SYLLABUS
Academic Unit
Department of Kinesiology and Health Science
HLTH-1306-003-American Red Cross First Aid for Health Emergencies Fall 2020

Instructor: Ben Telesca                  Course Time & Location: M/W 8:00am-9:15am
Office: Student Recreation Center       HPEC Room # 202
1113                                    Office Hours: By Appointment
Office Phone: 936.468.1775               Credits: 3 Hours
Other Contact Information:              Email: telescaba@sfasu.edu

Prerequisites: None

I. Course Description: The purpose of the American Red Cross Responding to Emergencies course is to help participants recognize and respond appropriately to cardiac, breathing, and first aid emergencies. The course teaches skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over.

In order to obtain your certification, you must successfully complete all lessons and pass the written final exam and skill scenarios according to American Red Cross standards.

Credit Hour Justification: ARC First Aid for Health Emergencies” (3 credits) meets 150 minutes class time each week for 16 weeks, and also meets for a 2-hour final written examination and skills examination. This semester long American Red Cross Lay Responder program is designed to help students recognize and respond to cardiac, breathing and first aid emergencies. The program is designed to teach the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed. The students have significant reading from their online reading ARC manual to help follow along with the lecture presentations and new skills each week. The students are tested throughout the semester individually; over each skill they must pass to get certified at the end of the semester. The students are required by the ARC to receive 80 percent passing rate on all skills testing to become certified as well as an 80 percent on the written examination at the end of the semester. During the semester, the students are also required to complete a research project over a health topic of their choosing and present to the rest of the class. All of the following activates average at a minimum 6 hours of work each week to prepare outside of the classroom for their skills testing, extra reading and class presentation.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):
The complete listing of the standards associated with the PLOs, SLOs, assignments, and assessments are located on the PCOE website.

- This course links with SFA Initiative #4: Develop a learner-centered environment.
- This course links with SFA’s COE Goal and Initiative #2: Prepare educators and industry professionals.
- This course links with SFA Initiative #5: Create new learning opportunities through additional interdisciplinary.
- International, service learning, and civic engagement experiences.
- This course links with SFA’s COE Goal and Initiative #6: Collaborate with external partners.

Program Learning Outcomes: Health Science Program Learning Objectives for Community Health and Heath Education EC-12

Community Health
1. The student will be able to plan and evaluate a community/classroom-based health lesson.
2. The student will construct professional document (resume and cover letter) to be used as a personal career-marketing tool for employment opportunities.
3. The student will demonstrate the knowledge and skills to search for and write a grant proposal to address a specific health issue.

4. The student will be able to communicate health information.

5. The student will design and implement a health behavior change plan that they will monitor for the semester.

**EC-12 Health**

6. The student will be able to plan and evaluate a classroom-based health lesson. (ISTEA 1, 2, 3, & 4; In TASC 1, 2, 3, 4, 6, 7, & 8)

7. The student will be able to demonstrate health content knowledge. (ISTEA 1, 2, 3, & 4; In TASC 1, 2, 3, 4, & 5)

8. The student will demonstrate skills in instructional planning, curriculum development, instructional methodology, assessment, and classroom management. (ISTEA 1, 2, 3, & 4; In TASC 1, 2, 3, 4, 5, 6, 7, & 8)

9. The student will be able to communicate health education concepts to audiences of varying ages. (ISTEA 1, 2, 3, & 4; In TASC 1, 2, 3, 4, 5, 7, & 8)

10. The student will design and implement a health behavior change plan that they will monitor for the semester. (ISTEA 1; In TASC 4, 5, 6, & 9)

**Student Learning Outcomes: Health Science Program Learning Objectives for Community Health and Health Education EC-12**

1. The student will recognize when an emergency has occurred.
2. The student will be able to follow and demonstrate the emergency action steps.
3. The student will be able to provide care for injury or sudden illness until professional medical help arrives.
4. The student will be able to research and present a specific health topic to the class.

**III. Course Assignments, Activities, Instructional Strategies, use of Technology:**

This course will cover a variety of assignments and strategies to cover all of the information provided over the semester. Daily assignments include in class lecture, skills work and practice. There will be four major skills tests during the semester. One research project over a specific health assessment of your choosing will be researched and presented to the class. There will be one comprehensive skills assessment and written final exam which will determine not all passing for the semester but also American Red Cross passing to get certified. All material will be submitted electronically though D2L and email.

**IV. Evaluation and Assessments (Grading):**

4 Skills evaluations (100 points each): 400
- Safety Research article: 100
- Final Written Exam: 100
- Final Skills Evaluation: 100
- Total Points: 700

A= 700-620
B= 619-540
C= 539-460
D= 459-380
F= Below 379

Failure to attend any skills test days will result in a zero unless previously scheduled for another time. Failure to be on time or attend the final written exam and skills test scheduled will result in a zero as well as not being able to get certified. According to American Red Cross standards, each student must pass
the written final exam and the final skills test with an 80 percent or higher to get certified.

