Stephen F. Austin State University
Department of Kinesiology and Health Science
Kinesiology 433.1
Coaching Practicum
Spring 2018

Instructor: Patty Berthot
Office: HPE 212
Office Phone: (936)-468-1567

Course Time & Location: By Arrangement
Office Hours: 9:00-11 M/W, 9-9:30 T/R or by appointment

Credits: 3 Semester hours
Email: Berthotpa@sfasu.edu

I. COURSE DESCRIPTION:
This course provides prospective coaches with practical, first-hand coaching field experience knowledge. Responsibilities, duties and coaching functions are performed with the aid and under supervision of an on-site coach and a faculty advisor.

Prerequisites:
Senior level classification with completion of KIN 120, 357, 460, 461, 271, 272, 273, 274, 275, 234, 235, 236, 431, HSC 475 – or consent of instructor.

II. INTENDED LEARNING OUTCOMES/GOALS/OBJECTIVES:
This course links with Stephen F. Austin State University’s initiative # 4. (e.g. Develop a learner-centered environment). This course also links with Stephen F. Austin’s College of Education Goal and Initiative #2. (e.g. Prepare educators and industry professionals).

Program Learning Outcomes:
1. The student will identify, analyze and experience the tasks, responsibilities, and functions of an athletic coach.
2. The student will, under supervision of an on-site coach and an SFA faculty advisor, demonstrate an understanding of basic functions of a coach and experience the responsibilities of preparing athletes for competition athletic performance.
3. The student will apply knowledge of principles and stages of motor development in an athletic coaching environment.
4. The student will demonstrate knowledge of kinesiological principles and content in an athletic coaching environment.
5. The student will, with the aid and under supervision of an on-site coach and the SFA faculty advisor, design, conduct, supervise and implement athletic fitness drills and competitive experiences that are developmentally appropriate, safe, and that utilize principles of effective instruction.

Student Learning Outcomes: Upon completion of this course:
1. The student will be able to identify recommended best practices relative to athletic sport participation, performance, and physiological effects during various levels of athletic

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2. The student will be able to explain how to set-up and control an athletic coaching environment so that positive motor and physical developmental benefits are more likely to be achieved. PLO #2, #3

3. The student will be able to describe approaches commonly used to operate and control a coaching experience so that it is developmentally appropriate safe and employs sound educational principles PLO #3

4. The student will be able to identify, evaluate, and discuss the nature of kinesiological principles as well as athletic team administration and management responsibilities and procedures. PLO #5

5. The student will be able to identify undesirable, ineffective, and detrimental coaching and managerial practices that impede, deter, and detract from desirable athletic performances as well as team management and leadership. PLO #4

III. COURSE ASSIGNMENTS, ACTIVITIES, INSTRUCTIONAL STRATEGIES:
Students will locate a program, a coach and team that will accept assistance and direct, supervise, and delegate appropriate coaching responsibilities to him/her. The practicum student must then meet weekly with the SFA Advisor to discuss, explain and review coaching experiences.

IV. EVALUATION AND ASSESSMENT:
The student's course grade will be determined based on the following course activities, and weighted as indicated.

<table>
<thead>
<tr>
<th>Course Activity</th>
<th>Grade Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weekly Discussions</td>
<td>50%</td>
</tr>
<tr>
<td>Forms signed and submitted</td>
<td>25%</td>
</tr>
<tr>
<td>Site Supervisor Evaluation</td>
<td>25%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
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V. Tentative Course Outline/Calendar:
Week 1  Determine coaching location and site supervisor. Obtain permission to enroll in 475 from SFA advisor.
Week 2  Coaching assignments & meet SFA advisor.
Week 3  Coaching assignments & meet SFA advisor.
Week 4  Coaching assignments & meet SFA advisor.
Week 5  Coaching assignments & meet SFA advisor.
Week 6  Coaching assignments & meet SFA advisor.
Week 7  Coaching assignments & meet SFA advisor.
Week 8  Coaching assignments & meet SFA advisor.
Week 9  Coaching assignments & meet SFA advisor.
Week 10 Coaching assignments & meet SFA advisor.
Week 11 Coaching assignments & meet SFA advisor.
Week 12 Coaching assignments & meet SFA advisor.
Week 13 Coaching assignments & meet SFA advisor.
Week 14 Coaching assignments & meet SFA advisor.
Week 15 Coaching assignments & meet SFA advisor.

