Stephen F. Austin State University
DeWitt School of Nursing
BASIC NURSING CARE OF ADULT CLIENTS SYLLABUS
Course Number: NUR 306
Section Number(s): 001 (ALL)
Clinical Sections: 010 – 019 (ALL)
Fall 2019

Course Instructors:

Mrs. Laurel Matthews, MSN, RN
Ms. Kelley McDonald, MSN, RN
Mrs. Veronica S. Sjolander, MSN, RN
Mrs. Alysa Cummins MSN, RN
Ms. Jennifer Gaston MSN, RN

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AND FOR COMPLIANCE THEREWITH.

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This syllabus is provided for information purposes only.
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Friday by appointment

Mrs. Rebecca Self (Simulation Lab Director) selfrz@sfasu.edu

Appointments are encouraged as times may vary due to committee obligations.

Class meeting time and place:

Lecture: Tuesdays 1200-1500  
Testing: Tuesdays and Fridays  
Clinical: Wednesdays and Thursdays (with Mondays, Tuesdays and Fridays TBA)  
Location: Refer to Course Calendar
**Required Textbooks, References, and Supplies:**

*WE ENCOURAGE YOU TO BUY THE FOLLOWING RESOURCES IN THEIR PACKAGES at one of the local bookstores. You will have one access code that will include all three of the digital products and the required textbooks. This will ensure that you have what is required, and that you are able to buy them at a discounted price. The first package by Elsevier publications, and the last product are packaged by F.A. Davis publications.*


✔ SimChart 1-year Access; Publisher: Elsevier (digital content on the Evolve/Elsevier website, access code required)

✔ Clinical Skills: Skills for Nursing Collection, 1st Edition; Publisher: Elsevier (digital content on the Evolve/Elsevier website, access code required)

✔ Sherpath for Fundamentals (digital content on the Evolve/Elsevier website, access code required)


✔ *Lab Supplies required and coordinated with NUR307 Health Assessment.*

*DIGITAL TEXTBOOKS ARE RESTRICTED IN MOST CLINICAL SETTINGS. If you are in a setting that does not allow access to digital content, you are still responsible for the reference/textbook material required.*

**Optional / Not Required Textbooks and Resources:**
- NCLEX Review Book / HESI Review Book (various publishers available)
Course Description
Six semester hours, three hours didactic and nine hours clinical practicum. Acquisition and application of nursing theory, research and practice to adult clients experiencing health care needs.

Unabridged Course Description
This course utilizes a prerequisite knowledge base from core curriculum and concurrent nursing courses to provide students with an opportunity for acquisition and application of theory, research, practice and the beginnings of critical thinking in nursing practice. In an introduction to nursing care of adults, students will learn to communicate and interact with clients and with members of the interdisciplinary healthcare team (IDHCT). Students will learn to utilize the nursing process when providing holistic care to clients of diverse spiritual, ethno-cultural, and socio-economic backgrounds.

Credit Hour Description
(6 credits; 3 hour didactic and 9 hours clinical per week) This course typically meets one day a week for course instruction in 3 hour segments for 15 weeks and has an additional meeting for the final week. Students have significant weekly reading assignments and are required to take major tests, and a comprehensive final examination. The didactic preparation and activities average a minimum of 9 hours a week to prepare outside of classroom hours. The clinical component is composed of a total of 135 hours. It consists of skills videos, clinical documentation, weekly assignments, and offsite and onsite clinical. Skills check-offs are during the semester and at the end of the semester. Students are required to pass the clinical component to pass the course.

Number of Credit Hours
6 credit hours (3 lecture/9 clinical practicum)

Course Prerequisites and Co-requisites
Prerequisites: NUR 304, Admission to Nursing Program
Co-requisites: NUR 305, NUR 307, NUR 308

BSN Program Learning Outcomes
Graduates of the program will:
1. Apply knowledge of the physical, social, and behavioral sciences in the provision of nursing care based on theory and evidence based practice.
2. Deliver nursing care within established legal and ethical parameters in collaboration with clients and members of the interdisciplinary health care team.
3. Provide holistic nursing care to clients while respecting individual and cultural diversity.
4. Demonstrate effective leadership that fosters independent thinking, use of informatics, and collaborative communication in the management of nursing care.
5. Assume responsibility and accountability for quality improvement and delivery of safe and effective nursing care.
6. Serve as an advocate for clients and for the profession of nursing.
7. Value continuing competence, growth, and development in the profession.

General Education Core Curriculum Objectives/Outcomes
None
Student Learning Outcomes

1. Connect concepts and principles of the arts, sciences, humanities, and nursing as a source for making practice decisions with adult clients.
2. Develop professional, legal, and ethical behavioral standards to guide activities in caring for adult clients.
3. Demonstrate beginning proficiency in activities related to elements of professional nursing roles: provider of care, member of profession, and coordinator of care.
5. Distinguish the pathophysiologic and psychosocial processes associated with health problems/strengths, incorporating the nursing process as a template to formulate holistic individualized plans of care.
6. Demonstrate prioritization of nursing problems and activities to meet specific health needs.
7. Demonstrate beginning nursing skills to provide safe, holistic care to clients with a focus on maintenance, illness care, and maximum restoration of potential.
8. Examine research for applicability of findings to nursing care of adult clients.
9. Demonstrate responsibility and accountability using consistent behavior patterns, and professional communication.
10. Interact with interdisciplinary healthcare team members to provide advocacy and referral sources to adult clients of varying socio-economic, spiritual, and ethno-cultural characteristics.

