Stephen F. Austin State University
Department of Kinesiology and Health Science/Dance Program

CRN 29734, DAN 302L-1 Advanced Ballet
Spring 2020

Instructor: Heather Samuelson      Course Time & Location: MW 11-12:30, HPE 201
Office: HPE 211                   Office Hours: MW 1-3p, Tues 8-10a
Office Phone: 936 468-1614         Credits: 2
Department Phone: 936 468-3503     Email: Samuelsoh@sfasu.edu

Prerequisites: Ballet II or the equivalent.

I. Course Description:

Ballet III is a physical class in which students learn the fundamentals of Ballet technique at an advanced level. This class is geared toward dance majors/minors, or those having a significant amount of Ballet training. This course does require that the student has already obtained an understanding of Ballet technique and developed movement skills. Please note that there is a $10.00 fee assessed to this class.

Students should expect a response to emails and phone calls within 24-48 hours from their contact efforts. This is only available Monday through Friday.

The James I. Perkins College of Education is committed to proactively recruiting and retaining a diverse faculty, staff, and student population. Through open dialogue, mutual respect, and shared responsibility, faculty, staff, and students will demonstrate an understanding and sensitivity to ethnicity, race, gender, exceptionalities, culture, language/dialect, age, social class, family structure, sexual orientation, religion, and spiritual values in order to enhance the quality of life in a diverse, global community.

Course Justification:

Ballet III (2 credits) is a dance technique course that meets between 150-270 minutes per week for 15 weeks. Course assessments are movement combinations to be practiced, memorized, and performed during summative assessment periods. Students are expected to practice combinations between class sessions. Readings, Vocabulary & terminology, and critical analysis papers also require additional study of the required and
recommended texts. Students are also tested on the material given in class, and throughout the texts. This equates to 2 hours per week outside of class per credit hour.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):

These goals support and reflect the College of Education’s Vision, Mission, and Core Values in that they equip those candidates seeking “to achieve professional excellence” with the knowledge, skills, and disposition that “prepare competent, successful, caring, and enthusiastic professionals dedicated to responsible service, leadership, and continued professional and intellectual development”. This course supports the Dance Program Mission Statement related to achieving a high level of creative potential. The complete listing of the standards associated with the PLOs, SLOs, assignments, and assessments are located on the PCOE website.

Program Learning Outcomes:

1. Dance Technique The student will be able to execute intermediate/advanced level ballet, modern dance and jazz dance techniques. (Active)

2. Dance Production The student will be able to Identify and apply production values necessary for concert dance, including lighting, sound, costuming, and publicity. (Active)

3. Choreography The student will be able to identify, distinguish and apply the variety of choreographic devices, structures and forms used in contemporary concert dance. (Active)

4. Dance Kinesiology The student will be able to apply concepts of dance kinesiology to performance and analysis of dance movement. (Active)

5. Rhythmic Analysis The student will be able to identify variations in rhythmic patterns and elements of music such as accents, beats, and phrasing as applied to dance movement. (Active)

6. Dance History The student will identify and discuss seminal works in the development of Western theatrical dance. (Active)

Student Learning Outcomes:

1. Demonstrate an understanding of advanced ballet terminology and the associated movements. (PLO 6).

2. To learn the proper body alignment and body isolation and to improve the dancer’s overall body awareness, while increasing strength, flexibility, coordination, and endurance (PLO 1,4).

3. Analyze personal progress within the heritage of ballet.
4. Effectively apply artistic choices such as musicality, focus, use of energy while dancing to improve movement memory. (PLO 5).
5. Continue to recognize and exhibit dance class etiquette such as spatial awareness, active listening, personal responsibility, commitment to the practice, and respect for the larger community of dance.

For additional information on meaningful and measurable learning outcomes, see the assessment resource page [http://www.sfasu.edu/assessment/index.asp](http://www.sfasu.edu/assessment/index.asp).

### III. Course Assignments, Activities, Instructional Strategies, use of Technology:

The student will be required to participate in a complete Ballet Barre. Upon learning ballet technique, the student will be asked to present learned material in the center of the floor and movement that travels across the floor. The student will be given activities that include partner work to better understand the dancer body, phrases of movement such as an adagio, petite allegro, grand allegro, manège and reverence in which the student will learn through repetition, and activities that incorporate the knowledge of meter and time for musicality purposes. The student will also be required to learn professional ballet variations and pas de quatre’s from selected ballets throughout history. The student will have written assignments that utilize the Ballet terminology obtained in class. However, the student is not required, but encouraged, to use technology in the attempt to learn Ballet but to use technology to gain a better understanding and appreciation toward Ballet as an art form. **APPLE WATCHES WILL NOT BE ALLOWED TO BE WORN IN TECHNIQUE CLASS.**

