Stephen F. Austin State University
DeWitt School of Nursing
HEALTHY AGING
Course Number: NUR 354
Sections Number: 601 & 602
Fall 2018

Course Instructor
Regina D. Low MSN, RN

ALL INFORMATION IN THIS SYLLABUS IS SUBJECT TO THE WRITTEN POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING, STEPHEN F. AUSTIN STATE UNIVERSITY, NACOGDOCHES, TEXAS.

IN THE CASE OF COMMISSION, OMISSION, AMBIGUITY, VAGUENESS, OR CONFLICT, THE POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING SHALL CONTROL.

EACH STUDENT SHALL BE RESPONSIBLE FOR ACTUAL AND/OR CONSTRUCTIVE KNOWLEDGE OF THE POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING AND FOR COMPLIANCE THEREWITH.

EACH STUDENT IS RESPONSIBLE FOR ALL INFORMATION IN THIS SYLLABUS.

This syllabus is provided for informational purposes only.
Faculty Contact Information
Name: Regina D. Low MSN, RN
Department: Nursing
Email: lowrd1@sfasu.edu
Phone: (936) 468-7724
Office: Room: # 180
Office Hours: Wednesday 9:00 – 12:00
Thursday 9:00 – 12:00
Friday 9:00 – 12:00

Immediate need/emergency: call or text me at 936-615-9515, add your name, class number, and brief description of your situation.

Class Meeting Time/Place: This is an online/distance learning course. No face-to-face meetings will be required.
NOTE: Instructor will make every effort to respond to emails/discussion questions within 72 hours of posting. Students are expected to check on-line course at least three times a week for announcements, email, and postings.

Required Textbooks and Materials:

Optional:

Course Description / Unabridged Course Description
Two hour didactic content related to issues concerning aging and the elderly. Emphasis will be placed on physical changes and factors influencing healthy aging, such as nutrition, medications, activity and community resources available to families with an aging member. Also covers death and dying, medical power of attorney, living wills and insurance benefits.

Number of Credit Hours
2 credit hour(s) (online response and participation).

Course Prerequisites
Admission to the School of Nursing
Attendance Policy
Attendance and participation grade will be based upon weekly class participation provided by the weekly discussion threads starting in module 3, as this is a 100% online course.

Students with Disabilities
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

Program Learning Outcomes
Graduates of the program will:
1. Apply knowledge of the physical, social, and behavioral sciences in the provision of nursing care based on theory and evidence based practice.
2. Deliver nursing care within an established legal and ethical parameters in collaboration with clients and members of the interdisciplinary health care team.
3. Provide holistic nursing care to clients while respecting individual and cultural diversity.
4. Demonstrate effective leadership that fosters independent thinking, use of informatics, and collaborative communication in the management of nursing care.
5. Assume responsibility and accountability for quality improvement and delivery of safe and effective nursing care.
6. Serve as an advocate for clients and for the profession of nursing.
7. Demonstrate continuing competence, growth, and development in the profession of nursing.

General Education Core Curriculum Objectives/Outcomes
None

Student Learning Outcomes
The student will:
1. Identify issues raised by health aging needs.
2. Identify threats to the aging across the life span.
3. Identify societal and cultural influences on healthy aging.

Differentiated Essential Competencies (DEC)
The Richard and Lucille DeWitt School of Nursing prepares graduates to demonstrate the Differentiated Essential Competencies of Graduates of Texas Nursing Programs Evidenced by Knowledge, Clinical Judgments, and Behaviors (DEC’s). The competencies are based upon the preparation in the program of study. In nursing education, the DEC’s serve as a guideline and tool for curriculum development and revision, a tool for benchmarking and evaluation of the program, and a statewide standard
to ensure graduates will enter practice as safe and competent nurses. The DEC’s are incorporated into every course in the SON to ensure uniformity and continuity of standards.
Please refer to the Texas BON website for additional information.
http://www.bon.texas.gov/about/pdfs/delc-2010.pdf

Academic Integrity (A-9.1)
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

Definition of Academic Dishonesty
Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one's own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one's paper without giving the author due credit. Please read the complete policy at http://www.sfasu.edu/policies/academic_integrity.asp

Grading Policy
Points will be accumulated throughout the course based on completion of online assignments and discussion threads. The points for assignments will contribute to the final grade based on the point distribution listed below. The short bio will be graded on participation; the syllabus quiz will be graded on correctly answered questions; the essays, PowerPoint, and discussion posts and responses will be graded by the rubrics provided in this syllabus.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>% of Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short Bio</td>
<td>5%</td>
</tr>
<tr>
<td>Introduction Quiz</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Outline: 2000 Word Essay</strong></td>
<td>10%</td>
</tr>
<tr>
<td>2000 Word Essay</td>
<td>25%</td>
</tr>
<tr>
<td><strong>Outline: PowerPoint Presentation</strong></td>
<td>10%</td>
</tr>
<tr>
<td>PowerPoint Presentation</td>
<td>25%</td>
</tr>
<tr>
<td>Discussion Posts &amp; Responses</td>
<td>20%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>
The letter grade earned for this course is based on the following grading scale.

