I. Course Description: The principles of football from offense, defense, special teams, recruiting, rules and regulations will be discussed. The course format will be lecture with an emphasis on student participation. Some practical skills are demonstrated and practiced.

II. Intended Learning Outcomes/Goals/Objectives:
1. Students will acquire factual knowledge concerning rules and regulations of game, recruiting rules and referee signals.
2. Students will gain familiarity with offensive, defensive and special team’s strategies. They will also gain an understanding of basic philosophies and schemes.
3. Students will come to recognize the importance of recruiting, issues that come with recruiting and to analyze and evaluate the choices that can be made in regard to these issues.
4. Students will be able to demonstrate the basic football activities associated with the game upon completion of this course.

Student Learning Outcomes:
1. Students will be able to identify recommended best practices relative to athletic fitness levels, performance and physiological effects during various levels of athletic/sport competition.
2. Students will be able to explain how to setup and control an athletic teaching/coaching environment so that positive motor and physical development benefits are more likely to be achieved.
3. Students will be able to describe approaches commonly used to operate and control a teaching/coaching experience so that it is developmentally appropriate, safe and employs sound educational principles.
4. Students will be able to identify, evaluate and discuss the nature of kinesiology principles as well as athletic team administration and management responsibilities and procedures.
5. Students will be able to identify undesirable, ineffective and detrimental coaching and managerial practices that impede, deter and detract from desirable athletic performances as well as organizational/team management and leadership.

III. Course Assignments, Activities, Instructional Strategies, use of Technology: A variety of instructional activities will be used including: quizzes, tests, evaluation sheets, lecture, discussion, videos and demonstration. Guest speakers including coaches, a nutritionist, athletic trainer and current players will be part of this course. In accordance with the “American Disabilities Act”, an appropriate adjustment will be arranged for those in need. Students must notify the instructor about the specific disability so that appropriate accommodations can be made.
IV. Evaluation and Assessments (Grading):

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Value</th>
<th>Grading Scale</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quizzes (10 total)</td>
<td>10 points</td>
<td>A: 200 points – 190 points</td>
</tr>
<tr>
<td>Skill Test 1 Offense</td>
<td>10 points</td>
<td>B: 189 points – 170 points</td>
</tr>
<tr>
<td>Skill Test 2 Defense/Special Teams</td>
<td>10 points</td>
<td>C: 169 points – 150 points</td>
</tr>
<tr>
<td>Paper</td>
<td>30 points</td>
<td>D: 149 points – 130 points</td>
</tr>
<tr>
<td>Final Exam</td>
<td>30 points</td>
<td>F: 129 points – 0 points</td>
</tr>
<tr>
<td>Attendance and Participation</td>
<td>20 points</td>
<td></td>
</tr>
</tbody>
</table>

V. Tentative Course Outline/Calendar:

- **Week 1**
  - 1/21-1/25: MLK Holiday/Course Introduction/Syllabus Overview

- **Week 2**
  - 1/28-2/1: History of Football/Philosophies of Play/HEAD COACH COLBY CARTHEL

- **Week 3**
  - 2/4-2/8: Rules and Regulations/Head Trainer AJ Van Valkenburgh

- **Week 4**
  - 2/11-2/15: Recruiting/Pro Scouting/NFL Draft/NFL Draft Combine

- **Week 5**
  - 2/18-2/22: Basic Offense (Coach Storm)

- **Week 6**
  - 2/25-3/1: Offensive Line (Coach Natkin)

- **Week 7**
  - 3/4-3/8: Receivers (Coach Kelly)

- **Week 8**
  - 3/11-3/15: Quarterbacks (Coach May)/Homer Bryce Stadium Tour/Touchdown Club

- **Week 9**
  - 3/18-3/22: SPRING BREAK!!!

- **Week 10**
  - 3/25-3/29: Basic Defense (Coach Swarers)/Equipment Manager

- **Week 11**
  - 4/1-4/5: Defensive Line (Coach Faske)

- **Week 12**
  - 4/8-4/12: Linebackers (Coach Davis)

- **Week 13**
  - 4/15-4/19: Secondary (Coach Banks)/EASTER

- **Week 14**
  - 4/22-4/26: Special Teams (Coach Swarers)

- **Week 15**
  - 4/29-5/3: Attend Practice/Scheduling/Travel/Postseason Play/Awards/Trophies/Rings

- **Week 16**
  - 5/6-5/10: Final Exam Week/Practical Exams (You made it!)

*This course outline is subject to change due to guest speaker's scheduling conflicts

Revised August 3, 2015
VI. Readings: There will be no required text. All materials will be given out in class.

VII. Course Evaluation Statement: Near the conclusion of each semester, students evaluate courses taken. The course evaluation process is simple and accessed through MySFA. Information gained through these evaluations is used for course improvement, planning and accreditation. All ratings and comments are confidential and anonymous.

VIII. Student Ethics and Other Policy Information: (Policy 6.7)
ATTENDANCE POLICY: The 10% of the final grade that is based on attendance is a reward for being present. It is assumed and expected that students will attend all scheduled class meetings. All absences, whatever reason, are UNEXCUSED, and if convenient (for the instructor) may be made-up. Students must be aware that all absences and tardies are recorded and used in determining the student's attendance reward grade. Consistent and prompt attendance positively reflects on the student's participation and therefore there is, in fact, a reward for being present. If a student chooses, or is forced to miss class it will affect the 10% attendance portion of the grade, in the following way: after two absences each subsequent absence will reduce the attendance reward portion of the course grade one step (A, A-, B+, B, B-, etc). A tardy counts as 1/3 of an absence and accumulates in the same negative manner as absences. Instructor reserves the right to record an absence for any person who is present and sleeping. Late assignments will not be tolerated and will be recorded as a zero.

Students with Disabilities: (Policy 4.1) To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 4683004/4681004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

ACADEMIC INTEGRITY
Abiding by university policy on academic integrity is a responsibility of all university faculty and students.

**Definition of Academic Dishonesty**
Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:
- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment; and/or;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one's own. Examples of plagiarism include, but are not limited to:
- submitting an assignment as one's own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source; and/or,
- incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.

**Penalties for Academic Dishonesty**
Penalties may include, but are not limited to: reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.
**Student Appeals**

A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

**WITHHELD GRADES: (Policy 5.5)**

At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

**STUDENT CODE OF CONDUCT: (Policy 4.4)**

Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy D-34.1). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare: Early Alert Program at SFA.

**Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6**

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.