### Injury/Accident Statement:

This course contains physical activity which may consist of but not limited to running, jumping, lifting, throwing, leaping, striking, etc. Participation in these activities comes with inherent risks of injury. Possible injuries include, but are not limited to heat stroke, strains, sprains, scrapes, bruises, and fractures. By registering and participating in this course, students are aware of the possible injuries that may occur and acknowledge that they participate at their own risk. The university is not responsible for any medical costs associated with any injury students may sustain; therefore, students are strongly recommended to procure personal health and accident insurance to cover any medical costs. Students are encouraged to notify the instructor of any relevant prior medical history regarding injuries, surgeries, medications, or other considerations which may affect or impair participation in this course. If necessary, students will provide, upon request, a physician’s statement clearing them to participate in this course.

### Procedures to be Followed for Injury or Accident of an SFA Student:

1. Administer appropriate first aid.
2. For a major medical emergency, a phone call should be placed to the University Police Department (UPD) (911). UPD will report to the scene of a medical emergency, assist with first aid, and contact an ambulance service.
3. Students may choose to report directly to the Student Health Services for minor first aid needs or routine medical services.
4. If assistance is needed in transporting the injured student, call the UPD non-emergency phone number at 936-468-2608.
5. The instructor should complete an accident report which can be obtained from the department office.

IV. Evaluation and Assessments (Grading):

Participation:

Active and committed participation throughout each class is expected. **Students are expected to practice combinations between class sessions. This equates to 2 hours per week outside of class per credit hour.** Each student’s active participation, including both effort and improvement will be assessed based on their individual levels. Dancers with less experience will not be compared with those who have more experience.

Dance is an art form that must be practiced daily for mastery. Students are expected to fully participate in each class. It is recommended that any student who is ill should attempt to attend class unless they are contagious or confined to a bed. Any student who opts to observe and not participate will receive partial credit for that class. Class observation gives students a good learning opportunity to listen to explanations and corrections the instructor has given out. **Lack of participation for any sustained period of time due to illness, injury or University sponsored events may result in needing to drop the course entirely. Daily participation means committing to the class and is worth a considerable amount of the student’s final grade.**

**Grading Percentages:**

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<tr>
<th>Category</th>
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<tr>
<td>Attendance</td>
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<td>Daily Participation (including DW)</td>
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<td>Skills Tests</td>
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<td>Midterm</td>
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<td>Final (including DW)</td>
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**Grading Scale:**

- 100-90 = A
- 89-80 = B
- 79-70 = C
- 69-60 = D
- 59 or lower = F

**Daily Participation Grading:**

For each class, the student has the opportunity to earn a total of 10 points by being on time, wearing the proper attire, showing a positive attitude, and giving 100% effort. Students will lose points for being late, or leaving early, not wearing proper dance
attire, slacking off, having a bad attitude, or being rude or disrespectful. As stated before, a student who observes class will only earn partial points. **Points cannot be earned if the student is absent.**

**Skills Tests:**

Periodically throughout the semester, the student is required to perform skills tests. These tests consist of short combinations that the class has learned during the semester. Skills tests will be recorded and the students will perform in small groups. The students will be graded on factors which include alignment, technique, stability, mobility, musicality, memory, coordination, and style. If a skills test is missed, the student **CANNOT** make it up, unless the absence was previously excused. Accompanying the skills test, the student will be required to complete a vocabulary test over ballet terminology. Each exam will be graded separately and recorded as an individual grade.

**Midterm and Final Exam:**

The midterm will be conducted in a way that resembles a skills test. The midterm exam will consist of materials and dance mechanics that the student has learned up to the mid semester point. **The final exam will be composed of all elements that have been learned during the semester and will be performed at the end of the semester in an Informal Concert, Wednesday, April 29, from 4-6:30 for a final grade.** Please make arrangements with employers and instructors. These two exams will be electronically recorded and assessed. If the midterm or final is missed the student **CANNOT** make it up! Accompanying the skills test, the student will be required to complete a vocabulary test over ballet terminology. Each exam will be graded separately and recorded as an individual grade.

