PSY 153: Human Sexuality
Section 002
Stephen F. Austin State University
Spring 2020

Professor:
Dr. Dusty Jenkins
Department of Psychology
Office: 215C McKibben Education Building
Email: JenkinsDD1@sfasu.edu
Phone: 936-468-1432
Please do not email the professor via D2L as the professor does not check D2L.

Professor’s office hours:
Mondays and Wednesdays 2:30-4:30pm
Tuesdays and Thursdays 3:30-4:30pm
Or by scheduled appointment

Graduate Assistant (GA):
GA’s name:
GA’s office hours:
GA’s office location:
GA’s contact info:

Class Time & Location:
Tuesdays and Thursdays 2:00-3:15pm; McKibben Education Building 269

Course Textbook:
Our Sexuality (13th edition), by Robert Crooks & Karla Baur

Course Description:
3 semester hours. Psychology of sexual behavior as related to social conduct.

Program Learning Outcomes (PLOs):

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<th>PLO:</th>
<th>Proficiency Level:</th>
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<td>1. The student will demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.</td>
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<td>2. The student will understand and apply basic research methods in psychology, including research design, data analysis, and interpretation.</td>
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<td>3. The student will respect and use critical thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.</td>
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<td>4. The student will understand and apply psychological principles to personal, social, and organizational issues.</td>
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Student Learning Outcomes (SLOs):
By the end of this course, students with a passing grade should be able to...

1. identify the various influences on sexuality.
2. articulate how sex research is conducted and how the research can be used to inform public policy regarding human sexuality.
3. demonstrate knowledge in key areas of human sexuality, including sexual anatomy and functioning, sexually transmitted infections, typical and atypical sexual behaviors, and reproductive options.
4. make informed decisions about their own sexuality.

Course Policies and Expectations

A Word of Warning:
This course relies, in part, on the use of explicit visual teaching aids. Every effort is made to present those materials in a mature and/or scientific manner. A person who would be offended by frank discussions and/or visual portrayals of human sexual anatomy or behavior is not a good candidate for this class. Also, some people might be especially sensitive to some of the topics, for example sexual assault. Please look over the course schedule and textbook to familiarize yourself with the course topics and decide if this is indeed a course you wish to take.

Civility in the Classroom:
This class involves sensitive topics. You should help to make the classroom a safe place to discuss opinions by presenting your ideas in a mature way and by being nonjudgmental while listening to others’ opinions. Although personal reflections about course material are encouraged, it is inappropriate to share long, detailed personal stories in this class. Further, please do not share others’ personal experiences without their consent. Finally, you should avoid private conversations with your neighbors during class. Although the material might be interesting, having side conversations with your neighbor is distracting to others around you. The professor will give students ample opportunities to discuss materials with peers during class. Please save your discussions for these times.

You are expected to maintain a classroom environment that is conducive to learning. Disruptive, distracting, or disrespectful behavior will not be tolerated. Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy 10.4). Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic, or other penalties. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom.

Note about Communication: Information that you share with the professor both verbal and nonverbal may be reiterated to other university professionals as necessary (e.g., threats to self or others, certain instances of assault, poor class attendance or performance, etc.).

Student Resources: There are great student resources available on campus! Please take advantage of these as needed. Here are just a few that you might find of interest:

Counseling Services, 3rd floor of Rusk, 936.468.2401
Family Crisis Center, 3rd floor of McKibben, 936.468.7233
The Health Clinic, corner of Raguet & E. College St., 936.468.4008
Food Pantry, 3rd floor of Student Center, 936.468.1088

Computer and Cell Phone Use during Class:
Computers and cell phones are allowed during class but only for the sole purpose of taking notes.
Recording Lectures:
Students are not permitted to record class lectures or to take photos in class unless a student has a documented need to do so as indicated by the Office of Disability Services. Failure to follow this policy or the above policy could result in removal from the class.

Tardiness:
Coming late to class is disrupting to students as well as to the professor. If habitual tardiness proves to be a problem for you, then you will be warned once; every additional tardy after your warning will result in a loss of 5 points from your final grade in the class. However, with that being said, if instances occasionally arise when you are running late for class, it is better to arrive late than to not attend at all.

Missing Class:
You should make every effort to attend class. If you are unable to attend class you do not need to let the professor know (with the exception of quiz or exam days – see make-up policies below). The professor does not provide copies of the PowerPoint lectures to students; therefore, if you miss class, it is your responsibility to get the notes and any class announcements from a classmate, not the teacher. You are held accountable for keeping up with class information whether you’re present in class or not. To help you with this, you may want to write down some of your classmates’ contact information below.

