INSTRUCTORS: Text us anytime you have a question or want to get together to chat!

M.E. McWilliams I 936 585 3928 I mmcwilliams@sfasu.edu I AARC

Ralie Sutton I xxx xxx xxxx I At the ready to meet at a time good for you!

COURSE OBJECTIVE: This course provides study and practice in methods for success in college. We will build the habits of mind and action that sustain success now and for a lifetime.

LEARNING OUTCOMES:

- Evaluate the significance of academic integrity.
- Construct a strategy for accessing and evaluating information.
- Select campus and community service opportunities.
- Apply college classroom learning strategies.
- Investigate an overview of university resources.
- Develop personal survival skills.
- Examine SFA history, traditions, and pride.
- Argue the true value of a college education.
- Relate university rules and procedures to the student’s personal behavior at SFA.
- Demonstrate working successfully with peers, faculty, and staff.

MATERIALS: You don’t have to buy anything for this class! We will give you a SFA Handbook and Planner. Bring this and your phone and/or laptop to class.

METHODS: Discussion in large group, interactive activities in small group, reflection and action plans as individuals, 1 required chat with instructor, 1 required chat with student instructor, 2 outside class events, practice quizzes

GRADING POLICY AND ASSIGNMENTS: SFA 101 is a graded course. Passing this course will give you one semester credit that can be used toward the total number of credits you need to graduate. SFA JacksPASS students must have an average of C for all their classes and no F's in any class.

- Attendance—30 points, I:1 Instructor Chats (2)--10 points each
- 4 assignments that include written reflection and action plans—first 3 are each worth 10 points and the last is worth 20 points
- Final Grade is based on points: 100-90=A, 89-80=B, 79-70=C, 69-60=D, 59-0=F.
- Visit the Office of Students' Rights and Responsibilities (Rusk, 3rd floor) to discuss the possibility of issuing an excused absence to all your instructors (illness, injury, death in family, etc).
- If attendance is becoming an issue, we will reach out to the director for your Residence Hall.

CLASS POLICIES: Earbuds out of ears, no texting or random surfing, no packing up before dismissal

COMMUNICATION: You can text us or email us in 2 ways: through d2l/BrightSpace and through SFA Jacks email. Check both emails daily for important messages from the university and professors.

COMPLAINTS: Any college course problems should first be discussed with the course instructor for the particular course. If the complaint cannot be resolved there, the next person to see is the appropriate department chairperson. For SFA 101, the chairperson is Dr. Brittany Fish (Steen Library, Room 203; 936-468-5803).
SFA OFFICIAL STUDENT POLICIES:

1. **Student Academic Dishonesty (4.1)**

   Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

   **Definition of Academic Dishonesty**

   Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one's own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one's paper without giving the author due credit. Please read the complete policy at [http://www.sfasu.edu/policies/4.1-student-academic-dishonesty.pdf](http://www.sfasu.edu/policies/4.1-student-academic-dishonesty.pdf)

2. **Course Grades (5.5)**

   At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy (i.e., Active Military Service (6.14)). If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

3. **Academic Accommodation for Students with Disabilities (6.1)**

   To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/)

4. **Student Code of Conduct (10.4)**

   Classroom behavior should not interfere with the instructor's ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy 10.4). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.
### SYLLABUS

#### WOO HOO WELCOME EMAIL!

<table>
<thead>
<tr>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td><strong>July 16:</strong>  TAKE RESPONSIBILITY</td>
<td><strong>July 17:</strong>  ORGANIZE THE PARTS</td>
<td><strong>July 18:</strong>  ASK FOR ASSISTANCE</td>
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</table>
| - *Me Too Challenge!*  
  **INTROS**  
- The Blank Page—Who you were and what you will be! Reset and reframe  
- The Profile Page—Contact, Sched, Choices, Why am I here? *Letter to self*  
- Course Overview  | - *SWOO Challenge!*  
  **HS vs College**  
  The parts:  
  - University, Campus  
  - MySFA, D2L/BrightSpace app  
  - Syllabis, My Due Date Calendar Study Plan, Time Management  
  What I Wish I would have known  
  *Tuition installments due or classes are dropped!*  | - *Selfie Find It Challenge!*  
  **Resources**  
  It’s Who You Know! *Developing relationships*  
  - **AARC, Research Specialists**  
  - **Advisor, Professor**  
  - Counseling Center, Career Center  |

#### Directions

**July 23:**  RECALL AND REMEMBER  
*Flash back Challenge!* **Learning Strategies and Test Prep**  
Be in a constant state of recall! Review the new in 24! Interrupt the forgetting! Honest Assessment! You don't know what you don't know! Trying harder isn't enough. Hope is not a strategy! What are the better students doing video.