**Concert:** Attend an approved Professional Dance Concert and write a 400-word critique. Critiques are due one week after you see the performance. Be sure to include a picture of the program and ticket stub within the file you submit on D2L. **Rubric will be given online. Critiques will be submitted through D2L in either Word or PDF format ONLY.**

**Make-Up Policy:**

Written assignments will be accepted late, however 1 letter grade will be deducted for each day the assignment is late. **NO** assignments will be accepted after the 5th day. If the student is in good standing with the course, the instructor may allow absences to be made up by attending another technique class of the same level or higher that the student is NOT currently enrolled in with the instructor’s permission. Proof of the make-up class, in the form of a signed document will be submitted within 2 days of taking the approved class.
Attendance:

Each absence, after 2, will drop the student’s final grade by 1 full letter grade, assuming each student begins the semester with an A. For example: 3 absences = B, 4 absences = C, 5 absences = D. **Any student who has 6 absences or more will result in an automatic failing grade and will not pass the class.** An absence will be excused if the student notifies the instructor via email immediately, and presents a doctor’s note the very next class period that he/she is approved to return to class. Doctor’s notes will not be accepted at the end of the week, month, or semester if the student has already returned to class and forgot to bring the doctor’s note. The same consideration will be given for funerals and University sponsored events. Points will be deducted for students who leave class prior to dismissal. If the student is tardy (more than 10 minutes late), they will be counted absent! **For every 3 tardies, the student will receive 1 absence!**

**Attendance will be strictly enforced.** It is the responsibility of the student to keep track of their number of absences.
V. Tentative Course Outline/Calendar:

Week 1-2

1/15  Introduction to course. Syllabus. Introduce the class to the instructor and course material.

1/22  Ballet technique focusing on control. Begin learning a complete ballet barre to strengthen the dancer’s core and physique. Begin slow and controlled movement, adagio, away from the barre, focusing on balance.

Week 3-4

1/27-29 Ballet technique focusing on control. The dancer will begin to learn the Blue Bird variation, from Sleeping Beauty, constructed with movements that balance for periods of time and utilize control through suspension in the dancer’s body.

2/3  Bluebird Variation skills test. Present the learned adagio to the instructor for a graded evaluation. Take written vocabulary test #1.

2/5  Ballet technique focusing on turns. Begin learning different types of turns used in ballet and how to do multiple revolutions. Begin working the “Dance of the Sugar Plum Fairy” manège.

Week 5-6

2/10-12 Ballet technique focusing on turns. Begin learning different types of turns used in ballet and how to do multiple revolutions. Begin working the “Dance of the Sugar Plum Fairy” manège.

2/17-19 Continue Ballet technique focusing on turns. Begin learning different types of turns used in ballet and how to do multiple revolutions. Begin working the “Dance of the Sugar Plum Fairy” manège.
2/24  Ballet technique focusing on turns. Begin learning different types of turns used in ballet and how to do multiple revolutions. Begin working the “Dance of the Sugar Plum Fairy” manège.

2/26  Midterm: Take written vocabulary test #2. Sugar Plum Fairy manège skills test. Present learned turns with multiple revolutions to the instructor for a graded evaluation for the midterm grade.

3/2-4  Ballet technique focusing on Grand Allegro learning the men’s pas de quatre from Raymonda.

Week 9-10

3/7-10  Spring Break

3/11-16  RDC and Faculty at ACDA Conference, El Paso

3/16-18  Begin working on grand and petite allegro movement. Begin learning the men’s pas de quatre from Raymonda.

Week 11-12

3/23  Continue working on grand and petite allegro movement; men’s pas de quatre from Raymonda

3/25  Perform the men’s pas de quatre from Raymonda to the instructor for a graded evaluation.


3/31  Begin learning final- Esmerelda’s Friends variation from La Esmerelda.

Week 13-14

4/6-8  Continue working Friends Variation.

4/9-12  Easter Break

4/13  Continue working the Friends Variation.

4/13-18  Danceworks Week

Week 15-16

4/20-22  Review final- The Friends Variation from La Esmerelda.

4/23  AUDITIONS for Fall Danceworks and RDC 4-7pm.
4/27-30 Jury Week

4/29 Present and record the The Friends Variation combination to the instructor for a graded evaluation during class time. Informal Concert in HPE Room 201, 4-6:30pm.

Week 17

5/4-8 FINALS WEEK

5/9 COMMENCEMENT 9:30 am at the Coliseum.

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### Tentative Danceworks Schedule (May be subject to change): April 13-18, 2020

- **04/13**: Set up light trees prior to class, Light Tech full show 4pm. **Dances have a limit of 4-5 light cues.**
- **04/14**: Complete Light Tech if needed 4pm. Dry tech for tech crew. **Dances have a limit of 4-5 light cues.**
- **04/15**: Dress Rehearsal: call 4pm, warm up 4:30-5:30pm, crew sweep 5:45pm, 6pm run the show. Possible second run.
- **04/16**: Opening night: Crew call 4:00pm to mop, Dancer call 5pm, warm up 5:15-6:15pm, Show 7pm.
- **04/17**: Second show. Crew call 4:30pm, Dancer call 5pm, warm up 5:15-6:15pm, show 7pm.
- **04/18**: Final show. Call 1pm, warm up 1:15-2:15pm, show 3pm.

