SOCW 5358.501 Advanced Practice with Groups
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SFA Campus, 117
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Office Hours: Virtual (by appointment Brightspace ZOOM or telephone). Mondays, 9:00am-5:00pm (in office or virtual with prior notice). Every week there will be a regularly scheduled virtual group ZOOM on Wednesdays 3:00pm-4:00pm. Office appointments require masks and distancing.

COVID-19 MASK POLICY Masks (cloth face coverings) must be worn over the nose and mouth at all times in this class and appropriate physical distancing must be observed. Students not wearing a mask and/or not observing appropriate physical distancing will be asked to leave the class. All incidents of not wearing a mask and/or not observing appropriate physical distancing will be reported to the Office of Student Rights and Responsibilities. Students who are reported for multiple infractions of not wearing a mask and/or not observing appropriate physical distancing may be subject to disciplinary actions.


Prerequisite: Completion of Foundation (Generalist Practice)
Co-requisite: SWK 535; SWK 525; SWK 517; SWK 520, SWK 549 (part-time) and elective

COURSE SYLLABUS

I. COURSE DESCRIPTION

This is a completely on-line class and the professor asks that cameras always remain on throughout the duration of the class. You should mute your computer during lecture.

Advanced Practice with groups is one of three advanced practice courses. This course focuses on social group work with an emphasis on people impacted by rural lifestyles. Group formation and membership; assessing member problems; group purpose, goals and culture; phases of group development; leadership roles and decision-making; enabling problem solving processes; evaluating individual and group change; and terminating the group are examined. The course emphasizes theories, models, culturally competent skills and techniques of effective group work with diverse at-risk populations of different sizes to promote social and economic justice through
empowerment.

Approaching practice through a mezzo perspective, students will learn how to apply ethical, empirically-based interventions related to practice with groups at an advanced level. Horizontal integration occurs with concurrent advanced policy and research courses. The continuation and integration of these specialized practice courses with the foundation prepares students for their block field placement.

REQUIRED TEXT


RECOMMENDED TEXT


II. CURRICULUM DESCRIPTION

Advanced generalist practice builds on the generalist foundation, incorporating the elements listed above, but characterized by a greater depth, breadth, and autonomy as demonstrated through specialized knowledge across problem areas, populations-at-risk and practice settings, with a greater selection of diverse interactions across practice levels.

Briefly, advanced generalist practice requires:

- The ability to engage and differentially assess complex problems with systems of all sizes, with a variety of advanced assessment skills.
- Specialized evidence-based interventions with systems of all sizes.
- Differential evaluation techniques with systems of all sizes.
- Strategies to advocate for clients and constituencies influenced by rural lifestyles.
- Readiness for leadership in a variety of areas including: program development, coordination and administration; clinical and organizational supervision; policy creation, reform and implementation; leadership in research development and utilization, particularly in interdisciplinary and multidisciplinary practice settings; professional development.

The specialized practice for the MSW program is advanced generalist practice for rural contexts. Theories that describe and predict rural ecological systems and rural strengths, including the incredibly rich interactions, simple and complex, formal and informal, wholesome and debilitating are emphasized. On this basis, the curriculum of the MSW Program emphasizes the ecological systems approach, the strengths perspective, and the social capital and social exchange theories.

*Rural context* refers to social work practice with people with rural lifestyles and systems of all sizes within and outside of rural communities. There is no single accepted definition of rural. In
fact, just as generalist practice in social work draws on multiple theories, generalist practice in rural contexts recognizes the many definitions currently in use and their advantages and disadvantages for research, practice, and advocacy. The School of Social Work at SFA utilizes several of these definitions within the United States and globally including:

*The United States Census Bureau* (urbanized areas, urban clusters, and rural populations); *Office of Management and Budget* (metropolitan, micropolitan, and non-core); *Economic Research Service* (rural urban continuum codes); and *the United Nations* that defines urban and rural according to the census definition for each nation, but suggests a definition of rural areas as having a population of less than 2,000 for international comparisons.

