit Option: Some students may opt for earn up to ten (10) points which will be added to an exam grade NOT the total grade. To do so, the student may write a literature review over several articles related to a topic discussed in class, and approved by me. The deadline for topic approval is Thursday, March 5th, the paper is due no later than the last day of class (Thursday, April 30th). The paper must be between five and seven pages in length. Students must use standard twelve-point font, doubled-spaced lines, and normal-width margins. All articles used must be properly referenced. I will only accept hard copies of the literature reviews. MLA is fine.

Grading Policy: Finals grades will be calculated based on the total number of points the student obtained from the four exams.

A = 89.5-100  B = 79.5-89.4  C = 69.5-79.4  D = 59.5-69.4  F = 59.4 and below

This grade breakdown is final. Please do not request a change in grade.

Make Up Policy: There will be no makeup exams. The only exception to this rule is for students who have a formal (in writing) university excused absence.

If a student misses an exam due to illness or personal emergency, that student’s final grade will be calculated based on three exams and the other required points only if the student provides documentation to support the reason for the absence. If a student misses more than one exam, the final grade will be an F.