Stephen F. Austin State University
DeWitt School of Nursing
NURSING CARE OF CLIENTS WITH COMPLEX MENTAL HEALTH NEEDS
SYLLABUS
Course Number: NUR 408
All Sections
Clinical Sections 010, 011, 012, 013, 014, 015, 016.
Fall 2018

NUR 408 Course Instructors
Sherry Van Meter, DNP, RN, PMHNP, WHNP, BC

NUR 408 Clinical Practicum Instructors
Sherry Van Meter, DNP, RN, PMHNP, WHNP, BC
Hazel Darleen Kimbrough, MSN, RN, FNP-BC
Violet Hart, MSN, RN

ALL INFORMATION IN THIS SYLLABUS IS SUBJECT TO THE WRITTEN POLICIES AND PROCEDURES OF THE RICHARD AND LUCILLE DEWITT SCHOOL OF NURSING, STEPHEN F. AUSTIN STATE UNIVERSITY, NACOGDOCHES, TX

IN THE CASE OF COMMISSION, OMISSION, AMBIGUITY, VAGUENESS, OR CONFLICT, THE POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING SHALL CONTROL.

EACH STUDENT SHALL BE RESPONSIBLE FOR ACTUAL AND/OR CONSTRUCTIVE KNOWLEDGE OF THE POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING AND FOR COMPLIANCE THEREWITH.

EACH STUDENT IS RESPONSIBLE FOR ALL INFORMATION IN THIS SYLLABUS.

This syllabus is provided for informational purposes only.
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Office: Adjunct

Class meeting time and place: See course calendar. Room TBA

Textbooks and Materials


Course Description
Builds on NUR 332. Application of nursing theory, research and practice to families and clients experiencing complex mental health needs. Emphasis on nurse’s role on interdisciplinary health care team.

Unabridged Course Description
This course builds on concepts learned in NUR 332 and previous, concurrent, and prerequisite courses. Students learn to apply nursing theory, research, and practice to clients and families of various developmental levels and diverse spiritual, ethno-cultural and socioeconomic backgrounds who are experiencing complex mental health needs. Students utilize the nursing process and communication skills in provision of holistic nursing care to clients and families.
facing severe mental health stressors in a variety of settings. Emphasis is placed on the challenges of meeting the needs of mentally ill clients and their families and the nurse’s role in addressing associated legal, ethical and economic issues in conjunction with the interdisciplinary healthcare team.

**Number of Credit Hours**

2 credit hours (1 lecture/3 hours clinical practicum)

**Course Prerequisites and Co-requisites:**

**Pre-requisites:** NUR 330, NUR 331, NUR 332

**Co-requisites:** NUR 406, NUR 407

**Placement / Rationale**

First Semester Senior Year

Builds on previous nursing courses

**Program Learning Outcomes**

Graduates of the program will:

1. Apply knowledge of the physical, social, and behavioral sciences in the provision of nursing care based on theory and evidence based practice.
2. Deliver nursing care within an established legal and ethical parameters in collaboration with clients and members of the interdisciplinary health care team.
3. Provide holistic nursing care to clients while respecting individual and cultural diversity.
4. Demonstrate effective leadership that fosters independent thinking, use of informatics, and collaborative communication in the management of nursing care.
5. Assume responsibility and accountability for quality improvement and delivery of safe and effective nursing care.
6. Serve as an advocate for clients and for the profession of nursing.
7. Demonstrate continuing competence, growth, and development in the profession of nursing.

**General Education Core Curriculum Objectives/Outcomes**

None

**Differentiated Essential Competencies (DEC)**

The Richard and Lucille DeWitt School of Nursing prepares graduates to demonstrate the Differentiated Essential Competencies of Graduates of Texas Nursing Programs Evidenced by Knowledge, Clinical Judgments, and Behaviors (DEC’s). The competencies are based upon the preparation in the program of study. In nursing education, the DEC’s serve as a guideline and tool for curriculum development and revision, a tool for benchmarking and evaluation of the program, and a statewide standard to ensure graduates will enter practice as safe and competent nurses. The DEC’s are incorporated into every course in the SON to ensure uniformity and continuity of standards.