Differentiated Essential Competencies (DEC’s)
The Richard and Lucille DeWitt School of Nursing prepares graduates to demonstrate the Differentiated Essential Competencies of Graduates of Texas Nursing Programs Evidenced by Knowledge, Clinical Judgments, and Behaviors (DECs). The competencies are based upon the preparation in the program of study. In nursing education, the DEC’s serve as a guideline and tool for curriculum development and revision, a tool for benchmarking and evaluation of the program, and statewide standard to ensure graduates will enter practice as safe and competent nurses. The DECs are incorporated into every course in the SON to ensure uniformity and continuity of standards. Please refer to the Texas BON website for additional information
https://www.bon.texas.gov/pdfs/differentiated_essential_competencies-2010.pdf

Please review the School of Nursing Policies located on the SFASU Nursing website. You are required to consent to, and abide by, the policies of SFASU and of the DeWitt School of Nursing while a student in this nursing program.
http://www.sfasu.edu/academics/colleges/sciences-math/nursing/student-resources/nursing-policies

Computer capability to use the BRIGHTSPACE system is required. For assistance with technical issues, and BRIGHTSPACE proficiency, please contact student support in the Office of Instructional Technology (OIT) at Brightspace@sfasu.edu or 936-468-1919. If you call after regular business hours or on a weekend, please leave a voicemail. For general computer support (not related to BRIGHTSPACE), contact the Technical Support Center (TSC) at 936-468-HELP (4357) or at helpdesk@sfasu.edu. To learn more about using BRIGHTSPACE, visit SFA ONLINE at http://sfoonline.sfasu.edu and https://Brightspace.sfasu.edu/ where you will find instructions and video tutorials. You are responsible for being able to utilize BRIGHTSPACE.
Clinical Experience:
PURPOSE: The purpose of the N306 practicum is to provide a clinical practicum experience in which the student can utilize the nursing process as a framework for practice and use knowledge from many sources to translate theory and facts into action in the care of the adult client. Refer to the end of the syllabus for additional clinical information.

Clinical Requirements
Clinical Hours: Total of 135 hours of clinical practicum per semester.

Course and Clinical Requirements:
1. SimChart with Care Plan (Evolve)
2. SimChart – Just a Narrative Note (Evolve)
3. Clinical Skills Online Videos & Quizzes (Evolve)
4. Reflective Journals
5. Sjolander Clinical Assigned Medication Lists A & B
6. Class/Simulation Assignments
7. Evaluations

*Please consult your syllabus unit content and the class calendar to determine when assignments are due.

*Check BRIGHTSPACE a minimum of once a day.

*Utilize media resources and terms listed on the title page of each assigned chapter.

CLINICAL FEEDBACK: You will receive an electronic Clinical Folder through the BRIGHTSPACE course dropbox. It is used to give you feedback on your clinical experiences. You are expected to read and review it every time your clinical instructor posts it into your dropbox.

Requirements:
We will assist you in registering for digital products the first week of class by utilizing your Evolve/Elsevier Access Code, which is purchased as part of your book package. That one access code is for both the SimChart and the Clinical Skills Videos.

1. SimChart with Care Plan:
   • Refer to BRIGHTSPACE Clinical Information for the detailed SimChart Guidelines and the SimChart Grading Rubric for expectations and grade requirements.
   • You will complete two “SimChart with Care Plans” during your four weeks in clinical, and complete “Sim Chart - Narrative Note ONLY” for the other two weeks when a SimChart with Care Plan is not assigned to you.
   • *SimCharts are due by 2359 on the Sunday following your clinical. All assigned components must be completed.
   • LATE: There will be a 5-point deduction for any late SimChart submission between 2400 Sunday and 1200 (noon) on Monday.
SimChart submissions will not be accepted after 1200 on Monday; a zero will be recorded, and an F-Day earned for failure to document care. Any future infractions, which indicate a lack of accountability and/or responsibility, may also earn clinical F-Days.

2. **SimChart – Just a Narrative Note**
   - For weeks of clinical when a “SimChart with Care Plan” is not assigned to you, you must complete a “Sim Chart - Narrative Note ONLY”. This is due by 2359 on the Sunday following your clinical.
   - **LATE**: No points will be given for any late Narrative Note submissions. Narrative Note submissions will not be accepted after 1200 on Monday; a zero will be recorded, and an F-Day earned for failure to document care. Any future infractions, which indicates a lack of accountability and/or responsibility, may also earn clinical F-Days.

3. **Clinical Skills Online Videos & Quizzes**: (Clinical Skills: Skills for Nursing Complete Collection)
   - **Each Lab Practicum** has a list of required videos/quizzes. The required video/quizzes for each lab are listed at the back of this syllabus. The videos are located in “Content” on BRIGHTSPACE, in the “Evolve Clinical Skills Videos” Module.
   - View the assigned skills videos and complete the corresponding quiz for each video prior to the corresponding lab experience and on the due date.

   *NOTE: You must achieve 75% or greater on each video quiz, and each grade must be recorded in the BRIGHTSPACE gradebook in order for this assignment to be complete. It is your responsibility to make sure the quiz is submitted appropriately. Please check the Brightspace Gradebook to make sure your grade was recorded.*

   - There is nothing that you will need to print after completing each quiz; we will monitor your progress online.
   - **Failure to complete ALL assigned videos and their quizzes**: You must complete ALL assigned videos and quizzes by the start of lab on the assigned day to receive credit. Failure to complete or submit any of the quizzes as directed will result in the loss of all assignment points.
   - **LATE**: You will have one week from the due date to complete late videos and quizzes; if not completed, an F-Day is earned.

4. **Reflective Journals**: 
   - Six reflective entries are required – These are reflections on Hospital Clinical experiences and the two Sjolander Clinical Labs.
   - **Video Guidelines**:
     - Answer all prompts in rich, thoughtful detail.
     - Minimum of 1 minute, maximum of 5 minutes
     - Be of good quality (arm’s length from face, normal tone of voice, well-lit area)
• Does not reveal PHI (Protected Health Information). Refers to assigned client as “my patient or my client”. Violation of HIPAA may result in earned F-Days.

• Your electronic submissions via BRIGHTSPACE (Dropbox) are due by Sunday at 2359 for that week of Hospital Clinical, and each of your Sjolander Clinical experiences.

