School of Human Sciences  
HMS 203.501 Human Growth and Development: Infancy through Adolescence  
Spring 2019

Instructor: Lynsey Cortines, M.S.  
Course Time & Location: HMS 203 is an online course  
Office: EDAN 119B  
Office Hours: M, 10:00-11:00; T/TH, 9:00-11:00  
Office Phone: 936-468-2449  
Credits: 3 hours

Mail: Email: Only through Desire 2 Learn (D2L) Email tool. To send an email, click Communication Tools in the navigation bar, then select Email. Do not use text format; all e-mails should include a greeting (instructor’s title and name), proper grammar, correct spelling, and end with your name.

Prerequisites: None

I. Course Description:

This course centers on the developmental study of children from infancy through adolescence. Content includes an overview of the grand theories of development, parenting styles and discipline methods, and sequences of physical, cognitive, and social and emotional development. Environmental and social factors that influence development in all domains including prenatal development, birth, and physical growth and development through adolescence are addressed.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning Outcomes):

The mission of the College of Education is to prepare competent, successful, caring, and enthusiastic professionals dedicated to responsible service, leadership and continued professional and intellectual development.

In the College of Education at Stephen F. Austin State University, we value and are committed to:

- Academic excellence through critical, reflective and creative thinking
- Life-long learning
- Collaboration and shared decision making
- Openness to new ideas, culturally diverse people and innovation and change
- Integrity, responsibility, diligence, and ethical behavior, and
- Service that enriches the community
This course enhances student learning in the area of human development and serves as one of the foundation courses in the Human Development and Family Studies program in the School of Human Sciences. It also aligns with the standards of the National Council on Family Relations and the National Association for the Education of Young Children to promote learning and understanding of human development and family relationships.

**Program Learning Outcomes**

- Learners will identify social and cultural influences affecting family life.
- Learners will recognize healthy and unhealthy characteristics pertaining to family relationships.
- Learners will apply appropriate practices based on theories of human growth and development to individuals and families.
- Learners will apply strategies based on the child’s age/stage of development to promote effective developmental outcomes.
- Learners will demonstrate professional behaviors that are reflective of ethical standards and practice.
- Learners will develop culturally competent educational materials and learning experiences.

**Student Learning Outcomes**

- Students will identify major biological and environmental factors that influence the course of human development, behavior, and interpersonal relationships from infancy through adolescence.
- Students will collaborate to learn about children’s development, beginning in infancy through adolescence, in the major physical, cognitive and psychosocial domains.
- Students will identify and analyze the major theoretical frameworks of human development including theoretical strengths and limitations.
- Students will examine the interface between family diversity and community settings that impact the quality of a child’s experiences in relation to human development.

**III. Certification Competencies**

**Secondary Education Standards**

| TExES PPR Exam (160) Framework |
Educator Standards for Family & Consumer Science Composite 6-12:
These standards are approved by the Texas Education Agency for teachers desiring certification in the Family and Consumer Science Composite 6-12. For additional information on the standards, please visit:
https://tea.texas.gov/Texas_Educators/Preparation_and_Continuing_Education/Approved_Educator_Standards/

Standard II. Family Studies and Human Services: The family and consumer sciences teacher understands the areas of personal development, relationships, and management of work and family to enhance quality of life across the life span, and understands career opportunities in family studies and human services. (Specific Sub-Standards: 2.1k, 2.1s, 2.2s, 2.4s, 2.14s).

Standard III. Human Development, Education, and Services: The family and consumer sciences teacher understands human growth and development, parent/guardian/educator roles and responsibilities, and career opportunities in human development, education, and services. (Specific Sub-Standards: 3.2k, 3.3k, 3.1s, 3.2s, 3.3s, 3.4s, 3.6s, 3.7s, 3.9s, 3.11s).

The Educator Standards are addressed in the following assessments:
Discussion 1-(2.1k, 2.1s, 2.2s, 2.4s, 2.14s, 3.2k, 3.3k, 3.1s, 3.2s, 3.9s)
Discussion 2-(2.1k, 2.1s, 2.2s, 2.14s, 3.2k, 3.3k, 3.2s, 3.3s, 3.4s, 3.6s, 3.9s)
Discussion 3-(2.1k, 2.1s, 2.2s, 3.2s, 3.3k, 3.2s, 3.3s, 3.3k, 3.2s, 3.2s, 3.3s, 3.6s, 3.7s, 3.9s, 3.11s)
Discussion 4-(2.1k, 2.1s, 2.2s, 3.2k, 3.3k, 3.2s, 3.3s, 3.6s, 3.7s, 3.9s)
IV. Course Assignments, Activities, Instructional Strategies, use of Technology:

1. HMS 203 is an online course. Class attendance and participation are crucial as students are expected to log into the course daily to stay current with course assignments/discussions, exams, and course information. Students who have technical difficulties accessing the course homepage, assignments/discussions, or exams should call SFA’s D2L Support Team at (936) 468-1919. The D2L Support Team is available Monday-Friday, 8:00 a.m. – 5:00 p.m.