Please refer to the Texas BON website for additional information.

https://www.bon.texas.gov/about/pdfs/differentiated_essential_competencies-2010.pdf
Student Learning Outcomes
The student will:

1. Relate concepts and principles of the arts, sciences, humanities, and nursing as a source for providing holistic nursing care to clients and families with complex mental health needs.
2. Demonstrate responsibility and accountability using consistent behavior patterns and professional communication.
3. Compare and contrast theories of mental illness and treatment options used in the care of the mentally ill client.
4. Develop self awareness and insight into one’s own behaviors and communication patterns as they impact the delivery of nursing care.
5. Incorporate holistic nursing practice into the care of mentally ill clients from diverse developmental, spiritual, socioeconomic, and ethno-cultural backgrounds.
6. Apply nursing process to clients with focus on complex mental health needs.
7. Apply research findings in the provision of nursing care to clients and families experiencing complex mental health needs.
8. Implement teaching plans for mentally ill clients and families.
9. Collaborate with the interdisciplinary health care team in the provision of care to mentally ill clients and families.
10. Analyze moral, legal, economic, and ethical issues impacting provision of care to mentally ill clients.

Course Requirements
Written or computerized examinations; lectures, case studies; simulations, role playing, pre and post conference seminars, process recording assignments, clinical assignments, presentations, interactive discussions, care plans, teaching plans, audio-visual activities, journaling, service learning, and other projects may be used to evaluate the progress of the students. Learning experiences at a variety of clinical sites will be required; formative and summative clinical evaluations will be provided as feedback for students. Students must achieve an average of 75% on exams and pass the clinical portion to pass the course.

Course Calendar
Tentative calendar is attached.

Grading Policy:
It is necessary to obtain a WEIGHTED MEAN TEST SCORE OF 75 in the class exam grades to pass this course. A weighted mean test score below 75 or a class average below 75 constitutes failure. Clinical will be graded as a Pass/Fail. You must pass both the class and clinical in order to pass Nursing 332 (Nursing Policy No. 25; http://www.fp.sfasu.edu/nursing/studentpolicies.htm). Exams are secure; no printing, copying, or writing questions down for outside use is permitted. Students are responsible for knowing their passwords for accessing D2L and online testing sites.

In the event of course failure, the student must petition the Student Affairs Committee to repeat the course and to remain in the program. See the School of Nursing policies relating to retention and progression.

The percentage values from which a course grade is determined are as follows:
A = (89.5 – 100%); B = (79.5 – 89.4%); C = (74.5– 79.4%) ; F = (74.4% or less).

Policy 66 (effective June 1, 2017) for all courses:
1. Rounding is confined to the final course grade.
Grades on individual exams (including comprehensive or HESI), assignments, quizzes, and projects are recorded in the gradebook (D2L) in their original form without rounding.
2. Final course grades are rounded to the closest whole number using the 0.5 math rule and using one decimal point to the right of the whole number. If the final course grade is not a whole number, the following rounding rules apply:
   a. If the decimal attached to a whole number is 0.5 or greater, then round up to the next whole number (equal to or greater than 85.50 = 86)
   b. If the decimal attached to a whole number is less than 0.5, then round down to the previous whole number (equal to or less than 85.49 = 85).
3. The grading schedule for all Nursing Courses is as follows:
   90-100 = A
   80-89 = B
   75-79 = C
   Less than 75 = F

The course grade will be computed in the manner illustrated below.

Exam 1 ..............................................................................................................25%
Exam 2 ..............................................................................................................25%
Exam 3 ..............................................................................................................25%
Final HESI Exam ............................................................................................25%
Total course grade .........................................................................................100%
Attendance Policy

Attendance at class is expected. The student must be prepared for both class and clinical activities. Roll will be taken regularly. If students arrive late, they should wait until the break to join the class.

Arrangements for make-up of a major exam must be made in advance of the anticipated absence. Please refer to policy 20.

POLICY:

Background: The profession of nursing requires commitment and responsible behavior. Therefore, students are expected to be present for any exam.

Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. If so directed by the instructor, the student must bring a written excuse from the professional healthcare provider.

If the student has an excused absence from an exam, the instructor has the option of requiring a make-up exam or increasing the percentage of the points of another test. All final exams are mandatory. Any missed final exam will result in an incomplete grade until the final exam is taken.