• LATE SUBMISSION OR THOSE SUBMITTED TO THE WRONG DROPBOX: These will not be accepted and no points will be given.

*Please be aware that BRIGHTSPACE experiences downtime on weekends, so do not procrastinate or you will not be able to submit in a timely manner.

5. Sjolander Clinical Labs - Assigned Medication Lists A & B:
• You are required to prepare, PRINT, and bring the assigned medication list to the lab. Your med lists are due on your assigned date for S1 and S2.
• The list must be typed and complete.
• Please save your document for future edits and use in labs, simulations, and clinical.
• The list of medications is located in BRIGHTSPACE in “Clinical Information” under “Content”.

*Medication Lists for the Sjolander Clinical Labs are clinical requirements; failure to provide the required list when it is due will result in an earned F-Day for the lab.

6. Class/Simulation Assignments: Assigned as designated by instructors.
• Sherpath digital content is available in BRIGHTSPACE within the individual lecture content areas, as well as for your general use.

7. Course Evaluations: Online evaluations completed after all simulations and at the end of the semester as per policy of the School of Nursing.
• Evaluations are submitted using the TYPHON system during the week following simulations.
• At the end of the semester, students also evaluate the course, instructors, clinical sites, and clinical instructors.
• You must print out your Typhon history, that shows completion of these evaluations, and turn it in on the day of the HESI (final) exam.

Course Calendar
See course calendar located in BRIGHTSPACE

Grading Policy
Evaluation is based on achievement of the course and clinical/practicum objectives.

❖ It is necessary to obtain a WEIGHTED MEAN TEST SCORE OF 75 in the class exam grades to pass this course.
❖ A weighted mean test score below 75 or a class average below 75 constitutes failure.
❖ Clinical is graded as Pass/Fail. Failing clinical constitutes failure of the course
❖ You must pass both the class and clinical in order to pass Nursing 306. Refer to SON Policies, http://www.sfasu.edu/academics/colleges/sciences-math/nursing/student-resources/nursing-policies
As per SON Policy:

1. Rounding is confined to the final course grade.
   - Grades on individual exams (including comprehensive or HESI), assignments, quizzes, and projects are recorded in the gradebook (BRIGHTSPACE) in their original form without rounding.

2. Final course grades are rounded to the closest whole number using the 0.5 math rule and using one decimal point to the right of the whole number. If the final course grade is not a whole number, the following rounding rules apply:
   - If the decimal attached to a whole number is 0.5 or greater, then round up to the next whole number (equal to or greater than 85.50 = 86)
   - If the decimal attached to a whole number is less than 0.5, then round down to the previous whole number (equal to or less than 85.49 = 85).

3. The grading schedule for all Nursing Courses is as follows:
   - 90-100 = A
   - 80-89 = B
   - 75-79 = C
   - Less than 75 = F

### Exams
- Exam 1: 13%
- Exam 2: 13%
- Exam 3: 13%
- Exam 4: 13%
- Medication/Calculation Exam*: 4%
- HESI Exam - Conversion Score: 19%

*(Must have a weighted exam average of 75% - see grading policy above)*

- SimChart with Care Plan Assignment: 5%
- SimChart with Care Plan (2 @ 30 pts each): 12%
- SimChart - Narrative Note ONLY (2): 4%
- Syllabus/Calendar Quiz: 0.7%
- Required Course/Clinical Assignments (7 @ 1 pt each): 2%
- Reflective Journals (6 dropbox entries @ 2 pts each): 1%
- Evaluations: 0.3%

**Assignments/Requirements** 25%

*Student must achieve 100% on the NUR 306 Medication/Calculation Exam to attend clinicals. There will be 3 attempts offered prior to the beginning of offsite clinicals. The first attempt is recorded as your grade. Students will not be able to attend clinical after 3rd unsuccessful attempt. No additional testing is offered and F-Days will accrue. Clinical failure will occur after 3rd F-Day, and thus a failure of NUR 306.*
EXAMS:
Attendance for exams is mandatory. If an excused absence is required, the student is responsible for notifying his/her clinical instructor by telephone at least one hour prior to the exam with an acceptable reason. The student must contact the instructor within 2 business days following the missed exam in order to make appropriate arrangements for make-up. Make-up exams will be given at the discretion of the instructor (refer to SON Policy 20). Faculty reserve the right to substitute an alternate exam format for make-up exams. Unexcused absences from exams will not be made up. Documentation may be requested. Refer to SON policies.

Exams 1-4 are composed of 50 questions (multiple formats) and a possible 5 pilot questions over specified material. All tests are computerized. If computerized testing is not feasible, a paper and pencil test may be substituted. Students will have 88 minutes to complete each exam. (1.8 minutes per question on exams 1-5). Students will be able to review any incorrect questions and rationales at the time of the test only. Students are encouraged to view rationales prior to leaving the exam room. Viewing rationales for missed questions is an excellent way to begin material remediation. The HESI final will not be available for review.

Testing Expectations:

- Because of the testing classroom environment, if you need a larger font, you must seek accommodations through Disability Services. Changing the font size during an exam is not allowed. Changing the font size requires a two-click process; therefore, it is a blatant violation of testing expectations and this will result in a ZERO on the exam.

- Testing is never a joint effort in this course. Students may only have earplugs and a pen/pencil. One piece of paper may be supplied by instructors only.

- THE FOLLOWING ITEMS ARE NOT ALLOWED:
  - Hats or Caps
  - Hoodies
  - Drinks or food (Drinks in clear container are at the discretion of the instructor)
  - Calculators
  - Sunglasses
  - IPODs
  - Watches of any type
  - Cell phones
  - Note cards with information on content

*Backpacks, keys, and above items will be placed in designated area in testing room; cell phones will be turned off and left at the front of the room.

