Instructor: Shelby L. Gibbs  
Credits: 1 hr. Course

Time & Location: TR 9:30-10:45 AM  
@ Texas Pro Bowl

Email: gibbssl@jacks.sfasu.edu

Office Hours: W 2:30-3:30, Th 12:00-2:00  
Office: EDAN 108

Prerequisites: None

I. Course Description:

This course is a fitness and activities class, in which the students are required to participate in the assigned group exercise activity. The basic instructional format for this class will be an introduction to the game of bowling.

KIN 115 is a physical activity-based class that meets for 150 minutes each week for 8 weeks. Outside class assignments consist of reading assignments, journaling, studying for exams, and practicing physical skills to achieve proficiency. The outside class assignments would require at least 2 hours of outside work each week. There will be a course fee of $30 per student.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):

Student Learning Objectives:

1. Develop basic skills needed to bowl effectively.
2. Attain knowledge of the rules of bowling and learn to manually keep score.
3. Development of proficiency and consistency in the execution of the various facets of the swing approach to the foul line, and delivery in bowling.
4. To learn and utilize proper bowling etiquette.

III. Course Assignments, Activities, Instructional Strategies, Use of Technology:

Daily Participation:

- Student MUST bring socks to class. Students will not be allowed to participate without socks.
- Students will select a ball and get shoes at the beginning of each class.
- Students will practice the proper etiquette & technique of bowling each day in class.
- Each student is responsible for returning his or her own ball and shoes once class is dismissed.
• Students must wear appropriate clothing for bowling class.
• Cell phones are NOT to be out during class.

IV. Evaluation and Assessments (Grading):

<table>
<thead>
<tr>
<th>DATE</th>
<th>SCHEDULE</th>
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<tbody>
<tr>
<td>January 16</td>
<td>First Day of Class: Review Syllabus &amp; Course Overview</td>
</tr>
<tr>
<td>January 21 &amp; 23</td>
<td>Lane Rules, Bowling Etiquette, &amp; Terminology</td>
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<tr>
<td>January 28 &amp; 30</td>
<td>Ball Selection, Grip, Stance, Approach, Release, Follow Through, Delivery</td>
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<tr>
<td>February 4 &amp; 6</td>
<td>Scoring &amp; Handicap</td>
</tr>
<tr>
<td>February 11 &amp; 13</td>
<td>Analysis of Movement</td>
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<tr>
<td>February 18 &amp; 20</td>
<td>Skills Practice &amp; Scoring</td>
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</tbody>
</table>
1. Quizzes will be 5-10 questions taken from current topics discussed in classes. Quizzes are on D2l. Make up quizzes will not be allowed.

2. Skills Test

Students will be required to bowl two games, manually calculate their score, and determine their handicap.

3. Notebook

Students will be required to keep a notebook with all of their daily score pages, graded quizzes, etc. The notebooks will be turned in at the time of the final and can be picked up after final grades have been reported.

4. Final

The final will be a written multiple-choice exam of around 30-40 questions taken from material presented during lectures. Final exam will be on D2l during regular class time.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Value</th>
<th>Grading Scale</th>
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<tbody>
<tr>
<td>Participation</td>
<td>50</td>
<td>A ≥ 89.55%</td>
</tr>
<tr>
<td>Quizzes</td>
<td>25</td>
<td>B= 89.54%-79.55%</td>
</tr>
<tr>
<td>Notebook</td>
<td>20</td>
<td>C= 79.54%-69.55%</td>
</tr>
<tr>
<td>Skill Tests</td>
<td>25</td>
<td>D= 69.54%-59.55%</td>
</tr>
<tr>
<td>Final</td>
<td>30</td>
<td>F ≤ 59.54%</td>
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</tbody>
</table>

V. Tentative Course Outline/Calendar:

<table>
<thead>
<tr>
<th>February 25 &amp; 27</th>
<th>Skills Practice &amp; Scoring</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 3</td>
<td>FINALS WEEK</td>
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</table>

FINALS WEEK
VI. Course Evaluations:
Near the conclusion of each semester, students in the Perkins College of Education electronically evaluate courses taken within the PCOE. Evaluation data is used for a variety of important purposes including: 1. Course and program improvement, planning, and accreditation 2. Instruction evaluation purposes 3. Making decisions on faculty tenure, promotion, pay, and retention.