2. Information notices for all assignments, discussions, and exams will be posted on the course homepage. The homepage includes tools for class assignments, discussion board questions, exams, and grades which will be posted in D2L. All exams will be accessible online. Students may also contact the instructor and/or other students via e-mail tool.

3. Course content is delivered via D2L, which includes: instructor content notes, assignments, exams and discussion board questions directly relevant to the course content. Students are responsible for reading assigned content and completing all posted assignments, discussion questions, and quizzes by the due dates/times.

V. Evaluation and Assessments (Grading):

The course is graded on a letter grade basis (A-F). There are tentatively 645 required points for the course. Final grade will be determined by a percentage of total required points for the course. A=90-100%; B=80-89%; C=70-79%; D=60-69%; F=0-59%. If necessary, revised required course points will be posted before the final examination time period.

Late work on any assignment will not be accepted unless there is a compelling reason (written documentation must be provided). Experiencing problems with the computer and/or printer, failing to view the assignments/discussions/exams, and submitting assignments via e-mail to professor are unacceptable reasons for failing to complete
coursework by the due date/time. Do not request to turn in an assignment/discussion/exam late for any of these reasons. Students should always review any document that is uploaded to the Dropbox to ensure that it is readable and that it is the most appropriate document for the given assignment.

Course Points:

1. **Exams- 400 points (4 x 100 points)**. Students will take a total of 4 exams relating to course content throughout the semester. Exams will consist of approximately 50 questions worth 2 points each. Questions may consist of, but are not limited to: multiple choice, matching, and true/false. Students will have 75 minutes to complete the exam. Each question must be answered before proceeding to the next question. It will not be possible to move backward and review previous questions. Students should call 936-468-1919 for technical help between 8:00 a.m. and 5:00 p.m.

   **Students must contact the professor prior to the exam date if rescheduling is necessary for a compelling reason with documentation.** Students should notify the instructor as soon as possible, preferably more than a week prior to the regularly scheduled exam date. Missing the scheduled exam date means that a student will earn a zero for the given exam.

2. **Discussion Board- (140 points)**. Discussion questions will relate to course content and assigned readings. Students must post responses directly to the discussion board by due date/time for credit. No credit will be given for responses sent through e-mail or posted incorrectly.

3. **Student Introduction- (25 points)**. Students must post introductions to the class through the discussion board by due date/time for credit. No credit will be given for responses sent through e-mail or posted incorrectly.

4. **Memory Strategies Assignment- (40 points)**. Students will complete the Memory Strategies Assignment to learn about memory strategies that would be useful for the school-aged child. Download assignment from D2L; complete the Memory Strategies Assignment summary (must be typed); submit via D2L by due date/time. No credit will be given for assignments posted incorrectly.

5. **Creating an Adolescent Health Class Assignment- (40 points)**. Students will complete the Creating an Adolescent Health Class Assignment to learn about the importance of health during the Adolescent period of development. Download assignment from D2L; complete the Creating an Adolescent Health Class Assignment (must be typed); submit via D2L by due date/time. No credit will be given for assignments posted incorrectly.

**Extra Credit. Optional opportunities** to earn extra-credit will be given during the semester. These assignments may not be announced ahead of time and cannot be made up if missed. Students must be in class to turn in any extra credit assignments.