- Please visit the restroom before the test. (An instructor will accompany the student if a restroom break is necessary; only one student may leave the testing room at a time and no additional testing time is given.)

*Students who arrive late will ONLY be allowed to take the exam if no other student has left the testing room, and they will complete the test without time extension within the allotted testing period.
• Testing will begin promptly. All students must remain in the testing center during the scheduled testing time until dismissed by the instructors. Failure to remain in the testing center until dismissed by the instructors will result in a zero for the test.

**Attendance Policy**
Refer to SON Policies.
Each student will sign in on the course roster at the beginning of class.

**Late to Class**
The doors to the classroom will be secured at the beginning of class. Please tend to your personal needs prior to class, or during lecture breaks. If you are late to class, you may wait in the hallway and only enter the room during lecture breaks given by the instructor. *Do not attempt to have a student open the door from the inside;* this is disruptive to the class and you will not be allowed to enter the classroom.

**CELL PHONES:** Class norms determined by the class at the beginning of the semester. *Instructors are responsible for maintaining an environment conducive to learning for all students.* *Disruptive use of cell phones may result in a student being asked to leave class.*

**ELECTRONICS.**
Computers, notebooks, or electronic tablets *may be used in the back rows of the classroom.* Students are responsible for utilizing their technology in a professional manner. Instructors retain the right to limit or restrict the use of technology at any time without prior notice.

Pertinent questions are welcome before, during, and after class as well as via BRIGHTSPACE email. If one student has a question, others probably have the same question but haven’t asked. Whispering (buzzing) among students during class presentations is not acceptable. This is distracting to the faculty and your classmates. If your behavior becomes disruptive, you will be asked to cease that behavior *once,* and then you will be asked to leave the classroom for the rest of that class day.

**Acceptable Student Behavior**
Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see Student Conduct Code, policy 10.4 http://www.sfasu.edu/policies/student-code-of-conduct-10.4.pdf).

Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, lab, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.

**Voice Recording Policy**
Lectures may be voice recorded only with the consent of the lecturing faculty prior to the start of that class lecture. No recording will be allowed at clinical sites or in post conference due to HIPAA policies and SON Policy.
Academic Dishonesty

The Academic Integrity University policy outlines cheating, plagiarism, and student discipline. The policy summaries do not specifically address assignments in detail so N306 expectations are listed here.

Class work and assignments must be of your own effort. We understand discussions about approaches to a problem have educational value and are acceptable among peers. We are not discouraging group discussions however the following applies:

Acceptable:
- Clarifying what an assignment is requiring.
- Helping someone find information for clinical documents such as medication cards. This does not include turning in another’s work as your own.

Unacceptable:
- Turning in any portion of someone’s work without crediting the author of that work, if the source of that work is not the course text.
- Writing for or with another student any course assignment and/or case study.
- Receiving from another person any course assignment, quiz content, and/or case study.
- Helping another person complete any course assignment, quiz, and/or case study.
- Logging into computer programs and/or signing for another student on computer or the roster.
- Sharing passwords to tests, quizzes or content.

In accordance with University policy, we will submit cases of suspected cheating and plagiarism to the BSN Coordinator and/or Director of the School of Nursing or the designee.

Student Academic Dishonesty – University Policy - Last Revision: January 31, 2017

Abiding by university policy on academic integrity is a responsibility of all university faculty and students. Faculty members must promote the components of academic integrity in their instruction, and course syllabi are required to provide information about penalties for cheating and plagiarism as well as the appeal process.

Definition of Academic Dishonesty

Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:
- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment; and/or;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one’s own. Examples of plagiarism include, but are not limited to:
- submitting an assignment as one’s own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source; and/or,
- incorporating the words or ideas of an author into one’s paper or presentation without giving the author credit.
Penalties for Academic Dishonesty
Penalties may include, but are not limited to reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

Procedure for Addressing Student Academic Dishonesty:
A faculty member who has evidence and/or suspects that academic dishonesty has occurred will gather all pertinent information and initiate the following procedure:

- The faculty member will discuss all evidence of cheating or plagiarism directly with the student(s) involved.
- After consideration of the explanation provided by the student(s), the faculty member will determine whether academic dishonesty has occurred. The faculty member may consult with the academic unit head and/or dean in making a decision.
- After a determination of academic dishonesty, the faculty member will inform the academic unit head and submit a Report of Academic Dishonesty with supporting documentation to the office of the dean of the student’s major. This report will become part of the student's record and will remain on file with the dean's office for at least four years even if the student withdraws prior to receiving a grade.
- For a serious first offense or subsequent offenses, the dean of the student’s major will determine a course of action, which may include dismissal from the university. The dean may refer the case to the college council for review and recommendations before making this determination.

A student's record of academic dishonesty will not be available to faculty members. The purpose of the record is for the dean to track a pattern of academic dishonesty during a student's academic career at Stephen F. Austin State University.

Student Appeals: A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

Cross Reference: Student Handbook; Final Course Grade Appeals by Students (6.3); and Course Add/Drop (6.10)

Withheld Grades (Course Grades Policy 5.5)
At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

Students with Disabilities
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. It is the student’s responsibility to contact the Office of Disability Services. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request
services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

Lectures:

Unit 1: Nursing Process & Care Plans / Documentation & Informatics

Required Activities:
- Perry & Potter Reading: Chapters 15, 16, 17, 18, 19, 20, and 26.
- BRING TO CLASS: Ladwig and Ackley: Mosby’s Guide to Nursing Diagnosis, Pagana Lab Book, & SimChart with Care Plan Assignment

Unit 2: Infection Prevention and Control / Hygiene

Required Activities:
- Perry & Potter Reading: Chapters 29 & 40
  - Refer to Asepsis Lab Practicum for the Evolve Clinical Skills Videos List that support this content.