### III. PROGRAM LEARNING OUTCOMES (CSWE CORE COMPETENCIES)

1. Demonstrate Ethical and Professional Behavior
2. Engage Diversity and Difference in Practice
3. Advance Human Rights and Social, Economic, and Environmental Justice
4. Engage In Practice-informed Research and Research-informed Practice
5. Engage in Policy Practice
6. Engage with Individuals, Families, Groups, Organizations, and Communities
7. Assess Individuals, Families, Groups, Organizations, and Communities
8. Intervene with Individuals, Families, Groups, Organizations, and Communities
9. Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities

### IV. STUDENT LEARNING OUTCOMES (CSWE BEHAVIORS)

**Competency 1: Demonstrate Ethical and Professional Behavior**
- Students will apply ethical decision-making and critical thinking to analyze and implement multiple codes of ethics with the purpose to enhance advanced generalist practice with rural people and communities.

- Students will demonstrate the ability to recognize and manage personal and professional values in order to engage in advanced rural practice with multiple systems.

**Competency 2: Engage Diversity and Difference in Practice**
- Students will demonstrate the ability to identify, analyze and apply social constructions of rurality within and across diverse groups (e.g. gender, ethnicity/race, age, socioeconomic status, sexual orientation) and across multiple system levels.

- Students will demonstrate the ability to supervise the integration of awareness, self-regulation, sensitivity and professional response to issues of values, ethics, diversity, social justice and populations at risk.

**Competency 3: Advance Human Rights and Social, Economic, and Environmental Justice**
- Students will demonstrate leadership skills to promote social, economic and environmental justice to systems of all sizes within and outside of rural communities.

- Students will provide leadership in specialized practices related to oppression and human rights violations at multiple levels advancing social, economic and environmental justice in rural environments.

**Competency 4: Engage in Practice-informed Research and Research-informed Practice**
- Students will demonstrate the ability to identify, evaluate, and implement multi-disciplinary research and practice strategies with rural systems and social networks.

- Students will demonstrate leadership skills to design, develop and implement research and technological advances to enhance social work practice in a rural context.

**Competency 5: Engage in Policy Practice**
- Students will demonstrate the ability to develop, prepare, implement, analyze and evaluate social welfare and economic policies to improve the well-being of rural populations and communities.

- Students will demonstrate leadership skills specific to advocacy with the purpose to advance human rights and social, economic, and environmental justice to deliver services to multiple systems in rural areas.

**Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities**
- Students will demonstrate leadership skills to engage multiple systems (individuals, families, groups, communities and organizations) and constituencies in rural environments.

- Students will demonstrate their ability to supervise the integration of knowledge, skills and values specific to human behavior and the social environment, person-in-environment and appropriate theoretical frameworks.

**Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities**
- Students will select, implement and evaluate appropriate assessment instruments to assess diverse client systems on multiple levels in a rural context.
• Students will provide leadership to adapt, modify, develop, and implement differential assessment strategies, tools and approaches with diverse client systems and constituencies on multiple levels in a rural context.

Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities

• Students will design, identify, analyze, and implement advanced intervention strategies based on appropriate theories, models, and research across multiple system levels in a rural context.

• Students will demonstrate the ability to manage, supervise, monitor, coordinate and improve human service networks and service agencies in delivering services to rural clients.

• Students will apply leadership skills to supervise the design and implementation of advanced intervention strategies.

• Students will apply leadership skills to enhance interventions through interdisciplinary, inter-professional, and inter-organizational strategies.

Competency 9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities

• Students will demonstrate the ability to identify, develop, apply and monitor differential evaluation strategies in advanced social work interventions with systems of all sizes in rural communities.

• Students will develop leadership in the communication and dissemination of evaluation results to advance practice, policy, and service delivery effectiveness.