V. Tentative Course Outline/Calendar:

<table>
<thead>
<tr>
<th>Week</th>
<th>Dates</th>
<th>Topic/Chapters</th>
<th>Method</th>
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<tbody>
<tr>
<td>1</td>
<td>Aug. 25th &amp; 27th</td>
<td>Syllabi, Introduction, Chapters 1-5</td>
<td>Zoom</td>
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<tr>
<td>2</td>
<td>Sept. 1st &amp; Sept. 3rd</td>
<td>Chapters 6-7</td>
<td>Zoom</td>
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<tr>
<td>3</td>
<td>Sept. 8th &amp; Sept. 10th</td>
<td>Skills Test: Before Giving Care</td>
<td>IN PERSON</td>
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<tr>
<td>4</td>
<td>Sept. 15th &amp; Sept. 17th</td>
<td>Chapters 8-9</td>
<td>Zoom</td>
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<tr>
<td>5</td>
<td>Sept. 22nd &amp; Sept. 24th</td>
<td>Chapters 10-14</td>
<td>Zoom</td>
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<tr>
<td>6</td>
<td>Sept. 28th &amp; Oct. 1st</td>
<td>Skills Test: CPR/AED</td>
<td>IN PERSON</td>
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<tr>
<td>7</td>
<td>Oct. 6th &amp; Oct. 8th</td>
<td>Chapters 10-14</td>
<td>Zoom</td>
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<tr>
<td>8</td>
<td>Oct. 13th &amp; 15th</td>
<td>Chapters 15-19</td>
<td>Zoom</td>
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<td>9</td>
<td>Oct. 20th &amp; Oct. 2nd</td>
<td>Skills Test: Breathing Emergency</td>
<td>IN PERSON</td>
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<td>10</td>
<td>Oct. 27th &amp; Oct. 29th</td>
<td>Chapters 15-23</td>
<td>Zoom</td>
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<tr>
<td>11</td>
<td>Nov. 3rd &amp; Nov. 5th</td>
<td>Skills Test: First Aid</td>
<td>IN PERSON</td>
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<tr>
<td>12</td>
<td>Nov. 10th &amp; Nov. 12th</td>
<td>Chapters 15-23</td>
<td>Zoom</td>
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<tr>
<td>13</td>
<td>Nov. 17th &amp; Nov. 19th</td>
<td>FINAL SKILLS ASSESSMENT &amp; FINAL EXAM</td>
<td>IN PERSON</td>
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<tr>
<td>14</td>
<td>Nov. 23rd &amp; 25th</td>
<td>THANKSGIVING BREAK</td>
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<tr>
<td>15</td>
<td>Dec. 2nd &amp; Dec. 4th</td>
<td>SAFETY Paper</td>
<td>Zoom</td>
</tr>
<tr>
<td>16</td>
<td>Dec. 8th &amp; 10th</td>
<td>SAFETY Paper Due</td>
<td>Zoom</td>
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VI. Readings (Required and recommended—including texts, websites, articles, etc.):

2012, American Red Cross, Responding to Emergencies; Comprehensive First Aid/CPR/AED book has been posted to D2L and a digital copy has been sent to your email. You are required to have some form of the copy with you.

VII. Course Evaluations:
Near the conclusion of each semester, students in the Perkins College of Education electronically evaluate courses taken within the PCOE. Evaluation data is used for a variety of important purposes including:
1. Course and program improvement, planning, and accreditation;
2. Instruction evaluation purposes; and
3. Making decisions on faculty tenure, promotion, pay, and retention.

As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the PCOE faculty is committed to excellence in teaching and continued improvement. Therefore, your response is critical!

In the Perkins College of Education, the course evaluation process has been simplified and is completed electronically through MySFA. Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and anonymous, and will not be available to the instructor until after final grades are posted.

VIII. Student Ethics and Other Policy Information: Found at http://www.sfasu.edu/policies/

Class Attendance and Excused Absence: Policy 6.7
Regular, punctual attendance, documented participation, and, if indicated in the syllabus, submission of completed assignments are expected at all classes, laboratories, and other activities for which the student is registered. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student's attendance and participation as well as note this information in required reports (including the first 12 day attendance report) and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences during a semester or one week of a summer term, depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/

Student Academic Dishonesty: Policy 4.1
Abiding by university policy on academic integrity is a responsibility of all university faculty and students. Faculty members must promote the components of academic integrity in their instruction, and course syllabi are required to provide information about penalties for cheating and plagiarism, as well as the appeal process.

Definition of Academic Dishonesty
Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:
- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one’s own. Examples of plagiarism include, but are not limited to:
- submitting an assignment as one’s own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source;
- incorporating the words or ideas of an author into one’s paper or presentation without giving the author credit.