Unit 3: Medication Administration

Required Activities:
- Perry & Potter Reading: Chapter 32.
- Joint Commission Material and ISMP Material – Download from BRIGHTSPACE Clinical Information
- Refer to Medication Administration Lab Practicum for Evolve Clinical Skills Videos List that supports this content

Unit 4: Bowel Elimination (GI)

Required Activities:
- Perry & Potter Reading: Chapter 47
  - Refer to Urinary Elimination Lab Practicum for the Clinical Skills Videos List that support this content. (It has info on enemas.)

Unit 5: Urinary Elimination (GU) / Pain Management

Required Activities:
- Perry & Potter Reading: Chapters 44 & 46
- Reflection Handout– Download from BRIGHTSPACE
- Evolve Clinical Skills Videos: Skills for Nursing Complete Collection: (review for testing concepts)
  - Assessing Pain
  - Managing Pain
- Refer to Urinary Elimination Lab Practicum for Evolve Clinical Skills Videos List that supports this content

Unit 6: Patient Safety and Quality / Immobility / Activity and Exercise

Required Activities:
- Perry & Potter Reading: Chapters 27, 28 & 39
Refer to Clinical on Campus Lab Practicum for the Evolve Clinical Skills Videos List that support this content.

Unit 7: Nutrition  
Required Activities:  
- Perry & Potter Reading: Chapter 45.  
- Supplemental Handouts – Download from BRIGHTSPACE

Unit 8: Skin Integrity and Wound Care  
Required Activities:  
- Perry & Potter Reading: Chapter 48  
- Refer to Sjolander Clinical #1 Practicum for Skills Videos that support this content.

Unit 9: Fluid, Electrolyte and Acid-Base Balances  
Required Activities:  
- Perry & Potter Reading: Chapter 42.

Unit 10: Oxygenation / Diagnostics  
Required Activities:  
- Perry & Potter Reading: Chapter 41, pg 1274 Table 50-6, pg 1158 Box 47-5

Unit 11: Cultural Awareness / Complementary and Alternative Therapies / Spiritual Health  
Required Activities:  
- Perry & Potter Reading: Chapters 9, 33, & 36  
- Supplemental Handouts – Download from BRIGHTSPACE

Unit 12: Sleep / Care of Surgical Patients  
Required Activities:  
- Perry & Potter Reading: Chapters 43 & 50

Unit 13: The Experience of Loss, Death, and Grief / Stress and Coping / Sensory Alterations  
Required Activities:  
- Perry & Potter Reading: Chapters 37, 38, & 49  
- Clinical Skills Videos: Skills for Nursing Complete Collection: (review for testing concepts)  
  --Promoting Family Support and Participation  
  --Assessing Neurologic System: Motor and Sensory Functions

Basic Nursing Care of Adult Clients Clinical Syllabus

Clinical Sites:
Nacogdoches Memorial Health  
Nacogdoches Memorial Health – Cecil Bomar Rehabilitation Center  
CHI St. Luke’s Memorial Health (Lufkin)  
Woodland Heights Medical Center (Lufkin)  
SFASU DeWitt School of Nursing Simulation Center  
See calendar for times and location.
Hospital Orientations:
All students are required to complete the online orientations and documentation, and attend onsite orientation for their clinical site. (Nacogdoches Memorial Healthcare, Nacogdoches Memorial – Bomar Rehabilitation Center, Woodland Heights, and CHI St. Luke’s.) The Completed forms must be signed and turned as per the course calendar.

Text and Materials: Same as for the class.

Clinical Experience:
*Purpose:* The purpose of the Clinical Practicum is to provide the senior nursing student a 135 hour clinical practicum in order to utilize the nursing process as a framework for practice with clients requiring basic nursing care.

Clinical Learning Outcomes:
By conclusion of the semester, the student will be able to:
- Utilize the nursing process to develop an individualized, prioritized nursing care plan.
- Integrate knowledge from prerequisite and co-requisite courses to enhance his/her understanding of client problems.
- Demonstrate proficiency in basic nursing skills.
- Demonstrate the ability to document evidence of utilization of the nursing process in clinical documentation.
- Demonstrate the ability to interact appropriately and professionally with clients and members of the health care team.
- Demonstrate medication administration competency in oral and injection routes with the exception of intravenous medications.
- Provide safe care according to the Nurse Practice Act and SFASU School of Nursing policies and procedures.

Clinical Expectations:
- Uniforms, name tags, and wrist watches (able to count seconds) must be worn for all labs and clinicals.
- Students are responsible for bringing their equipment to labs, clinical sites, simulations and evaluations.
- Professional conduct and communication.
- **CELL PHONES ARE NOT PERMITTED** in the patient care area, clinical sites, labs, or in uniform pockets. In other areas, they must be kept inside backpack/book bag at all times, and turned off. **NO EXCEPTIONS.** Infractions will result in an F-Day and dismissal from the site.

*The clinical instructor (or a nurse directly designated by the instructor) must accompany the student during all medication administration or procedures. Students may never administer a medication without a licensed nurse present.*

*All Clinical Practicum hours (including clinical on campus, Sjolander Clinical Labs, lab practicums, and simulations) are considered clinical time and are subject to the same absence policies as hospital clinicals. Failure to call your clinical instructor of a problem prior to the start
of the clinical activity is considered failure to call/failure to show, and an F-Day will be received. Refer to the Clinical/Practicum Attendance Policy in detail listed below.

To receive a passing clinical grade, the nursing student must:

✓ Successfully complete clinical competencies, clinical assignments, and laboratory assignments.
✓ Complete clinical skills competently (if not completed in a clinical setting) with successful performance of each of the following*:
  • Demonstrate medication administration competency through the Medication Administration Evaluation.
  • Position a client in bed and transfer a client with a mobility issues out of bed.
  • Perform a sterile or clean dressing change.
  • Insert a urinary catheter.
  • Perform a Head to Toe bedside assessment.