PROCEDURE:

In the event of an imminent absence, the student will:

1. Notify the instructor prior to the exam;

2. Contact the instructor within two (2) days following the exam, in order to make arrangements to take the exam.

If the absence is not excused, a zero (0) will be received for the exam.

Inappropriate behavior (including sleeping, inattentiveness, and chattering) will not be tolerated and may result in removal from class or the clinical area. Cell phones must be turned off or put on vibrate during class and are not permitted at certain clinical sites. No texting or surfing the internet during class.

Drop Policy: Refer to campus academic calendar for drop dates.

Academic Integrity (A-9.1)
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

Definition of Academic Dishonesty
Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one's own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one's paper without giving the author due credit.

Please read the complete policy at http://www.sfasu.edu/policies/4.1-student-academic-dishonesty.pdf

**Withheld Grades (Semester Grades Policy A-54)**
Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

The circumstances precipitating the request must have occurred after the last day in which a student could withdraw from a course. Students requesting a WH must be passing the course with a minimum projected grade of C.

**Students with Disabilities**
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

**Communication with Instructors:**
Instructors will communicate with students about the course through the use of D2L. Students are required to check these sites at least three times a week for announcements and posted material and are responsible for information posted on D2L website. Grades will be posted electronically.
Grading Criteria and Forms for Assignments:

Forms for assignments and grading criteria for assignments will be posted online on D2L. All assignments are due 1 week prior to CP Day. Assignments submitted after the posted due date will receive a grade of “0” unless prior arrangements have been made with the instructor.

Note: You may be given assignments and new material may be introduced during the last five days of the semester (Dead Week).

Online Sites:

Evolve/HESI Case Studies & Patient Reviews:  http://evolve.elsevier.com
D2L:  http://d2l.sfasu.edu
School of Nursing Policies:  sfasu.edu/academics/
Evolve Textbook Site:  http://evolve.elsevier.com/Varcarolis
UNIT 1
Nurse’s Role in Caring for Clients with Complex Mental Health Issues

Unit Objectives:
See Chapter Objectives in your Textbook.

Required Preparation:

- Chapter 3: Biological Basis for Understanding Psychiatric Disorders and Treatments
- Chapter 4: Settings for Psychiatric Care
- Chapter 31: Serious Mental Illness

- Chapter 20: Noncompliance
- Chapter 21: Psychopharmacology
Unit 2
Nurse’s Role in Caring for Clients in Forensic Settings

Unit Objectives:
See Chapter Objectives in your Textbook.

Required Preparation:
Chapter 32: Forensic Psychiatric Nursing

Chapter 19: Manipulative Behaviors
Unit 3  
Legal/Ethical/Economic Issues in Care of Mentally Ill Clients

Unit Objectives:
See Chapter Objectives in your Textbook.

Required Preparation:

Chapter 6: Legal and Ethical Guidelines for Safe Practice


Review American Nurses’ Association Code of Ethics and Standards of Care  
[http://www.nursingworld.org/MainMenuCategories/EthicsStandards/CodeofEthicsforNurses.aspx](http://www.nursingworld.org/MainMenuCategories/EthicsStandards/CodeofEthicsforNurses.aspx)
Unit 4
Management of Violent Clients

Unit Objectives:
See Chapter Objectives in your Textbook.

Required Preparation:

  Chapter 27: Anger/Aggression/Violence

  Chapter 17: Anger and Aggression
Unit 5
Nursing Care of Clients with Mood Disorders

Unit Objectives:
See Chapter Objectives in your Textbook.

Required Preparation:
   Chapter 14: Depressive Disorders
   Chapter 13: Bipolar Disorders
   Chapter 25: Suicide and Non-Suicidal Self Injury

   Chapter 6: Depressive Disorders
   Chapter 7: Bipolar Disorders
   Chapter 16: Suicide Behaviors
   Appendix F: Electroconvulsive Therapy

Review QPR content from NUR 332
Unit 6  
Nursing Care of Clients with Schizophrenia and Psychotic Disorders

Unit Objectives:  
See Chapter Objectives in your Textbook.