V. INSTRUCTIONAL METHODS

The course will be taught on-line using Brightspace D2L. It will incorporate the following instructional strategies: lecture notes, extensive discussion, group exercises, online activities, assigned readings, and individual projects. You are encouraged to actively participate in activities, ask questions, and contribute comments for discussion. You are also encouraged to offer input regarding instructional strategies and assignments. Most importantly, you are expected to be an active participant and to ask for clarification when you have questions. To be successful in the class, it is important that you participate regularly, sign in to BrightspaceD2L, read the assigned material, and be prepared to discuss what you have read. You will be expected to not only know the material presented, but to be able to apply it in experiential activities. **Lectures will not duplicate the reading material** except to clarify or to expand upon it and to review material covered in prerequisite courses. The goal of this approach is to develop a safe learning environment that addresses a variety of learning styles, promotes critical thinking, and fosters creativity.
VI. COMPUTER REQUIREMENTS (per Center for Teaching and Learning)

This course will utilize BrightspaceD2L to support the delivery of course content. You will need computer skills for example to use a web browser, develop a PowerPoint presentation and use Excel. You must have access to a computer that meets the university’s minimum computer system requirements (for specific details go to SFA Online). Computers are available to you through a number of labs across campus, School of Social Work student lounge and Ralph W. Steen Library.

VII. COURSE SCHEDULE
*changes may be made as needed

Week 1
Course Introduction
Defining Social Work with Groups
Classifying Groups
Group vs. Individual Efforts
Social Work Values and Ethics in Group work (US and International Principles)
History of Social Work with Groups
Group work in Rural Environments (Populations at Risk, Rural Context, Social justice)
Human and Cultural Diversity in Groups
Readings:
Shulman, L. (2011). Chapter 1, 2, 8, 10, 14 -19
Reamer, (2014)

Week 2
Influential Theories in Social Group work
Evidence-based Group Work Practice
Evidence-based Group Work Practice
Readings:
Folgheraiter & Pasini; Fouché & Lun; Weller, Huan & Cherubin, Scales and Streeter: Chapter 3; Toseland & Rivas: Ch.2

Week 3
Understanding Group Dynamics
Interaction Patterns
Group Cohesion
Therapeutic Factors
Social Integration & Influence
Group Culture
Spirituality
Readings:
Folgheraiter & Pasini; Fouché & Lun; Weller, Huan & Cherubin, Scales and Streeter: Chapter 3

Weeks 4
Advanced Group Leadership
Leadership and Power
Leadership and Diversity
Supervision in Groups
Leadership skills
Impact of Cultural Diversity on Group Participation
Developing Cultural Competence
Leading with Sensitivity to Cultural Diversity
Readings:
Sweifach, & Heft-LaPorte; Boehm & Staples; and Drummond et al

Weeks 5
Planning the Group
Group Preparation and Proposals
A Planning Model for Group work
Creation of the Group
Readings:
Clements; Garland, Myers, & Wolfer;

Weeks 6
Planning the Group (continued)
Group Preparation and Proposals
A Planning Model for Group work
Creation of the Group
Readings:

Week 7
Beginning the Group
Introducing New Members
  Defining the Purpose
  Developing Group Rules & Expectations
  Goal Setting and Contracting
  Facilitating the Work of the Group
  Anticipating Obstacles
Readings:
Shulman, L. (2011). Chapter 4
Ingersoll-Dayton, Campbell, & Ha; Garrett.

Week 8
MID TERM EXAM

Week 9
Assessment
Defining Assessment
The Assessment Process
Assessing Individual Change
Assessing Group Change
Assessing Group Process
Linking Assessment to Intervention
Assessing Cultural Influences on Group Dynamics

Readings:
Shulman, L. (2011). Chapter 4
Ingersoll-Dayton, Campbell, & Ha; Garrett.