*If unsuccessful: on 1st attempt = Clinical Counseling, on 2nd attempt = F-Day, on 3rd attempt = Clinical Failure

✓ Display behaviors in accordance with the current policies and procedures listed in the syllabus, School of Nursing Student Policies, Student Handbook, and clinical facilities.
✓ Show evidence of adequate preparation for each clinical experience which includes necessary equipment for patient care and assessment.
✓ Perform safe patient care at all times.
✓ Abide by Dress Code Policy during attendance of all clinical/labs.

*Failure to pass clinical evaluations will constitute failure of the clinical/practicum.

Grading Policy:
Clinical will be graded as a Pass/Fail. You must pass both the class and clinical in order to pass Nursing 306. Refer to SON Policies.

Evaluation in Nursing 306 Practicum: The purpose of the clinical evaluation process is to demonstrate successful completion of the clinical practicum objectives.

Evaluation Process: Evaluations are completed for continued knowledge and skill proficiency, and signify an overall completion of clinical objectives. Weekly formative and end of semester summative evaluations are utilized.
*Students may not receive more than 2 clinical "F" days and receive a passing grade in the course. Refer to SON policies.

Clinical Evaluation Tools: Refer to N306 BRIGHTSPACE Clinical Information for forms:
  • Skills Competencies
  • Simulation Assignment(s)
  • Medication Lists
  • Narrative Notes
  • SimChart with Care Plans
Clinical/Practicum Attendance Policy:

WHEN YOU RECOGNIZE A PROBLEM, CALL YOUR INSTRUCTOR! DON’T WAIT! DON’T PUT OTHERS AT RISK IN YOUR HASTE TO NOT BE LATE!

Attendance is mandatory for all clinical hours. The student has the responsibility to be present and punctual.

If a student will be absent, the student must notify the instructor at least one hour prior to the scheduled clinical time. Each clinical group will receive information on how to contact their clinical instructor in the Clinical Expectations sheet posted in BRIGHTSPACE by their clinical instructor.

- For Sjolander Clinical Lab, call Mrs. Sjolander’s office number and leave a message with a number where you can be reached.

To be an excused absence, the student must be excused directly by the clinical/lab instructor. If so directed by the instructor, the student must bring a written excuse from the health provider. Unexcused absences will result in a Clinical “F” Day. Unexcused absences are defined as any absence that is not cleared with the instructor prior to the clinical experience, or any absence not directly related to illness of self, or death of immediate family member or significant other. Documentation may be requested.

*Absence from the clinical/lab area exceeding 10% will result in a clinical failure regardless of the reasons. See School of Nursing (SON) Policies at http://www.sfasu.edu/academics/colleges/sciences-math/nursing/student-resources/nursing-policies

Make up time for missed clinical experiences will be arranged at the discretion of the instructor.

TARDINESS in NUR306:

*If the student will be tardy, he/she must telephone the instructor and leave a contact number for the student if unable to speak with the instructor directly. Each clinical group will receive information on how to contact their clinical instructor in the Clinical Expectations sheet posted in BRIGHTSPACE by their clinical instructor.

For Sjolander Clinical Lab - Call Mrs. Sjolander’s office number and leave a message with a number where you can be reached.

Hospital Site Tardiness: Described as being less than 15 minutes late to a hospital clinical site. After 15 minutes, it an unexcused absence and will result in an F-Day.

Simulation / Lab / Sjolander Clinical Lab: Described as not being where you need to be at the assigned time in the lab, simulation, or Sjolander Clinical Lab. It an unexcused absence unless you have communicated directly to the assigned clinical instructor prior to the start time and received additional directions.
Clinical Hours

<table>
<thead>
<tr>
<th>Activity</th>
<th>Clinical Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nursing Process</td>
<td>5.4</td>
</tr>
<tr>
<td>Asepsis &amp; Infection Control/ Hygiene &amp; Personal Care Interactive</td>
<td>1.2</td>
</tr>
<tr>
<td>Asepsis Lab Practicum</td>
<td>1.2</td>
</tr>
<tr>
<td>Medication Administration Lab Practicum</td>
<td>7.2</td>
</tr>
<tr>
<td>Elimination lab</td>
<td>3.6</td>
</tr>
<tr>
<td>Urinary &amp; Bowel Interactive</td>
<td>3</td>
</tr>
<tr>
<td>Clinical on Campus – Sim #1</td>
<td>7.2</td>
</tr>
<tr>
<td>Simulation with HA – Sim #2</td>
<td>--</td>
</tr>
<tr>
<td>Hands-On Hospital Experience</td>
<td>66</td>
</tr>
<tr>
<td>Care Plan &amp; Narrative Notes</td>
<td>9.6</td>
</tr>
<tr>
<td>Sjolander Lab #1</td>
<td>7.8</td>
</tr>
<tr>
<td>Sjolander Lab #2</td>
<td>7.8</td>
</tr>
<tr>
<td>Safe Medication Administration Lab–Sim #3</td>
<td>1.8</td>
</tr>
<tr>
<td>Medication and Clinical Evaluation</td>
<td>0.6</td>
</tr>
<tr>
<td>Clinical Skills Videos</td>
<td>7.2</td>
</tr>
<tr>
<td>Sherpath</td>
<td>6</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>135.6</strong></td>
</tr>
</tbody>
</table>

Lab Practicum Preparation

Asepsis Lab Practicum
(Handwashing and Sterile Gloving)

- Learning Objectives:
  1. Demonstrate appropriate handwashing techniques.
  2. Don sterile gloves and personal protective equipment.