Required Preparation:


Chapter 12: Schizophrenia and Schizophrenia Spectrum Disorders

Chapter 8: Schizophrenia and Other Psychotic Disorders  
Appendix E: AIMS Scale
Unit 7
Nursing Care of Clients with Personality Disorders and Non Compliance Issues


Chapter 24: Personality Disorders


Chapter 9: Personality Disorders
Chapter 19: Manipulative Behaviors
Unit 8

Nursing Care of Victims and Perpetrators of Violence and Sexual Assault

  Chapter 20: Sexual Dysfunction, Gender Dysphoria, and Paraphilias
  Chapter 28: Child, Older Adult, and Intimate Partner Violence
  Chapter 29: Sexual Assault

  Chapter 14: Family Violence
  Chapter 15: Sexual Assault
Unit 9
Nursing Care of Clients with Substance Abuse/Chemical Dependency Issues

Unit Objectives:
See Chapter Objectives in your Textbook.

Required Preparation:
Chapter 22: Substance-Related and Addictive Disorders

Chapter 10: Addictions
Clinical Practicum Information
Clinical Activities will include:

- All assignments are individual and should be completed on an individual basis.

Rusk Clinical ........................................................................................................... 8 hours
Burke MHEC Inpatient ......................................................................................... 4 hours
Sleeping with the Enemy ................................................................................... 4 hours
One Flew Over the Cuckoo’s Nest ...................................................................... 3 hours
Freakonomics ....................................................................................................... 3 hours
Mentor Project ..................................................................................................... 4 hours
AA Meeting ........................................................................................................ 2 hours
Simulation ........................................................................................................... 8 hours
Clinical Processing .............................................................................................. 2 hours
Role Playing Scenarios ....................................................................................... 2 hours
Discussion Board will be addressed with each week of clinical ....................... 2 hours
Total ..................................................................................................................... 42 hours

**Alternate assignments may be provided when appropriate.

Clinical Learning Outcomes
1. Apply nursing process to care of clients with complex mental health needs.
2. Collaborate with the interdisciplinary health care team in provision of care to clients with complex mental health needs.
3. Demonstrate knowledge of medications and treatment modalities prescribed in the treatment of mentally ill clients.
4. Use evidence based practice in the provision of care to mentally ill clients
5. Advocate for clients with mental health needs.
6. Maintain physical and emotional safety in the therapeutic milieu.
8. Examine legal and ethical issues involved in the provision of care to the mentally ill.
10. Abide by laws, standards and policies of Stephen F. Austin State University, Texas Board of Nursing, facility policies and procedures, standards of practice, and professional code of ethics.
11. Examine own values and biases in the provision of holistic and culturally-sensitive care to clients with complex mental health needs.
12. Develop teaching plans for clients and families with complex mental health needs.

Evaluation – Clinical Component
Clinical performance will be graded on a pass/fail basis, and will be based on the evaluation of the student’s performance as measured by mastery of the Clinical Objectives listed previously. The student’s performance will be evaluated in the clinical area and on required written clinical assignments. **If the student fails to pass the clinical portion of the course, the student will fail the course.** The instructor provides feedback on clinical performance throughout the course. A summative evaluation is done at the end of the clinical practicum during Clinical Processing Day (see calendar).
Absence from Clinical Policy:
To be an excused absence the student must be excused directly by the clinical instructor. If so directed by the instructor, the student must bring a written excuse from the health provider. Students must inform the clinical instructor prior to the beginning of the clinical day if unable to attend or if late.

Unexcused absences will result in a clinical F Day. Unexcused absences are defined as any absence that was not cleared with the instructor prior to the clinical experience, or any absence not directly related to illness of self or death of immediate family member or significant other.

Students will receive credit for clinical or class attendance if they are present for the entire class or clinical period. Students will not receive credit for any of the class or clinical period if they leave early unless given permission to leave early by the instructor.

Absence from the clinical area exceeding 10% will result in a clinical failure regardless of the reasons. NUR 408 requires 42 hours of clinical practicum.

See School of Nursing Policy 21 @ http://www.fp.sfasu.edu/nursing/studentpolicies.htm

Students are responsible for compliance with all School of Nursing policies http://www.fp.sfasu.edu/nursing/studentpolicies.htm and for complying with policies of each clinical facility.

Clinical F Days
Three clinical F days will result in clinical failure of the course.

See Nursing Student Policies for specific policies and procedures.

