SFA 101.640
Freshman Seminar, Online & Livestream Hybrid Format, Fall 2020, MW 10:00-10:50 AM

Instructor Information

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Email</th>
<th>Office Location &amp; Hours</th>
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<tbody>
<tr>
<td>Ashley Johnson</td>
<td><a href="mailto:ashley.johnson@sfasu.edu">ashley.johnson@sfasu.edu</a></td>
<td>Teams, email M-F, or Virtual Office Hours Via Zoom, 10-11 T/Th and 2-3 MWF</td>
</tr>
<tr>
<td>Ashlyn Adams, SI</td>
<td><a href="mailto:adamsam7@jacks.sfasu.edu">adamsam7@jacks.sfasu.edu</a></td>
<td>Griffith Hall Lobby, Microsoft Teams, or by appt</td>
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Microsoft Teams App

We will be able to communicate through the Teams App on your phone or desktop. Download the app on your phone and sign in with your SFA email. Send me a PM, letting me know you are on, and we will make a class chat. Letting the instructors know when you may be sick or have an issue is huge in college. It shows that you are responsible and care. Please have this downloaded and tested by the end of the first week of class.

General Information

Course Description

This course provides study and practice in methods for success in college. A major focus of study will be how to enhance the online modality of learning on campus while gaining valuable knowledge and skills for success in college and beyond. Topics include critical thinking skills, study skills, time and money management, goal setting, career planning, wellness, and a review of university resources and regulations.

Learning Outcomes and Objectives

Upon completion of SFA 101, the student will be informed of the following areas and how they relate to their success:

- Evaluate the significance of academic integrity.
- Construct a strategy for accessing and evaluating information through Steen Library.
- Select campus and community service opportunities in which the student is interested in.
- Apply college classroom learning strategies within the class and others.
- Investigate an overview of university resources.
- Develop personal survival skills.
- Examine SFA history, traditions, and pride.
- Argue the true value of a college education.
- Relate university rules and procedures to the student’s personal behavior at SFA.
- Demonstrate working successfully with peers, faculty, and staff.
- Relate the Wellness Model to personal life, activities and behaviors.
- Apply a growth mindset to learning in college and beyond.
- Evaluate the importance of academic advising while in college and explore SFA advising protocols.
- Demonstrate an increased understanding of cultural diversity, inclusion, and social justice.
- Demonstrate the understanding of metacognitive skills and applying strategies academically and beyond.

**Course Readings and Materials**

**Required Materials**

All students will receive an online copy of the *SFA 101 Freshman Success Handbook* at the beginning of the semester. Information in the handbook will be used for class discussions. Make sure you look at them in Brightspace, read them, and understand them. You will also need a class notebook and planner of your choosing to keep required coursework and assignments organized.

**Course Format**

Our class will meet as a hybrid modality of livestream and online. This means that 15-50% of class will be spent in a live Zoom environment. 50-85% of class will be spent working in Brightspace on various activities that will enhance the topic of the week.

**Livestream:** We will meet most Mondays and then spend the rest of the week working on an activity. These activities will enhance the virtual learning experience in some way or fashion, whether in small break out groups, pairs, or alone. Activities will include visits with outside visitors, interactive time on various objectives and topics, interactive polls, and check ins.

**Online:** Much of our time will be spent working on activities in Brightspace, Teams, or Zoom. The online, asynchronous activities will enhance the weekly topic through activities will include discussion posts, Flipgrid video discussions, journal discussions, projects, surveys, resumes, cover letters, interactions and check-ins through Microsoft Teams, and a midterm activity.

**Grading Policy**

There are a total of 400 points available to be earned, as SFA 101 is a graded course. The grading system is as follows:

- 400 - 360 points A
- 359 - 320 points B
- 319 - 280 points C
- 279 - 240 points D
- 239 points & below F

**Attendance**

100 points total

Instructor/Student Check-In (20 points): Two individual check-ins with the instructor or the student instructor will be scheduled. The purpose of the meeting is to allow you to ask questions, get clarification on college processes, or just to develop a professional relationship. Your participation in these meetings will count as 10 points per meeting.
Outside Events (30 points): You will be required to attend two (2) outside events provided by SFA. You must provide sufficient documentation of the event. One will be a virtual job fair, and one will be of your choosing. Attendance at each of these events will be valued at 15 points each.

Class attendance (50 points): Class attendance is mandatory on days that are through Zoom and will be recorded during each class meeting. Therefore, please plan to attend all sessions. For every absence you incur, a deduction of 2 points will be taken from your final grade.

Assignments 100 points total
Several times during the semester you will be given an assignment to be completed using Brightspace or to be turned in by 11:59 pm on Sundays. NO LATE WORK WILL BE ACCEPTED. These assignments are intended to provide you with an opportunity to reflect on and benefit from what is happening in college.

Reflections 100 points total
You will be assigned four writing for reflection assignments, each valued at 25 points. These assignments may range from journaling, structured papers, or online discussions. Formatting for these assignments will be provided to you in class and accessible in D2L.

Exam 100 points total
There will be one exam given during the semester. It will include true/false, matching, multiple choice, fill in blank and essay items. The exam will be based on material from assigned readings and class discussions. In addition to testing you on course material, this exam will indicate how you perform with different types of test questions and allow your instructor to make suggestions to improve your test taking skills in other classes. There is no final exam.