**Grading Scale:**
- A = 90 - 100
- B = 80 – 89
- C = 70 – 79
- D = 60 – 69
- F = 59 and below

**Withheld Grades (Semester Grades Policy A-54)**
Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average. The circumstances precipitating the request must have occurred after the last day in which a student could withdraw from a course. Students requesting a WH must be passing the course with a minimum projected grade of C.

**Course Requirements**
Online lecture, discussion, media, research, readings, weekly posts & peer responses, and written assignments.

**Course Assignments**

*Individual Assignment (These will be placed in the appropriate dropbox or folder).*
1. Short bio
2. Introduction Quiz (located under on the quiz tab)
3. Topic Outline for 2000 Word Essay
4. 2000 Word Essay
5. Topic Outline for PowerPoint Presentation
6. PowerPoint presentation
7. Discussion Question Posts & Peer Responses: Initial post to module question and responses to two peer posts’ each week for attendance and participation grade.

**All assignments will be graded using the grading rubrics located under the Other Resources tab on the class website.**
Online Discussion Requirements

For this online nursing course, you are completing 12 to 14 weeks as indicated on your syllabus of classroom time (2 hours per week), course work and assignments online. The following has been prepared to clarify weekly discussion requirements and grading for students participating in online nursing courses. The purpose of the Weekly Discussions is to develop a dynamic exchange between you, faculty, and other students in the course promoting an active and engaging online learning community. Your success and the success of your classmates in a positive learning environment is dependent on discussion participation and timely completion of assignments.

Weekly Discussion Requirements

1. The weekly discussion posts consist of two parts: one initial post in answer to a discussion question and a minimum of two responses to peer posts.
2. There will be no “make-ups” for not posting to the Weekly Discussions. If you need to be away or do not have computer access, you need to make alternative arrangements for participation and actively engaging in the course to meet weekly discussion requirements.
3. Students must post a Main post to the Discussion board each week on Monday at 0800 CST, (this ensures all students have the opportunity for active learning and engagement with peers and course faculty).
4. Students must read and respond to a minimum of two peer posts each week. The peer responses are enabled after the initial post is completed and is due on or before Friday at 0800 CST.
5. Initial post must be at least ten sentences.
   a. There must be at least two citations and references with the textbook counting as one.
6. Responses to peer post must be at least three sentences.
7. It is recommended that you prepare your weekly discussion posts in Microsoft Word and then cut and paste into the discussion board. This is because the discussion board ‘times out’.
8. All discussions posted must reflect proficient writing standards.
   a. Form Specifics:
      i. Create in a Word document
      ii. 12-point Arial font
      iii. Double spaced!
      iv. Follow current APA format.
9. Posts must be in the correct weekly discussion module or no points will be awarded.
# NUR 354: Calendar Topic Outline

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Class Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug 27-Sep 2</td>
<td>On-line</td>
<td><strong>Module 1: Short Bio DUE</strong> (see Faculty Bio.) Review of Syllabus and introduction.</td>
</tr>
<tr>
<td>Sep 3-9</td>
<td>On-line</td>
<td><strong>Module 2: Syllabus Quiz DUE</strong></td>
</tr>
<tr>
<td>Sep 10-16</td>
<td>On-line</td>
<td><strong>Module 3:</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Sep 17-23</td>
<td>On-line</td>
<td><strong>Module 4:</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Sep 24-30</td>
<td>On-line</td>
<td><strong>Module 5: Topic Outline: Essay DUE</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Oct 1-7</td>
<td>On-line</td>
<td><strong>Module 6:</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Oct 8-14</td>
<td>On-line</td>
<td><strong>Module 7:</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Oct 15-21</td>
<td>On-line</td>
<td><strong>Module 8: Essay DUE</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Oct 22-28</td>
<td>On-line</td>
<td><strong>Module 9:</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Oct 29– Nov 4</td>
<td>On-line</td>
<td><strong>Module 10:</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Nov 5-11</td>
<td>On-line</td>
<td><strong>Module 11: Topic Outline Power Point Presentation DUE</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Nov 12-18</td>
<td>On-line</td>
<td><strong>Module 12:</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Nov 19-25</td>
<td>On-line</td>
<td>Thanksgiving Break</td>
</tr>
<tr>
<td>Nov 26–Dec 2</td>
<td>On-line</td>
<td><strong>Module 13: PowerPoint Presentation DUE</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Dec 3-9</td>
<td>On-line</td>
<td><strong>Module 14:</strong> <em>Discussion question post and peer responses</em></td>
</tr>
<tr>
<td>Dec 10-12</td>
<td>Wrap up</td>
<td>No assignments</td>
</tr>
</tbody>
</table>

***ALL STUDENTS ARE RESPONSIBLE FOR THE POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING. THESE CAN BE FOUND ONLINE AT [WWW.NURING.SFASU.EDU](http://WWW.NURING.SFASU.EDU), POLICY AND PROCEDURES LINK.***