Freshman Seminar  
SFA 101 (section 25)  
Fall 2019

Faculty Instructor:  
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Department: Psychology

Student Instructor:  
Name: Ms. Andrea Bancroft  
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Office Hrs:

Class Meeting time and place: Thursday 12:30-2:10 SWRK 203

COURSE DESCRIPTION:
This course provides study and practice in methods for success in college. Topics include critical thinking skills, study skills, time and money management, goal setting, career planning, and a review of university resources and regulations.

Program/Student Learning Outcomes:
Upon completion of SFA 101 the student will be informed of the following areas and how they relate to their success

- Evaluate the significance of academic integrity.
- Construct a strategy for accessing and evaluating information through Steen Library.
- Select campus and community service opportunities in which he/she is interested.
- Apply college classroom learning strategies within this class and others.
- Investigate an overview of university resources.
- Develop personal survival skills.
- Examine SFA history, traditions, and pride.
- Argue the true value of a college education.
- Relate university rules and procedures to his/her personal behavior at SFA.
- Demonstrate working successfully with peers, faculty, and staff

COURSE METHODS AND ACTIVITIES:  You will participate in the class in the following ways:

- Small group discussion
- Whole class discussion
- Guest speakers
- Visits to campus locations
- Videos
- Games and exercises
- Illustrated lecture
- Individual meetings
**GRADING POLICY:** SFA 101 is a graded course. Passing this course will give you one semester credit that can be used toward the total number of credits you need to graduate. The grading system is as follows:

- 200 – 178 points = A
- 177 – 158 points = B
- 157 – 138 points = C
- 137 – 118 points = D
- 117 pts & below = F

**Attendance and Participation**

**Outside Events:** You will be required to attend two (2) outside events provided by SFA. You must provide sufficient documentation of the event of your choice. Attendance to these events will be valued at 15 points each for a total of 30 points.

**Questions and Responses:** Discussion topics for the next class will be introduced at the end of each class. For each Discussion topic you are to provide one response to the question or you can provide one question for the next class discussion. We may not get to them all, and I may not call on you to provide your question, but each student will turn in their questions for a grade. This is worth 20 points.

**Class Attendance.** Class attendance is mandatory; therefore, please plan to attend ALL class sessions. Attendance will be taken daily. Every absence that you incur will result in a deduction 5 points from your final grade.

**Professor Meeting Assignment**

**Professor Meeting:** You are to schedule one meeting with an instructor in your topic or area of interest. At this meeting you are to interview the professor as to: 1) How did they decide to go into academia in their chosen topic? 2) What was the path they followed to get them here? 3) What do they enjoy most about teaching? 4) What is a crucial piece of advice they can offer you, an incoming freshman? 5) Why do they think college is important? This will be turned in as a short-report and reflection paper.

**Writing for Reflection:**

You will be assigned four 1-2 page reflection papers, each valued at 25 points. Formatting for the papers is included in the assignment on D2L. The due dates for the papers are indicated on the Tentative Class Calendar. **Papers will be submitted in D2L**

**TOTAL POINTS FOR COURSE**

200 points

**CLASS RULES:** Following these few rules will help to maximize the SFA 101 experience for you and your classmates:

1. Attend every class.
2. Read the assigned material, and **turn in all required work on the day it is due.** (This is because your other professors will likely not be flexible.)
3. Participate in individual and group activities and discussions.
4. Treat everyone in the class with respect and courtesy.
5. All students are expected demonstrate professional behavior and use language appropriate for the classroom learning experience.
6. Cell phones and other electronic devices should be turned off and put away during class time.
7. Ask questions!

When students have personal technology available in the classroom, it should be used appropriately. Using devices for interacting on social media sites is not an appropriate in-class use of technology. Sending or receiving texts, instant messages, or making/receiving phone calls can cause distractions to the instructor and to fellow students. Cell phones, computers, and other electronic devices in the classroom are to be used for class purposes only.

**MAIL:** Please check your Jacks email account regularly. Your Jacks account is the official email account for SFASU. D2L will be the official tool in your SFA 101 class for communicating the important reminders, announcements, and further assignment directions.

**COURSE COMPLAINTS:** Any college course complaints or problems should first be discussed with the course instructor for the particular course. Difficulties can usually be resolved there. If the complaint cannot be resolved, the next person to see is the appropriate department chairperson. For SFA 101, the chairperson is Dr. M.C. Breen (Steen Library, Room 203L; 936-468-1588).
Class Attendance and Excused Absence: Policy 6.7
Regular, punctual attendance, documented participation, and submission of completed assignments are expected. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student's attendance and participation as well as note this information in required reports (including the first 12 day attendance report) and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/

Student Academic Dishonesty: Policy 4.1
Abiding by university policy on academic integrity is a responsibility of all university faculty and students. Faculty members must promote the components of academic integrity in their instruction, and course syllabi are required to provide information about penalties for cheating and plagiarism, as well as the appeal process.

Definition of Academic Dishonesty
Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:
- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one's own. Examples of plagiarism include, but are not limited to:
- submitting an assignment as one's own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source;
- incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.

Penalties for Academic Dishonesty
Penalties may include, but are not limited to, reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

Student Appeals
A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

Withheld Grades: Policy 5.5
At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

Student Code of Conduct: Policy 10.4
Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program. Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare: Early Alert Program at SFA. Information regarding the iCare program is found at http://www.sfasu.edu/judicial/earlyalert.asp or call the office at 936-468-2703.
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<thead>
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<th>Topic</th>
<th>Topic Question</th>
<th>Assignment Due</th>
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<td>30-Aug</td>
<td>Introductions and Overview</td>
<td>What is college for?</td>
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<td>6-Sep</td>
<td>NoteTaking and Test Prep Workshop/Theory of College</td>
<td>How is College Different from High School?</td>
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<td>13-Sep</td>
<td>Theory of College/Everyday Living Skills</td>
<td><a href="https://www.16personalities.com/infp-personality">https://www.16personalities.com/infp-personality</a></td>
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<td>20-Sep</td>
<td>Career and Professional Dev/Who are you?</td>
<td>How do you figure out who you are?</td>
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<td>27-Sep</td>
<td>AARC Tour/Who Are you?</td>
<td>What does it Mean to be Male or Female?</td>
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<td>4-Oct</td>
<td>Sexual Assault: Family Crisis Center</td>
<td>What is a good decision? How do you make one?</td>
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<td>11-Oct</td>
<td>SWAT: Alcohol and Drug Jeopardy</td>
<td>Getting Help when you need it</td>
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<td>18-Oct</td>
<td>SWAT: Contraception and Stress Management</td>
<td>What is important to you?</td>
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<td>25-Oct</td>
<td>Who are you?</td>
<td>One thing I cannot live without</td>
<td>Who are you?</td>
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<td>1-Nov</td>
<td>What does Success Mean?</td>
<td>In 10 years I want to be (have)</td>
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<td>8-Nov</td>
<td>What do you want out of Life?</td>
<td>My one deal breaker in a relationship is ___</td>
<td>Professor Interview</td>
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<td>15-Nov</td>
<td>Principles and Purpose</td>
<td>This semester has shown me the importance of ___</td>
<td>Who do you want to be?</td>
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<td>22-Nov</td>
<td>THANKSGIVING WEEK</td>
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<td>Wrapping up: final thoughts</td>
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