All of these portions added together will equal 400 points.

Class Rules
Following these rules will help maximize the SFA 101 experience for you and your classmates.

- Attend every class.
- If you become ill or are required to quarantine, contact your instructor immediately.
- Read the assigned material and submit all required work on the day it is due. No late work is accepted.
- Participate in individual and group activities and discussions.
- Treat everyone in the class with respect and courtesy.
- All students are expected to demonstrate professional behavior and use language appropriate for the classroom learning experience.
- Cell phones and other electronic devices should be turned off and put away during livestream class time.
- Currently, face coverings are required to be worn in classrooms. Face covering requirements and FAQ can be found here: http://sfasu.edu/fall2020
When students have personal technology available during class time, it should be used appropriately. Using devices for interacting on social media sites is not an appropriate livestream use of technology. Sending or receiving texts, instant messages, or making/receiving phone calls can cause distractions to the instructor and to fellow students. Cell phones, computers, and other electronic devices in the livestream classroom are to be used for class purposes only.

**Communication**

Please check your SFA email account regularly as this is the official email for SFA. Brightspace will be the official tool used in your SFAS 1101 class for communicating the important reminders, announcements, and further assignment directions.

**Additional Information and Resources**

**Course Complaints**

Any college course complaints or problems should first be discussed with the course instructor for the particular course. Difficulties can usually be resolved there. If the complaint cannot be resolved, the next person to see is the appropriate department chairperson. For SFAS 1101, the chairperson is Raquel Skidmore, Interim Director of the Student Success Center. (Steen Library, Room 203; 936-468-6232; skidmorerr@sfasu.edu).

**Academic Accommodations for Students With Disabilities (6.1)**

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/

**Code of Conduct (10.4)**

Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy D34.1). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic, or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/ inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.
Course Grades (5.5)
Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

Academic Integrity (A-9.1)
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

Academic Dishonesty (4.1)
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one’s own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one’s paper without giving the author due credit. Please read the complete policy at http://www.sfasu.edu/policies/academic_integrity.asp
## Course Schedule

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<tr>
<th>Week</th>
<th>Weekly Focus</th>
<th>Weekly Activity</th>
<th>Due Date</th>
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| Week 1: Aug 24 | We’re Here at SFA… Now What?  
*Time Management Focus* | Time Log (Have class syllabi handy!), Talk about outside activities           | Sunday, 11:59 pm  | Monday         |
| Week 2: Aug 31 | Metacognition: Thinking  
*Type Focus, 16 personalities, Benefit Mindset Challenge* | Monday: AARC Tour, MAI Inventory, Action Plan                                    | Sunday, 11:59 pm  | Monday         |
| Week 3: Sept 7 | Our Choices Shape Who We Are  
*Type Focus, 16 personalities, Benefit Mindset Challenge* | Study Schedule                                                                  | Sunday, 11:59 pm  | Monday         |
| Week 4: Sept 14 | Learning Strategies Part 1  
*Testing Strategies Part 1* | The Puzzle, Resume & Cover Letter                                                 | Sunday, 11:59 pm  | Monday         |
| Week 5: Sept 21 | Budget 101  
*Budgeting Activity, Check In* | Speaker, ID your advisor                                                        | Sunday, 11:59 pm  | Monday         |
| Week 6: Sept 28 | Learning Strategies Part 2  
*Testing Strategies Part 2* | Speaker                                                                        | Sunday, 11:59 pm  | Monday         |
| Week 7: Oct 5 | Effective Communication  
*Speaker, ID your advisor* | Speaker                                                                        | Sunday, 11:59 pm  | Monday         |
| Week 8: Oct 12 | Advising & Looking Forward  
*Speaker, ID your advisor* | Speaker                                                                        | Sunday, 11:59 pm  | Monday         |
| Week 9: Oct 19 | Traditions  
*Speaker* | Speaker                                                                        | Sunday, 11:59 pm  | Monday         |
| Week 10: Oct 26 | Wellness Model Part 1  
*Wellness Wheel (Possible speaker)* | Speaker                                                                        | Sunday, 11:59 pm  | Monday         |
| Week 11: Nov 2 | Wellness Model Part 2  
*Wellness Wheel (Possible speaker)* | Speaker                                                                        | Sunday, 11:59 pm  | Monday         |
| Week 12: Nov 9 | Our Actions Have Equal & Opposite Reactions  
*Kid President, Academic Integrity, Exam* | Speaker                                                                        | Sunday, 11:59 pm  | Monday         |
| Week 13: Nov 16 | Diversity & Inclusion  
*OMA Lesson* | Speaker                                                                        | Sunday, 11:59 pm  | Monday         |
<p>| Nov 23-Nov 29 | Fall Break/Thanksgiving |                                             |                  |                |</p>
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<tr>
<td>Week 13: Nov 30</td>
<td>Dead Week: Finals Strategies</td>
<td>Do you know when your finals are? Putting it all together.</td>
<td>Sunday, 11:59 pm</td>
<td>Monday</td>
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<td>Week 14: Dec 7</td>
<td>Finals Week:</td>
<td>You’ve got this!</td>
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