Week 10
Intervention
Middle Stage: Treatment Groups
Foundation Methods
Specialized Methods
Use of Technology in Group work
Groups with Diverse Ages
Problem Solving

Readings:
Shulman, L. (2011). Chapter 5 and 6
Fuchsel

Week 11
Intervention (continued)
Special Populations
Aging
Multi-Cultural Populations
LGBTQ
Veterans/PTSD
People with Disabilities
Immigrants

Readings: Powell & Blanchet-Cohen, Clemens, Frost, Ware & Boer, Lang.
Shulman, L. (2011). Chapter 5 and 6
Fuchsel

Weeks 12
Intervention (continued)
Middle Stage: Task Groups
Foundation Methods
Specialized Methods
Problem Solving
Special Populations

Readings: Harris & Franklin; Khoury-Kassabri, Sharvet, Braver, & Livneh; Poofer, Quals, Rogers & Johnston, , Chovanec
Shulman, L. (2011). Chapter 5 and 6
Weeks 13
Evaluation in Group work
Evaluation Methods
Evaluation Measures
Readings: Jacobson & Rugeley; Skudrzyk, Zera, McMahon, Schmidt, Boyne, & Spannaus
Powell & Blanchet-Cohen, Clemans, Frost, Ware & Boer, Lang.

Week 14
THANKSGIVING HOLIDAY

Week 15
Termination
Factors Influencing Group Endings
Ending Group Meetings
Ending the Group as a Whole
Planned and Unplanned Termination
Group Transitions
Exploring Opportunities for Social Group work Professional Membership & Continuing Education
Groups Manual Presentations
Readings:
Shulman, L. (2011). Chapter 9

Week 16
FINAL EXAM

VIII. COURSE REQUIREMENTS

A. *BrightspaceD2L Attendance and Participation: In order for the class to discuss the readings, it is essential for you to read assigned material before class, to participate in class regularly, and to participate in o-line discussions. You are responsible for all material covered and assigned in the syllabus, whether or not you have attended or participated.

B. Readings: The course outline provides a list of required readings for each week (you will receive a detailed schedule the first full week of class that will outline the readings for each class). Since lectures and class discussions are designed to answer questions about the material and expand upon the basic concepts, you are expected to complete the assigned readings prior to participation. Furthermore, you are expected to come to be prepared to discuss the information, as evidenced by active participation in discussion. For example, you should present well formulated questions and comments that demonstrate prior preparation. Expect that additional reading material will be provided and changes to readings and assignments may be made as necessary based on the needs of the course participants.
C. **Exams:** There will be a midterm and one final exam. Students are required to take the exam at the scheduled time. Makeup exams will be scheduled according to university policy with a university-approved excuse.

D. **Quizzes/Exercises:** There will be on-line exercises. Students are required to participate in the exercises at the scheduled time. Makeup exercises will be scheduled according to university policy with a university-approved excuse.

E. **Assignments/Presentations:** See Assignments for a listing of all assignments for this course. All assignments have a due date and those can be found on the course schedule. There is a presentation at the end of the semester and group activities. You will be assigned a group under the “groups” in “tools.” For all late assignments, one letter grade will be deducted after the beginning of class when the assignment is due, with an additional letter grade deduction for each day for which the assignment is late. Late papers, exams and quizzes will be evaluated at the end of the semester based on discretion of the instructor.

**GRADING:**

| Assignment I: Development of a group program, Part 1 (Research Paper) | 75 |
| Assignment II: Completion of a group program, Part 2 | 75 |
| Class Presentation of Group Program Intervention (ZOOM) | 50 |
| Quizzes/mini assignments/ class exercises and discussions | 100 |
| Midterm Exam | 100 |
| Final Exam | 100 |

**TOTAL** | **500 Points**

**GRADING SCALE:**

A = 450 - 500  
B = 400 - 450  
C = 350 - 400  
*D = 300 - 350  
*F = Below 300

*Not applicable as credit toward graduate degree

**IX. ACADEMIC INTEGRITY (SFASU Policy A-9.1)**

Honesty and representing one’s knowledge and abilities appropriately are important ethical principles of the social work profession. **All incidents will result in a grade of “0”. Given the limited number of graded assignments in this course, a “0” could have serious consequences for the student’s academic standing.**
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

**Definition of Academic Dishonesty**
Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one's own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one's paper without giving the author due credit.