Quizzing (interleave, space, vary)  
- Pre and Post Quick Quiz  
- Explain that back  
- Flash cards and quiz apps  
- Brain Dump

**Cues**  
- Connect the old to the new  
- Draw it, Move it, Sing it  
- Sense-making notes

**July 24:**  START IT AND FINISH IT  
*Puzzle Time Challenge!* **Time Management, Balancing Academic/Social**  
- The Procrastination Monster  
- Morning Ritual_Alarm Apps  
- 54321—Jump in the Pool!  
- Eat an Elephant in Bites  
- Baby Steps->Reward Breaks->In the Zone Momentum  
- In-Your-Face System

**July 25:**  ASSESS AND ADJUST  
*Feedback*  
Help Bob Exit Ticket: *Setting Goals*  
The Dead Dog, Reflection, Recall, Goal Setting, Action Plan, Inspiring Myself
<table>
<thead>
<tr>
<th>July 30:</th>
<th>July 31:</th>
<th>August 1:</th>
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<tbody>
<tr>
<td><strong>SHARE WITH SUPPORT TEAM</strong></td>
<td><strong>AVOID CONSEQUENCES</strong></td>
<td><strong>ASSESS AND ADJUST</strong></td>
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<td>- <strong>1:1 chats</strong>, support team</td>
<td>Chain Reaction Challenge!</td>
<td>Feedback</td>
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<td>- Instructors follow up with personal assistance</td>
<td>Survival Skills</td>
<td>Help Bob Exit Ticket: <strong>Student Success Plan</strong></td>
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<tr>
<td>- <strong>Emphasis on:</strong> motivation, test prep, mindset, resources</td>
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<td>The Dead Dog, Reflection, Recall, Goal Setting, Action Plan, Inspiring Myself</td>
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<tr>
<th>August 6:</th>
<th>August 7:</th>
<th>August 8:</th>
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<tbody>
<tr>
<td><strong>SHARE WITH SUPPORT TEAM</strong></td>
<td><strong>CONNECT TO A PURPOSE</strong></td>
<td><strong>ASSESS AND ADJUST</strong></td>
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<td>- <strong>1:1 chats</strong>, support team</td>
<td>The Job Jar! Do What you love inventory! Not this!</td>
<td>Feedback</td>
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<td>- Instructors follow up with personal assistance</td>
<td>Why are you here? Do what you love! Always start with Why and the What will follow. Follow your Bliss!</td>
<td>Help Bob Exit Ticket: <strong>Prof Chat</strong></td>
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<td>- Play+Interest +Skills=Purpose</td>
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<td></td>
<td>- Purpose--&gt;career options (know $)-&gt;major (know GPA require.) and degree plan (know if post degree is required)-&gt;Dept. (chair)-&gt;College or School (dean)</td>
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<td></td>
<td>- MySFA Audit</td>
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<td>- Career Planning</td>
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<th>August 13:</th>
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<th>August 15:</th>
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<tr>
<td><strong>LOOK AHEAD: What’s Next</strong></td>
<td><strong>Traditions Walk! Plus: Surprise</strong></td>
<td><strong>ASSESS AND ADJUST</strong></td>
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<td><strong>Blind Faith Challenge!</strong></td>
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<td>Feedback</td>
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<td>Help Bob Exit Ticket: <strong>JackPASS Reflection</strong></td>
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<td>The Dead Dog, Reflection,</td>
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<td>GPA in MySFA (term vs cumulative): Repeats, Extended probation, Appeals, Dean’s List</td>
<td>Holds and Registration</td>
<td>Financial Support, Scholarships</td>
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<td>What have you learned? What do you still need to learn?</td>
<td>What I wish I would have known</td>
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