As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the PCOE faculty is committed to excellence in teaching and continued improvement. Therefore, your response is critical!

In the Perkins College of Education, the course evaluation process has been simplified and is completed electronically through MySFA. Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and anonymous, and will not be available to the instructor until after final grades are posted.

VII. Student Ethics and Other Policy Information
Class Attendance and Excused Absence: Policy
6.7
Regular, punctual attendance, documented participation, and, if indicated in the syllabus, submission of completed assignments are expected at all classes, laboratories, and other activities for which the student is registered. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student’s attendance and participation as well as note this information in required reports and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences.

Attendance
A. It is the student’s responsibility for assuring credit for attendance for each meeting. If you arrive after the roll is checked, you should notify the instructor before the end of the class period so the absence can be changed. Otherwise, if it is not cleared during that class period, it will remain an absence.

B. Excused absences
1. Absence due to illness – must present a doctor’s excuse.
2. Absence due to a school sponsored trip – instructor should be notified in advance of absence.
3. Absence due to military service (i.e. National Guard drill).
4. **ALL EXCUSED ABSENCES MUST BE PROPERLY DOCUMENTED AND PRESENTED TO THE INSTRUCTOR IMMEDIATELY UPON RETURNING TO CLASS. OTHERWISE, THE ABSENCE WILL BE CONSIDERED UNEXCUSED.**

**C. Computation of the class participation/effort grade**

1. Each person will start with 50 points for the attendance and participation/effort grade.
2. You are given one “free” unexcused absence for personal business.
3. After the second unexcused absence, every absence will result in 5 points being deducted from the attendance and participation/effort grade. **After the 3rd unexcused absence (4th unexcused include the 1 “free” unexcused absence), you will receive an automatic F for the course regardless of grades already earned in the course. You MUST participate in class to receive university credit for this course.**

4. If a student is 10 minutes late to class that student will be marked absent.

5. 5 points will be deducted for not dressing properly.

6. 10 points will be deducted for each occurrence of lack of effort, not listening, not following directions, or having a poor attitude. A “poor attitude” as used in this policy refers to an individual who constantly complains, is negative, or uses profanity.

**Students with Disabilities (Policy 6.1 and 6.6)**

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004/468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

**Academic Integrity (Policy 4.1)**

Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism. Definition of Academic Dishonesty Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to: - using or attempting to use unauthorized on any class assignment or exam; - the falsification or invention of any information, including citations, on an assigned exercise; and/or - helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism include, but are not limited to; - submitting an assignment as if it were one’s own work when it is at least partly the work of another person; - submitting a work that has been purchased or otherwise obtained from the Internet or another source; and/or, - incorporating the words or ideas of an author into one’s paper without giving the author due credit.

Please read the complete policy at
Withheld Grades (Policy 5.5)

Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot
complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which the WH is assigned, or the grade automatically becomes an F. If students register for the same course in future terms, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

**Acceptable Student Behavior (Policy 10.4)**
Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy D34.1). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.

**VIII. Other Relevant Course Information**

**MAKE-UP OPPORTUNITIES** The skills test and written exams/quizzes can be made-up ONLY for EXCUSED ABSENCES. (See Attendance Policy 6.7)

**UNIFORM** You are required to wear clothing appropriate for the activity of bowling. Please dress appropriately for class. Socks are REQUIRED. No student will be allowed to bowl without socks. Bowling shoes must be worn and will be provided by the bowling facility.

**MEDICAL COVERAGE** The University, nor the Kinesiology and Health Science Department, provides medical coverage for injuries or illnesses which occur from participating in this course. It is the individual’s responsibility to provide their own medical coverage.

**INCLIMENT WEATHER** Class will not be cancelled in the event of bad weather.

**IX. Students with Documented Disabilities**

Students with disabilities are to obtain a disability-related accommodations and/or auxiliary aids, students with disabilities contact the Office of Disability services, Human Services bldg., Room 325, 468-3004/468-1004 (TTD) as early as possible in the semester. Once verified, DS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. **Syllabus is subject to instructor changes or modification.**