**VI. Tentative Course Outline/Calendar:**
<table>
<thead>
<tr>
<th>Date</th>
<th>Readings/Assignments</th>
<th>Points</th>
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<tbody>
<tr>
<td>Week of January 22nd</td>
<td>Introduction and overview of course</td>
<td>25</td>
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<td><strong>Student Introductions due January 25th by 11:00 p.m.</strong></td>
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<td>Week of January 28th</td>
<td>Chapter 1 (History, Theory, and Research Strategies)</td>
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<td>Week of February 4th</td>
<td>Chapters 2 (Genetic and Environmental Foundations) &amp; 3 (Prenatal Development)</td>
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<td><strong>Discussion 1 due February 8th by 11:00 p.m.</strong></td>
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<td>Week of February 11th</td>
<td>Exam 1 (Feb. 11 and 12) Chapters 1, 2, and 3</td>
<td>100</td>
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<td></td>
<td>Exam 1 is available beginning at 8:00 a.m. on Feb. 11th and will close at 11:00 p.m. on Feb. 12th</td>
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<td></td>
<td>Begin Chapters 5 (Physical Development in Infancy and Toddlerhood) &amp; 8 (Physical Development in Early Childhood)</td>
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<td>Week of February 18th</td>
<td>Continue Chapters 5 &amp; 8</td>
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<td><strong>Discussion 2 due February 22nd by 11:00 p.m.</strong></td>
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<td>Week of February 25th</td>
<td>Chapters 6 (Cognitive Development in Infancy and Toddlerhood) &amp; 9 (Cognitive Development in Early Childhood)</td>
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<td><strong>Discussion 3 due by March 1st by 11:00 p.m.</strong></td>
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<tr>
<td>Week of March 4th</td>
<td>Chapters 7 (Emotional and Social Development in Infancy and Toddlerhood) &amp; 10 (Emotional and Social Development in Early Childhood)</td>
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<td><strong>Discussion 4 due March 8th by 11:00 p.m.</strong></td>
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<tr>
<td>Week of March 11th</td>
<td>Exam II (Mar. 11 and 12) Chapters 5, 6, 7, 8, 9, 10</td>
<td>100</td>
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<td></td>
<td>Exam II is available beginning at 8:00 a.m. on Mar. 11th and will close at 11:00 p.m. on Mar. 12th</td>
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<td>Begin Chapter 11 (Physical Development in Middle Childhood)</td>
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<tr>
<td>Week of March 18th</td>
<td><strong>SPRING BREAK!!!</strong></td>
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<tr>
<td>Week of March 25th</td>
<td>Continue Chapter 11</td>
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<td><strong>Discussion 5 due March 29th by 11:00 p.m.</strong></td>
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<tr>
<td>Week of April 1st</td>
<td>Chapter 12 (Cognitive Development in Middle Childhood)</td>
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<td></td>
<td><strong>Memory Strategies Assignment due April 5th by 11:00 p.m.</strong></td>
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### VII. Readings (Required):


### FEM Statement:

In this course you must purchase and activate the LiveText/Watermark add-on, Field Experience Module (FEM), PRIOR to your first day of field experience/clinical teaching. Failure to purchase and activate the account and/or submit the required assignment(s) within the FEM system may result in course failure. FEM must be purchased from www.LiveText/Watermark.com for a fee of $18.00 for a multiple year subscription.

### LiveText Statement:
This course uses the LiveText/Watermark data management system to collect critical assessments for students who are Perkins College of Education majors (undergraduate, graduate, and doctoral) or majors in other colleges seeking educator certification through the Perkins College of Education. Students who do not have an existing LiveText/Watermark account will receive an access code via the SFA email system within the first week of class. You will be required to register your LiveText/Watermark account, and you will be notified how to do this via email. If you forward your SFA e-mail to another account and do not receive an e-mail concerning LiveText/Watermark registration, please be sure to check your junk mail folder and your spam filter for these e-mails.

If you have questions about obtaining or registering your LiveText/Watermark account or any technical questions, call 936-468-7050 or e-mail LiveText@sfasu.edu. Failure to activate the account and/or submit the required assignment(s) within the LiveText/Watermark system may result in course failure.

*There are no required Livetext/Watermark submission assignments for this course.

VIII. Course Evaluations:

Near the conclusion of each semester, students in the College of Education electronically evaluate courses taken within the COE. Evaluation data is used for a variety of important purposes such as course and program improvement, planning, and accreditation, and instruction evaluation purposes. As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the COE faculty is committed to excellence in teaching and continued improvement. Therefore, your response is critical! In the College of Education, the course evaluation process has been simplified and is completed electronically through mySFA.

Although the instructor will be able to view the names of students who complete the survey all ratings and comments are confidential and anonymous and will not be available to the instructor until after final grades are posted.

IX. Student Ethics and Other Policy Information: These policies may be found at www.sfasu.edu/policies

Class Attendance and Excused Absence: Policy 6.7

Daily login to the course is vital for success in this course and is expected from all students. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Students missing classes, other than university-sponsored trips, may contact the Office of Student Rights
and Responsibilities (OSRR) and request that an absence notification be sent to the instructor(s). The notification is not an excuse, and is not evaluated by OSRR. The notification is only provided as a courtesy to the student and the student's instructor(s). Students remain responsible for providing documentation in a timely manner to the instructor for each absence. The instructor determines whether such documentation is satisfactory. If participating in university-sponsored events, announcements in mySFA constitute official notification. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences during a semester or one week of a summer term, depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

**Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6**

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilitieservices/.