- Required Activities for Asepsis:
  2. Clinical Skills Videos: Skills for Nursing Complete Collection - Essentials Collection:

- Adding Items to a Sterile Field
- Assisting with a Bedpan
- Assisting with a Urinal
- Establishing and Maintaining a Sterile Field
- Pouring a Sterile Solution
- Performing Hand Hygiene
- Performing Sterile Gloving
- Using Personal Protective Equipment

Medication Administration Lab Practicum

- Bring to Class: Hot dog, Regular Orange (not a cutie), and paper towel
- Learning Objectives:
  1. Review guidelines for safe administration of medications.
2. Review guidelines for safe administration of oral, nasal, ophthalmic, otic, vaginal, rectal, and sublingual routes.
3. Perform the 8 rights of medication administration.
4. Perform aseptic technique in preparing and administering oral medications.
5. Explain the importance of proper selection of syringes and needles for injection.
6. Discuss factors to consider when selecting injection sites.
7. Correctly prepare an injectable medication from a vial and an ampule.
8. Demonstrate essential steps for safely administering parenteral medications by intradermal, subcutaneous, and intramuscular.
9. Demonstrate safe use of an enoxaparin sodium (Lovenox) injection device
10. Correctly and safely administer a subcutaneous, intramuscular, and intradermal injection

**Required Activities:**
2. ISMP material – Download from BRIGHTSPACE Clinical Information
3. Clinical Skills Videos: Skills for Nursing Complete Collection - Essentials Collection:
   - ✔ Administering Ear Medications  ✔ Drawing up More than One Type of Insulin
   - ✔ Administering Eye Medications  ✔ Ensuring the Six Rights of Medication Administration
   - ✔ Administering Intradermal Injections  ✔ Handling Medication Variations
   - ✔ Administering Intramuscular Injections  ✔ Inserting a Rectal Suppository
   - ✔ Administering Oral Medications  ✔ Preparing and Administering Insulin
   - ✔ Administering Subcutaneous Injections  ✔ Preparing Injections from a Vial
   - ✔ Applying an Estrogen Patch and Nitroglycerin Ointment  ✔ Preparing Injections from an Ampule
   - ✔ Applying Topical Medications  ✔ Preventing Medication Errors
   - ✔ Documenting Medication Administration  ✔ Using a Dry Powder Inhaler
   - ✔ Using a Metered-Dose Inhaler
   - ✔ Using a Prepackaged Sterile Kit
   - ✔ Using Automated Medication Dispensing Systems

**Urinary Elimination Laboratory Practicum**
*(Indwelling Urinary Catheters and Enemas)*

**Learning Objectives:**
1. Prioritize the basic principles in urinary catheter monitoring.
2. Successfully perform urinary catheter insertion on a male and female mannequin.
3. Compare the purposes and rationale for enema administration.
4. Demonstrate administration of an enema.
5. Documentation of 24-hour client Input and Output.
• **Required Activities for Urinary (and Bowel Elimination)**
  2. Clinical Skills Videos: Skills for Nursing Complete Collection - Essentials Collection:

    ✓ Administering a Cleansing Enema
    ✓ Applying a Condom Catheter
    ✓ Assisting with a Bedpan
    ✓ Assisting with a Urinal
    ✓ Collecting a Midstream Urine Specimen
    ✓ Fecal Occult Blood Testing
    ✓ Inserting an Indwelling Urinary Catheter in a Female Patient
    ✓ Inserting an Indwelling Urinary Catheter in a Male Patient
    ✓ Irrigating a Urinary Catheter
    ✓ Measuring Intake and Output
    ✓ Obtaining a Specimen from an Indwelling Urinary Catheter
    ✓ Performing Intermittent Straight Catheterization
    ✓ Providing Catheter Care
    ✓ Removing an Indwelling Urinary Catheter

**Clinical on Campus Lab Practicum (Hygiene, Mobility, Dressings, etc)**

• **Learning Objectives:**
  1. Identify principles of establishing and maintaining a sterile field.
  2. Apply concepts of hygiene during bed bath, assisted bath, and shower.
  3. Demonstrate making an occupied and unoccupied bed with safety and comfort.
  4. Demonstrate body alignment for standing, sitting, and lying.
  5. Perform positioning techniques for the supported Fowler’s, supine, prone, side-lying, and Sim’s position, log rolling, and use of trapeze bar.
  6. Perform the procedure for transferring a client from bed to chair with and without a disability.
  7. Demonstrate safe practices when ambulating patients and using assistive devices

• **Required Activities Hygiene and Mobility:**
  2. Clinical Skills Videos: Skills for Nursing Complete Collection - Essentials Collection:

    ✓ Applying Elastic Stockings
    ✓ Assisting with a Gown Change
    ✓ Assisting with a Tub Bath or Shower
    ✓ Assisting with Ambulation Using a Gait Belt
    ✓ Assisting with Meals
    ✓ Assisting with Moving a Patient in Bed
    ✓ Assisting with Positioning a Patient in Bed
    ✓ Caring for Pressure Ulcers
    ✓ Changing a Dressing
    ✓ Cleaning Dentures
    ✓ Making an Occupied Bed
✓ Making an Unoccupied Bed
✓ Performing a Complete or Partial Bed Bath
✓ Performing Hair Care and Shampooing in Bed
✓ Performing Nail and Foot Care
✓ Performing Oral Hygiene for an Unconscious Patient
✓ Performing Passive Range-of-Motion Exercises
✓ Performing Perineal Care for a Female Patient
✓ Performing Perineal Care for a Male Patient
✓ Teaching Post Operative Exercises
✓ Transferring from a Bed to a Stretcher
✓ Transferring from a Bed to a Wheelchair Using a Transfer Belt
✓ Using a Hydraulic Lift
✓ Using Restraint Alternatives
✓ Using a Sequential Compression Device

Sjolander Clinical Lab #1 (S1 Lab Practicum)

- Bring to Class:
  1. Drug Book
  2. Lab Book

- Due at beginning of S1:
  1. Med List A due
  2. Clinical Skills Videos: Skills for Nursing Complete Collection - Essentials Collection:
     ✓ Administering Intramuscular Injections
     ✓ Applying a Nasal Cannula or Face Mask
     ✓ Changing a Dressing
     ✓ Ensuring Oxygen Safety
     ✓ Measuring Oxygen Saturation with Pulse Oximetry
     ✓ Performing Oropharyngeal Suctioning
     ✓ Setting Oxygen Flow Rates
     ✓ Using Wound Drainage System