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<tr>
<th>Name</th>
<th>Email</th>
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Make-up Exams:
If you are ill or have an emergency on the day of the syllabus quiz or on any exam day and won’t be able to make it to class, you must meet two requirements in order to be eligible to take a make-up quiz or exam. 1) You must inform the teacher no later than the start of class that you will be absent and state the reason for your absence. If you fail to notify the professor either by phone, email, or in person, before she hands out the exam to the class, you will not be eligible to take a make-up exam. 2) In addition, students must have a formal excuse. A make-up exam will be scheduled as soon as is reasonably possible depending on the circumstances, and a formal excuse will be required at that time. If you do not bring your excuse to the make-up exam, you will not be able to take the exam.

On the other hand, if you know ahead of time that you will be absent on an exam day, please speak with the teacher and make arrangements to take the exam before the regularly scheduled date listed in the syllabus.

Late Assignments:
Late assignments are not accepted for any reason. If you fail to complete an assignment by the due date, you will get a zero for that assignment.

Student Academic Dishonesty:
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

Definition of Academic Dishonesty: Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one's own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one's paper without giving the author due credit.
Penalties for academic dishonesty may include, but are not limited to, reprimand, no credit for the assignment or exam, resubmission of the work, make-up exam, failure of the course, or expulsion from the university. A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3). Please visit http://www.sfasu.edu/policies/4.1-student-academic-dishonesty.pdf for the complete policy about academic dishonesty. **In this class, all violations of academic dishonesty in this course will be enforced to the fullest extent.**

**Withheld Grades:**
At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

**Disputes about Course Grades:**
In the event of a grade dispute, it is the student’s responsibility to prove that a grade has been calculated incorrectly. Hence, you should keep a record of all of your graded assignments. Please refer to university policy: http://www.sfasu.edu/policies/final-course-grade-appeals-by-students-6.3.pdf

**Students with Disabilities:**
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 / 936-468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

**Course Requirements**

**Syllabus Quiz:**
There will be an open note syllabus quiz on the third day of class. This is intended to make sure that students have read and understand the syllabus and the expectations that go along with it.

**Research Participation (R-points):**
Students in 100-level psychology courses are expected to earn 12 research points (R-Points) by participating in psychological studies or completing a comparable alternative assignment. The purpose of this requirement is to allow students the opportunity to participate in and learn about real research to help them better understand theories and principles described in class. Students should sign up for an account and to participate in studies through the Department of Psychology’s SONA Software (http://sfasu.sona-systems.com). Participants earn 1 R-point for every 30 minutes of participation. **Students who have an objection to participating in psychological research or who will not turn 18 before the end of the semester may opt to complete an alternative assignment to fulfill their R-point requirement.** The alternative assignments will be announced in class. The same deadlines apply to the alternative assignment. **Students can complete regular R-points, alternate R-points, or a combination of both to meet the R-points requirements.**

Some important notes about research participation:

1. There are two deadlines for R-points. You must complete at least one of your R-points by the first R-point deadline. You must complete the remaining R-points by the final R-points deadline.
2. Please try to earn about half of your R-points from in-person (also called lab) studies (typically in the McKibben Building), and the other half from online studies. This is a request, not a requirement, and does not apply to the alternate R-point assignment.
3. It is essential that you sign up only for studies for which you are eligible (if it says ‘psychology majors only’ but you are a physics major, you are NOT eligible). There are a variety of studies from which to choose. Pick ones that you are interested in and that fit your schedule.
4. It is not acceptable to miss class due to participation in a study.
5. If you sign up for a study, you are expected to attend that study. If you’d like to cancel, please do so online at least 24 hours in advance.

**Important:** If you are enrolled in another 100 level psychology class then you do not need to complete 12 R-points for each 100 level class; you only need 12 R-points total for the semester. If you do regular R-points, you can sign up on SONA to have your studies apply to both classes; if you do alternate R-points you will need to ask Dr. Jenkins to send a curtesy email to the other instructor to let them know that you earned alternate R-points.

**Exams:**
You will have five exams in multiple choice format. Anything discussed in class or assigned as reading material is likely to show up on the exam. Therefore, it is imperative that you attend class and read the assigned chapters in the textbook. Exams will primarily include material since the previous exam but could include material from earlier in the semester as well. You will have the entire class time to take the exam. Please note: **Breaks during the test are not permitted. If you leave the classroom, you will not be able to resume taking the test.** If you arrive late on an exam day, you will only have until the end of the class time to complete the test.