Please read the *Student Academic Dishonesty policy (SFA Policy 4.1)* on [http://www.sfasu.edu/policies/student_academic_dishonesty.pdf](http://www.sfasu.edu/policies/student_academic_dishonesty.pdf)

Please also read the *Academic Integrity Policy on the SFA Graduate School’s website at* [http://www.sfasu.edu/graduate/](http://www.sfasu.edu/graduate/)

**Withheld Grades Semester Grades Policy (SFA Policy 5.5)**
Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average. Please read the complete policy on Course Grades: [http://www.sfasu.edu/policies/course-grades.pdf](http://www.sfasu.edu/policies/course-grades.pdf)

**Acceptable Student Behavior**
The MSW Student Handbook and Academic and MSW Professional Integrity Code outline acceptable student behavior. Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the *Student Conduct of Conduct (SFA Policy 10.4)*). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, visits to agencies, field trips, etc. The instructor shall have full discretion over what behavior is appropriate or inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed. Please see the following link for the complete policy: [http://www.sfasu.edu/policies/student-code-of-conduct_10.4.pdf](http://www.sfasu.edu/policies/student-code-of-conduct_10.4.pdf)
X. STUDENTS WITH DISABILITIES

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, read Academic Accommodation for Students with Disabilities (SFA Policy 6.1)

http://www.sfasu.edu/policies/academic-accommodation-for-students-with-disabilities.pdf
Assignment I: Development of a Group Program, Part 1
(Value = 75 points)
Refer to Detailed Instructions and Rubric

Develop a comprehensive group program for one population at risk in a rural area. The assignment has to be completed in the format of a group manual. The group program should include all elements of the group process and should be based on the group planning model that will be presented in class and also reviewed in the text.

Part I is a research paper for whom you will be developing a group program/manual. The topic should be approved within the first two weeks of class by the professor. Write professionally and convey critical thinking skills.

Your research paper should include the following elements:

- APA format and include all references
- 5 references on the specific population at risk
- 2 references on rural issues related to the population
- 2-4 references on social work with groups preferably group interventions related to your group and why you consider it the most effective
- references should be within the last 10 years and from peer reviewed journal publications

Assignment II: Development of a group program, Part 2
(Value = 75 points)
Refer to Detailed Instructions and Rubric

Part II. Building upon the work done in the first part of Assignment 1, Assignment 2 will include the fully developed group program module including a beginning, middle and end of the group program process. Your group program manual should reflect creativity as it applies to specific topics in the group program for the population you select. You should include separate pages for 10-12 sessions including the first and last session.

Presentation of Group Program Intervention (Assign 1 & 2)
(Value = 50 points)

Key elements of the group program intervention that is developed will need to be synthesized and presented to the class as an overview. The format for this will be outlined and can include power point, hand-outs, class demonstration or other presentation methods as approved.

Midterm Exam
(Value = 100 points)
The midterm exam will include all material from readings, class discussions, lectures and special assignments covered for the class through mid-semester. Exams will be in a combined multiple
choice, short answer and essay format.

**Final Exam**  
*Value = 100 points*

The final exam will test your ability to apply the knowledge and competencies acquired to a group case study. The exam will take place in the form of (1) a written exam or (2) presentations. The exam will focus on (1) critical analysis (2) integration of theory and practice and (3) scientific reasoning.

**Reading Quizzes and Mini Assignments**  
*Value = 100 points*

Throughout the semester there will be a series of reading quizzes, mini assignments and on-line exercises. These mini assignments will enable you to develop knowledge and skills and to understand the application of social work with groups within a rural context. It is suggested that you keep all assignments and class exercises in a folder. These will be valuable in preparation for mid-term and final exams.

**SERVICE LEARNING PROJECT**

Service learning is an important part of the course. You may have an opportunity to be involved in service learning project(s) and you can get extra points for it. Service learning is also a way to enhance your knowledge about social work with groups. Information about service learning opportunities may be provided to you during the semester.
REFERENCES


doi: 10.1300/J009v28n02_06


Websites:

International Association of Schools of Social Work

International Federation of Social Workers
[http://www.ifsw.org/](http://www.ifsw.org/)

NASW Code of Ethics:

American Group Psychotherapy Association

Society of Group Psychology and Group Psychotherapy (APA)