- Learning Objectives – Demonstrate the appropriate techniques and nursing care needed to:
  1. Change dressings utilizing a non-sterile dressing
  2. Administer an IM injection
  3. Assess body systems in preparation for simulations utilizing 3G manikins
  4. Perform oral suctioning using a Yankauer catheter
  5. Utilize various external oxygen delivery methods.
  6. Administer oxygen safely

Sjolander Clinical Lab #2 (S2 Lab Practicum)

- Bring to Class:
  1. Drug Book
  2. Lab Book

- Due at beginning of S1:
  1. Med List B due
2. Clinical Skills Videos: Skills for Nursing Complete Collection - Essentials Collection:

- Inserting an Indwelling Urinary Catheter in a Female Patient
- Inserting an Indwelling Urinary Catheter in a Male Patient
- Providing Enteral Feedings
- Removing an Indwelling Urinary Catheter
- Taking Aspiration Precautions

**Learning Objectives** – Demonstrate the appropriate techniques and nursing care needed to:
1. Insert an indwelling urinary catheter in a female patient utilizing sterile technique
2. Maintain patient safety and administer medications utilizing a G-Tube
3. Position patients experiencing limitations in mobility and immobility.
4. Safely administer medications

**To Know/Prepare for Simulations:**

- **Learning Objectives:**
  1. Demonstrate competencies including Head to Toe Assessment and Vital Signs
  2. Identify issues related to patient safety.
  3. Integrate didactic knowledge within the simulation environment.
  4. Correctly recognize and respond to patient problems.
  5. Demonstrate techniques to facilitate patient safety including patient identification and communication among healthcare providers.
  6. Assessment and identification of need for supplemental oxygen
  7. Application of appropriate oxygen delivery methods
### NUR 306: Basic Nursing Care of Adult Clients

#### Clinical Outcomes

**The student will:**

<table>
<thead>
<tr>
<th>A. MEMBER OF THE PROFESSION</th>
<th>B. CONT. PROV. PT-CENTERED CARE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Adhere to legal and ethical standards of the profession.</td>
<td>e. Accurately perform a systems assessment in a knowledgeable &amp; timely manner.</td>
</tr>
<tr>
<td>b. Report to clinical in a neat and professional appearance.</td>
<td>e. Correctly determine NANDA nursing diagnosis in proper format.</td>
</tr>
<tr>
<td>d. Follow ANA Code of Ethics.</td>
<td>g. Formulate interventions that direct nursing actions toward resolution of problems.</td>
</tr>
<tr>
<td>e. Follow guidelines established by SFA nursing course, faculty &amp; institution.</td>
<td>h. Evaluate client outcomes in relation to stated goals.</td>
</tr>
<tr>
<td>f. Maintain confidentiality &amp; adhere to Patient Bill of Rights.</td>
<td>3. Demonstrate ability to prioritize.</td>
</tr>
<tr>
<td>2. Assume responsibility and accountability for quality of nursing care.</td>
<td>4. Communicate therapeutically maintaining professional boundaries.</td>
</tr>
<tr>
<td>a. Inform instructor and staff of changes in client condition.</td>
<td>a. Introduce self, explains role, informs client of nursing care to be performed.</td>
</tr>
<tr>
<td>b. Demonstrate evidence of preparation for clinical experience.</td>
<td>b. Effectively initiate and maintain professional relationships with clients.</td>
</tr>
<tr>
<td>c. Seek knowledge independently and display interest in professional development.</td>
<td>c. Demonstrate a caring demeanor and convey this to the client.</td>
</tr>
<tr>
<td>e. Assume responsibility for own actions; follow directions and guidelines.</td>
<td>4. Perform skills safely and efficiently.</td>
</tr>
<tr>
<td>a. Identify role of advocate.</td>
<td>b. Administer medications according to 8 rights.</td>
</tr>
<tr>
<td>b. Identify client advocacy needs.</td>
<td>1. Maintain strict infection control measures in clinical settings.</td>
</tr>
<tr>
<td>4. Identify own strengths and weaknesses and utilize feedback for professional growth.</td>
<td>2. Medication administration.</td>
</tr>
<tr>
<td>a. Identify personal learning needs/limitations</td>
<td>3. Establish effective working relationships with clients, faculty, staff, and peers.</td>
</tr>
<tr>
<td>b. Complete written assignments on time.</td>
<td>a. Communicate ideas, facts, and concepts clearly in writing.</td>
</tr>
<tr>
<td>B. PROVIDER OF PATIENT-CENTERED CARE</td>
<td>D. MEMBER OF THE HEALTH CARE TEAM</td>
</tr>
<tr>
<td>1. Relate applicable knowledge, concepts, and theories to clinical practice.</td>
<td>Collaboration and interdisciplinary health care team (IDHCT).</td>
</tr>
<tr>
<td>a. Contribute to clinical conferences.</td>
<td>1. Identify roles of the interdisciplinary healthcare team.</td>
</tr>
<tr>
<td>b. Identify and explain pathophysiologic processes affecting the client.</td>
<td>2. Identify community resources and referrals in the provision of nursing care.</td>
</tr>
<tr>
<td>2. Utilize nursing process in provision of care to clients.</td>
<td>3. Establish effective working relationships with clients, faculty, staff, and peers.</td>
</tr>
<tr>
<td>a. Communicate ideas, facts, and concepts clearly in writing.</td>
<td>a. Assist peer and staff as needed.</td>
</tr>
<tr>
<td>b. Accurately perform a health history in a knowledgeable &amp; timely manner.</td>
<td>4. Perform skills safely and efficiently.</td>
</tr>
</tbody>
</table>