SFA 101 002
MW 9:00-9:50 | LIBRARY, AARC, RM. A

COURSE DESCRIPTION

Building better habits, removing obstacles, and engaging in opportunities!
This course is designed to provide first-time undergraduates with the necessary skills to transition to college successfully as indicated by retention into the following year and individual academic performance.

LEARNING OUTCOMES

Upon completion of this course, the student will understand how the following relates to their academic success: academic integrity, campus resources, campus opportunities, learning strategies, university rules and procedures, university pride, interact well with peers and faculty, and the value of an educational credential.

ASSIGNMENTS, ATTENDANCE, AND GRADES

SFA 101 is a graded course counting as one-hour credit towards the credit required for graduation. You have ten assignments each worth ten points. Your grade for this class is a sum of your points: 100-90=A, 89-80=B, 79-70=C, 69-60=D, 59-0=F.

The assignments are posted in this syllabus. They are almost all completed in class. They are called Exit Tickets. An Exit Ticket has three parts: 1) Today's Plan; 2) The Challenge; and 3) The Action Plan. If you ever have extenuating circumstances for not completing an Exit Ticket, come and talk with us immediately.

Visit the Office of Students’ Rights and Responsibilities (Rusk, third floor) when you miss class due to a documented illness—or death or illness in your family. They may provide an excused absence to your professors.

COMMUNICATION

We encourage you to see us during office hours or make an appointment that is good for you!
Tuesday Text Check: On Tuesdays, our student instructor will text you and ask you to reply with a number between 1-4 (with 4 being best) to represent how you are feeling on that day.

Text or email us any time with questions and concerns!

INSTRUCTORS

M.E.
936 585 3928; mmcwilliams@sfasu.edu; AARC, TWR 1-3 and by appt.

Bryanna
713 498 4461; AARC, Tuesdays @11

SFA STUDENT HUB OF RESOURCES

Go to SFA homepage: sfasu.edu
Go to Info For box in upper right corner
Choose: Current students
### COURSE SCHEDULE

**Woo hoo Welcome Email!** Check your SFA jacks email

**FRESH START!**

**THE BLANK PAGE: embracing change**
- I Am From-- a moving game
- SWOT Boards. Feedback will be used to determine syllabus.
- Profile pages
- Course Overview

*Installments due or classes are dropped! AARC Open Enrollment this week!*

**PURPOSE . . . drifting no more**
- What I Love! (CCPD interest and values inventories)
- + and - Degree Plan Chart Pair
- SFA Career Center

**EXIT TICKET:**
- 2 AARC Pink Slips

**1:1 . . . assessing and adjusting**
- The Dead Dog Inventory
- Mentor Coaching
- Action Plan: Self-serve Strategies--AARC

**EXIT TICKET:**
- Attend Career Fair with Resume
- 2 Sessions with Peer Mentor

**BUILDING BETTER HABITS!**

**MONKEYS: getting things done**
- Give it Up! (Buzzfeed Time Waster Quiz)
- Post-It Note Sort: How I Learned that Thing
- Sample systems

**EXIT TICKET:**
- Fixed deadlines, Empty in-boxes, Monkey List

**SENSE-MAKING: processing notes**
- Good Example or Horrible Warning!--a moving game
- Note Swap! *Adam Ruins Everything* (critical thinking)

**EXIT TICKET:**
- Process all notes for one class on to card

**READING TO REMEMBER: maximizing textbooks**
- Boring Headband Game
- Random Readings You Don’t Like

**EXIT TICKET:**
- Explain out loud

**HOOK IT UP: recalling information**
- Quick Quiz
- Random Word Challenge

**EXIT TICKET:**
- How I Learn Diagnostic

**1:1: assessing and adjusting**
- The Dead Dog Inventory (midterms and GPA)
- Mentor Coaching
- Action Plan: Self-serve Strategies--AARC

**EXIT TICKET:**
- Appointment with advisor

**REMOVING OBSTACLES!**
<table>
<thead>
<tr>
<th>BRAIN SCRIPTS: rebounding from disappointing grades</th>
<th>EXIT TICKET: Prof Chat</th>
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<tbody>
<tr>
<td>● Stinkin Thinkin Script Sort</td>
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<td>● Memorize 3--Will Smith Fail Forward</td>
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<td>● Follow and Feed Brain with Goalcast</td>
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<td>THE TUNNEL: reducing anxiety and depression</td>
<td>EXIT TICKET: 2 Visits to Rec Center or Lanana Creek Trail</td>
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<td>● Blind Pictionary</td>
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<td>● Secret Stress Measures</td>
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<td>● Counseling Centers, Health Center</td>
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<td>BROKE: responding to a lack of funds</td>
<td>EXIT TICKET: Jobs4Jacks Profile, Financial Aid Counselor, or Scholarship app.</td>
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<td>● Where Does the Money Go Word Cloud</td>
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<td>● Dos and Don’ts T chart</td>
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<td>● SFA Billing/Financial Aid Tab</td>
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<td>CONSEQUENCES: creating your own obstacles</td>
<td>EXIT TICKET: Go to an event alone</td>
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<td>● Things Lists with Prizes!</td>
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<td>● Good Friend Vote</td>
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<td>● Driving Jacks 936 652 6600 RFS 10 p.m.-3 p.m.,</td>
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<td>● Office of Students Rights and Responsibilities</td>
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<td>GIFT OF TIME--Sometimes we will have independent study days. We will announce these ahead of time or text you right before class.</td>
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<td>REWIND AND FAST FORWARD:</td>
<td>EXIT TICKET: Course Evals</td>
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<tr>
<td>● REWIND</td>
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<td>● FAST FORWARD</td>
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**INFORMATION ALL SFA STUDENTS ARE REQUIRED TO KNOW**

**Acceptable Student Behavior**

Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy D34.1). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic, or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/ inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the
iCare Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.

**Course Complaints**
Any college course complaints or problems should first be discussed with the course instructor for the particular course. Difficulties can usually be resolved there. If the complaint cannot be resolved, the next person to see is the appropriate department chairperson. For SFA 101, the chairperson is Dr. Dana Cooper at extension 2224.

**Students With Disabilities**
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/

**Withheld Grades Policy (A-54)**
Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

**Academic Integrity (A-9.1)**
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

**Academic Dishonesty**
Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one's own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one's paper without giving the author due credit. Please read the complete policy at http://www.sfasu.edu/policies/academic_integrity.asp Students not complying
with SFA’s academic dishonesty regulations will be given a failing grade in this course and may be subject to further disciplinary action.