**Penalties for Academic Dishonesty**
Penalties may include, but are not limited to, reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

**Student Appeals**
A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

**Withheld Grades: Policy 5.5**
At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

**Student Code of Conduct: Policy 10.4**
Disruptive Behavior—Interference or disruption of students, faculty, administration, staff, the educational mission, or routine operations of the university is prohibited. Such activity includes, but is not limited to, behavior in a classroom or instructional program that interferes with the instructor or presenter’s ability to conduct the class or program, or the ability of others to profit from the class or program. To remain in the vicinity of activity that is disrupting normal university functions when requested to leave by a university official is prohibited. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the Early Alert Program at SFA.

Masks (cloth face coverings) must be worn over the nose and mouth at all times in this class and appropriate physical distancing must be observed. Students not wearing a mask and/or not observing appropriate physical distancing will be asked to leave the class. All incidents of not wearing a mask and/or not observing appropriate physical distancing will be reported to the Office of Student Rights and Responsibilities. Students who are reported for multiple infractions of not wearing a mask and/or not observing appropriate physical distancing may be subject to disciplinary actions.


**Additional Information:**

**Code of Ethics for the Texas Educator:**
The Texas educator shall comply with standard practices and ethical conduct toward students, professional colleagues, school officials, parents, and members of the community and shall safeguard academic freedom. The Texas educator, in maintaining the dignity of the profession, shall respect and obey the law, demonstrate personal integrity, and exemplify honesty and good moral character. The Texas educator, in exemplifying ethical relations with colleagues, shall extend just and equitable treatment to all members of the profession. The Texas educator, in accepting a position of public trust,
shall measure success by the progress of each student toward realization of his or her potential as an effective citizen. The Texas educator, in fulfilling responsibilities in the community, shall cooperate with parents and others to improve the public schools of the community. This chapter shall apply to educators and candidates for certification.


To complete Certification/Licensing Requirements in Texas related to public education and other professional settings, you will be required to:

1. Candidates must undergo a criminal history background check prior to clinical teaching and prior to employment as an educator. The public school campuses are responsible for completing the criminal background check. A person who is enrolled or planning to enroll in a State Board for Educator Certification-approved educator preparation program or planning to take a certification examination may request a preliminary criminal history evaluation letter regarding the person's potential ineligibility for certification due to a conviction or deferred adjudication for a felony or misdemeanor offense.

A Preliminary Criminal History Evaluation is a non-mandatory, non-binding evaluation of an individual’s self-reported criminal history. In addition, the agency obtains your name-based Texas criminal history information. The service is provided to the requestor for a non-refundable fee. The requestor will receive an evaluation letter by email from agency staff advising of potential ineligibility for educator certification.

You are eligible to request a Preliminary Criminal History Evaluation if:

- You enrolled or planning to enroll in an educator preparation program or
- You are planning to take a certification exam for initial educator certification, and
- You have reason to believe that you may be ineligible for educator certification due to a conviction or deferred adjudication for a felony or misdemeanor offense.

You are not eligible for a preliminary evaluation of your criminal history if you do not have a conviction or deferred adjudication for a felony or misdemeanor offense.

In addition, you must complete the fingerprinting process when you apply for certification. Participation in the evaluation does not preclude you from submitting to a national criminal history review at the time you apply for your educator certification. Your criminal history will be reviewed and you may be subject to an investigation based on that criminal history, including any information you failed to submit for evaluation.

Additional information can be found at https://tea.texas.gov/Texas_Educators/Investigations/Preliminary_Criminal_History_Evaluation-FAQs/.

2. Provide one of the following primary ID documents: passport, driver’s license, state or providence ID cards, a national ID card, or military ID card to take the TExES exams (additional information available at www.texas.ets.org/registrationBulletin/<http://www.texas.ets.org/registrationBulletin/>). YOU must provide legal documentation to be allowed to take these mandated examinations that are related to certification/licensing requirements in Texas. If you do not have legal documentation, you may want to reconsider your major while at SFASU.

3. Successfully complete state mandated a fingerprint background check. If you have a history of criminal activity, you may want to reconsider your major while at SFASU.
IX. Other Relevant Course Information:

Class Attendance Policy and Expectations:

Skills Tests and Written Exam days:
- Failure to attend any skills test days will result in a zero unless previously scheduled for another time or failure to bring documentation excusing student from class according to Stephen F. Austin State University Absence Policy.
- Failure to be on time or attend the final written exam and skills test scheduled will result in a zero as well as not being able to get certified.
- According to American Red Cross standards, each student must pass the written final exam and the final skills test with an 80 percent or higher to get certified.

Class Attendance Policy:
- On days when we meet via Zoom, you will be required to have your camera on through the entirety of the class. Failure to turn your camera on will result in an absence for the day.
- More than 3 unexcused absences result in minus 10 points for each additional absence.

Zoom Information:
- Join Zoom Meeting
- https://sfasu.zoom.us/j/98813869067?pwd=UnRHc1puTnNRVitPa0hsaTNlRnhhZz09
- Meeting ID: 948 7067 0672
- Passcode: 426568