Freshman Seminar  
SFA 101 (section # 008)  
Fall 2017

Faculty Instructor  
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Office Hours: MW 8:00-11:00, 1:30-5:00  
T 8:00-12:30, 2:00-5:00  
R 8:00-12:30, 4:00-5:00  
F 8:00-12:00, 1:30-5:00  
Department: Athletics  
Class Meeting time and place: Mondays & Wednesday 11:00-11:50, HSTC 317

Student Instructor  
Name: Amber Landry  
Phone:  
Email: landryan@jacks.sfasu.edu  
Office Hours: F 10:00-11:00 Library

Course Description  
This course provides study and practice in methods for success in college. Topics include critical thinking skills, study skills, time and money management, goal setting, career planning, and a review of university resources and regulations.

Program/Student Learning Outcomes  
Upon completion of SFA 101 the student will be informed of the following areas and how they relate to their success

- Establish what it means to be a student-athlete at SFA and how to conduct oneself accordingly.
- Evaluate the significance of academic integrity.
- Construct a strategy for accessing and evaluating information through Steen Library.
- Select campus and community service opportunities in which he/she is interested.
- Apply college classroom learning strategies within this class and others.
- Investigate an overview of university resources.
- Develop personal survival skills.
- Examine SFA history, traditions, and pride.
- Argue the true value of a college education.
- Relate university rules and procedures to his/her personal behavior at SFA.
- Demonstrate working successfully with peers, faculty, and staff.

Class Readings and Materials  
All students will receive a SFA 101 Freshman Success Handbook at the beginning of the semester. Information in the study sheet and handbook will be used for class discussions. You will also need a folder/notebook of some type to organize the information from this course. Additionally, all student-athletes will receive an SFA Student-Athlete Handbook that will be utilized during this course for special discussions. Please always have your SFA Athletic Handbook with you as there will be random planner checks throughout the semester for points.

Course Methods and Activities  
You will participate in the class in the following ways:

- Small group discussion  
- Whole class discussion  
- Guest speakers  
- Visits to campus locations  
- Illustrated lecture  
- Individual meetings  
- Videos  
- Games and exercises
Grading Policy
SFA 101 is a graded course. Passing this course will give you one semester credit that can be used toward the total number of credits you need to graduate. The grading system is as follows:

<table>
<thead>
<tr>
<th>Attendance &amp; Class Participation</th>
<th>50%</th>
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<tbody>
<tr>
<td>Tests/Assignments</td>
<td>50%</td>
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Attendance Policy

Class Attendance/Tardiness. Class attendance is mandatory; therefore, please plan to attend ALL class sessions. Attendance will be taken daily. More than 4 unexcused absences will result in a drop in letter grade. Tardiness is defined as ‘more than 5 minutes’ late for class. Every 2 tardies is considered an absence. More than 8 tardies will result in a drop in letter grade.

Excused Absences: Absences due to athletic related events require notification by email before the day of the class/es missed. Absence due to illness requires a doctor’s note.

Class Participation

You will be expected to participate in class discussions and activities. Ask questions when appropriate. Guest speakers will frequent this class to share their expertise. You will be expected to take an active, rather than passive, part in these presentations. Class participation is a significant part of your final grade.

Several times during the semester you will be given an assignment to be completed using D2L, or to be turned in at the beginning of class. NO LATE WORK WILL BE ACCEPTED. These assignments are intended to provide you with an opportunity to reflect on and benefit from what’s happening in college.

Conduct

You will be expected to behave in a manner that is becoming of and complimentary to yourself, your team, and SFA Athletics as a whole. Your conduct in class, on campus, and during guest speakers is significant part of your final grade.

Email

Check your Jacks email and D2L email account regularly. Email will be the official tool for communicating the important reminders, announcements, and further assignment directions. If you prefer to use your personal account, please follow the instructions on the mySFA login page to forward your other two email accounts.

Class Rules
Following these few rules will help to maximize the SFA 101 experience for you and your classmates:

1. Attend every class.
2. Read the assigned material, and turn in all required work on the day it is due.
3. Participate in individual and group activities and discussions.
4. Treat everyone in the class with respect and courtesy.
5. All students are expected demonstrate professional behavior and use language appropriate for the classroom learning experience.
6. Cell phones and other electronic devices should be put away during class time.
7. No clothing/accessories with other college or university names or logos may be worn to class. You are a LUMBERJACK!
8. Ask questions.

When students have personal technology available in the classroom, it should be used appropriately. Using devices for interacting on social media sites is not an appropriate in-class use of technology. Sending or receiving texts, instant messages, or making/receiving phone calls can cause distractions to the instructor and to fellow students. Cell phones, computers, and other electronic devices in the classroom are to be used for class purposes only.

Course Complaints
Any college course complaints or problems should first be discussed with the course instructor for the particular course. Difficulties can usually be resolved there. If the complaint cannot be resolved, the next person to see is the appropriate department chairperson. For SFA 101, the chairperson is Dr. M.C. Breen (Steen Library, Room 203L; 936-468-1588).

GENERAL STUDENT POLICIES
The following policies apply to all students enrolled in courses at Stephen F. Austin State University.

Class Attendance and Excused Absence: Policy 6.7
Regular, punctual attendance, documented participation, and submission of completed assignments are expected. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student's attendance and participation as well as note this information in required reports (including the first 12 day attendance report) and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

Student Academic Dishonesty: Policy 4.1
Abiding by university policy on academic integrity is a responsibility of all university faculty and students. Faculty members must promote the components of academic integrity in their instruction, and course syllabi are required to provide information about penalties for cheating and plagiarism, as well as the appeal process.

Definition of Academic Dishonesty
Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:
- using or attempting to use unauthorized materials on any class assignment or exam;
- falsifying or inventing of any information, including citations, on an assignment;
- helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one's own. Examples of plagiarism include, but are not limited to:
- submitting an assignment as one's own work when it is at least partly the work of another person;
- submitting a work that has been purchased or otherwise obtained from the Internet or another source;
- incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.

Penalties for Academic Dishonesty
Penalties may include, but are not limited to, reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

Student Appeals
A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).
Withheld Grades: Policy 5.5
At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

Student Code of Conduct: Policy 10.4
Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program. Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This policy applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare: Early Alert Program at SFA. Information regarding the iCare program is found at http://www.sfasu.edu/judicial/earlyalert.asp or call the office at 936-468-2703.