**Extra Credit:**
Students may earn extra credit simply by earning all of their R-points early in the semester. If R-points are completed in full by **Tuesday, April 7th** then students will receive 6 extra credit points.

**Point Values (300 total points)**

- 10 points Syllabus quiz
- 10 points First R-point deadline
- 30 points R-points: 12 at 2.5 points each
- 50 points Exam 1
- 50 points Exam 2
- 50 points Exam 3
- 50 points Exam 4
- 50 points Exam 5

**Grade Distribution:**

- A = 268.5 or above
- B = 238.5 to 268 points
- C = 208.5 to 238 points
- D = 178.5 to 208 points
- F = 0 to 178 points

**Note:** Final grades are firm! This means that I will not round up your grade for any reason. Do not even ask. You can view your grades throughout the semester by logging onto your Desire2Learn account at: https://d2l.sfasu.edu.
**Tentative Class Schedule**

Any necessary changes will be announced in class, or via official SFA communication routes (e.g., email, text, D2L).

PSY 153 “Human Sexuality” (3 credits) is designed to introduce students to the study of human sexuality by covering the psychology of sexual behavior as related to social conduct. The course typically meets 150 minutes a week in two 75-minute segments for 15 weeks, and also meets for a 2.5-hour final examination period. Students typically have significant weekly reading and/or other out-of-class assignments, and are expected to take regular tests and a final examination. These activities average at a minimum 6 hours of work each week to prepare outside of classroom hours.

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<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Coverage</th>
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<tbody>
<tr>
<td>Thurs 1/16</td>
<td>Intro to Course</td>
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<tr>
<td>Tues 1/21</td>
<td>Ch. 1 – Perspectives on Sexuality</td>
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<td>Thurs 1/23</td>
<td>Syllabus Quiz; Ch. 2 – Sex Research: Methods and Problems</td>
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<td>Tues 1/28</td>
<td>Ch. 3 &amp; 4 – Sexual Anatomy and Physiology</td>
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<td>Thurs 1/30</td>
<td>Ch. 3 &amp; 4 – Sexual Anatomy and Physiology</td>
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<td>Tues 2/4</td>
<td>Exam 1</td>
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<td>Thurs 2/6</td>
<td>Ch. 6 – Sexual Arousal and Response</td>
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<td>Tues 2/11</td>
<td>Ch. 7 – Love and Communication in Intimate Relationships</td>
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<tr>
<td>Thurs 2/13</td>
<td>Ch. 7 – Love and Communication in Intimate Relationships</td>
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<td>Tues 2/18</td>
<td>Ch. 17 – Sexual Coercion</td>
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<td>Thurs 2/20</td>
<td>Ch. 17 – Sexual Coercion/Intimate Partner Violence</td>
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<td>Tues 2/25</td>
<td>Exam 2</td>
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<td>Thurs 2/27</td>
<td>Ch. 5 – Gender</td>
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<td>Tues 3/3</td>
<td>Ch. 5 – Gender</td>
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<td>Thurs 3/5</td>
<td>Ch. 9 – Sexual Orientations</td>
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<tr>
<td>Tues 3/17</td>
<td>Ch. 9 – Sexual Orientations</td>
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<td>Thurs 3/19</td>
<td>Ch. 8 – Sexual Behaviors; <strong>First R-point deadline</strong></td>
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<td>Tues 3/24</td>
<td>Exam 3</td>
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<td>Thurs 3/26</td>
<td>Ch. 10 – Contraception</td>
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<td>Tues 3/31</td>
<td>Ch. 15 – Sexually Transmitted Infections</td>
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<td>Thurs 4/2</td>
<td>Ch. 12 – Sexuality During Childhood</td>
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<td>Tues 4/7</td>
<td>Ch. 12 – Sexuality During Adolescence; <strong>Deadline to complete R-points for extra credit</strong></td>
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<tr>
<td>Tues 4/14</td>
<td>Ch. 12 – Sexuality During Adolescence</td>
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<td>Thurs 4/16</td>
<td>Exam 4</td>
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<td>Tues 4/21</td>
<td>Ch. 13 – Sexuality and the Adult Years</td>
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<tr>
<td>Thurs 4/23</td>
<td>Ch. 13 – Sexuality and the Adult Years</td>
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<td>Tues 4/28</td>
<td>Ch. 14 – Sexual Difficulties and Solutions</td>
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<td>Thurs 4/30</td>
<td>Ch. 16 – Atypical Sexual Behavior; <strong>Final deadline to complete all R-points</strong></td>
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<tr>
<td><strong>Tues 5/5</strong></td>
<td>(Final) Exam 5 from 1:30-4:00pm</td>
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