**Student Academic Dishonesty: Policy 4.1**

Abiding by university policy on academic integrity is a responsibility of all university faculty and students.

**Definition of Academic Dishonesty**

Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:

- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment; and/or;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one's own. Examples of plagiarism include, but are not limited to:

- submitting an assignment as one's own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source; and/or,
- incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.
Penalties for Academic Dishonesty

Penalties may include, but are not limited to reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

Student Appeals

A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

Withheld Grades: Policy 5.5

At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

Student Code of Conduct: Policy 10.4

Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program. Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This policy applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare: Early Alert Program at SFA. Information regarding the iCare program is found at https://www.sfasu.edu/judicial/earlyalert.asp or call the office at 936-468-2703.

Additional Information:

Code of Ethics for the Texas Educator:

The Texas educator shall comply with standard practices and ethical conduct toward students, professional colleagues, school officials, parents, and members of the community and shall safeguard academic freedom. The Texas educator, in maintaining the dignity of the profession,
shall respect and obey the law, demonstrate personal integrity, and exemplify honesty and good moral character. The Texas educator, in exemplifying ethical relations with colleagues, shall extend just and equitable treatment to all members of the profession. The Texas educator, in accepting a position of public trust, shall measure success by the progress of each student toward realization of his or her potential as an effective citizen. The Texas educator, in fulfilling responsibilities in the community, shall cooperate with parents and others to improve the public schools of the community. This chapter shall apply to educators and candidates for certification.


To complete Certification/Licensing Requirements in Texas related to public education and other professional settings, you will be required to:

1. Candidates must undergo a criminal history background check prior to clinical teaching and prior to employment as an educator. The public school campuses are responsible for completing the criminal background check. A person who is enrolled or planning to enroll in a State Board for Educator Certification-approved educator preparation program or planning to take a certification examination may request a preliminary criminal history evaluation letter regarding the person's potential ineligibility for certification due to a conviction or deferred adjudication for a felony or misdemeanor offense.

A Preliminary Criminal History Evaluation is a non-mandatory, non-binding evaluation of an individual’s self-reported criminal history. In addition, the agency obtains your name-based Texas criminal history information. The service is provided to the requestor for a non-refundable fee. The requestor will receive an evaluation letter by email from agency staff advising of potential ineligibility for educator certification.

You are eligible to request a Preliminary Criminal History Evaluation if:

- You enrolled or planning to enroll in an educator preparation program or
- You are planning to take a certification exam for initial educator certification, and
- You have reason to believe that you may be ineligible for educator certification due to a conviction or deferred adjudication for a felony or misdemeanor offense.

You are not eligible for a preliminary evaluation of your criminal history if you do not have a conviction or deferred adjudication for a felony or misdemeanor offense.

In addition, you must complete the fingerprinting process when you apply for certification. Participation in the evaluation does not preclude you from submitting to a national criminal history review at the time you apply for your educator
certification. Your criminal history will be reviewed and you may be subject to an investigation based on that criminal history, including any information you failed to submit for evaluation.

Additional information can be found at [https://tea.texas.gov/Texas_Educators/Investigations/Preliminary_Criminal_History_Evaluation-FAQs/](https://tea.texas.gov/Texas_Educators/Investigations/Preliminary_Criminal_History_Evaluation-FAQs/).

2. Provide one of the following primary ID documents: passport, driver’s license, state or providence ID cards, a national ID card, or military ID card to take the TExES exams (additional information available at [www.texas.ets.org/registrationBulletin/](http://www.texas.ets.org/registrationBulletin/)). YOU must provide legal documentation to be allowed to take these mandated examinations that are related to certification/licensing requirements in Texas. If you do not have legal documentation, you may want to reconsider your major while at SFASU.

3. Successfully complete state mandated a fingerprint background check. If you have a history of criminal activity, you may want to reconsider your major while at SFASU.

For further information concerning this matter, contact Katie Snyder Martin at 936-468-1740 or snyderke1@sfasu.edu.

X. Other Relevant Course Information:

Class attendance and participation are crucial. Students are responsible for checking the course homepage on a regular basis; recommendation is at least once a day to stay current with all class work and information. All coursework must be completed and submitted by the due date/time for credit. Missed assignments cannot be made up and no extra credit assignments will be given at the end of the semester after the final exam date.