Clinical F days may be assigned for the following reasons:
1. Failure to provide safe, effective care.
2. Failure to assume professional accountability.
3. Failure to follow directions of the clinical instructor.
4. Three or more instances of unexcused tardiness (per SON policies).
5. No call/no show at clinical.

Clinical F days may be assigned for other reasons in accordance with current nursing standards, the Nurse Practice Act for the state of Texas, and the School of Nursing Student Policies, at the discretion of the clinical faculty.

Policies for Clinical
See School of Nursing Policies and Procedures. Students must abide by these policies and by clinical agency policies. These policies include, but are not limited to, current compliance with drug screening, criminal background checks, medical insurance, immunizations, TB screens, confidentiality, dress code and infection control. The student is responsible for current compliance and may not attend class/clinical until requirements are fulfilled.
Student Dress Code and Behavior in the Clinical Area
The following instructions will apply, (unless the clinical facility requires scrubs/lab coat/alternative attire to be worn):

1. Students are required to wear SFA purple collared shirt with loose fitting full length khaki, navy, dark gray or black slacks.
2. Chests or cleavage may not be exposed.
3. Clothing may not be tight fitting or revealing.
4. Undergarments may not be visible through clothing.
5. Shoes must be close toed, low heeled, non skid soles, have backs, and be comfortable for walking; no sandals, cowboy boots or high heels. Nurse shoes worn in other clinical courses may be worn if they have backs (no backless Crocs, etc).
6. No athletic shoes, running shoes, or sneakers are permitted.
7. Make up in moderation may be worn.
8. No perfumes, but wear deodorant.
9. Nails must be trimmed and short; and no nail polish is allowed. No acrylic, plastic, or other artificial nails are permitted.
10. Wear student nametag at all times.
11. No gum chewing, eating or drinking while in patient care areas.
12. No smoking or tobacco use during clinical hours is permitted.

Failure to follow the dress code and clinical guidelines (including forgetting to wear student name tag) will result in an F day and the student may be sent home from the clinical site.

Cell phones are not permitted at Rusk State Hospital or Burke clinical sites. They may not be used for personal business during clinical hours. Pictures may not be taken at clinical sites.

Clinical Application of NCLEX RN style questions: A minimum of 10 NCLEX style questions per week must be completed to pass the course. These questions will be documented on the clinical tracker form provided in this syllabus and will be submitted to the instructor on CP day.
Stephen F. Austin State University
Richard and Lucille DeWitt School of Nursing
Clinical Evaluation Tool
NUR 408: Nursing Care of Clients with Complex Mental Health Needs

Student: ____________________________ Date  Fall/Spring: _________
Instructor(s): ________________________________________________

Evaluation Criteria: S = Satisfactory  U= Unsatisfactory

Ongoing clinical feedback will be provided in individual student-faculty conferences throughout the clinical rotation and will be documented on page 3.

Clinical objectives for evaluation are listed on page 2.

By the end of the clinical rotation, the student must satisfactorily demonstrate all behaviors described in the clinical objectives to pass the clinical portion of the course.

<table>
<thead>
<tr>
<th>Final Clinical Grade: ____________________________</th>
<th>Final Instructor Comments</th>
</tr>
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<tbody>
<tr>
<td>(Pass or Fail) _________________________________</td>
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Instructor Signature

________________________________________

Student Signature:

________________________________________

Date: ______________________________

Final Student Comments

________________________________________
# Clinical Objectives

## A. MEMBER OF THE PROFESSION

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<tbody>
<tr>
<td>1. Adhere to legal and ethical standards of the profession.</td>
<td>IA IIA IIE</td>
<td>IIA IIB IIE</td>
</tr>
<tr>
<td>2. Assume responsibility and accountability for quality of nursing care.</td>
<td>IB</td>
<td>IIB</td>
</tr>
<tr>
<td>3. Assess own strengths and weaknesses and utilize feedback for professional growth.</td>
<td>ID</td>
<td>IIB</td>
</tr>
<tr>
<td>4. Maintain professional boundaries in nurse-client and student-faculty relationships.</td>
<td>IA</td>
<td>IIA</td>
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## B. PROVIDER OF PATIENT-CENTERED CARE