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VI. Readings:
None

VII. COURSE EVALUATIONS:
Near the conclusion of the semester, each student will have the opportunity to evaluate the course. Evaluation data is used for a number of important purposes relating to improving instruction. SFA is committed to excellence in teaching. Therefore, your response is critical.
In the Perkins College of Education, the course evaluation process has been simplified and is completed electronically through MySFA. Although the instructor will be able to view the names of students who complete the survey, all ratings and comments are confidential and anonymous, and will not be available to the instructor until after final grades are posted.

VIII. STUDENT ETHICS AND OTHER POLICY INFORMATION:

ATTENDANCE POLICY:
The practicum student is expected to treat this experience as a paid professional position. It is assumed and expected that the student will be present at all athletic team practices, competitions, and meetings as directed by the site supervisor. Additionally, the practicum student is required to meet his/her SFA advisor, on campus, in the advisor's office, a minimum of once a week in order to discuss and evaluate the week's experiences. Failure to show up to your practicum site is considered academic dishonesty and will result in failure of the class as well as possible expulsion from the University. The student should notify the practicum coordinator and the site supervisor immediately in the event of an unforeseen absence.

STUDENTS WITH DISABILITIES: Policy 6.1 and 6.6
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004/468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

STUDENT ACADEMIC DISHONESTY: POLICY 4.1
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

Definition of Academic Dishonesty
Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials on any class assignment or exam; (2) the falsification or invention of any information, including citations, on an
assignment; and/or; (3) helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism include, but are not limited to: (1) submitting an assignment as if it were one’s own work when it is at least partly the work of another person; submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and/or, (3) incorporating the words or ideas of an author into one’s paper or presentation without giving the author due credit.

**Penalties for Academic Dishonesty**

Penalties may include, but are not limited to reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

**Student Appeals**

A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

Please read the complete policy at [http://www.sfasu.edu/policies/academic_integrity.asp](http://www.sfasu.edu/policies/academic_integrity.asp).

**WITHHELD GRADES/SEMESTER GRADES: POLICY 5.5**

At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

**STUDENT CODE OF CONDUCT: POLICY 10.4**

Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy D-34.1). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare: Early Alert Program at SFASU. Information regarding the iCare program is found at [https://www.sfasu.edu/judicial/earlyalert.asp](https://www.sfasu.edu/judicial/earlyalert.asp) or call the office at 936-468-2703.
ADDITIONAL INFORMATION:

To complete Certification/Licensing Requirements in Texas related to public education, you will be required to:

1. Undergo criminal background checks for field or clinical experiences on public school campuses; the public school campuses are responsible for the criminal background check; YOU are responsible for completing the information form requesting the criminal background check. If you have a history of criminal activity, you may not be allowed to complete field or clinical experiences on public school campuses. At that point, you may want to reconsider your major while at SFASU.

2. Provide one of the following primary ID documents: passport, drivers license, state or providence ID cards, a national ID card, or military ID card to take the TExES exams. YOU must provide legal documentation to be allowed to take these mandated examinations that are related to certification/licensing requirements in Texas. If you do not have legal documentation, you may want to reconsider your major while at SFASU.

3. Successfully complete state mandated a fingerprint background check. If you have a history of criminal activity, you may want to reconsider your major while at SFASU. For further information concerning this matter, contact Katie Snyder 936-468-1740 or snyderke1@sfasu.edu

IX. OTHER RELEVANT COURSE INFORMATION:

1. Health insurance is not provided by the University or the Department of Kinesiology and Health Science. It is strongly recommended that you obtain health/accident insurance for yourself.