**STRIKE AND FLIP/MOP MARLEY**

### Classroom Etiquette

1. Be **ON TIME** to class. It is considered disrespectful to walk into a dance class late. If the student is tardy, he/she should first ask the instructor for permission to join class. If the warm-up is missed, the student may stay and observe the rest of the class.
2. **NO TEXTING** & Silence all cell phones.
3. Always come prepared to work both mentally and physically.
4. Do not give corrections to other students unless they ask for your help or if you are asked to provide observations by the instructor.
5. Do not speak while instruction or correction by the instructor is occurring.
6. Be respectful of others. This is a place of learning and once you step into the studio, you are all on the same level. Be positive with yourself and with others. This should be a safe place for you to grow as a dancer and to feel comfortable with yourself.

Dance Studio Rules

1. **No street shoes.** All street shoes must be removed before walking on the dance floor.
2. **No gum chewing, eating or drinking.** Water with secured lid is permitted. Please pick up after yourself and throw away any trash you might bring into the dance space.
3. No wet umbrellas, etc. Please shake off & store any wet items before entering the studio.
4. **All cell phones must be silenced in the dance studio.**
5. **Apple watches will not be allowed to be worn during technique class.**

VI. Recommended (but not required) Reading:

  
  ISBN: 0-07-255714-1

  
  ISBN: 0-486-21843-0

Required Attire:

Women: Black Leotard, **PINK** tights and pink ballet shoes. NO SHORTS of any kind, but a ballet skirt is acceptable. Hair **MUST** be pulled back into a secure bun.

Men: Form fitting **White** t-shirt, Black spandex tights (non-see through), Black ballet shoes, and a dance belt.

*No baggy clothing! Dancers will not be allowed to participate if they are not properly dressed for class. Lines need to be seen, tight, form-fitting clothing is necessary!*

Warm-ups are allowed for the beginning of class. Hair must be pulled up and away from the face (buns are perfect). No dangling jewelry. **NO GUM IN CLASS! Apple watches will not be allowed to be worn during technique class.**

VII. Course Evaluations:

“Near the conclusion of each semester, students in the College of Education electronically evaluate courses taken within the COE. Evaluation data is used for a
variety of important purposes including: 1. Course and program improvement, planning, and accreditation; 2. Instruction evaluation purposes’ and 3. Making decisions on faculty tenure, promotion, pay, and retention. As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the COE faculty is committed to excellence in teaching and continued improvement. Therefore, your response is critical!”

In the College of Education, the course evaluation process has been simplified and is completed electronically through MySFA. Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and anonymous, and will not be available to the instructor until after final grades are posted.

VIII. Student Ethics and Other Policy Information:

Class Attendance and Excused Absence: Policy 6.7

Regular, punctual attendance, documented participation, and, if indicated in the syllabus, submission of completed assignments are expected at all classes, laboratories, and other activities for which the student is registered. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student’s attendance and participation as well as note this information in required reports and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences.

Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

Student Academic Dishonesty: Policy 4.1

Abiding by university policy on academic integrity is a responsibility of all university faculty and students.

Definition of Academic Dishonesty
Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:
- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment; and/or;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one’s own. Examples of plagiarism include, but are not limited to:
- submitting an assignment as one's own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source; and/or,
- incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.

**Penalties for Academic Dishonesty**
Penalties may include, but are not limited to reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

**Student Appeals**
A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

**Withheld Grades: Policy 5.5**
At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

**Student Code of Conduct: Policy 10.4**
Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy D-34.1). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition
applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare: Early Alert Program at SFA. Information regarding the iCare program is found at https://www.sfasu.edu/judicial/earlyalert.asp or call the office at 936-468-2703.

Additional Information:

To complete Certification/Licensing Requirements in Texas related to public education and other professional settings, you will be required to:

1. Undergo criminal background checks for field or clinical experiences on public school campuses; the public-school campuses are responsible for the criminal background check; YOU are responsible for completing the information form requesting the criminal background check. If you have a history of criminal activity, you may not be allowed to complete field or clinical experiences on public school campuses. At that point, you may want to reconsider your major while at SFASU.

2. Provide one of the following primary ID documents: passport, driver’s license, state or providence ID cards, a national ID card, or military ID card to take the TExES exams (additional information available at www.texas.ets.org/registrationBulletin/ <http://www.texas.ets.org/registrationBulletin/>). YOU must provide legal documentation to be allowed to take these mandated examinations that are related to certification/licensing requirements in Texas. If you do not have legal documentation, you may want to reconsider your major while at SFASU.

3. Successfully complete state mandated a fingerprint background check. If you have a history of criminal activity, you may want to reconsider your major while at SFASU.

For further information concerning this matter, contact Katie Snyder 936-468-1740 or snyderke1@sfasu.edu.

IX. Other Relevant Course Information.