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<tr>
<td>1. Relate applicable knowledge, concepts, and theories to the care of clients with complex mental health needs.</td>
<td>IIA</td>
<td>IIA</td>
</tr>
<tr>
<td>2. Utilize nursing process in provision of care to clients experiencing complex mental health needs.</td>
<td>IIB IIC</td>
<td>IIB IIC</td>
</tr>
<tr>
<td>3. Assess own values and biases in the provision of holistic and culturally-sensitive care to clients with complex mental health needs.</td>
<td>IIB IID</td>
<td>IIB IID</td>
</tr>
<tr>
<td>4. Evaluate effects of medications and treatment modalities prescribed for mentally ill clients.</td>
<td>IIF</td>
<td>IIF</td>
</tr>
<tr>
<td>5. Develop teaching plans for clients and families with complex mental health needs</td>
<td>IIG</td>
<td>IIG</td>
</tr>
<tr>
<td>6. Use evidence based practice in the provision of care to mentally ill clients</td>
<td>IIA IIB</td>
<td>IIA IIB</td>
</tr>
<tr>
<td>7. Analyze interactions to discern therapeutic/professional/social communication patterns.</td>
<td>IIE</td>
<td>IIE</td>
</tr>
<tr>
<td>8. Appraise legal, economic, and ethical issues involved in the provision of care to the mentally ill</td>
<td>IIE</td>
<td>IIE</td>
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## C. PATIENT SAFETY ADVOCATE

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<table>
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<tbody>
<tr>
<td>1. Maintain strict infection control measures in clinical settings.</td>
<td>IIB</td>
</tr>
<tr>
<td>2. Maintain emotional and physical safety in therapeutic milieu.</td>
<td>IIB IIC</td>
</tr>
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## D. MEMBER OF THE HEALTH CARE TEAM

<p>| | |</p>
<table>
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<tbody>
<tr>
<td>1. Collaborate with the interdisciplinary health care team in provision of care to clients with complex mental health needs.</td>
<td>IVA</td>
</tr>
<tr>
<td>2. Appraise community resources available in the provision of nursing care to clients with complex mental health needs.</td>
<td>IVC I IH</td>
</tr>
<tr>
<td>3. Establish effective working relationships with clients, faculty, staff, and peers.</td>
<td>IVA</td>
</tr>
<tr>
<td>4. Apply principles of group dynamics to participation in groups as member and leader.</td>
<td>IVD</td>
</tr>
<tr>
<td>5. Compare methods of care delivery in community, acute, and residential care settings</td>
<td>IVC</td>
</tr>
<tr>
<td>6. Advocate for clients with mental health needs.</td>
<td>IVB</td>
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Stephen F. Austin State University School of Nursing
HIPAA Compliance

Stephen F. Austin State University (SFASU) has cooperative agreements with agencies in the area for the clinical training of its students enrolled in all health-care fields and programs. To ensure that SFASU students, faculty, and staff involved in these programs understand the patient privacy requirements of the clinical sites and of applicable laws, including the Health Insurance Portability and Accountability Act of 1996, SFASU offers this guidance for those persons to ensure compliance with those requirements. Note: The discussions, uses, or disclosures discussed below encompass written, verbal, or electronic communication.

<table>
<thead>
<tr>
<th>DO’s</th>
<th>DON’T’s</th>
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<tbody>
<tr>
<td>➢ Do sign the SFASU Faculty/Staff/Student confidentiality agreement before any involvement in a clinical program.</td>
<td>➢ Don’t discuss, use, or disclose any patient information while in the clinical setting unless it is part of your clinical assignment.</td>
</tr>
<tr>
<td>➢ Do attend SFASU training or in-class clinical instruction on requirements relating to patient privacy.</td>
<td>➢ Don’t remove any record from the clinical site.</td>
</tr>
<tr>
<td>➢ Do know and adhere to a clinical site’s privacy policies and procedures before undertaking any activities at the site.</td>
<td>➢ Don’t disclose any information about a patient during your clinical assignment to anyone other than the medical staff of the clinical site.</td>
</tr>
<tr>
<td>➢ Do maintain, at all times, the confidentiality of any patient information, regardless of whether the identifiers listed in the “DON’T’s” section of these guidelines have been removed.</td>
<td>➢ Don’t use patient information in the context of a learning experience, classroom, case presentation, class assignment, or research without attempting to exclude as much of the following information as possible:</td>
</tr>
</tbody>
</table>
| ➢ Do promptly report any violation of those procedures, applicable law, or SFASU’s confidentiality agreement by you, an SFASU student, and faculty or staff member to the appropriate SFASU clinical coordinator or program director. | a) Names  
b) Geographical, lesser than a state  
c) Dates of birth, admission, discharge, death  
d) Telephone and/or fax numbers  
e) E-mail addresses  
f) Social security numbers  
g) Medical records or account numbers  
h) Health plan beneficiary numbers  
i) Certificate/license numbers  
j) Web locators/internet protocols  
k) Biometric identifiers  
l) Full face photos  
m) Any other unique identifying number, characteristic, or code  
n) All ages over 89 |
| ➢ Do understand that a violation of the clinical site’s policies and procedures, of applicable law, or SFASU’s confidentiality agreement will subject you to disciplinary action. |                                                                                                                                                          |
Direction to Rusk State Hospital

P.O. Box 318
Rusk, TX 75785
Contact: Penny Walley, RN, Patient Care Coordinator
(903) 683-7125

Take Highway 21 West for about 25 miles to Alto. When you get to the blinking traffic light in Alto, take a right on Highway 69 North. Go 12 miles on Highway 69 North until you get to Rusk. Continue north through the blinking traffic light on Highway 69. The hospital will be on your left. Enter at the guard booth and park in the lot directly in front of the main administration building; it is an old white painted brick building with a Historic Plaque on the front. Meet instructor in the front lobby of this building.

Directions to Burke Center MHEC

105 Mayo St
Lufkin Texas
Contact: Luke Waggoner (936) 674-3500

Directions to Alcoholics Anonymous in Nacogdoches

Murray St Group (Non-smoking)
1221 Murray Street, Nacogdoches, Texas
564-3388
Coming from SFA go down University Drive and turn left on Tanglewood beside the old Cinco deMayo, then take a right on Wedgewood which is the first street you come to, go down for a few blocks and take a left on Murray, go up Murray for a block or two and the building is easy to see. It has AA in big letters on the sign.

Deep East Texas Group (Smoking Groups: Patients smoke; students may not smoke).
601 E. Main St
Nacogdoches
Contact: Nicole: (936) 569-6441
Clinical Tracker  
Stephen F. Austin State University School of Nursing  
NUR 408 Nursing Care of Clients with Complex Mental Health Needs  
Keep track of your clinical rotations on this worksheet. Submit the worksheet during your final clinical evaluation on Clinical Processing Day.

<table>
<thead>
<tr>
<th>Date</th>
<th>Comments/Feelings</th>
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<tbody>
<tr>
<td>1. Rusk State Hospital</td>
<td></td>
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<tr>
<td>2. Sleeping with the Enemy</td>
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<tr>
<td>3. Burke MHEC</td>
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<tr>
<td>4. One Flew Over the Cuckoo’s Nest</td>
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<tr>
<td>5. Freakonomics</td>
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<td>6. Mentor Project</td>
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<td>7. AA</td>
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<td>8. SIM</td>
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<tr>
<td>9. Discussion Board</td>
<td></td>
</tr>
<tr>
<td>10. NCLEX RN Style questions (Minimum 10/wk)</td>
<td>“I have completed 10 NCLEX RN style questions per week related to psych content.” Initials______________________</td>
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## Course Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>8/30</td>
<td>9-1 Syllabus, Unit 1-4</td>
</tr>
<tr>
<td>9/21</td>
<td>8-10 Exam 1</td>
</tr>
<tr>
<td>9/28</td>
<td>830-10 Unit 5</td>
</tr>
<tr>
<td>10/12</td>
<td>830-10 Unit 6</td>
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<td>10/19</td>
<td>8-10 Exam 2</td>
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<tr>
<td>11/2</td>
<td>10-1130 Units 8&amp;9, U7 Online</td>
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<tr>
<td>11/16</td>
<td>8-10 Exam 3</td>
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<tr>
<td>12/6</td>
<td>9-11 Clinical Processing</td>
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<tr>
<td>12/13</td>
<td>10-12 HESI Final Exam</td>
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